Michigan Chapter
Scientific Meeting
2017

October 19–22, 2017
Grand Traverse Resort & Spa
Acme, Michigan

Fostering Excellence in Internal Medicine
This live activity has been designated for 21.5 CME credits.
Dear Colleague,

Join me and your colleagues in internal medicine at the next scientific meeting of the Michigan Chapter of the American College of Physicians, being held October 19–22, 2017, at the Grand Traverse Resort & Spa.

The meeting is a great way for you to recharge, rewind, and reflect with your peers, chapter leaders, and great speakers. Connect with the Michigan Chapter’s rich source of knowledge content and networking by attending our premier meeting for general internists, subspecialty internists, hospitalists, allied health practitioners, residents, and medical students.

In addition to earning CME credits, this conference is about making personal contacts and getting involved in your chapter. You’ll engage with people who know your challenges and can help you find solutions. The opportunities available at this meeting will help you meet not only your needs as a physician, but also the needs of the patients you serve.

We also welcome our continued collaboration with the Michigan Chapter, Society of Hospital Medicine at this meeting!

To ensure your place at this invaluable meeting, register now by visiting us online at www.acpmichigan.org.

I look forward to seeing you in Traverse City!

Sincerely,

Louis D. Saravolatz, MD, MACP
ACP Governor, Michigan Chapter
Schedule at a Glance

Fostering Excellence in Internal Medicine

Thursday, October 19, 2017

4:00–9:00 p.m.
Meeting Registration Open

6:00–8:30 p.m.
Governor’s Council Meeting

Friday, October 20, 2017

7:00–9:00 a.m.
Continental Breakfast

7:00 a.m.–5:00 p.m.
Registration Open

7:00–7:45 a.m.
Meet the Professor: Dietary Approaches to Decrease Hypertension and Why We Think They Work
Susan Steigerwalt, MD, FACP

7:30–3:30
Educational Exhibits

7:30–9:00
Poster Reviewing and Judging

Session 1

8:00–9:00
Large Lecture: Diagnosing Itchy Red Rashes: A Dermatologist’s Guide for Internists
Barbara Mathis, MD, FACP

9:00–10:15
Large Lecture: Practical and Practice Changing Guidelines: Tips you can Use to Improve Care
Patrick Alguire, MD, FACP

10:15–10:30
Morning Break

10:30–Noon
Professors-In-Action
Joshua Collins, MD, Member
Joel Fishbain, MD, FACP
Daniel Ouellette, MD
Frederick Michael, MD

Noon–12:30 p.m.
Lunch

12:30–1:30
Park Willis Lecture: Physician Burnout
George Abraham, MD, FACP

1:30–3:00
Oral Abstract Presentations and Judging

1:30–3:00
Advocacy Session
Laura Carravallah, MD, FACP
Martha Gray, MD, FACP
Jayne Courts, MD, FACP
Josh Boswell, JD, SHM Representative

1:30–3:00
Medical Student Program
   EKG Basics and Practical Application
Sean Drake, MD, FACP

3:00–3:15
Afternoon Break

3:15–5:45
2017–2018 Update in Internal Medicine SEP Module
Alexandra Halalau, MD, FACP
Michael Barnes, MD, FACP
Jacqueline Gierer, DO, Member
Justine Nasr, MD, Member
Brett Holmes, DO, Member

3:15–5:45
Hospital Medicine Track:
   Sepsis Update
Paul Bozyk, MD, FACP
Less Can Be More: Things We Do for No Reason
Christopher Petrilli, MD

Updates in Hospital Medicine
Danielle Heidemann, MD, Member
Saturday, October 21, 2017

7:00–9:00 a.m.
Continental Breakfast

7:00 a.m.–5:00 p.m.
Registration Open

7:00–7:45
Meet the Professor:
Sports Medicine-Pearls for the Internist
Rebecca Northway, MD

7:30–9:00
Poster Reviewing and Judging
Session 2 (includes Medical Students)

7:30 a.m.–3:30 p.m.
Exhibits

8:00–9:00
Large Lecture: Update on UTIs
Patricia Brown, MD, FACP

9:00–10:00
Large Lecture: SGLT2 Inhibitors: A New Weapon
In the War on Diabetic Nephropathy
Joel Topf, MD, FACP

