Friday, January 31–Saturday, February 1, 2020
Turf Valley Resort and Conference Center
2700 Turf Valley Road
Ellicott City, MD

Register Online Today!

Medicine in the 21st Century
This live activity has been designated for up to 13 CME credits and 9 MOC points.
Dear Colleague,

Join me and your colleagues in internal medicine at the next scientific meeting of the Maryland Chapter of the American College of Physicians, being held on Friday, January 31—Saturday, February 1, 2020, at the Turf Valley Resort and Conference Center in Ellicott City, MD.

The meeting is a great way for you to recharge, rewind, and reflect with your peers, chapter leaders, and great speakers. Connect with the Maryland Chapter’s rich source of knowledge content and networking by attending our premier meeting for general internists, subspecialty internists, hospitalists, allied health practitioners, residents, and medical students.

In addition to earning CME credits, this conference is about making personal contacts and getting involved in your chapter. You’ll engage with people who know your challenges and can help you find solutions. The opportunities available at this meeting will help you meet not only your needs as a physician but also the needs of the patients you serve.

To ensure your place at this invaluable meeting, register now by visiting us online at mdchapter.acponline.org.

I look forward to seeing you in Ellicott City.

Sincerely,

Mangla S. Gulati, MD, CPPS, FACP, SFHM
ACP Governor, Maryland Chapter
**Schedule at a Glance**

*Medicine in the 21st Century*

**Friday, January 31, 2020**

11:00 a.m.  
Registration

11:45  
**Welcoming Remarks**  
Mangla S. Gulati, MD, CPPS, FACP, SFHM  
Governor, ACP Maryland Chapter

Moderator: Stephen D. Sisson, MD, FACP

**Story Slams**

12:10 p.m.  
**Penicillin Allergy: Fake News, and Why It Matters**  
Neda Frayha, MD, FACP

12:55  
**New Drugs and Their Use in Osteoporosis**  
Suzanne M. Jan De Beur, MD

1:40  
**Break**  
Visit the College Display and Exhibits

1:50  
**Opioids—What We Need to Know in 2020**  
Glenn J. Treisman, MD, PhD

2:40  
**AKI and Its Updates**  
Mary T. Behrens, MD, FACP

Moderator: Robert P. Ferguson, MD, MACP

**Story Slams**

3:35  
**Clinical Problem Solving—Cases from the Primary Care Office**  
Bimal H. Ashar, MBA, MD, FACP

4:20  
**Break**  
Visit the College Display and Exhibits

4:30  
**What’s New for Cardiovascular Risk Reduction in Diabetes**  
Rita R. Kalyani, MD, MHS

5:15  
**Cardiology Updates**  
Raymond K. Young II, MD

6:00  
**Adjourn**

6:15  
**Reception**  
**Chapter Awards Presentations:**  
Theodore E. Woodward Award for Medical Education  
Samuel P. Asper Award for Excellence in Internal Medicine  
Mary Betty Stevens Award for Clinical Research  
Mackowiak Student Achievement Award  
Hospitalist Award  
Early Career Physician Award  
Maryellen Woodward Governor’s Service Award
Saturday, February 1, 2020

7:15–8:00 a.m.
Speed Mentoring (ECP/WIM/IMG/Diversity)
Terrace on the Green

7:30
Continental Breakfast
Advancement to Fellowship Breakfast
Mangla S. Gulati, MD, CPPS, FACP, SFHM
Moderator: Ali J. Afrookteh, MD, FACP

Story Slams
8:10
Derm Updates
Mark H. Lowitt, MD, FAAD

8:50
2019 1st-Place Poster Research Winner—
Mulholland Mohler Meeting
A Quality Improvement Project to Increase Initiation of Buprenorphine Maintenance for Inpatients With Opioid Use Disorder
Ashish P. Thakrar, MD

9:00
2019 1st-Place Poster Clinical Vignette Winner—
Mulholland Mohler Meeting
Rhodococcus fascians—Rare Cause of Meningitis in a Human Host
Kiran Motwani, MD

9:00–10:30
Student Corner
Ellicott Room

9:00–9:45
ProudtobeGIM Story Slam—A Live Storytelling Event

9:45–10:30
Clinical Skills and Communications Workshop

9:10
Vaping—Problems for the Future & Now
Janaki Deepak, MBBS, FACP

9:55
Twitter for Doctors—From Basics & Onward
Reza S. Manesh, MD

10:40
Break
Moderator: Mary M. Newman, MD, MACP
Story Slams

11:00
Maryland Primary Care Program—Investing in Sustainable High-Value Care
Howard Haft, MD, MMM, CPE, FACPE

11:00 a.m.–2:00 p.m.
Iron Med Competition for Residents
Presented by Chief Residents/Walter Reed Hospital

11:45
Smart Prescribing for Older Adults (What to Keep, What to Stop & How You Decide)
Colleen Christmas, MD, FACP

12:30 p.m.
Buffet Lunch to be Served
Moderator: Janaki Deepak, MBBS, FACP

1:15–4:30
The Doctor’s Dilemma® for Residents
Concurrent Sessions

**SEP Modules**

1:15–3:15 p.m.

