Dear Colleagues,

Spring has arrived in Michigan and your MI ACP Chapter has been busy!

We just concluded Residents Day/Medical Student Day on May 3rd, at the Wyndham Garden Sterling Inn. Our host this year was Ascension Providence Hospital with Robert Bloom, MD, FACP and his colleagues. Dr. Bloom brought to us Aron Sousa, MD, FACP, as our keynote speaker who spoke on “Honesty in the Practice of Medicine” and we had a lively session on “The Joy of Private Practice in Primary Care.” There were 230 resident oral and poster presentations and 67 medical student posters judged by our faithful attending internists from throughout our programs. Congratulations to all the participants and winners! There was a very competitive Doctors Dilemma™ with 20 teams participating for the four top spots to compete at our Annual Fall Scientific Meeting. As an outpatient physician I knew none of the answers to the questions, so I think we need to start up a new outpatient jeopardy contest, so I feel I know something! 😊 Thank you to Nicole Marijanovich, MD, FACP and Anupam Sule, MD, PhD, FACP, SHM, for running this robust and popular competition.

Our hosts for 2020 will be the University of Michigan next spring. Plan now to get involved in this robust meeting! Our attendance this year was over 400, making this a major competitor for attendance at our fall meeting!

Jayne Courts, MD, FACP, our Health & Public Policy Chair, led our Michigan Team in attending ACP’s Leadership Day in Washington DC (May 14 &15). Her team included Elizabeth Bankstahl, MD, FACP, Safa Maki, MD, ACP Resident, Brendan Sullivan, MD, ACP Resident and Markie Zimmer, ACP Medical Student, who helped carry National ACP’s message to our Congress. If you have not experienced DC Leadership Day, please plan to join in our Chapter advocacy which is always focused on what physicians can do to serve our patients. Relationship building is key to ongoing dialogue and getting started is easy since our national ACP leaders set the template for successful visits to our Congressional offices.

I would like our Chapter to start up a Michigan Leadership Day in Lansing. Other chapters have done this successfully and we are blessed to have a close relationship with our physician partners at Michigan State Medical Society (MSMS).
Many state issues cross over to the national advocacy needs. My goal is to get a start up group going during spring of 2020 before the Presidential election since health care will be a key interest to our state leaders. MSMS has offered to be helpful to us and furthermore we have a new ACP Delegate, Amit Ghose, MD, FACP, to the MSMS House of Delegates Meeting in spring 2020.

I attend the Board of Governors meetings twice each year and am proud to tell you our Chapter has a resolution pending acceptance for this fall. The transition from an idea to a resolution accepted at ACP nationally is an amazing number of steps. I am getting faster, so I am willing to help anyone with an idea and jumpstart it toward a new national ACP policy. The goal is to help ACP make a difference in Washington DC. Our national ACP crew does this job full time and they know what works so if you have an idea for change please share with our Health & Public Policy Committee or Early Career Physician Committee, which is hosting our first session this fall on Telemedicine. Early Career Physicians are less than 16 years out of residency and this new committee is welcoming more members, so please let our Chair, Allison Ruff, MD, FACP, know if you would like to join them.

Please find a place for yourself in our Chapter. There is a lot of energy and room for all voices and our patients need that energy to speak on their behalf and so do our medical students and residents who work hard to make a difference. If you don’t know where to get started but you are interested then send me an e-mail or get in touch with our Chapter office with your willingness to participate and your ideas and we can help you connect with colleagues of similar interests and help get you started. The world is run by those who “show up” so we are looking forward to meeting you.

Please plan now and join us at our Annual Fall Scientific Meeting which will be held at the Amway Grand Hotel in Grand Rapids, October 10 – 13th. We have a full and exciting program as we go into the final stages of planning.

Please keep in touch and let us know what more our ACP Chapter can do to serve you and your patients.

Kindest regards,

MARTHA GRAY
Martha Gray, MD, FACP
Governor, Michigan Chapter
American College of Physicians
Save the Date!

