

Michigan Chapter Scientific Meeting 2017



October 19–22, 2017

Grand Traverse Resort & Spa
Acme, Michigan

Fostering Excellence in Internal Medicine

This live activity has been designated for 21.5 CME credits.



Michigan
Chapter



Michigan
Chapter

Meeting Highlights

- Three SEP Modules - Updates in Internal Medicine, Hospital Medicine and Endocrinology
- Doctor's Dilemma™
- Thieves' Market
- Professors in Action
- Ambulatory Medicine Track
- Hospital Medicine Track

Dear Colleague,

Join me and your colleagues in internal medicine at the next scientific meeting of the Michigan Chapter of the American College of Physicians, being held October 19–22, 2017, at the Grand Traverse Resort & Spa.

The meeting is a great way for you to recharge, rewind, and reflect with your peers, chapter leaders, and great speakers. Connect with the Michigan Chapter's rich source of knowledge content and networking by attending our premier meeting for general internists, subspecialty internists, hospitalists, allied health practitioners, residents, and medical students.

In addition to earning CME credits, this conference is about making personal contacts and getting involved in your chapter. You'll engage with people who know your challenges and can help you find solutions. The opportunities available at this meeting will help you meet not only your needs as a physician, but also the needs of the patients you serve.

We also welcome our continued collaboration with the Michigan Chapter, Society of Hospital Medicine at this meeting!

To ensure your place at this invaluable meeting, register now by visiting us online at www.acpmichigan.org.

I look forward to seeing you in Traverse City!

Sincerely,

Louis D. Saravolatz, MD, MACP
ACP Governor, Michigan Chapter



Schedule at a Glance

Fostering Excellence in Internal Medicine

Thursday, October 19, 2017

4:00–9:00 p.m.

Meeting Registration Open

6:00–8:30 p.m.

Governor's Council Meeting

Friday, October 20, 2017

7:00–9:00 a.m.

Continental Breakfast

7:00 a.m.–5:00 p.m.

Registration Open

7:00–7:45 a.m.

Meet the Professor: Dietary Approaches to Decrease Hypertension and Why We Think They Work

Susan Steigerwalt, MD, FACP

7:30–3:30

Educational Exhibits

7:30–9:00

Poster Reviewing and Judging

Session 1

8:00–9:00

Large Lecture: Diagnosing Itchy Red Rashes: A Dermatologist's Guide for Internists

Barbara Mathis, MD, FACP

9:00–10:15

Large Lecture: Practical and Practice Changing Guidelines: Tips you can Use to Improve Care

Patrick Alguire, MD, FACP

10:15–10:30

Morning Break

10:30–Noon

Professors-In-Action

Joshua Collins, MD, Member

Joel Fishbain, MD, FACP

Daniel Ouellette, MD

Frederick Michael, MD

Noon–12:30 p.m.

Lunch

12:30–1:30

Park Willis Lecture: Physician Burnout

George Abraham, MD, FACP

1:30–3:00

Oral Abstract Presentations and Judging

1:30–3:00

Advocacy Session

Laura Carravallah, MD, FACP

Martha Gray, MD, FACP

Jayne Courts, MD, FACP

Josh Boswell, JD, SHM Representative

1:30–3:00

Medical Student Program

EKG Basics and Practical Application

Sean Drake, MD, FACP

3:00–3:15

Afternoon Break

3:15–5:45

2017–2018 Update in Internal Medicine SEP Module

Alexandra Halalau, MD, FACP

Michael Barnes, MD, FACP

Jacqueline Gierer, DO, Member

Justine Nasr, MD, Member

Brett Holmes, DO, Member

3:15–5:45

Hospital Medicine Track:

Sepsis Update

Paul Bozyk, MD, FACP

Less Can Be More: Things We Do for No Reason

Christopher Petrilli, MD

Updates in Hospital Medicine

Danielle Heidemann, MD, Member

Schedule at a Glance

Saturday, October 21, 2017

7:00–9:00 a.m.

Continental Breakfast

7:00 a.m.–5:00 p.m.