**Update in Internal Medicine**
Sara Mixter, MD, MPH
Heather F. Sateia, MD, FACP

3:15–5:15

**Update in Hospital Medicine**
Elham Afshar, MD
Lee-Ann Wagner, MD

**Point-of-Care Ultrasound Workshop**

1:15–4:30

Brian T. Garibaldi, MD, FACP, FRCP(E)
Gigi Y. Liu, MD, MSc, FACP
David S. Weisman, DO, FACP

Residents’ Activities

_Saturday, February 1_

**Moderator:** Janaki Deepak, MBBS, FACP

**11:00 a.m.–2:00 p.m.**

**Iron Med Competition for Residents**

**1:15–4:30 p.m.**

**The Doctor’s Dilemma® for Residents**

**Medical Students’ Corner**

_Saturday, February 1_

9:00–9:45 a.m.

**ProudtobeGIM Story Slam–A Live Storytelling Event**

9:45–10:30 a.m.

**Clinical Skills and Communications Workshop**

Story Slams

We’re pleased to offer Story Slams, personal stories presented by physicians and medical students that capture and celebrate the practice of medicine. Whether an amusing or a heartfelt experience shared by the presenter, it is a moving and fascinating glimpse into the practice of medicine.
Meeting Information

Faculty

Elham Afshar, MD, Assistant Professor of Medicine, University of Maryland School of Medicine, Baltimore

Ali J. Afrookteh, MD, FACP, Co-Chair, MD ACP Program Committee; Private Practice, Frederick

Bimal H. Ashar, MBA, MD, FACP, Clinical Director Associate, Division of General Internal Medicine, D. William Schlott Professor of Medicine, Johns Hopkins University School of Medicine, Baltimore

Mary T. Behrens, MD, FACP, Private Practice, Mid-Atlantic Nephrologists, Catonsville

Colleen Christmas, MD, FACP, Director, Primary Care Leadership Track, Associate Professor of Medicine, The Johns Hopkins University, School of Medicine, Baltimore

Suzanne M. Jan De Beur, MD, Director, Johns Hopkins Bayview Clinical Research Unit, Associate Professor of Medicine, Johns Hopkins University School of Medicine, Baltimore

Janaki Deepak, MBBS, FACP, Co-Chair, International Medical Graduations (IMG) Committee, ACP Maryland Chapter; Assistant Professor of Medicine, University of Maryland School of Medicine, Baltimore

Robert P. Ferguson, MD, MACP, Clinical Professor, University of Maryland School of Medicine; Associate Professor, Johns Hopkins University School of Medicine; Staff Member, Department of Medicine, Greater Baltimore Medical Center, Baltimore

April S. Fitzgerald, MD, FACP, Co-Chair, Women in Medicine Committee, ACP Maryland Chapter; Retired Colonel, US Air Force, Johns Hopkins University School of Medicine, Baltimore

Neda Frayha, MD, FACP, General Internal Medicine, Saint Agnes Medical Group; Senior Editor and Host, Primary Care Reviews and Perspectives Podcast, Hippo Education; Assistant Professor, Part-time, University of Maryland School of Medicine, Baltimore

Brian T. Garibaldi, MD, FACP, FRCP(E), Co-President, Society of Bedside Medicine, Director, Johns Hopkins Biocontainment Unit, Associate Program Director, Osler Residency Program, Associate Professor of Medicine and Physiology, Johns Hopkins University School of Medicine, Baltimore

Mangla S. Gulati, MD, CPPS, FACP, SFHM, Governor, ACP Maryland Chapter; Chief Quality Officer, Associate Chief Medical Officer, Vice President, Patient Safety and Clinical Effectiveness, Assistant Professor of Medicine, University of Maryland School of Medicine, Baltimore

Howard Haft, MD, MMM, CPE, FACPE, Executive Director, Maryland Primary Care Model, Maryland Department of Health, Baltimore

Rita R. Kalyani, MD, MHS, Editor-in-Chief, Johns Hopkins Diabetes Guide; Associate Professor of Medicine, Johns Hopkins University School of Medicine, Baltimore