Thursday, October 10, through Sunday, October 13, 2019

Michigan Chapter
American College of Physicians
Annual Fall Scientific Meeting

Amway Grand
Grand Rapids

- Abstract submission will open May 24, watch our website [www.acpmichigan.org](http://www.acpmichigan.org)
- Meeting registration will open at the beginning of June! Watch for our meeting brochure in your mail, via e-mail and on our Chapter website!
UPCOMING MEETING EVENTS

Abstract Submission Open for MI ACP Annual Fall Scientific Meeting
Friday, May 24, 2019

Abstract Submission Closes for MI ACP Annual Fall Scientific Meeting
Sunday, July 7, 2019 – 11:59 PM

ACP Fall Board of Governors Meeting – Tucson, AZ
Thursday, September 26 – Saturday, September 28, 2019

MI ACP Annual Fall Scientific Meeting
Amway Grand, Grand Rapids, MI
Thursday, October 10 – Sunday, October 13, 2019

FUTURE ACP INTERNAL MEDICINE MEETINGS:
Internal Medicine 2020 – April 23-25 – Los Angeles, CA
Internal Medicine 2021 – April 29-May 1, Orlando, FL
Internal Medicine 2022 – April 28-30, Chicago, IL
Internal Medicine 2023 – April 27-29, San Diego, CA
Internal Medicine 2024 – April 18-20, Boston, MA

FUTURE MICHIGAN CHAPTER ANNUAL FALL MEETINGS:
Thursday, October 15 – Sunday, October 18, 2020
Grand Traverse Resort
Thursday, October 14 – Sunday, October 17, 2021
Grand Traverse Resort

FUTURE RESIDENTS DAY/MEDICAL STUDENT DAY
Friday, May 1, 2020
Hosted by University of Michigan
• **Certificate in Physician Leadership Program Deadline**

In partnership with the American Association for Physician Leadership, ACP offers a flexible, 18-month-long [Certificate in Physician Leadership](#) program. Participants may select among tracks in [Hospital Medicine](#) or [Primary Care](#).

The program includes a combination of formal training through 43.5 hours online coursework, online group discussions facilitated by leaders in internal medicine, and a capstone project that will demonstrate successful mastery of leadership concepts.

Participants may apply online by [June 1, 2019](#) to enroll in the cohorts that begin work in July 2019. We encourage you to promote this program to your chapter members.

This program offers exclusive training by leadership experts and important career-building skills. In addition, ACP provides participants with access to a number of professional development and membership engagement opportunities.

[Apply Online](#)

If you have any questions, please contact us at [lead@acponline.org](mailto:lead@acponline.org).

• **ACP Issues Guidance Statement for Breast Cancer Screening of Average-risk, Asymptomatic**

ACP has published an [evidence-based guidance statement](#) in [Annals of Internal Medicine](#). The paper has four guidance statements, including that average-risk women between the ages of 50 and 74 who have no symptoms for breast cancer should undergo screening with mammography every other year.

For more information, please contact Amir Qaseem at [aqaseem@acponline.org](mailto:aqaseem@acponline.org)

• **New ACP Paper Offers Recommendations to Strengthen Affordable Care Act**

“In [Improving the Affordable Care Act’s (ACA) Insurance Coverage Provisions](#),” a new paper published on April 16 in [Annals of Internal Medicine](#), explores common-sense approaches to improve the ACA as internists continue to advocate for universal health care for all patients and consumers.

Recommendations include stabilizing the health insurance market, expanding Medicaid, increasing competition in the marketplace, and amplifying awareness about how the ACA works to help patients and how to enroll in coverage plans.

A detailed analysis of the paper and accompanying video are featured in the [ACP Advocate](#).