Registration Open

7:00–7:45

Meet the Professor:

Sports Medicine-Pearls for the Internist

Rebecca Northway, MD

7:30–9:00

Poster Reviewing and Judging

Session 2 (includes Medical Students)

7:30 a.m.–3:30 p.m.

Exhibits

8:00–9:00

Large Lecture: Update on UTIs

Patricia Brown, MD, FACP

9:00–10:00

**Large Lecture: SGLT2 Inhibitors: A New Weapon
In the War on Diabetic Nephropathy**

Joel Topf, MD, FACP

10:00–10:15

Morning Break

10:15–11:45

Thieves' Market

David Scrase, MD, FACP

11:45–Noon

Break

Noon–12:30 p.m.

Lunch

12:30–1:30

**Boy Frame Lecture: Health Care Reform: Why It's
Needed and Where It's Headed**

John Z. Ayanian, MD, MPP, FACP

1:45–3:30

Medical Student Program:

1:45–2:30

Advocacy as a Medical Student:

2:30–3:15

Review of Chest Imaging

Ayman Soubani, MD, FACP

3:15–3:30

Break

1:45–4:15

2017–2018 Update in Hospital Medicine SEP Module

D'Anna Saul, MD

Mark Kolbe, MD, FACP

Ashwin Gupta, MD

Lauren Heidemann, MD, Member

1:45–4:15

Ambulatory Medicine Track:

Vaccination Update

Louis Saravolatz, MD, MACP

New Agents in Diabetes Management

Michael Brennan, DO, FACP

Updates in Ambulatory Medicine

Diane Levine, MD, FACP

3:30–4:30

Medical Student Program

Residency Program Directors Panel

5:00–7:30

**Governor's Reception, ACP, SHM Chapter
Awards, Resident/Medical Student Abstract
Awards Presentations**

Louis Saravolatz, MD, MACP



Program Schedule

Sunday, October 22, 2017

7:00 a.m.–12:30 p.m.

Registration Open

7:15–8:00 a.m.

**Annual Michigan ACP Chapter Business Meeting
(Full Breakfast Buffet Available)**

Louis Saravolatz, MD, MACP

7:30–9:00

Continental Breakfast

8:00–9:00

Annual Michigan SHM Chapter Business Meeting

Anita Hart, MD, FACP, SFHM

8:00–9:00

Doctor's Dilemma™

Resident Championship Round

Francisco Davila, MD, FACP

9:15–10:00

Doctor's Dilemma™

Winning Resident Team vs. Attending Panel

David Scrase, MD, FACP

Mark Loehrke, MD, FACP

Diane Levine, MD, FACP

10:00–12:30 p.m.

2017–2018 Update in Endocrinology SEP Module

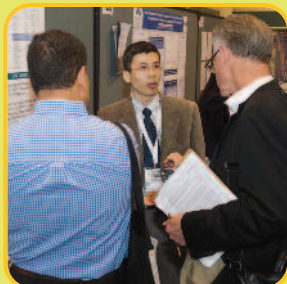
Saleh Aldasouqi, MD

Matthew Hebdon, MD

Ved Gossain, MD, MACP

12:30

Meeting Adjourns



Meeting Information

Faculty

George Abraham, MD, MPH, FACP, Chair-Elect, Board of Governors, American College of Physicians; Professor Medicine, University of Massachusetts Medical School

Saleh Aldasouqi, MD, Chief, Division of Endocrinology, Department of Internal Medicine, Associate Professor of Medicine, Michigan State University School of Medicine

Patrick Alguire, MD, FACP, Senior Vice President, Medical Education, American College of Physicians, Philadelphia

John Ayanian, MD, MPP, FACP, Alice Hamilton Professor of Medicine, Director, Institute for Healthcare Policy and Innovation, University of Michigan

Michael Barnes, MD, FACP, Department of Medicine, Beaumont-Royal Oak; Associate Professor of Medicine, Oakland University William Beaumont School of Medicine

Josh Boswell, JD, Director of Government Relations, Society of Hospital Medicine, Philadelphia

Paul Bozyk, MD, FACP, Assistant Director, MICU, Section of Pulmonary, Critical & Sleep Medicine, Department of Medicine, Beaumont-Royal Oak; Assistant Professor of Medicine, Oakland University William Beaumont School of Medicine

