American College of Physicians
Maine Chapter

To foster a community of professionals who pursue excellence and fulfillment in the practice of medicine.

Sweet Words: Diabetes and Endocrinology for the Internist

2015 Annual Chapter Meeting & Educational Sessions

September 25-27, 2015
Atlantic Oceanside Hotel & Conference Center
119 Eden Street
Bar Harbor, ME

Special Accommodations: If you have physical or dietary restrictions that may require accommodations in order to fully participate in this activity, please contact Warene Eldridge before August 23, 2015. If you need further information or assistance please contact: Warene Eldridge/ACP -Maine Chapter: Phone: 207-215-7118
Email: mainechapteracp@gmail.com
Educational Sessions Faculty

Irwin Brodsky, MD
Maine Medical Partners Endocrinology & Diabetes Centers
Scarborough, ME

Emily Demetriou, MD
Maine Medical Partners Endocrinology & Diabetes Center
Scarborough, ME

John Devlin, MD, FACE
Mercy Mattina R. Proctor Diabetes Center
Portland, ME

John Erickson, MD, FACP, Governor
Intermed
Portland, ME

Osama Hamdy, MD, PhD, FACE
Joslin Diabetes Center
Boston, MA

Andrew MacLean, JD
Maine Medical Association
Manchester, ME

John Tooker, MD, MACP
Pulmonologist
Devon, PA

Laura E. Trask, MD, FACP
Central Maine Endocrinology and Diabetes Education Center
Lewiston, ME

Rahfa Zerikly, MD
Maine Medical Partners Endocrinology & Diabetes Center
Scarborough, ME

Presenters:
Irwin Brodsky, MD: Diabetes Director for Maine Medical Partners Endocrinology & Diabetes Center, Scarborough, ME.
Emily Demetriou, MD: Special interest in endocrinology, diabetes, maintaining bone health, treating bone disease and obesity. Scarborough, ME
John Devlin, MD, FACE: Medical Director at Mercy Mattina R. Proctor Diabetes Center and Principal investigator, Center for Outcomes Research and Evaluation at Maine Medical Center, Portland, ME.
John Erickson, MD, FACP, Governor: Practicing Internist at InterMed, Teaching Attending for residents & Associate Program Director, Department of Medicine, Maine Medical Center, Portland, ME.
Osama Hamdy, MD, PhD: Medical Director of Joslin’s Obesity Clinical Program, Assistant Medical Director of Professional Medical Education, Clinical Investigator in the Section on Clinical, Behavioral & Outcomes Research and an instructor at Harvard Medical School.
Andrew MacLean, JD: Deputy Executive Vice President and General Counsel of the Maine Medical Association.
John Tooker, MD, MBA, MACP: An internist and pulmonologist also former Executive Vic President and Chief Executive Officer of the American College of Physicians.
Laura Trask, MD, FACP: Board certified Internal Medicine and Endocrinology. Completed a Fellowship in Endocrinology at Dartmouth-Hitchcock Medical Center. Her practice is in Lewiston, ME.
Rahfa Zerikly, MD: Board certified in Internal Medicine and subspecialty Endocrinology, Diabetes and Metabolism. Dr. Zerikly sees patients at Maine Medical Partners Endocrinology and Diabetes Center in Scarborough.
2015 Educational Sessions Agenda

Friday, September 25th

11:00 am  Registration Opens
1:00 pm  Legislative and Leadership Day Update: Andrew MacLean, JD & John Erickson, MD, FACP, Governor
1:45  Insulin Pumps, Meters and Bluetooth: John Devlin, MD, FACE
2:30  Break
3:00  Understanding Lipid Goals and Managing the Resistant Patient: John Devlin, MD, FACE
3:45  Testosterone Deficiency & Replacement: What’s Up with the T?: Emily Demetriou, MD
4:30  Poster Session Introductions
4:45  Poster Session and Reception
6:00  Adjourn for the day

Saturday, September 26th

7:00 am  Resident/Student/Faculty/GAC breakfast
8:00  Case Vignettes: Fascinating Case Presentations by Internal Medicine Residents
9:30  Break
10:00  An Update in Type II Diabetes Management: Irwin Brodsky, MD
11:00  Obesity: Management of the Burgeoning Waistline: Osama Hamdy, MD, PhD
12:00 pm  Free time for personal enjoyment of Mount Desert Island or
1:00 – 4:00 pm  Maine Chapter Society of Hospital Medicine Educational Sessions – see General Information
6:00  Reception
7:00  Banquet
7:50  Chapter Award Presentations
8:00  “Leonard M. Keilson, MD, FACP Memorial Presentation”:
“The Centennial History of the ACP”: John Tooker, MD, MBA, MACP

