Hello November.

News & Notes
November 2021
Keeping Up-To-Date:

- Residents Day/Medical Students Day 2022 in Planning – Stay Tuned!
- Early Career Physicians, Residents & Medical Students Abstract Submission for IM 2022 open
- First - Michigan Chapter, State Leadership Day, March 3, 2022
FROM YOUR GOVERNOR

Fall is here!
Implementation of our new updated Bylaws is changing how we operate our Chapter for the members going forward. Below my message you will find the full listing of the Chapter Executive Officers and your newly elected Council. We welcome our new Secretary, Jacqueline Gierer, DO, FACP, and several new Council members. For those Council members that have stepped down we are thankful for their many years of service to the Chapter and guiding hand through the COVID pandemic.

I want to let you know that our second Virtual Annual Chapter Meeting was a great success! Thank you to our Co-Program Directors: Dr David Paje, Dr Alexis Haftka-George, Dr Staci Blackburn, and to all our guest lecturers who gave us a comprehensive, educational four-day program. It is always great to 'see' each other and share new science especially from our COVID update expert panel as well as updates on a variety of medicine disciplines. We do plan to return to our in-person meeting next year at Shanty Creek Resort in Bellaire, Michigan, October 13-16, 2022. Our Program Planning Committee will continue work to offer both an in-person meeting and, for those who are unable to be there, a way for you to connect virtually for our educational sessions.

Our first State Leadership Day will be March 3, 2022, in Lansing, hopefully, to meet with our legislators to discuss physician-led health care teams, behavioral medicine, and prior authorization legislation. This is an opportunity to get involved in advocacy and our Health and Public Policy Committee led by Dr Jayne Courts, will be organizing our day with the help of Michigan State Medical Society. If you are a medical student or resident and wish to get involved, please let us know. Speaking with our leaders in Lansing about patient care improvement ideas is always rewarding. Sharing stories about your patients makes problems for legislators more realistic and can make a difference in a vote. The more voices on the side of patients the better.

We begin planning our Fall Meeting 2022 program this January, so if you have an area of expertise that you wish to share, please let us know. We are always looking for good speakers, especially those who like to mentor students or residents.

Our Chapter also plans to continue collaboration with the Michigan Chapter, Society of Hospital Medicine and work together to set up, hopefully quarterly, virtual ‘dinner meetings’ on academic and business topics, like physician transition opportunities and community service ideas. Please stay tuned for further developments.
As always, you can keep in touch with your Chapter by emailing Thea Lockard at tlockard@acpmichigan.org or me at plgray@umich.edu.

Warm regards,

**Martha Gray**
Governor, Michigan Chapter, American College of Physicians
In accordance with the new Updated Chapter Bylaws an election was held this past month to elect a new Governor’s Council.

INTRODUCING THE NEW GOVERNOR’S COUNCIL

GOVERNOR’S COUNCIL & EXECUTIVE BOARD  
2021-2022  
www.acpmichigan.org

I. Council Executive Officers

<table>
<thead>
<tr>
<th>Role</th>
<th>Name</th>
<th>Position</th>
</tr>
</thead>
<tbody>
<tr>
<td>Governor (President)</td>
<td>Martha Gray, MD, FACP</td>
<td></td>
</tr>
<tr>
<td>Governor-Elect (President-Elect)</td>
<td>Sarah Hartley, MD, FACP</td>
<td></td>
</tr>
<tr>
<td>Vice Governor (Vice President)</td>
<td>Louis Saravolatz, MD, MACP</td>
<td></td>
</tr>
<tr>
<td>Treasurer</td>
<td>Eric Scher, MD, MACP</td>
<td></td>
</tr>
<tr>
<td>Secretary</td>
<td>Jacqueline Gierer, DO, FACP</td>
<td></td>
</tr>
</tbody>
</table>

