News & Notes
December, 2019
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- A Message from your Governor
- Chapter Meetings News
- Upcoming Dates for your Calendar

Keeping Up To Date:

Abstract Submission for Residents Day/Medical Student Day

2020 Dates:

**Governor’s Council Retreat**
- January 11
- Baronette Rennaissance – Novi
- 9AM – 3:00PM

**MI ACP Leadership Day – Lansing**
- March 26
- Details coming soon!

**ACP IM 2020 – Los Angeles**
- April 24-26

**Residents Day/Medical Student Day**
- May 1

**ACP Leadership Day-Washington DC**
- May 11, 12

**MI ACP Annual Fall Meeting**
- October 15-18
- Grand Traverse Resort
Hello from your Michigan ACP Chapter. We hope you are able to take time for yourselves and your family during this Holiday Season!

We look forward to a busy 2020 with highlights being our Chapter Retreat January 11, 2020. Our Governor’s Council will develop a strategic plan in an effort to rejuvenate and energize our Chapter programs to better serve our members. Plus, we will discuss our first State Advocacy Leadership Day on March 26, 2020. We plan to discuss the possibility of new Chapter Awards aimed at boosting involvement by resident/fellow and medical students for academic efforts.

On another note, our Nominating Committee will be convening soon after the first of the year where the process will begin seeking candidates for the next Governor Designee.

The new year’s calendar is packed with a lot of action in your MI ACP Chapter and I welcome input from all our Chapter members! But for now, from my family to yours, I wish you freedom and calm moments with your faith, family and friends!

Happy New Year 2020!

Martha Gray
RESIDENTS DAY / MEDICAL STUDENT DAY

Hosted by: UNIVERSITY OF MICHIGAN

FRIDAY, MAY 1, 2020

WYNDHAM GARDENS STERLING INN

ABSTRACT SUBMISSION OPEN:
MONDAY, DECEMBER 16, 2019

ABSTRACT SUBMISSION CLOSES:
SUNDAY, FEBRUARY 9, 2020
October 15-18, 2020
Grand Traverse Resort & Spa
Acme, Michigan

Fostering Excellence in Internal Medicine
NEWS YOU CAN USE
FROM NATIONAL ACP:

The ACP Leadership Academy will present two webinars in January. Webinars are open to all ACP members, and attendees will have the opportunity to ask questions following the presentations. Please contact us at lead@acponline.org with any questions.

**Gender-Based Differences in Burnout**
Wednesday, January 8, 2020
3:00–4:00 p.m. ET

The American College of Physicians and American Medical Women's Association (AMWA) present "Gender-Based Differences in Burnout." In this free 1-hour webinar, Connie Newman, MD, FACP, and Kim Templeton, MD, explore the institutional and societal factors that contribute to burnout; discuss how burnout can differ between female and male physicians; and present strategies to reduce physician burnout.

[Register Now](#)

**Mindfulness in Medicine: What Physicians Need to Know**
Tuesday, January 14, 2020
3:00–4:00 p.m. ET

Mindfulness is an evidence-based approach to mitigating physician burnout, not only building calm but also enhancing focus, heightening compassion for self and others, and shifting limiting thought patterns. In this dynamic webinar, Gail Gazelle, MD, FACP, MCC, CMMT, will provide an overview of various conceptualizations of mindfulness, review research on its effectiveness, and provide practical strategies readily incorporated into the physician’s workday.

[Register Now](#)
From our Partners:

2020 Events
January 16th
Chapter Meeting

February TBD
Networking Event

March 19th
Chapter Meeting

April 15-18th
National SHM
San Diego, CA

May 21st
Chapter Meeting

June TBD
Networking Event

Sept 17th
Chapter Meeting

October TBD
SHM/ACP Fall Meeting
Traverse City

December TBD
Networking Event

SHM/ACP October 2019 Awards
Thank you to all those who joined us at the fall meeting in Grand Rapids. The following were recipients of our Chapter SHM awards:

- David Vandenberg: Michigan Hospitalist of the Year
- Kelly Hallman: Medical Student Poster
- Christienne Shams: Resident Poster
- Salina Faidhalla: Resident Poster
- Sakiru Isa: Resident Poster

SHM National 2020
It is never too early to register for the national SHM meeting in San Diego April 15-18th. We are excited to announce that our past president Scott Kaatz will be giving the updates in hospital medicine session 1-2pm on April 17th. Please visit www.shmannualconference.org for more information.
In Conclusion...for now...

Remember:

• You can reach your Chapter Office at tlockard@acpmichigan.org or call 248-602-0235, Monday – Friday, 7:30am-4:00pm (closed 12/23-25 & 12/31-1/1)

• You can reach Governor Martha Gray at plgray@umich.edu

• Your Chapter is working for you! Consider becoming involved! Still seeking interested members for:
  - Health & Public Policy Committee
  - Early Career Physicians Committee
  - Membership Committee

• Follow us on Twitter @MIChapterACP!