10:00–10:15
Morning Break

10:15–11:45
Thieves’ Market
David Scrase, MD, FACP

11:45–Noon
Break

Noon–12:30 p.m.
Lunch

12:30–1:30
Boy Frame Lecture: Health Care Reform: Why It’s
Needed and Where It’s Headed
John Z. Ayanian, MD, MPP, FACP

1:45–3:30
Medical Student Program:

1:45–2:30
Advocacy as a Medical Student:

2:30–3:15
Review of Chest Imaging
Ayman Soubani, MD, FACP

3:15–3:30
Break

1:45–4:15
2017–2018 Update in Hospital Medicine SEP Module
D’Anna Saul, MD
Mark Kolbe, MD, FACP
Ashwin Gupta, MD
Lauren Heidemann, MD, Member

1:45–4:15
Ambulatory Medicine Track:

Vaccination Update
Louis Saravolatz, MD, MACP

New Agents in Diabetes Management
Michael Brennan, DO, FACP

Updates in Ambulatory Medicine
Diane Levine, MD, FACP

3:30–4:30
Medical Student Program
Residency Program Directors Panel

5:00–7:30
Governor’s Reception, ACP, SHM Chapter
Awards, Resident/Medical Student Abstract Awards Presentations
Louis Saravolatz, MD, MACP
Sunday, October 22, 2017

7:00 a.m.–12:30 p.m.
Registration Open

7:15–8:00 a.m.
Annual Michigan ACP Chapter Business Meeting
(Full Breakfast Buffet Available)
Louis Saravolatz, MD, MACP

7:30–9:00
Continental Breakfast

8:00–9:00
Annual Michigan SHM Chapter Business Meeting
Anita Hart, MD, FACP, SFHM

8:00–9:00
Doctor’s Dilemma™
Resident Championship Round
Francisco Davila, MD, FACP

9:15–10:00
Doctor’s Dilemma™
Winning Resident Team vs. Attending Panel
David Scrase, MD, FACP
Mark Loehrke, MD, FACP
Diane Levine, MD, FACP

10:00–12:30 p.m.
2017–2018 Update in Endocrinology SEP Module
Saleh Aldasouqi, MD
Matthew Hebdon, MD
Ved Gossain, MD, MACP

12:30
Meeting Adjourns
Meeting Information

Faculty

George Abraham, MD, MPH, FACP, Chair-Elect, Board of Governors, American College of Physicians; Professor Medicine, University of Massachusetts Medical School

Saleh Aldasouqi, MD, Chief, Division of Endocrinology, Department of Internal Medicine, Associate Professor of Medicine, Michigan State University School of Medicine

Patrick Alguire, MD, FACP, Senior Vice President, Medical Education, American College of Physicians, Philadelphia

John Ayanian, MD, MPP, FACP, Alice Hamilton Professor of Medicine, Director, Institute for Healthcare Policy and Innovation, University of Michigan

Michael Barnes, MD, FACP, Department of Medicine, Beaumont-Royal Oak; Associate Professor of Medicine, Oakland University William Beaumont School of Medicine

Josh Boswell, JD, Director of Government Relations, Society of Hospital Medicine, Philadelphia

Paul Bozyk, MD, FACP, Assistant Director, MICU, Section of Pulmonary, Critical & Sleep Medicine, Department of Medicine, Beaumont-Royal Oak; Assistant Professor of Medicine, Oakland University William Beaumont School of Medicine

Michael Brennan, DO, FACP, Department of Medicine, Section of Endocrinology, Beaumont-Grosse Pointe

Patricia Brown, MD, FACP, Chief, Department of Medicine, Detroit Receiving Hospital; Associate Professor Medicine, Wayne State University School of Medicine

Laura Carravallah, MD, FACP, Department of Medicine, Hurley Medical Center

Joshua Collins, MD, Member, American College of Physicians; Internal Medicine Residency, Assistant Program Chair, Department of Medicine, Henry Ford Hospital System, Detroit

Jayne Courts, MD, FACP, Internal Medicine, Spectrum Health

Stephanie Czarnik, MD, FACP, Department of Internal Medicine, Division of Hospital Medicine, Hospitalist, Clinical Instructor, University of Michigan

Francisco Davila, MD, FACP, Transitional Year Program Director, Department of Medicine, Beaumont-Royal Oak; Fourth-Year Clerkship Director, Assistant Professor of Medicine, Oakland University William Beaumont School of Medicine

Sean Drake, MD, FACP, Internal Medicine Residency Program Director, Henry Ford Hospital System-Detroit Clinical Assistant Professor of Medicine, Wayne State University School of Medicine