If you have any questions, please contact [Laura Baldwin](mailto:laura.baldwin@acponline.org), Director, Public Relations.
Chapter Meeting
Focused Update: What’s New In Heart Failure

Thursday, May 30, 2019
6:00 – 8:30 PM EST

Eddie Merlots Prime Aged Beef and Seafood
3700 Woodward Avenue
Bloomfield Hills, MI 48304

Speaker:
Celeste T. Williams, MD, MS, FACC
Henry Ford Health System, Cardiology

Agenda:

• 6:00-7:00 PM – Networking and Hors D’oeuvres
• 7:00-8:00 PM – Dinner and Speaker Presentation
• 8:00-8:30 PM – Chapter Business Meeting

RSVP:
https://events.eventzilla.net/e/shm-michigan-chapter-meeting-2138750356
Residents Day/Medical Student Day

Your Michigan Chapter once again held a very successful Residents Day/Medical Student Day on Friday, May 3, 2019, at the Wyndham Gardens Sterling Inn! Ascension Providence Hospital Internal Medicine Residency Program hosted the event, along with our colleagues in the Michigan Chapter, Society of Hospital Medicine who hosted the Medical Student Internal Medicine/Hospitalist Panel and pizza/pop reception.

We had 200 resident abstract posters and 30 oral abstract presentations representing every internal medicine and internal medicine/pediatrics programs from around the state, along with 67 medical student posters! There were 20 resident Doctor Dilemma™ teams that competed for the four top spots to compete at our MI ACP Annual Fall Scientific Meeting.

The attendance for the meeting this year was over an astounding 400 registrants!

Thank you to Robert Bloom, MD, FACP, IM Residency Program Director at Ascension Providence Hospital, every single attending physician abstract reviewer AND all the attending On-Site Judge volunteers. Sincere thanks to Nicole Marijanovich, MD, FACP and Anupam Sule, MD, PhD, FACP, SHM, for undertaking and running our Doctor’s Dilemma™ competition! This day could not be possible without your help and support! We also thank our colleagues at MI SHM for their continued partnership with our Chapter in supporting and encouraging medical students to consider careers in medicine!

Looking forward, we are already planning Residents Day/Medical Student Day 2020 with our hosts University of Michigan for next May. Watch for e-mails and our Chapter website for meeting information.
ALL ABSTRACT WINNERS HAVE AN AUTOMATIC SPOT AT THE MI ACP ANNUAL FALL SCIENTIFIC MEETING IN OCTOBER!

Residents Winners

1st Place
Oral – Research
Dr. Photoios Vassilyadi
Ascension St. John Hospital – Grosse Pointe
Young Adults in Medical Limbo-Analyzing Trends in Patients Without a Medical Home

1st Place
Oral – Research
Dr. Jordon Bushman
Beaumont Hospital – Royal Oak
Effect of Long-Term Proton Pump Inhibitor Use on Glycemic Control in Patients with Type II Diabetes

2nd Place
Oral – Research
Dr. Michael Reaume
Western Michigan University
Compliance with Low Tidal Volume Mechanical Ventilation in Obese Patients with Acute Respiratory Distress Syndrome
3rd Place
Oral – Research
Dr. Max Ziapopoulos
Ascension Providence Hospital
Unobserved Ambulatory Blood Pressure Measurement in a Predominantly African-American Cohort: More Effort but Less Pressure

1st Place
Oral – Clinical Vignette
Dr. Nouf Turki
Ascension St. John Hospital – Grosse Pointe
A Case of Coronary Artery Milking

2nd Place
Oral – Clinical Vignette
Dr. Alina Guseynova
Ascension Providence Hospital
An Unexpected Cause of Splenomegaly and B Symptoms

3rd Place
Oral – Clinical Vignette
Dr. Amin Marji
Sinai Grace - DMC
Case Report: Does Moyamoya Disease Increase Posterior Circulation susceptibility to Aneurysms?

1st Place
Poster – Research
Dr. Mark Terence Mujer
Michigan State University
Concomitant Renal Sympathetic Denervation with Pulmonary Vein Isolation vs. Pulmany Vein Isolation Alone

2nd Place
Poster – Research
Dr. Sowmya Goranta
Hurley Medical Center
Does Chemotherapy Affect Survival of Breast Cancer Patients with Recurrence Score 26-30?