Michael Brennan, DO, FACP, Department of Medicine, Section of Endocrinology, Beaumont-Grosse Pointe

Patricia Brown, MD, FACP, Chief, Department of Medicine, Detroit Receiving Hospital; Associate Professor Medicine, Wayne State University School of Medicine

Laura Carravallah, MD, FACP, Department of Medicine, Hurley Medical Center

Joshua Collins, MD, Member, American College of Physicians; Internal Medicine Residency, Assistant Program Chair, Department of Medicine, Henry Ford Hospital System, Detroit

Jayne Courts, MD, FACP, Internal Medicine, Spectrum Health

Stephanie Czarnik, MD, FACP, Department of Internal Medicine, Division of Hospital Medicine, Hospitalist, Clinical Instructor, University of Michigan

Francisco Davila, MD, FACP, Transitional Year Program Director, Department of Medicine, Beaumont-Royal Oak; Fourth-Year Clerkship Director, Assistant Professor of Medicine, Oakland University William Beaumont School of Medicine

Sean Drake, MD, FACP, Internal Medicine Residency Program Director, Henry Ford Hospital System-Detroit Clinical Assistant Professor of Medicine, Wayne State University School of Medicine

Aimee Espinosa, MD, Member, American College of Physicians; Associate Program Director, Department of Medicine, Beaumont-Royal Oak; Assistant Professor of Medicine, Oakland University William Beaumont School of Medicine

Joel Fishbain, MD, FACP, Department of Medicine, Division of Infectious Diseases, St. John Hospital & Medical Center, Grosse Pointe; Associate Professor of Medicine, Wayne State University School of Medicine

Jacqueline Gierer, DO, Member, American College of Physicians; Department of Medicine, Beaumont-Royal Oak

Ved Gossain, MD, MACP, Swartz Professor Medicine-Emeritus, Former Chief of Endocrinology & Metabolism, Michigan State University

Martha Gray, MD, FACP, Governor Elect, Michigan Chapter, American College of Physicians; Department of Internal Medicine, Division of Geriatrics, University of Michigan

Ashwin Gupta, MD, Department of Internal Medicine, Hospitalist, Clinical Lecturer University of Michigan

Howard Epstein, MD, SFHM, Executive Vice President & Chief Medical Officer, University of Minnesota Med School, Twin Cities

Alexandra Halalau, MD, FACP, Section Head, General Internal Medicine, Department of Medicine, Beaumont-Royal Oak, Assistant Professor of Medicine, Oakland University William Beaumont School of Medicine

Sarah Hartley, MD, FACP, Associate Program Director, Internal Medicine Residency, Clinical Assistant Professor, Department of Medicine, University of Michigan

Matthew Hebdon, MD, Endocrinology Fellowship Director, Division of Endocrinology, Department of Medicine, Assistant Professor of Medicine, Michigan State University School of Medicine

Danielle Heidemann, MD, Member, American College of Physicians; Associate Program Director, Department of Internal Medicine, Henry Ford Hospital System

Lauren Heidemann, MD, Member, American College of Physicians; Department of Internal Medicine, Clinical Assistant Professor of Medicine, University of Michigan

Brett Holmes, DO, Member, American College of Physicians; Department of Medicine; Beaumont Hospital-Royal Oak

Leonard Johnson, MD, FACP, Department of Internal Medicine, Division of Infectious Diseases, St. John Hospital & Medical Center

Mark Kolbe, MD, FACP, Department of Medicine, Clinical Lecturer, University of Michigan

Diane Levine, MD, FACP, Vice Chair for Education and Clerkship Director, Associate Professor of Medicine, Wayne State University School of Medicine

Mark Loehrke, MD, FACP, Residency Program Director, Department of Medicine, Associate Professor of Medicine, Western Michigan University Homer Stryker M.D. School of Medicine

Meeting Information

Barbara Mathes, MD, FACP, Department of Medicine, Division of Dermatology, Clinical Associate Professor of Medicine, University of Pennsylvania

Frederick Michael, MD, FACP, Department of Internal Medicine, St. John Hospital, Grosse Pointe