Sunday, September 27th

7:30 am  College Update & Town Meeting: John Erickson, MD, FACP, Governor
8:30  The Adrenal Gland: What Do We Need to Know?: Rahfa Zerikly, MD
9:30  Break
10:00  Inpatient Management of Diabetes: Osama Hamdy, MD, PhD
11:00  What We Don’t Know About the Thyroid Can Hurt Us: Laura Trask, MD
12:00 pm  Turn in Evaluation Forms and Adjourn
2015 Maine Chapter Registration Information

**Register On-line:**
https://store.acponline.org/chizatpro/ACPSstore/Meetings/MeetingDetail/tabid/55/Default.aspx?ProductId=22662

**Register by Mail:**
Make check or money order payable to ACP, mail to:
AC002
American College of Physicians
190 N Independence Mall West
Philadelphia PA 19106-1572

**Register by Fax:**
(Credit Cards Only) 215-351-2799

**Register by Phone**
Call 800 523 1546 ext 2600
Or 215 351 2600
(M-F, 9 am – 5pm ET)

**Additional Information**

*Schedule and Hotel Information:* For questions about the meeting schedule or location please contact: Warene Eldridge 207 215 7118 or mailto:mainechapteracp@gmail.com

If you have question regarding the chapter, the meeting program, or have a disability or any special dietary needs, please contact Warene Eldridge by telephone (207-215-7118) or email mailto:mainechapteracp@gmail.com
Maine Chapter 2015 Mail of Fax Registration

Use this registration form ONLY to register by MAIL or FAX

Name__________________________________________________________

☐ MD  ☐ DO  ACP* #__________
(name as to be printed on name badge)

Address___________________________________________________________________________________
________________________________________________________________________________________

Phone:___________________________________________Fax:______________________________________

Email:_____________________________________________________________________________________
☐ Check here for permanent change to your email address for all College mailings     *ACP # is located on your mailing label

Name of guest attending events/banquet (as to be printed on name badge)
__________________________________________________________________________________________

Name of person to be seated with at the banquet:
__________________________________________________________________________________________

Registration includes: Breaks, receptions, banquet, and CME documentation.
Registrants attend breakfast provided by hotel, located in main building.

ACP Categories: check the appropriate member type
☐ Master  ☐ Fellow  ☐ Member $390.00
☐ Resident Member  ☐ Medical Student Member No fee
☐ Non physician Affiliate Member $200.00

Nonmember Categories
☐ SHM Member $390.00 – to attend the full program
(no fee to attend Sat. only)
☐ Nonmember Physician $490.00
☐ Nonmember Allied Health Professional $250.00

Please provide the information for the following:
Friday:
___ I will attend the Friday afternoon educational sessions
___ Number attending Friday poster session and reception

Saturday: (Registrants and family breakfast provided by hotel-located in hotel main building)
___ I will attend the Resident, Student, GAC & Faculty breakfast
___ Number attending Saturday evening reception & banquet (no fee for 1 attendee & 1 guest);
Cost for each guest (over 1) is $45.00  $_______

Sunday: (Registrants and family breakfast provided by hotel-located in hotel main building)
___ I will attend the Sunday morning educational sessions

Total Amount Due…………………………………………………………...$____________ 

Registration Refund Policy: When requested in writing, a full refund less a $50.00 administration fee will be issued to prepaid registrants. Refund requests must be dated on or before August 22, 2015.
ACP-Maine Chapter is pleased to offer **credit card payment and on-line registration** for the 2015 Maine Chapter Annual Meeting and Educational Sessions. To register **on-line go to:**

https://store.acponline.org/ebizatpro/ACPStore/Meetings/MeetingDetail/tabid/55/Default.aspx?ProductId=22662

If you prefer to pay by **check:** Mail the completed registration form, with your check made payable to ACP, to: ACC002, American College of Physicians, 190 N Independence Mall West, Philadelphia, PA. 19106-1572.

**To register by phone:** 800-523-1546 ext. 2600 or 215-351-2600

**To register by fax:** 215-351-2799

The Maine Chapter **WILL NOT provide breakfast** for attendees and families this year, breakfast is included in the lodging fee, please plan to have your breakfast in the main lodge of Atlantic Oceanside.

**Maine Chapter – Society of Hospital Medicine:** Maine-SHM will provide educational sessions on Saturday afternoon, Sept. 26th from 1 pm – 4 pm. Educational sessions will be held in the same classroom as the morning educational programs. All registered attendees of the Maine Chapter Annual Educational Sessions may attend the hospitalist program at no additional cost. Members of the SHM-Maine may attend the Maine Chapter educational classes on Saturday only at no additional fees. If an SHM-Maine member wants to attend the full Maine Chapter sessions they must pay the registration fee. Additional information may be found on the Maine SHM website: [http://www.hospitalmedicine.org/Web/Membership/chapter_and_sections/Chapters_Contents/Maine_Chapter.aspx](http://www.hospitalmedicine.org/Web/Membership/chapter_and_sections/Chapters_Contents/Maine_Chapter.aspx)

