News & Notes
October, 2019
In this Issue:

- **Things you want to know BEFORE you get to the Fall Chapter Meeting.**
- **Highlights of NEW Sessions at the Fall Chapter Meeting You Want to Know About & NOT MISS**
- **Upcoming Dates for your Calendar**

Keeping Up To Date:

- **On-Line Registration Ends:** October 4
- **Annual Fall Scientific Meeting:** October 10-13
- **MI ACP Leadership Day – Lansing:** March
  - Date to be Determined soon!
- **ACP IM 2020 – Los Angeles:** April 24-26
  - Abstract submission opens October 1, 2019
  - See all the info in this News & Notes
- **Residents Day/Medical Student Day:** May 1, 2020
Michigan Chapter
Scientific Meeting

October 10–13, 2019
Amway Grand Plaza Hotel
Grand Rapids, Michigan

Fostering Excellence in Internal Medicine
This live activity has been designated for 19 CME credits.

On-Line Registration Ends October 4th!
IMPORTANT NEWS YOU NEED BEFORE THE MEETING:

• From our MI SHM partners - From education to professional development, SHM is laser-focused on providing hospital medicine-specific opportunities, including networking, advocacy and leadership development to take your career to the next level. The SHM Michigan Chapter continues to lead the way in holding highly accessible meetings on a wide array of interesting and innovative topics and meeting platforms. Using a technology-enabled platform, the chapter has been able to expand their meetings to 4 different sites, leveraging expertise from across the state to address topics of interest to the membership. Above all, joining SHM will empower you to make a positive impact on patients and the entire hospital medicine community.  Click here to learn more about SHM and the Michigan Chapter.

• There is no open parking and free parking in downtown Grand Rapids where the meeting is being held at the Amway Grand Hotel. The Amway Grand is offering ½ off parking in their parking structure for overnight hotel guests. Self Parking is $14.00/day, Valet is $17.00/day. You must be an overnight guest registered at the hotel to get the discounted rate. There are a number of public parking lots in the immediate area of the hotel that may have a lower, daily rate.

• There will be TWO important Committee Meetings happening this year at the meeting:
  ❖ Residency Program Directors Meeting – 4:15-5:15 PM in Emerald A/B
  ❖ Membership Committee Meeting – 4:15-5:15 PM in Grandview – IF you are interested in joining this important Chapter Committee show up at this meeting! You won’t be disappointed!

• Housekeeping Items at the Meeting:
  ❖ The evaluation of the meeting is so very, very important in helping us to keep improving and providing the educational sessions you
want, need and can use. PLEASE make sure you fill out an evaluation and turn it in to the Registration Desk.

❖ Badge holders are a very expensive item. HELP US OUT and stop by the Registration desk on your way out of the meeting and turn your badge holder back in.

❖ All CME has to be claimed on-line. All the information is in your program book!

Things To Do In Grand Rapids:

• Gerald R. Ford Museum

No matter what side of the political aisle you are on, Presidential Libraries are an American institution and Michigan has one! After their time in the White House, the lives and achievements of U.S. Presidents are celebrated in the system of Presidential libraries of the National Archives and Records Administration. The Gerald R. Ford Museum opened in 1981. The core of the Museum is its permanent exhibit, which offers the highlights of President and Mrs. Ford’s lives. The permanent exhibit features an interactive video and holographic presentation that allows visitors to experience the illusion they are "participating" in history and travelling with President Ford to popular destinations throughout the world.

There is also a holographic tour of the White House as it was during Ford’s time and a light and sound show that describes a day in the Oval Office. The Watergate gallery with a multi-screen six-minute history is particularly interesting. The museum organizes frequent temporary exhibits, and it also hosts special events.
• Meyer May House built by Frank Lloyd Wright

The Meyer May House is considered one of the most faithfully restored of Frank Lloyd Wright's Prairie-style houses in the country. Wright's house designs are easily recognizable by the low-pitched rooflines, deep overhangs, a wall of windows, and the building’s seamless connection with the outdoors. Frank Lloyd Wright built the house for the clothing manufacturer Meyer May in 1909. The style of architecture was revolutionary and shocking for the affluent neighborhood of Grand Rapids, which was replete with stately old Victorian-style houses. Steelcase Company purchased and meticulously restored the house in 1985. The Meyer May House and other prairie-style homes inspired an entire school of architecture called Prairie School. The House that still contains Wright’s original windows and furniture. It is open to the public.

• Frederik Meijer Gardens & Sculpture Park

Very few people outside of art history circles know that some of the most famous sculptures in the world can be seen in a Grand Rapids’ garden. Opened in 1995, the
Frederik Meijer Gardens & Sculpture Park is a major recreational, educational, and cultural destination in the Midwest and one of the best things to do in Grand Rapids, Michigan. Its 158-acre main campus consists of Michigan’s largest three-story conservatory with a waterfall, rock garden, and a variety of tropical and rare plants. The park also has five themed indoor gardens, four-season outdoor gardens, picturesque forest trails, and a wetlands boardwalk. The sculpture gallery holds an internationally acclaimed collection of about 300 works by some of the world’s best-known sculptors, including Auguste Rodin, Edgar Degas, Henry Moore, and Alexander Calder. The Park also organizes several popular temporary exhibitions. The works of art are displayed all over the garden, among nature’s own artwork. If you are looking for things to do in Grand Rapids, MI for art lovers, you will not want to miss this beautiful attraction.