Justine Nasr, MD, Member, American College of Physicians; Department of Medicine, Hospitalist, Beaumont–Royal Oak

Rebecca Northway, MD, Department of Internal Medicine, Division of Sports Medicine, Instructor, University of Michigan

Daniel Ouelette, MD, Associate Director Medical Critical Care, Henry Ford Hospital, Associate Professor of Medicine, Wayne State University School of Medicine

Christopher Petrilli, MD, Member, American College of Physicians, Department of Internal Medicine, Assistant Professor of Medicine, University of Michigan

Louis Saravolatz, MD, MACP, Governor, Michigan Chapter, American College of Physicians; Chair, Department of Internal Medicine, St. John Hospital & Medical Center; Professor of Medicine, Wayne State University School of Medicine

D'Anna Saul, MD, Department of Medicine, Palliative Care, Assistant Professor of Medicine, University of Michigan

David Scrase, MD, FACP, Professor of Internal Medicine and Geriatrics, University of New Mexico School of Medicine, Albuquerque

Ayman Soubani, MD, FACP, Internal Medicine, Pulmonary & Critical Care Medicine, Director, MICU, Harper Hospital Professor of Medicine, Wayne State University School of Medicine

Susan Steigerwalt, MD, FACP, Nephrologist, Department of Internal Medicine, Associate Professor Medicine, University of Michigan

Joel Topf, MD, FACP, Clinical Nephrologist, St. John Hospital-Grosse Pointe, Assistant Professor of Medicine, Oakland University William Beaumont School of Medicine

Michigan Chapter, American College of Physicians Chapter Awards for 2017

It is with distinct pleasure that the Michigan Chapter presents awards to long-standing and loyal supporters of the College. These individuals have rendered distinguished service to their chapters and community and have upheld the high ideals and professional standards for which the College is known. The following awards will be presented at the Governor's Reception on Saturday evening:

Laureate Awards:

Patricia Brown, MD, FACP
John Ayanian, MD, MPP, FACP
Raymond Hilu, MD, FACP

Raymond H. Murray Governor's Award:

Patricia Dhar, MD, FACP
Sean Drake, MD, FACP

Great Internist of Michigan Award:

Martha Gray, MD, FACP

Volunteerism & Community Service Awards:

Alexandra Halalau, MD, FACP
Brent Williams, MD, MPH, FACP

Lifetime Achievement Awards:

Louis Saravolatz, MD, MACP
Mohamed Siddique, MD, FACP

Michigan Chapter, Society of Hospital Medicine, Chapter Award for 2017

Society of Hospital Medicine, Michigan Chapter Hospital of the Year Award:

Scott Kaatz, DO, FACP, SFHM

Program Schedule

Michigan Chapter–ACP Resident Member and Medical Student Member Abstract Competition

Clinical vignettes, research and CQI/EBM abstracts prepared by Resident/Fellow Members and Medical Student Members will be presented at the meeting in both poster and oral presentations.

One Resident/Fellow member winner from each category (highest score poster or oral) will be automatically accepted for a poster presentation and receives up to \$1,000 towards expenses to attend the Internal Medicine Meeting in New Orleans in 2018.

The top scoring Medical Student Member winner will be accepted for a poster presentation and full paid expenses to present and attend the Internal Medicine Meeting in New Orleans in 2018.

Resident/Fellow Oral and Poster Abstract Competition:

A total of 13 certificates will be awarded from the MI ACP in the following categories:

Research	1st, 2nd, 3rd place Oral
	1st, 2nd, 3rd place Poster
Clinical Vignette	1st, 2nd, 3rd place Oral
	1st, 2nd, 3rd place Poster
CQI-EBM	1st place—oral or Poster

Medical Student Poster Abstract Competition:

A total of 9 Certificates will be award from the MI ACP in the following categories:

Research	1st place Poster
Clinical Vignette	1st place Poster
CQI-EBM	1st place Poster

Michigan Chapter, Society of Hospital Medicine Abstract Awards

A travel stipend of \$1000 will be awarded to the 1st, 2nd, and 3rd place resident/fellow abstracts as well as one to a medical student to attend the annual 2018 National SHM Meeting.