II. Council Members

<table>
<thead>
<tr>
<th>Name</th>
<th>Position</th>
</tr>
</thead>
<tbody>
<tr>
<td>Patrick Alguire, MD, FACP</td>
<td></td>
</tr>
<tr>
<td>Staci Blackburn, MD, FACP</td>
<td></td>
</tr>
<tr>
<td>Robert Bloom, MD, FACP</td>
<td></td>
</tr>
<tr>
<td>Talawnda Bragg, MD, FACP</td>
<td></td>
</tr>
<tr>
<td>Jayne Courts, MD, FACP</td>
<td></td>
</tr>
<tr>
<td>Stephanie Czarnik, MD, FACP</td>
<td></td>
</tr>
<tr>
<td>Aimee Espinosa, MD, FACP</td>
<td></td>
</tr>
<tr>
<td>Amit Ghose, MD, FACP</td>
<td></td>
</tr>
<tr>
<td>Simmi Gill - Medical Student Member</td>
<td></td>
</tr>
<tr>
<td>Ved Gossain, MD, MACP</td>
<td></td>
</tr>
<tr>
<td>Paul Grant, MD, FACP</td>
<td></td>
</tr>
<tr>
<td>Ashwin Gupta, MD, ACP Member</td>
<td></td>
</tr>
<tr>
<td>Alexis Haftka-George, MD, FACP</td>
<td></td>
</tr>
<tr>
<td>Raymond Hilu, MD, FACP</td>
<td></td>
</tr>
<tr>
<td>Andrew Jameson, MD, FACP</td>
<td></td>
</tr>
<tr>
<td>Scott Kaatz, DO, MSc, FACP</td>
<td></td>
</tr>
<tr>
<td>Carl Lauter, MD, MACP</td>
<td></td>
</tr>
<tr>
<td>John Maurer, MD, FACP</td>
<td></td>
</tr>
<tr>
<td>Mark McQuillan, MD, FACP</td>
<td></td>
</tr>
<tr>
<td>Tudor Moldovan - Medical Student Member</td>
<td></td>
</tr>
<tr>
<td>David Paje, MD, FACP</td>
<td></td>
</tr>
<tr>
<td>Juliette Perzhinsky, MD, FACP</td>
<td></td>
</tr>
<tr>
<td>Jan Rival, MD, MACP</td>
<td></td>
</tr>
<tr>
<td>Allison Ruff, MD, FACP</td>
<td></td>
</tr>
<tr>
<td>Sandor Shoichet, MD, FACP</td>
<td></td>
</tr>
<tr>
<td>John Sorge, MD - Resident Member</td>
<td></td>
</tr>
<tr>
<td>Jerry Yee, MD, MACP</td>
<td></td>
</tr>
<tr>
<td>Michael Zaroukian, MD, PhD, MACP</td>
<td></td>
</tr>
</tbody>
</table>

III. Committee Chairs

- **MI SHM Liaison**: Scott S. Kaatz, DO, MSc, FACP
- **Awards**: Ved Gossain, MD, MACP
- **Nominations**: Sandor Shoichet, MD, FACP
- **Finance**: Eric Scher, MD, MACP
- **Health & Public Policy**: Jayne Courts, MD, FACP
- **Credentials/Membership**: Mark McQuillan, MD, FACP
- **Program Planning**: David Paje, MD, FACP
- **Residency Program Directors**: Sandor Shoichet, MD, FACP
- **Medical Students Committee & Programs**: Andrew Jameson, MD, FACP
- **Early Career Physicians**: Allison Ruff, MD, FACP

IV. Executive Director - Thea Lockard
Good to know:

Abstract Competition

The College sponsors local and national abstract competitions for Early Career Physicians, Resident/Fellow and Medical Student Members. Winning entries in both the National Clinical Vignette and National Research Paper competitions are featured each year at the annual Internal Medicine meeting.

Abstracts are divided into five categories: Clinical Vignette, and Research (The Research competition includes abstracts submitted as Basic Research, Clinical Research, Quality Improvement - Patient Safety, and High Value Care.)

