

# *News & Notes*

## *September 2019*

### *In this Issue:*

- *Highlights of NEW Sessions at the Fall Chapter Meeting You Want to Know About & NOT MJSS*
- *Upcoming Dates for your Calendar*

### *Keeping Up To Date:*

Story Slam Submission Deadline:	September 8
Early Bird Reduced Registration Ends:	September 13
Annual Fall Scientific Meeting:	October 10-13
MI SHM Chapter Meeting:	September 26
ACP IM 2020 – Los Angeles	April 24-26
Residents Day/Medical Student Day	May 1, 2020

# You're Invited to Submit a Story for Story Slam – Deadline Coming Up!

The ACP Michigan Chapter is excited to announce the introduction of **Story Slam** to debut in the program at the MI ACP Fall Scientific Meeting in Grand Rapids.

As internists, it can be easy to get caught up the daily grind of our busy practices. Finding time to pause and reflect on the experiences we share with our patients and remembering the joy in medicine can be a challenge; but is vital to remain engaged in the practice of medicine.

We each have stories that are sad, humorous, or uplifting, and all are meaningful. To promote mindfulness in our specialty, we invite you to share your story about a physician-patient experience that has had an impact on your growth as an internist. **All physicians, including residents, are encouraged to submit stories!**

Please see the Annals of Internal Medicine “On Being a Doctor” Story Slam webpage for examples from the National ACP Meeting.

## **Awards:**

- Five winners will be invited to share their stories at the Annual Chapter Meeting at the Amway Grand Hotel in Grand Rapids on Saturday, October 12 at 5:30 PM. \*
- Waived meeting registration fee for awardees

## **Rules for Story Slam submissions:**

1. Stories must have a title not exceeding 58 letters
  2. Word limit of 900 words (Not including the title)
  3. A limit of 2 stories is permitted per physician
  4. Previously published stories are ineligible
  5. Patients and providers must be de-identified
  6. If chosen, winners must tell their stories in 5–7 minutes
- Deadline for submissions is Sunday, September 8, 2019 at 11:59 PM
  - Submit your stories to Thea Lockard at [tlockard@acpmichigan.org](mailto:tlockard@acpmichigan.org)
  - Winners will be notified by September 15, 2019

***Please contact Thea Lockard with questions you may have regarding your story.***

***\*Please note this session is a non-CME event.***

# Michigan Chapter Scientific Meeting



**October 10–13, 2019**

Amway Grand Plaza Hotel  
Grand Rapids, Michigan

*Fostering Excellence in Internal Medicine*

This live activity has been designated for 19 CME credits.



**Early Bird Pricing Ends:**

**September 13, 2019!**

**Register Today: [www.acpmichigan.org](http://www.acpmichigan.org)**

**NEW EXCITING SESSIONS HIGHLIGHTED BELOW:**

**Along with the excellent educational content you have always relied on at your Fall Chapter Meeting, there are some new exciting sessions that you won't want to miss!**

- **As a physician it's hard to maintain balance in your life. For your own health and well-being you have to pay attention to you!**

**The Michigan Chapter Physician Well-Being Champions, Rajaninder Sharma, MD, FACP, Ascension St. John and Allison Ruff, MD, FACP, U of M, will present "Well Teachers are Great Teachers, Great Teachers Promote Wellness." This session will be on Friday Morning, October 11, at 8:00 AM**

- **The MI ACP Early Career Physician Committee is getting off to a great start by hosting their first event at our Fall Chapter Meeting!**

**Presentation and Panel Discussion on Telemedicine. Moderated by Allison Ruff, MD, FACP, Chair – Early Career Physicians Committee, and excellent, experienced presenters, H. Gunner Deery, MD, FACP, Neelima Thati, MD, James Sondheimer, MD, FACP, you won't want to miss this session to gain valuable insight into yet another avenue to care for patients. This session will be on Saturday, October 12 at 8:00 AM**

- **Story Slam was introduced a couple of years ago at the IM National Meeting to rave reviews. This session was developed based on the Annals of Internal Medicine "On Being A Doctor" series published weekly. So, the MI ACP Chapter is excited to present this new feature at the Chapter Meeting. Held as a joint session on the Medical Student Program.**

**This session is a huge hit and draw at the IM National Meeting and our Program Directors know that the stories Michigan physicians have will be**

just as meaningful, insightful, fun and interesting as anything that is presented on the national stage. Hosted by Program Director, Aimee Espinosa, MD, FACP, this session will feature five stories from five different physicians, residents and medical students that will touch your heart, remind you of your special patient stories that have shaped who you are as a physician and remind you once again that you are not alone in your journey. This non-CME session is for all (part of the medical student curriculum) and will be held on Saturday, October 12, 5:30 – 6:30 PM.