Learning Objectives

At the conclusion of this activity, the participant will be able to:

- Apply updated knowledge of internal medicine to clinical practice.
- Apply updated knowledge of dietary choices in control of hypertension, identify and treat common dermatological conditions, understand the evolving definition of sepsis, and how to best provide favorable outcomes in clinical practice.
- Improve clinical practice by incorporating major new developments in subspecialty medicine.
- Understand recent advances in internal medicine.
- Increase confidence in performing clinical skills.
- Understand political advocacy and reform.
- Identify common causes of medical career fatigue and how it can be prevented.

CME Accreditation

The American College of Physicians is accredited by the Accreditation Council for Continuing Medical Education (ACCME) to provide continuing medical education for physicians.

The American College of Physicians designates this live activity for a maximum of **21.5 AMA PRA Category 1 Credit(s)TM**. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

Maintenance of Certification

ABIM SEP Modules Session for Maintenance of Certification

Friday, October 20, 2017

3:15–5:45 p.m.

2017–2018 Update in Internal Medicine SEP Module

Michael Barnes, MD, FACP
Alexandra Halalau, MD, FACP
Brett Holmes, DO, ACP Member
Jacqueline Gierer, DO, ACP Member
Justine Nasr, MD, ACP Member

Saturday, October 21, 2017

1:45–4:15 p.m.

2017–2018 Update in Hospital Medicine SEP Module

Ashwin Gupta, MD
Lauren Heidemann, MD, ACP Member
Mark Kolbe, MD, FACP
D'Anna Saul, MD

Sunday, October 22, 2017

10:00 a.m.–12:30 p.m.

2017–2018 Update in Endocrinology SEP Module

Saleh Aldasouqi, MD
Ved Gossain, MD, MACP
Matthew Hebdon, MD

SEP Faculty

Saleh Aldasouqi, MD, Chief, Division of Endocrinology, Department of Internal Medicine, Associate Professor of Medicine, Michigan State University School of Medicine, East Lansing

Michael Barnes, MD, FACP, Department of Medicine, Beaumont–Royal Oak; Associate Professor of Medicine, Oakland University William Beaumont School of Medicine, Rochester Hills

Alexandra Halalau, MD, FACP, Section Head, General Internal Medicine, Department of Medicine Beaumont Hospital–Royal Oak, Assistant Professor of Medicine, Oakland University William Beaumont School of Medicine, Rochester Hills

Matthew Hebdon, MD, Endocrinology Fellowship Director, Division of Endocrinology, Department of Medicine, Assistant Professor of Medicine, Michigan State University School of Medicine, East Lansing

Lauren Heidemann, MD, Member, American College of Physicians; Department of Internal Medicine Clinical Assistant Professor of Medicine, University of Michigan, Ann Arbor

Brett Holmes, DO, Member, American College of Physicians; Department of Medicine; Beaumont–Royal Oak, Royal Oak

Jacqueline Gierer, DO, Member, American College of Physicians; Department of Medicine, Beaumont–Royal Oak, Royal Oak

Ved Gossain, MD, MACP, Swartz Professor Medicine-Emeritus, Former Chief of Endocrinology & Metabolism Michigan State University, East Lansing

Ashwin Gupta, MD, Department of Internal Medicine, Hospitalist, Clinical Lecturer University of Michigan, Ann Arbor

Mark Kolbe, MD, FACP, Department of Medicine, Clinical Lecturer University of Michigan, Ann Arbor

Justine Nasr, MD, Member, American College of Physicians; Department of Medicine, Hospitalist, Beaumont–Royal Oak, Royal Oak

D'Anna Saul, MD, Department of Medicine, Palliative Care Assistant Professor of Medicine, University of Michigan, Ann Arbor

SEP Learning Objectives

- Participate in group discussion to determine answers to multiple-choice questions.
- Apply updated knowledge of internal medicine to clinical practice.
- Understand recent advances in internal medicine.
- Complete an ABIM SEP Module toward partial fulfillment of the ABIM's Maintenance of Certification.

Who Should Attend the SEP Post-Course?