<table>
<thead>
<tr>
<th>Key Activity</th>
<th>Date/Time Period</th>
</tr>
</thead>
<tbody>
<tr>
<td>Abstracts Portal Opens</td>
<td>October 4, 2021</td>
</tr>
<tr>
<td>Deadline for Submission</td>
<td>Varies by Category (See full details below)</td>
</tr>
<tr>
<td>Abstract Review Period</td>
<td>December 2021 - January 2022</td>
</tr>
<tr>
<td>Results Notification</td>
<td>By February 4, 2022</td>
</tr>
<tr>
<td>ACP Internal Medicine Meeting 2022 in Chicago, IL</td>
<td>April 28-30, 2022</td>
</tr>
</tbody>
</table>

Abstract Competition Deadlines
- Medical Student Clinical Vignette & Research Deadline - **Tuesday, November 30, 2021**
- Resident/Fellow Clinical Vignette Deadline - **Tuesday, November 23, 2021**
- Resident/Fellow Research Deadline - **Tuesday, November 30, 2021**
- Early Career Physician Clinical Vignette & Research Deadline - **Tuesday, November 30, 2021**
CONGRATULATIONS TO OUR ANNUAL FALL MEETING ABSTRACT WINNERS!

RESIDENTS:

**1st Place Oral Research**
Dr. Claudia Villatoro Santos
Ascension St. John Hospital – Grosse Pointe
Tocilizumab: A Retrospective Multi-Center Cohort Study of Critically Ill Patients with COVID-19

**2nd Place Oral Research**
Dr. Alexa Giovanatti
Beaumont Hospital – Royal Oak
Social Determinants of Health Correlating with Mechanical Ventilation of COVID-19 Patients: A Multi-Center Observational Study

**3rd Place Oral Research**
Dr. Justin Khine
St. Joseph Mercy Hospital - Oakland
Outcomes of patients with Chronic Kidney Disease and End-Stage Renal Disease Hospitalized with COVID-19: A Retrospective Cohort

**1st Place Oral Clinical Vignette**
Dr. Edward Cay
Spectrum Health Lakeland Regional Medical Center
Liver Scan Sign on Hepatobiliary Scintigraphy in the Setting of Tribulus Induced Liver Injury

**2nd Place Oral Clinical Vignette**
Dr. Melinda Sager
Beaumont Hospital – Royal Oak
Late Onset Burkitt Post Transplant Lymphoproliferative Disorder (PTLD) Following Solid Organ Transplant

**3rd Place Oral Clinical Vignette**
Dr. Michelle Kirk
Spectrum Health Lakeland Regional Medical Center
Missing Hallmark: Anti-GBM Disease Presenting Without Glomerulonephritis

**1st Place Poster Research**
Dr. Wei Zhao
Ascension St. John Hospital – Grosse Pointe
Predicting QT Interval Prolongation in Patients Diagnosed with the 2019 Novel Coronavirus Infection

**2nd Place Poster Research**
Dr. Rohan Prasad
Michigan State University – East Lansing
Transcatheter Versus Surgical Aortic Valve Replacement in Low Risk Patients with Severe Aortic Valve
3rd Poster Research
Dr. Radhika Seth
Henry Ford Allegiance Health
Clinical Predictors of Hospital-Acquired Bloodstream Infections

1st Place Poster Clinical Vignette
Dr. Emma Herrman
Beaumont Hospital – Royal Oak
Granular Cell Tumor of the Breast: A Breast Malignancy Mimicker

2nd Place Poster Clinical Vignette
Dr. Yasir Alsaraf
DMC Sinai-Grace Hospital
Metastatic Neuroendocrine Carcinoma of Breast Origin

3rd Place Poster Clinical Vignette
Dr. Hira Aslam
DMC Sinai-Grace Hospital
Recurrent Arterial Thrombosis Related to Severe Iron Deficiency Anemia: A Rare Entity

Overall Winner (Oral/Poster) CQI/EBM
Dr. Christopher Savvides
St. Joseph Mercy Hospital – Ann Arbor
Improving Active Foley Catheter Use Awareness and Proactive Removal Planning Among Inpatient Resident Teams

MEDICAL STUDENTS:

1st Place Research
Rohan Achar
University of Michigan Medical School
A Novel Risk Stratification Model for Veterans with Chronic Myelomonocytic Leukemia

2nd Place Research
Manar Edriss
Wayne State University School of Medicine
Roles of Demographics in Stress-Induced Hair Loss: An Assessment in Medical Students

3rd Place Research - Tie
Ryan Ko
Oakland University William Beaumont School of Medicine
Feasibility of a Medical-Student-Led COVID-19 Education Campaign to Improve Vaccine Acceptance in Low-Income Communities

3rd Place Research – Tie
Tiffany Hu
University of Michigan Medical School
Helping Patients with Chronic Conditions Overcome the Challenges of High Deductible Health Plans
1st Place Clinical Vignette
Tiffany Loh
Oakland University William Beaumont School of Medicine
Granulomatous Polyangiitis Presenting with Minimal Physical Symptoms

2nd Place Clinical Vignette
Faris Alkhouri
Oakland University William Beaumont School of Medicine
Prurigo Pigmentosa Following Keto Diet and Bariatric Surgery

3rd Place Clinical Vignette - Tie
Shabber Syed
Wayne State University School of Medicine
Preventing Shock in NSAID-Induced BRASH Syndrome

3rd Place Clinical Vignette – Tie
Shannon Manz
Central Michigan University College of Medicine
A Case of Aspergillus fumigatus Discitis/Osteomyelitis in an Immunocompetent Patient

Overall Winner – CQI/EBM
Hassan Akram
Oakland University William Beaumont School of Medicine
Human Papilloma Virus (HPV) Vaccination Uptake in HIV Patients: Challenges During COVID-19 Pandemic in Michigan, USA

Abstract Winners

Best Medical Student Abstract
Tiffany Loh
Oakland University William Beaumont School of Medicine
Granulomatous Polyangiitis Presenting with Minimal Physical Symptoms

Best Resident CQI/EBM
Dr. Christopher Savvides
St. Joseph Mercy Hospital – Ann Arbor
Improving Active Foley Catheter Use Awareness and Proactive Removal Planning Among Inpatient Resident Teams

Best Resident Clinical Vignette
Dr. Melinda Sager
Beaumont Hospital – Royal Oak
Late Onset Burkitt Post Transplant Lymphoproliferative Disorder (PTLD) Following Solid Organ

Best Resident Research
Dr. Claudia Villatoro Santos
Ascension St. John Hospital – Grosse Pointe
Tocilizumab: A Retrospective Multi-Center Cohort Study of Critically Ill Patients with COVID-19
CONGRATULATIONS TO:
The FINAL Winning Team
In Doctor’s Dilemma™

WAYNE STATE UNIVERSITY DMC
You will represent the Michigan Chapter at the Doctor’s Dilemma™ Competition in Chicago, Illinois at IM 2022!
ACP Partners with Women’s Wellness Through Equity and Leadership to Create the New ‘Women in Medicine’ Supplement

ACP has partnered with the Women’s Wellness Through Equity and Leadership (WEL) consortium on a new ‘Women in Medicine’ supplement which is published in the September 2021 issue of Pediatrics. The supplement is a multi-specialty collection of articles based on the work of the WEL program, founded by ACP and five other medical associations, which explores challenges to improving gender equity and strategies for advancing women in medicine.

The articles address the following points:

- history, challenges experienced by, and benefits of a diverse workforce;
- advancing women to leadership positions through individual actions and institutional reform;
- building inclusive work environments.
- using metrics to promote equitable work environments; and
- supporting advancement and retention of women physicians.

ACP’s former Chair of the Board of Regents Susan Hingle, MD, MACP, FRCP, FAMWA served as a guest editor for the supplement.

ACP Partners with The DEI Shift Podcast on CME-Accredited Series, to Promote Diversity, Equity and Inclusion

ACP is partnering with The DEI Shift, a podcast hosted by internists that focuses on diversity, equity and inclusion in medicine. ACP members can claim continuing medical education (CME) credits and maintenance of certification (MOC) points for each episode by logging into ACP’s Online Learning Center.