Sapna P. Kuehi, MD, FACP, Program Director, Internal Medicine Residency Program, St. Agnes Hospital, Assistant Professor, University of Maryland School of Medicine, Baltimore

Gigi Yuen-Gee Liu, MD, MSc, FACP, Instructor of Medicine, Johns Hopkins University School of Medicine, Baltimore

Mark H. Lowitt, MD, FAAD, Private Practice, Dermatology, Greater Baltimore Medical Center; Clinical Associate Professor of Dermatology, University of Maryland School of Medicine, Baltimore

Reza S. Manesh, MD, Assistant Program Director for Clinical Reasoning, Osler Medical Training Program, Assistant Professor of Medicine, Johns Hopkins University School of Medicine, Baltimore

Sara Mixter, MD, MPH, Assistant Professor of Medicine, Johns Hopkins University School of Medicine, Baltimore

Kiran Motwani, MD, Resident, University of Maryland School of Medicine, Baltimore

Mary M. Newman, MD, MACP, Assistant Professor of Medicine, Johns Hopkins University; Private Practice, Lutherville

Heather F. Sateia, MD, FACP, Assistant Professor, Division of General Internal Medicine, Associate Program Director, Osler Residency Program, Johns Hopkins University School of Medicine, Baltimore

Stephen D. Sisson, MD, FACP, Past Governor, Co-Chair, ACP Maryland Chapter Program Committee; Executive Director, Ambulatory Services, Philip A. Tumulty Professor of Medicine, Johns Hopkins University School of Medicine, Baltimore

Ashish P. Thakrar, MD, Resident, Johns Hopkins University School of Medicine, Baltimore

Glenn J. Treisman, MD, PhD, Eugene Meyer III Professor of Psychiatry and Medicine, Director of AIDS Psychiatry Services, Director, Pain Treatment Program, Co-Director, Food, Body & Mind Center, Johns Hopkins University School of Medicine, Baltimore

Lee-Ann Wagner, MD, President, Society of Hospital Medicine, Maryland Chapter; Assistant Professor of Medicine, University of Maryland School of Medicine, Baltimore

David S. Weisman, DO, FACP, Assistant Professor of Medicine, Georgetown University, Associate Program Director, MedStar Health Internal Medicine, Baltimore

Raymond K. Young II, MD, Cardiologist, MedStar Heart & Vascular Institute, MedStar Good Samaritan Hospital and MedStar Union Memorial Hospital, Baltimore
Meeting Information

Program Committee
Ali J. Afrookteh, MD, FACP, Co-Chair
Stephen D. Sisson, MD, FACP, Co-Chair
Marie-Alberte Boursiquot, MD, FACP
R. Dobbin Chow, MD, MBA, MACP
Colleen Christmas, MD, FACP
Janaki Deepak, MBBS, FACP
Sanjay Desai, MD, FACP
Robert P. Ferguson, MD, MACP
April S. Fitzgerald, MD, FACP
Nidhi Goel, MD, FACP
Mangla S. Gulati, MD, CPPS, FACP, SFHM
Erica N. Johnson, MD, FACP
Marc C. Hochberg, MD, MACP
Sapna P. Kuehl, MD, FACP
Philip A. Mackowiak, MD, MACP
Mary M. Newman, MD, MACP
Saba S. Sheikh, MD, FACP
Asha M. Thomas, MD, FACP
David S. Weisman, DO, FACP
Richard B. Williams III, MD, FACP
CME Accreditation and MOC Points

The American College of Physicians (ACP) is accredited by the Accreditation Council for Continuing Medical Education (ACCME) to provide continuing medical education for physicians.

The ACP designates each live activity for the number of AMA PRA Category 1 Credit(s)™ listed below. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

The Maryland Chapter Scientific Meeting for a maximum of 9 AMA PRA Category 1 Credit(s)™

The SEP modules post course, for a maximum of 4 AMA PRA Category 1 Credit(s)™.

The ultrasound post course, for a maximum of 3.25 AMA PRA Category 1 Credit(s)™.

Successful completion of this CME activity (the Maryland Chapter Scientific Meeting), which includes participation in the evaluation component, enables the participant to earn up to 9 medical knowledge MOC points in the American Board of Internal Medicine’s (ABIM) Maintenance of Certification (MOC) program. It is the CME activity provider’s responsibility to submit participant completion information to ACCME for the purpose of granting ABIM MOC credit.

Who Should Attend?

- General internists
- Subspecialty internists
- Family practitioners
- Fellows in subspecialty training
- Hospitalists
- Allied health practitioners
- Residents
- Medical students interested in internal medicine
Hotel Accommodations

We have reserved a block of rooms at the following rates until January 1, 2020. When making your reservation, be sure to mention that you will be attending the ACP Maryland Chapter meeting. The rooms are available on a first-come, first-served basis, so make your reservation as early as possible by calling the hotel directly at 410-465-1500.