- **Our Medical Student Program Committee is taking it to the next level!**

The Medical Student Committee is working hard to offer the Michigan Chapter Medical Students engaging programs that will aid them in their medical education. On Saturday, October 12, 1:45 – 3:00 PM, they will be offering a Clinical Skills in Ultrasound Session. Andrew Jameson, MD, FACP, Chair of the Medical Student Committee, Lalathaksha Kumbar, MD and Thomas Melgar, MD, FACP, will host this hands on session ultrasound skills session. Residents are also welcome to attend.

As you can see there are new and exciting sessions being offered this year as well as our always popular education sessions, such as Thieves Market by David Scrase, MD, FACP; Professors-In-Action, moderated by Joshua Collins, MD, FACP; Hospital and Internal Medicine SEP Modules, and so much more!

You don't want to miss this meeting! Remember, there is an excellent reduced registration fee until September 13<sup>th</sup>! Don't hesitate and go to our Chapter website at [www.acpmichigan.org](http://www.acpmichigan.org) and register today!

**Join us for dinner and a CME talk with  
Valerie Vaughn, MD, MSc**



**Assistant Professor, Hospital Medicine  
VA Ann Arbor Healthcare System; University of Michigan Medical School**

## **Improving Antibiotic Use at Hospital Discharge**

**Tips and Tricks for the Hospitalist**

**Thursday, September 26, 2019**

**6:00pm-7:00pm: Networking & Hors D'oeuvres**

**7:00pm-8:00pm: Dinner and Speaker Presentation**

**8:00pm-8:30pm: Chapter Business Meeting**

**Main Meeting will be held at Zingerman's Greyline in Ann Arbor. Satellite locations include: Ocean Prime (Troy, MI), Wheelhouse (Grand Rapids), & MSU Henry Center (Lansing) Please RSVP to [mcquilla@med.umich.edu](mailto:mcquilla@med.umich.edu) or [shmmichigan@gmail.com](mailto:shmmichigan@gmail.com) by 9/24/19**

# ***NEWS YOU CAN USE FROM NATIONAL ACP:***

## **Join ACP's National Physician Suicide Awareness (NPSA) Forum Discussion on September 9-12, 2019**

Join ACP's discussion on National Physician Suicide Awareness (NPSA) for our members on the [well-being and professional satisfaction forum](#) from September 9-12, 2019. [Login to ACP Online](#) and join the conversation.

Please share the forum link with other ACP members in your communities to remember loved ones, share stories and best practices, and amplify awareness to strengthen communities and prevent this healthcare crisis from spreading. Well-being and Professional Fulfillment Task Force members and other experts in the field will facilitate and add to the discussion.

Share the ready-to-post social media messages below to show your support and help spread awareness.

### **Facebook**

Join the conversation as ACP hosts a #NPSADay discussion on physician suicide, next week (Sept. 9-12). Help us spread awareness and strengthen our community by logging on to remember loved ones, share stories, and offer best practices <https://www.acponline.org/forum-topic/physician-well-being-and-professional-satisfaction/acp-supports-national-physician-suicide-awareness-day-september-17> #PhysicianWellBeing #SPM19 #dontworryalone

### **Instagram**

Join the conversation as ACP hosts a #NPSADay discussion on physician suicide, next week (Sept. 9-12). Help us spread awareness and strengthen our community by logging on to remember loved ones, share stories, and offer best practices.  
#NPSADay #SPM19 #dontworryalone #health #medicine #healthcare #InternalMedicine @acpinternists

### **Twitter**

Join ACP's #NPSADay discussion on physician suicide, next week (Sept. 9-12). Help spread awareness and strengthen the community by logging on to remember loved ones, share stories, and offer best practices <https://www.acponline.org/forum-topic/physician-well-being-and-professional-satisfaction/acp-supports-national-physician-suicide-awareness-day-september-17> #PhysicianWellBeing #SPM19 #dontworryalone

CORD is leading a collaborative effort with ACP and other medical organizations to encourage grassroots activities around National Physician Suicide Awareness Day on September 17. For more information and resources, please visit the [ACP Well-being and professional Fulfillment website](#).

# *In Conclusion...for now...*

## *Remember:*

- You can reach your Chapter Office at [tlockard@acpmichigan.org](mailto:tlockard@acpmichigan.org) or call 248-602-0235, Monday – Friday, 7:30am-4:00pm
- You can reach Governor Martha Gray at [plgray@umich.edu](mailto:plgray@umich.edu)
- Your Chapter is working for you! Consider becoming involved! Seeking interested members for:
  - Health & Public Policy Committee
  - Early Career Physicians Committee
  - Membership Committee

Contact the Chapter Office for more details!