Aimee Espinosa, MD, Member, American College of Physicians; Associate Program Director, Department of Medicine, Beaumont–Royal Oak; Assistant Professor of Medicine, Oakland University William Beaumont School of Medicine

Joel Fishbain, MD, FACP, Department of Medicine, Division of Infectious Diseases, St. John Hospital & Medical Center, Grosse Pointe; Associate Professor of Medicine, Wayne State University School of Medicine

Jacqueline Gierer, DO, Member, American College of Physicians; Department of Medicine, Beaumont–Royal Oak

Ved Gossain, MD, MACP, Swartz Professor Medicine-Emeritus, Former Chief of Endocrinology & Metabolism, Michigan State University

Martha Gray, MD, FACP, Governor Elect, Michigan Chapter, American College of Physicians; Department of Internal Medicine, Division of Geriatrics, University of Michigan

Ashwin Gupta, MD, Department of Internal Medicine, Hospitalist, Clinical Lecturer University of Michigan

Howard Epstein, MD, SFHM, Executive Vice President & Chief Medical Officer, University of Minnesota Med School, Twin Cities

Alexandra Halalau, MD, FACP, Section Head, General Internal Medicine, Department of Medicine, Beaumont–Royal Oak, Assistant Professor of Medicine, Oakland University William Beaumont School of Medicine

Sarah Hartley, MD, FACP, Associate Program Director, Internal Medicine Residency, Clinical Assistant Professor, Department of Medicine, University of Michigan

Matthew Hebden, MD, Endocrinology Fellowship Director, Division of Endocrinology, Department of Medicine, Assistant Professor of Medicine, Michigan State University School of Medicine

Danielle Heidemann, MD, Member, American College of Physicians; Associate Program Director, Department of Internal Medicine, Henry Ford Hospital System

Lauren Heidemann, MD, Member, American College of Physicians; Department of Internal Medicine, Clinical Assistant Professor of Medicine, University of Michigan

Brett Holmes, DO, Member, American College of Physicians; Department of Medicine; Beaumont Hospital–Royal Oak

Leonard Johnson, MD, FACP, Department of Internal Medicine, Division of Infectious Diseases, St. John Hospital & Medical Center

Mark Kolbe, MD, FACP, Department of Medicine, Clinical Lecturer, University of Michigan

Diane Levine, MD, FACP, Vice Chair for Education and Clerkship Director, Associate Professor of Medicine, Wayne State University School of Medicine

Mark Loehrke, MD, FACP, Residency Program Director, Department of Medicine, Associate Professor of Medicine, Western Michigan University Homer Stryker M.D. School of Medicine
Michigan Chapter, American College of Physicians Chapter Awards for 2017

It is with distinct pleasure that the Michigan Chapter presents awards to long-standing and loyal supporters of the College. These individuals have rendered distinguished service to their chapters and community and have upheld the high ideals and professional standards for which the College is known. The following awards will be presented at the Governor’s Reception on Saturday evening:

**Laureate Awards:**
- Patricia Brown, MD, FACP
- John Ayanian, MD, MPP, FACP
- Raymond H. Murray Governor’s Award:
  - Patricia Dhar, MD, FACP
  - Sean Drake, MD, FACP

**Great Internist of Michigan Award:**
- Martha Gray, MD, FACP

**Volunteerism & Community Service Awards:**
- Alexandra Halalau, MD, FACP
- Brent Williams, MD, MPH, FACP

**Lifetime Achievement Awards:**
- Louis Saravolatz, MD, MACP
- Mohamed Siddique, MD, FACP

Michigan Chapter, Society of Hospital Medicine, Chapter Award for 2017

**Society of Hospital Medicine, Michigan Chapter Hospital of the Year Award:**
- Scott Kaatz, DO, FACP, SFHM
Michigan Chapter–ACP Resident Member and Medical Student Member Abstract Competition

Clinical vignettes, research and CQI/EBM abstracts prepared by Resident/Fellow Members and Medical Student Members will be presented at the meeting in both poster and oral presentations.

One Resident/Fellow member winner from each category (highest score poster or oral) will be automatically accepted for a poster presentation and receives up to $1,000 towards expenses to attend the Internal Medicine Meeting in New Orleans in 2018.

The top scoring Medical Student Member winner will be accepted for a poster presentation and full paid expenses to present and attend the Internal Medicine Meeting in New Orleans in 2018.