Single/Double: $129.00
Turf Valley Resort & Conference Center
2700 Turf Valley Road
Ellicott City, MD 21042

Satisfaction Guarantee

The College offers a satisfaction guarantee for all of its courses. If meeting attendees are not satisfied with their experience at a chapter meeting, they may write and request a refund of their registration fee.

Visit us online for details on hotel reservations, directions, parking, and areas of interest.

Contact Us

INTERNET
(Credit Card only)
Visit us on the Web
www.acponline.org/chapters

MAIL
Make check or money order payable to ACP.
AC002
American College of Physicians
190 N Independence Mall West
Philadelphia, PA 19106-1572

FAX
(Credit Card only)
215-351-2799

PHONE
Call 800-ACP-1915 or 215-351-2600
(M–F, 9 a.m.–5 p.m. ET)
Maryland Chapter Registration Form

Ellicott City, Maryland • January 31–February 1, 2020

ACP # (found on mailing label)

Name

□ MD □ DO □ OTHER

Address

City   State ZIP

Daytime Phone   Fax   E-mail

☐ Please check here to indicate a permanent change to your preferred address for all College mailings.

☐ Please exclude me from receiving mailings from the meeting exhibitors.

☐ Check here if you are disabled and require assistance.

Please notify the Maryland Chapter in writing before your course. We’ll be glad to help.

Registration Fees

Check one category that best applies. Registration fee includes continental breakfast, Friday reception, lunch on Saturday for participants of the Doctor’s Dilemma, SEP Modules, or POCUS events, all scientific sessions and materials, and CME documentation.

<table>
<thead>
<tr>
<th>Categories</th>
<th>ACP Member</th>
<th>Nonmember</th>
</tr>
</thead>
<tbody>
<tr>
<td>☐ ACP Member</td>
<td>$135</td>
<td></td>
</tr>
<tr>
<td>☐ ACP Allied Health Professional</td>
<td>$50</td>
<td></td>
</tr>
<tr>
<td>☐ ACP Resident/Fellow Member</td>
<td>No fee</td>
<td></td>
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<tr>
<td>☐ ACP Medical Student Member</td>
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<tr>
<td>☐ Nonmember Physician</td>
<td>$175</td>
<td></td>
</tr>
<tr>
<td>☐ Nonmember Resident*</td>
<td>No fee</td>
<td></td>
</tr>
<tr>
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<td>No fee</td>
<td></td>
</tr>
<tr>
<td>☐ Nonmember Allied Health Professional</td>
<td>$75</td>
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*Nonmember Residents cannot register online and must register by contacting Member and Product Services at 800-ACP-1915 in order to get the correct registration rate.

Please note: Members whose dues were not paid for the current fiscal year will receive the nonmember registration rate.

<table>
<thead>
<tr>
<th>Additional Sessions Requiring Separate Registration</th>
<th>ACP Member</th>
<th>Nonmember</th>
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</thead>
<tbody>
<tr>
<td>☐ RM2051A—SEP Internal Medicine Module—Saturday, 1:15–3:15 p.m.</td>
<td>$70</td>
<td>$100</td>
</tr>
<tr>
<td>☐ RM2051B—SEP Hospital Medicine Module—Saturday, 3:15–5:15 p.m.</td>
<td>$70</td>
<td>$100</td>
</tr>
<tr>
<td>☐ RM2051C—Ultrasound Workshop—Saturday, 1:15–4:30 p.m.</td>
<td>$50</td>
<td>$75</td>
</tr>
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</table>
Maryland Chapter Registration Form

Please indicate your attendance at the following:

☐ BR1—Speed Mentoring Breakfast—Saturday, 7:15–8:00 a.m.
☐ BR2—Advancement to Fellowship Breakfast—Saturday, 7:30–8:00 a.m.
☐ STU—Student Corner—Saturday, 9:00–10:30 a.m.
☐ REC—Reception—Friday, 6:15–8:00 p.m.
☐ LUN—Buffet Lunch—Saturday, 12:30–1:15 p.m.

Please note: Lunch is for attendees at the Doctor’s Dilemma, SEP Modules, and POCUS events only.

Grand Total $ ________________

Payment Options

☐ Check enclosed.  
(Payable to ACP. Must remit in U.S. funds drawn on a U.S. bank.)

☐ Charge to:  

Card # ___________________ _______________________ ____  
Exp. Date ______/ ______   Security Code __________ ____  
(MM/YY) (3- or 4-digit number found on front or back of card)

Signature: ________________________________