Promotion of diversity, equity and inclusion is a strategic priority for ACP, and partnering with The DEI Shift reflects ACP’s commitment to confronting and eliminating racism, racial disparities, discrimination, bias and inequities in health and health care. The DEI Shift discusses topics such as women in medicine, Asian Americans in medicine, inclusive health-care environments for LGBTQ patients and doctors, and underrepresented minorities in medicine. Listeners gain useful information to improve their practices and environments, to gain empathy, cultural competency, and humility, and to learn more about emerging DEI concepts.

The DEI Shift podcast team includes diverse members across career stages from undergraduate students to advanced career physicians and represent a wide variety of backgrounds and experiences. The DEI Shift podcast (@TheDEIShift) is available on iTunes, Buzzsprout and other podcast platforms.
ACP Leaders Call for Strategies to Support the Well-being of the Physician Workforce in the COVID-19 Environment

PHILADELPHIA, September 28, 2021 – A group of American College of Physicians (ACP) leaders are calling on employers to provide tactical support to physicians and other clinicians to ensure they can safely care for patients and support one another during the COVID-19 pandemic. The Ideas and Opinions article “Getting Through COVID-19: Keeping Clinicians in the Workforce,” is published today in Annals of Internal Medicine. The authors of the article are Darilyn V. Moyer, MD, FACP, FRCP, FIDSA; Eileen Barrett, MD, MPH; Susan Thompson Hingle, MD; and Cynthia D. Smith, MD.

The authors say employers must move beyond suggesting stress reduction activities such as yoga and meditation. They call upon every health system, hospital, and clinical practice to adopt a variety of recommendations, considering recommendations in conjunction with their frontline clinicians to decide which would be most impactful and feasible in their current environments. Recommendations include:

- Ensuring physical safety by reducing clinician’s risk of contracting COVID through vaccination mandates, policies and practices that ensure universal masking and adequate ventilation in work areas, and access to personal protective equipment.
- Providing professional development and training in the areas clinicians identify as causing emotional stress or moral injury.
- Providing sufficient time during clinical encounters for members of the care team to address COVID-19 and vaccine misinformation.
- Supporting clinicians who are parents by offering flexible work schedules, support groups, and supporting policies for reducing SARS-CoV-2 transmission in school settings.
- Reducing administrative tasks that are not mission-critical.
- Adopting robust anti-discrimination and anti-harassment policies to acknowledge and mitigate harm particularly against minoritized people.
- Offering free and confidential resources to support clinicians’ mental health including the ACP IM Emotional Support Hub.
- Updating credentialing and employment applications to remove unnecessary questions about mental and physical health diagnoses.
- Actively encouraging clinicians to use vacation and professional development days available to nurture a mentally healthy workplace.
- Implementing suicide prevention strategies including “wellness check-ins” for clinicians in hard-hit areas.

According to the authors, “As physicians, educators, peers, and friends of COVID responders, we are gravely concerned about our colleagues’ exhaustion, burnout, and disillusionment. The adage that no crisis should go to waste presents us with many opportunities to do better – and the ongoing waves of the pandemic creates a new urgency to do so.”
YOUR CHAPTER NOW ON SOCIAL MEDIA!

Here a Tweet, there a Tweet:
Your Chapter is so easily accessible, and we are live on:

TWITTER - @MIChapterACP - FOLLOW TODAY!

INSTAGRAM – @acp.michigan or Search ACP at Michigan and start FOLLOWING TODAY!

OPEN when you see monthly News & Notes in your email!
In Conclusion
Winter is close, Stay Warm and
Remember:

- You can reach your Chapter Office at tlockard@acpmichigan.org or call 248-602-0235, Monday – Friday, 7:30am-4:00pm
- You can reach Governor Martha Gray at plgray@umich.edu
- Follow us on Twitter and Instagram!
- Your Chapter is working for you! Consider becoming involved!
  Still seeking interested members for:
  - Health & Public Policy Committee
  - Early Career Physicians Committee
  - Membership Committee
  - Communication & Social Media Committee