Resident/Fellow Oral and Poster Abstract Competition:

A total of 13 certificates will be awarded from the MI ACP in the following categories:

- **Research**: 1st, 2nd, 3rd place Oral
  
  1st, 2nd, 3rd place Poster

- **Clinical Vignette**: 1st, 2nd, 3rd place Oral
  
  1st, 2nd, 3rd place Poster

- **CQI-EBM**: 1st place—oral or Poster

Medical Student Poster Abstract Competition:

A total of 9 Certificates will be award from the MI ACP in the following categories:

- **Research**: 1st place Poster

- **Clinical Vignette**: 1st place Poster

- **CQI-EBM**: 1st place Poster

Michigan Chapter, Society of Hospital Medicine Abstract Awards

A travel stipend of $1000 will be awarded to the 1st, 2nd, and 3rd place resident/fellow abstracts as well as one to a medical student to attend the annual 2018 National SHM Meeting.

Learning Objectives

At the conclusion of this activity, the participant will be able to:

- Apply updated knowledge of internal medicine to clinical practice.

- Apply updated knowledge of dietary choices in control of hypertension, identify and treat common dermatological conditions, understand the evolving definition of sepsis, and how to best provide favorable outcomes in clinical practice.

- Improve clinical practice by incorporating major new developments in subspecialty medicine.

- Understand recent advances in internal medicine.

- Increase confidence in performing clinical skills.

- Understand political advocacy and reform.

- Identify common causes of medical career fatigue and how it can be prevented.

CME Accreditation

The American College of Physicians is accredited by the Accreditation Council for Continuing Medical Education (ACCME) to provide continuing medical education for physicians.

The American College of Physicians designates this live activity for a maximum of 21.5 AMA PRA Category 1 Credit(s)™. Physicians should claim only the credit commensurate with the extent of their participation in the activity.
ABIM SEP Modules Session for Maintenance of Certification

Friday, October 20, 2017
3:15–5:45 p.m.
2017–2018 Update in Internal Medicine SEP Module
Michael Barnes, MD, FACP
Alexandra Halalau, MD, FACP
Brett Holmes, DO, ACP Member
Jacqueline Gierer, DO, ACP Member
Justine Nasr, MD, ACP Member

Saturday, October 21, 2017
1:45-4:15 p.m.
2017–2018 Update in Hospital Medicine SEP Module
Ashwin Gupta, MD
Lauren Heidemann, MD, ACP Member
Mark Kolbe, MD, FACP
D'Anna Saul, MD

Sunday, October 22, 2017
10:00 a.m.–12:30 p.m.
2017–2018 Update in Endocrinology SEP Module
Saleh Aldasouqi, MD
Ved Gossain, MD, MACP
Matthew Hebdon, MD

SEP Faculty
Saleh Aldasouqi, MD, Chief, Division of Endocrinology, Department of Internal Medicine, Associate Professor of Medicine, Michigan State University School of Medicine, East Lansing
Michael Barnes, MD, FACP, Department of Medicine, Beaumont- Royal Oak; Associate Professor of Medicine, Oakland University William Beaumont School of Medicine, Rochester Hills
Alexandra Halalau, MD, FACP, Section Head, General Internal Medicine, Department of Medicine Beaumont Hospital–Royal Oak, Assistant Professor of Medicine, Oakland University William Beaumont School of Medicine, Rochester Hills
Matthew Hebdon, MD, Endocrinology Fellowship Director, Division of Endocrinology, Department of Medicine, Assistant Professor of Medicine, Michigan State University School of Medicine, East Lansing
Lauren Heidemann, MD, Member, American College of Physicians; Department of Internal Medicine Clinical Assistant Professor of Medicine, University of Michigan, Ann Arbor
Brett Holmes, DO, Member, American College of Physicians; Department of Medicine; Beaumont–Royal Oak, Royal Oak
Jacqueline Gierer, DO, Member, American College of Physicians; Department of Medicine, Beaumont–Royal Oak, Royal Oak

Ved Gossain, MD, MACP, Swartz Professor Medicine-Emeritus, Former Chief of Endocrinology & Metabolism Michigan State University, East Lansing
Ashwin Gupta, MD, Department of Internal Medicine, Hospitalist, Clinical Lecturer University of Michigan, Ann Arbor
Mark Kolbe, MD, FACP, Department of Medicine, Clinical Lecturer University of Michigan, Ann Arbor
Justine Nasr, MD, Member, American College of Physicians; Department of Medicine, Hospitalist, Beaumont–Royal Oak, Royal Oak
D'Anna Saul, MD, Department of Medicine, Palliative Care Assistant Professor of Medicine, University of Michigan, Ann Arbor

SEP Learning Objectives
- Participate in group discussion to determine answers to multiple-choice questions.
- Apply updated knowledge of internal medicine to clinical practice.
- Understand recent advances in internal medicine.
- Complete an ABIM SEP Module toward partial fulfillment of the ABIM’s Maintenance of Certification.

