News & Notes
January 2020
Keeping Up To Date:

Abstract Submission Open for Residents Day/Medical Student Day  Now-February 9

Governor’s Council Retreat  January 11
- Baronette Rennaissance – Novi
- 9AM – 3:00PM

MI ACP Leadership Day – Lansing  March 26
- Details coming soon!

ACP IM 2020 – Los Angeles  April 24-26

Residents Day/Medical Student Day  May 1

ACP Leadership Day-Washington DC  May 11, 12

MI ACP Annual Fall Meeting  October 15-18
- Grand Traverse Resort
RESIDENTS DAY / MEDICAL STUDENT DAY

Hosted by: UNIVERSITY OF MICHIGAN

FRIDAY, MAY 1, 2020

WYNDHAM GARDENS STERLING INN

ABSTRACT SUBMISSION OPENED:

MONDAY, DECEMBER 16, 2019

ABSTRACT SUBMISSION CLOSES:

SUNDAY, FEBRUARY 9, 2020

Abstract Submission Links on the Chapter Website at
www.acpmichigan.org
October 15-18, 2020
Grand Traverse Resort & Spa
Acme, Michigan

Fostering Excellence in Internal Medicine
The ACP Leadership Academy will present two webinars in January. Webinars are open to all ACP members, and attendees will have the opportunity to ask questions following the presentations. Please contact us at lead@acponline.org with any questions.

**Gender-Based Differences in Burnout**

Wednesday, January 8, 2020
3:00–4:00 p.m. ET

The American College of Physicians and American Medical Women's Association (AMWA) present "Gender-Based Differences in Burnout." In this free 1-hour webinar, Connie Newman, MD, FACP, and Kim Templeton, MD, explore the institutional and societal factors that contribute to burnout; discuss how burnout can differ between female and male physicians; and present strategies to reduce physician burnout.

Register Now

**Mindfulness in Medicine: What Physicians Need to Know**

Tuesday, January 14, 2020
3:00–4:00 p.m. ET

Mindfulness is an evidence-based approach to mitigating physician burnout, not only building calm but also enhancing focus, heightening compassion for self and others, and shifting limiting thought patterns. In this dynamic webinar, Gail Gazelle, MD, FACP, MCC, CMMT, will provide an overview of various conceptualizations of mindfulness, review research on its effectiveness, and provide practical strategies readily incorporated into the physician’s workday.

Register Now
2020 Events
January 16th
Chapter Meeting

February TBD
Networking Event

March 19th
Chapter Meeting

April 15-18th
National SHM
San Diego, CA

May 21st
Chapter Meeting

June TBD
Networking Event

Sept 17th
Chapter Meeting

October TBD
SHM/ACP Fall Meeting
Traverse City

December TBD
Networking Event

SHM/ACP October 2019 Awards
Thank you to all those who joined us at the fall meeting in Grand Rapids. The following were recipients of our Chapter SHM awards:

- David Vandenberg: Michigan Hospitalist of the Year
- Kelly Hallman: Medical Student Poster
- Christienne Shams: Resident Poster
- Salina Faidhalla: Resident Poster
- Sakiru Isa: Resident Poster

SHM National 2020
It is never too early to register for the national SHM meeting in San Diego April 15-18th. We are excited to announce that our past president Scott Kaatz will be giving the updates in hospital medicine session 1-2pm on April 17th. Please visit www.shmanualconference.org for more information.
In Conclusion...for now...

Remember:

- You can reach your Chapter Office at tlockard@acpmichigan.org or call 248-602-0235, Monday – Friday, 7:30am-4:00pm
- You can reach Governor Martha Gray at plgray@umich.edu
- Your Chapter is working for you! Consider becoming involved! Still seeking interested members for:
  - Health & Public Policy Committee
  - Early Career Physicians Committee
  - Membership Committee
- Follow us on Twitter @MIChapterACP!