3rd Place
Poster – Research
Dr. Sima Sidahmed
Hurley Medical Center
Anticoagulants for the Treatment of Venous Thromboembolism in Patients with Cancer: An Updated Pairwise and Network Meta-Analysis
1st Place
Poster – Clinical Vignette
Dr. Raai Mahmood
Beaumont Hospital - Dearborn
Hypophysitis Mystery: Diagnostic Dilemma of Neurosacroid

2nd Place
Poster – Clinical Vignette
Dr. Rayhaan Akram
Spectrum Health/MSU
Allergic Heart – Idiopathic Hypereosinophilic Syndrome or ANCA-neg EGPA?

3rd Place
Poster – Clinical Vignette
Dr. Momena Sohail
St. Joseph Mercy – Ann Arbor
Vasculitis on Bilateral Breast Tissue

Overall Winner – Oral or Poster
CQI/EBM
Dr. Zohair Ahmed
Authority Health
Do Not Let It Be the Last: End of Life Care Decisions in the Primary Care Clinic

Medical Student Winners

1st Place Medical Student
Christal Clemens
Central Michigan University
Macrophage Kinetics and Phenotype are Different in Mouse Acute Kidney Injury Models: Ischemia Reperfusion and Rhabdomyolysis

2nd Place Medical Student
Victoria Mladenovik
Wayne State University School of Medicine
The Truth is in the Fluids

3rd Place Medical Student
Mark Cooks
Wayne State University School of Medicine
Diabetic Stratopathy
CONGRATULATIONS TO

Our four final winning teams in our Doctor’s Dilemma™ Competition at Residents Day

![Trophy](image)

**Central Michigan University**

**Sinai Grace-DMC**

**Western Michigan University**

**Henry Ford Health System-Detroit**

These four teams will complete at the MI ACP Annual Fall Scientific Meeting, October 10-13, Amway Grand Hotel in Grand Rapids!
CONGRATULATIONS TO OUR NEW FELLOWS
AT IM 2019 IN PHILADELPHIA

Michigan Fellows at Convocation!
CONGRATULATIONS!

A VISIT TO AMERICAN COLLEGE OF PHYSICIANS OFFICES IN PHILADELPHIA
MICHIGAN CHAPTER’S NEWEST MASTERS!

John Ayanjan, MD, MACP
Professor of Medicine
University of Michigan

Patricia Brown, MD, MACP
Professor of Internal Medicine
Wayne State University School of Medicine
YOUR MICHIGAN CHAPTER
AT LEADERSHIP DAY IN WASHINGTON DC

The Michigan Chapter of the ACP sent five delegates to the ACP Leadership Day in Washington, DC – two attending physicians, two resident physicians, and one medical student (Jayne Courts, MD, FACP, Elizabeth Bankstahl, MD, FACP, Safa Maki, MD, Brendan Sullivan, DO, and Markie Zimmer, M4 – now a recently graduated MD!).

This team spent the first day learning from various presenters about the key legislative priorities for ACP and suggestions for legislative advocacy. The key legislative priorities chosen for ACP Leadership Day this year included concerns about the high cost of prescription drugs, the epidemic of firearms-related injury and death, funding for medical and health services research, expansion of coverage and stabilization of the insurance market, reduction of unnecessary administrative tasks on physicians and patients, and reduction of medical education debt.

The second day was spent on Capitol Hill. The team met with 16 legislators or their staffers on both sides of the Hill throughout the day, and we left “leave-behind” materials for each legislator to review. With visits scheduled every 30 minutes, we had a busy day!

Overall, the team did a great job representing the ACP and advocating for Internal Medicine physicians and our patients. We would like to provide additional advocacy for our patients, and we are seeking colleagues who are interested in legislative advocacy to join us at the state and the national levels.
HOW TO REACH YOUR CHAPTER:

MARTHA GRAY, MD, FACP – GOVERNOR
plgray@umich.edu

THEA LOCKARD – CHAPTER OFFICE
tlockard@acpmichigan.org

–and– 248-602-0235
MONDAY – FRIDAY
7:00 AM – 4:30 PM
FAX – 248-879-0630