Who Should Attend the SEP Post-Course?
- Internists participating in the ABIM Maintenance of Certification Program
- General internists
- Family practitioners
- Subspecialty physicians

SEP Note
The Michigan Chapter will provide you with a learner’s copy of the ABIM module(s) at the meeting. If you are enrolled in the ABIM’s Maintenance of Certification program, you must order the module* directly from the ABIM by visiting www.abim.org/online. After the Learning Session, submit your answers online to the ABIM for Maintenance of Certification credit. For more information about the ABIM’s Maintenance of Certification program, visit www.abim.org/moc or call ABIM at 800-441-ABIM (2246).

The 3 SEP modules offered are worth a total of 30 MOC points from ABIM.

*If you are already enrolled in the ABIM Maintenance of Certification program, there is no additional fee for this official version of the module. If you are not enrolled, you may attend the Learning Session; however, you must enroll before receiving Maintenance of Certification points for the knowledge module. To enroll, visit www.abim.org/online.
Hotel Accommodations

We have reserved a block of rooms at the following rates. When making your reservation, be sure to mention that you will be attending the ACP Michigan Chapter 2017 meeting. The rooms are available on a first-come, first-served basis, so make your reservation as early as possible by calling the hotel directly at 231-534-6000. ACP Promo Code ACP2017.

- Hotel Guestroom – $175
- Tower Guestroom – $215
- Studio Condominium – $175
- One Bedroom Condominium – $215
- Two Bedroom Condominium – $245

Grand Traverse Resort & Spa
100 Grand Traverse Village Boulevard
Acme, MI 49610
www.grandtraverseresort.com

Additional Fees

Early bird registration discount will end on Friday, September 22, 2017.
All pre-meeting registrations must be received by Friday, October 13, 2017. After October 13th registration can be made on-site at the meeting and registration fee of $50.00 will be added.

Satisfaction Guarantee

The College offers a satisfaction guarantee for all of its courses. If meeting attendees are not satisfied with their experience at a chapter meeting, they may write and request a refund of their registration fee.

Registration Information

- September 22, 2017
  Deadline for reduced fee registration
- October 13, 2017
  Deadline for pre-registration
- October 19–22, 2017
  On-site registration available for an additional $50

Save money by registering now!

Cancellations/Refunds

Notice of cancellation must be made in writing (fax: 248-879-0630, e-mail: tlockard@acpmichigan.org).
- Received by 9/22/2017 • Full Refund
- Received by 10/13/2017 • Half Refund
- After 10/13/2017 • No Refund
Registration is Online Only at www.acpmichigan.org

Acme, Michigan ● October 19–22, 2017

Registration Fees

Choose the category that applies to you. Registration fee includes continental breakfast, lunch, all scientific sessions and materials, and CME documentation.

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<th>Categories</th>
<th>Register by September 22, 2017</th>
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<td>□ ACP Member–SHM Member (includes FACP, MACP, SFHM, FHM, MHM)</td>
<td>$395</td>
<td>$445</td>
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<td>□ Retired Members of ACP or SHM</td>
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**Nonmember Students: ACP Membership is free for Medical Students. Join Now!

Please note: Members whose dues were not paid by July 1 for the current fiscal year will receive the nonmember registration rate.

YOU MUST REGISTER ONLINE FOR THE MEETING at www.acpmichigan.org

All online registration will end at 5:00 p.m. on Friday, October 13, 2017. You will need to register on-site after October 13, 2017.
Michigan Chapter Scientific Meeting 2017

October 19–22, 2017
Grand Traverse Resort & Spa
Acme, Michigan

Register Online Today!

Meeting Highlights
• Three SEP Modules-Updates in Internal Medicine, Hospital Medicine and Endocrinology
• Doctor’s Dilemma™
• Thieves’ Market
• Professors in Action
• Ambulatory Medicine Track
• Hospital Medicine Track