- Internists participating in the ABIM Maintenance of Certification Program
- General internists
- Family practitioners
- Subspecialty physicians

SEP Note

The Michigan Chapter will provide you with a learner's copy of the ABIM module(s) at the meeting. If you are enrolled in the ABIM's Maintenance of Certification program, you also must order the module* directly from the ABIM by visiting www.abim.org/online. After the Learning Session, submit your answers online to the ABIM for Maintenance of Certification credit. For more information about the ABIM's Maintenance of Certification program, visit www.abim.org/moc or call ABIM at 800-441-ABIM (2246).

The 3 SEP modules offered are worth a total of 30 MOC points from ABIM.

*If you are already enrolled in the ABIM Maintenance of Certification program, there is no additional fee for this official version of the module. If you are not enrolled, you may attend the Learning Session; however, you must enroll before receiving Maintenance of Certification points for the knowledge module. To enroll, visit www.abim.org/online.

Additional Information

Hotel Accommodations

We have reserved a block of rooms at the following rates. When making your reservation, be sure to mention that you will be attending the ACP Michigan Chapter 2017 meeting. The rooms are available on a first-come, first-served basis, so make your reservation as early as possible by calling the hotel directly at 231-534-6000. ACP Promo Code ACP2017.

Hotel Guestroom—\$175
Tower Guestroom—\$215
Studio Condominium—\$175
One Bedroom Condominium—\$215
Two Bedroom Condominium—\$245

Grand Traverse Resort & Spa
100 Grand Traverse Village Boulevard
Acme, MI 49610

www.grandtraverseresort.com

Additional Fees

Early bird registration discount will end on Friday, September 22, 2017.

All pre-meeting registrations must be received by Friday, October 13, 2017. After October 13th registration can be made on-site at the meeting and registration fee of \$50.00 will be added.

Satisfaction Guarantee

The College offers a satisfaction guarantee for all of its courses. If meeting attendees are not satisfied with their experience at a chapter meeting, they may write and request a refund of their registration fee.

Registration Information

September 22, 2017

Deadline for reduced fee registration

October 13, 2017

Deadline for pre-registration

October 19–22, 2017

On-site registration available for an additional \$50

Save money by registering now!



Cancellations/Refunds

Notice of cancellation must be made in writing (fax: 248-879-0630, e-mail: tlockard@acpmichigan.org).

- Received by 9/22/2017 • Full Refund
- Received by 10/13/2017 • Half Refund
- After 10/13/2017 • No Refund

Registration is Online Only at www.acpmichigan.org

Acme, Michigan • October 19–22, 2017

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Registration Fees

Choose the category that applies to you. Registration fee includes continental breakfast, lunch, all scientific sessions and materials, and CME documentation.

Categories	Register by September 22, 2017	After September 22, 2017
<input type="checkbox"/> ACP Member–SHM Member (includes FACP, MACP, SFHM, FHM, MHM)	\$395	\$445
<input type="checkbox"/> Retired Members of ACP or SHM	\$200	\$250
<input type="checkbox"/> ACP Resident/Fellow Member	\$125	\$150
<input type="checkbox"/> ACP Medical Student Member	\$25	\$50
<input type="checkbox"/> Nonmember Physician	\$495	\$595
<input type="checkbox"/> Nonmember Resident	\$125	\$150
<input type="checkbox"/> Nonmember Medical Student**	\$25	\$50
<input type="checkbox"/> Nonmember Allied Health Professional	\$250	\$300

Nonmember Students: ACP Membership is free for Medical Students. **Join Now!

Please note: Members whose dues were not paid by July 1 for the current fiscal year will receive the nonmember registration rate.

**YOU MUST REGISTER ONLINE FOR THE MEETING
at www.acpmichigan.org**

All online registration will end at 5:00 p.m. on Friday, October 13, 2017.
You will need to register on-site after October 13, 2017.



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Philadelphia, PA 19106-1572

American College of Physicians
Leading Internal Medicine, Improving Lives

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Acme, Michigan

Register Online Today!

Meeting Highlights

- Three SEP Modules-Updates in Internal Medicine, Hospital Medicine and Endocrinology
- Doctor’s Dilemma™
- Thieves’ Market
- Professors in Action
- Ambulatory Medicine Track
- Hospital Medicine Track



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