**Objectives:** At the conclusion of this activity, the participant will:

- **Insulin Pumps:** To understand the latest technology surrounding insulin pumps and glucose sensors.
- **Hyperlipidemia:** To gain a better understanding of managing patients with resistant hyperlipidemia.
- **Testosterone Deficiency:** To understand the pros and cons of testosterone replacement therapy.
- **Type 2 Diabetes:** To gain a better understanding of current therapies for type 2 DM and how to optimally use them.
- **Obesity:** To better understand the issues and treatments available for the obese patient.
- **Adrenal Gland:** To have an understanding of common diseases involving the adrenal glands.
- **Inpatient Diabetes:** To develop a strategy for better management of the inpatient with diabetes.
- **Thyroid:** To have an understanding of management of thyroid nodules and hyperthyroidism.
- **Legislative:** Will be aware of significant laws enacted on the state level in 2015 that may have impact on physician practices.

**Resident Activities:** MMC residents will present Clinical Vignettes on Saturday morning. One night lodging for the vignette presenters will be reimbursed at 100%, submit receipts to Warene Eldridge, mailto:mainechapteracp@gmail.com. The vignette winner will be reimbursed up to $1,200 for travel and other related expenses to IM 2016 and will be eligible for entrance into the national competition held during Internal Medicine 2016. For additional information regarding the MMC Resident Clinical Vignettes contact Dr. Stephen Hayes, mailto:hayess@mmc.org or 207-854-9101.

**Poster Session:** is open to students, residents, practicing physicians and related organizations. Posters may be presented in the following categories: MMC Resident Clinical Vignettes, research in progress, quality improvement, or education innovations. Please submit an abstract of 500 or fewer words to Dr. Kathleen Fairfield, FAIRFK@mmc.org. The deadline to submit an abstract for poster session is **August 21, 2015.**
A breakfast for Residents & Medical Students with GAC members and faculty will be held on Saturday at 7:00 am.

**Lodging Reimbursement:** ACP - Maine Chapter Residents and Medical Student members who attend the scheduled activities of the Maine Chapter Meeting are eligible to be reimbursed for ½ of the basic lodging rate for up to two (2) nights. For questions contact Warene or submit receipts to: Warene Eldridge mailchaperacp@gmail.com, (207-215-7118).

**Handouts:** Copies of faculty presentations will not be provided at the chapter meeting. All received presentations will be posted on the Chapter’s website as received for downloading and printing:
http://www.acponline.org/aboutacp/chapters/me/

**Laureate Award:** It is with distinct pleasure that the Maine Chapter will present a Laureate Award. The award will be presented during the banquet on Saturday evening September 26, 2015.

**Who Should Attend:** General Internists, Subspecialty Internists, Family Practitioners, Hospitalists, Fellows in subspecialty training, Allied Health practitioners, Residents, Medical Students interested in internal medicine.
Lodging Accommodations: Call the reservation office of Atlantic Oceanside Hotel and Conference Center directly to make your reservation (800 336 2463). You must identify the American College of Physicians – Maine Chapter & Group Number: 300515 to receive the lodging discount. Rates cannot be changed upon check-in or check-out. To receive the discounted lodging fee reservations must be made by August 25, 2015 (800-336-2463), reservations may also be made on-line: http://www.barharbormainehotel.com/. The hotel requires one night advance deposit to guarantee the reservation. The deposit is refundable until 7 days prior to arrival less a $20.00 cancellation fee. Cancellations made 6 days or less prior to the arrival are not refundable. After 8/25/15 lodging will be available on a first come first serve basis and may not qualify for the discounted rate.

Hotel:
Atlantic Oceanside Hotel & Conference Center
119 Eden Street
Bar Harbor, ME 04609
Reservations: 800-336-2463
Telephone: 207-288-5801 Fax: 207-288-8402
Website: http://www.barharbormainehotel.com/

Bar Harbor, Maine Oceanfront Atlantic Oceanside Hotel
Experience the scenic beauty of Bar Harbor, Maine at Atlantic Oceanside Hotel & Conference Center. Situated on the shores of Frenchman Bay, Atlantic Oceanside offers 12 acres of prime oceanfront access. All of our quality accommodations feature private balconies overlooking the ocean. Atlantic Oceanside Hotel & Conference Center is also located within close proximity to local attractions. Downtown Bar Harbor is just one mile away, while Acadia National Park is nearby.

The Following Activities & Attractions are located with in 1 mile of Atlantic Oceanside Hotel & Conference Center

- Acadia National Park
- Golf at Kebo Valley
- Spa at the Bar Harbor Inn
- Island Ferry Tours
- Custom Boat Tours on property
- Bicycling
- Acadia Park Tours
- Fine Dining at the Reading Room Restaurant at the Bar Harbor Inn
- Lobster Bakes at the Terrace
- Abbe Museum
- Kayaking
- Harbor Cruises
- Nature Tours
- Lobster Boat Tours

Airports Bar Harbor Airport (BHB) - 10 miles (US Airways)

- Bangor International Airport (BGR) - 47 miles (US Airways, Delta, Continental, NWA)