• Blandford Nature Center

There are tigers sneaking through the grass in downtown Grand Rapids. No reason for alarm – they are the most popular residents of the Blandford Nature Center. The Center is an independent non-profit organization that leases 143 acres from the City of Grand Rapids. If you are wondering what to do in Grand Rapids with active kids, this is a great place to explore. They use the land and wildlife to provide high quality community programs and environmental education. Visitors can hike the trails and explore the nature through different seasons, sign up kids for activities such as Spring Break, Winter Break, and Summer Camp, explore the Heritage Buildings to travel back in time, visit Wildlife Education Center, or walk the Wildlife Trail to see the Blandford’s wildlife. The Center has hundreds of interactive programs that invite children and grownups to get dirty and rediscover their connection with nature.
AND... BACK TO THE CHAPTER MEETING

NEW EXCITING SESSIONS HIGHLIGHTED BELOW:

Along with the excellent educational content you have always relied on at your Fall Chapter Meeting, there are some new exciting sessions that you won’t want to miss!

• As a physician it’s hard to maintain balance in your life. For your own health and well-being you have to pay attention to you!

The Michigan Chapter Physician Well-Being Champions, Rajaninder Sharma, MD, FACP, Ascension St. John and Allison Ruff, MD, FACP, U of M, will present “Well Teachers are Great Teachers, Great Teachers Promote Wellness.” This session will be on Friday Morning, October 11, at 8:00 AM
• The MI ACP Early Career Physician Committee is getting off to a great start by hosting their first event at our Fall Chapter Meeting!

Presentation and Panel Discussion on Telemedicine. Moderated by Allison Ruff, MD, FACP, Chair – Early Career Physicians Committee, and excellent, experienced presenters, H. Gunner Deery, MD, FACP, Neelima Thati, MD, James Sondheimer, MD, FACP, you won’t want to miss this session to gain valuable insight into yet another avenue to care for patients. This session will be on Saturday, October 12 at 8:00 AM

• Story Slam was introduced a couple of years ago at the IM National Meeting to rave reviews. This session was developed based on the Annals of Internal Medicine “On Being A Doctor” series published weekly. So, the MI ACP Chapter is excited to present this new feature at the Chapter Meeting. This is also part of the Medical Student Program.

This session is a huge hit and draw at the IM National Meeting and our Program Directors know that the stories Michigan physicians have will be just as meaningful, insightful, fun and interesting as anything that is presented on the national stage. Hosted by Program Director, Aimee Espinosa, MD, FACP, this session will feature five stories from five different physicians, residents and medical students that will touch your heart, remind you of your special patient stories that have shaped who you are as a physician and remind you once again that your not alone in your journey.

This non-CME session is for all (part of the medical student curriculum) and will be held on Saturday, October 12, 5:30 – 6:30 PM.
• Our Medical Student Program Committee is taking it to the next level!

The Medical Student Committee is working hard to offer the Michigan Chapter Medical Students engaging programs that will aid them in their medical education. On Saturday, October 12, 1:45 – 3:00 PM, they will be offering a Clinical Skills in Ultrasound Session. Andrew Jameson, MD, FACP, Chair of the Medical Student Committee, Lalathaksha Kumbar, MD and Thomas Melgar, MD, FACP, will host this hands on session ultrasound skills session. Residents are also welcome to attend.

As you can see there are new and exciting sessions being offered this year as well as our always popular education sessions, such as Thieves Market by David Scrase, MD, FACP; Professors-In-Action, moderated by Joshua Collins, MD, FACP; Hospital and Internal Medicine SEP Modules, and so much more!

You don’t want to miss this meeting! Don’t hesitate and go to our Chapter website at www.acpmichigan.org and register today!
ACP National Abstracts Program – Opens October 1, 2019

ACP's Abstract Portal will begin accepting abstracts from Resident/Fellow Members on **Tuesday, October 1, 2019**. The ACP Abstract competition offers an ideal opportunity for your residents to submit their work for national recognition. The College has updated the [abstract information pages](#), simplifying the process for residents to submit their work while helping your program realize its scholarly activity requirement. Please note and share the submission deadlines for the national competitions:

- **Research Deadline:** **Monday, November 11, 2019, 11:59 PM EST**
- **Clinical Vignette Deadline:** **Monday, November 18, 2019, 11:59 PM EST**

**Resident’s Guide to Poster & Abstracts Competitions**

Participating in abstract and poster competitions are an ideal way for residents to present their work in a formal setting to their peers, faculty, researchers, and educators, while highlighting their exceptional efforts and building their CV. Experienced ACP abstract and poster competition judge Matthew B. Carroll, MD, FACP, FACR, shares tips and advice for creating strong, compelling abstracts and posters as well as strategies for excelling in podium presentations. Your residents can access the video [here](#).

ACP sponsors national abstract competitions with special categories for resident members at its annual Internal Medicine Meeting. For information on local abstract competitions, please visit your [Chapter Web site](#), or contact your ACP Governor.
In Conclusion...for now...

Remember:

- You can reach your Chapter Office at tlockard@acpmichigan.org or call 248-602-0235, Monday – Friday, 7:30am-4:00pm

- You can reach Governor Martha Gray at plgray@umich.edu

- Your Chapter is working for you! Consider becoming involved! Seeking interested members for:
  - Health & Public Policy Committee
  - Early Career Physicians Committee
  - Membership Committee

Contact the Chapter Office for more details!