



HARVARD MEDICAL SCHOOL

DEPARTMENT OF CONTINUING EDUCATION

Endocrine Controversies in Adult Primary Care Practice

Friday-Saturday MAY 17-18, 2013

at
The Island Inn Hotel and Conference Center, Martha's Vineyard, Oak Bluffs, MA

offered by the
Beth Israel Deaconess Medical Center, Department of Medicine and
Division of Endocrinology, Diabetes & Metabolism, Boston MA

Directors

James V. Hennessey, MD

Anthony Hollenberg, MD

COURSE DESCRIPTION: "Endocrine Controversies in Adult Primary Care Practice" is intended to provide up-to-date, state-of-the-art continuing medical education for primary care physicians who deal with identifying and managing a wide spectrum of endocrine disorders. Knowing when and how to screen for the presence of potential underlying endocrine disease facilitates not only high-quality medical care, but also limits unnecessary testing, misinterpretation, misleading differential diagnostic considerations and excessive imaging. The curriculum proposed has been specifically chosen to address areas of practice encountered by the PMD both commonly and incidentally.

LEARNING OBJECTIVE: Upon completion of this course participants will be able to:

- Consider the potential for an underlying endocrine etiology for patients presenting with subtle and non-specific symptoms
- Select appropriate laboratory and imaging assessments to initiate the evaluation and management planning of patients suspected of having endocrine disease
- Refer selectively appropriate patients to a consultant endocrinologist for further diagnostic evaluation, advanced therapeutic intervention and co-management when appropriate
- Have confidence in primary management of such common conditions such as Type 2 diabetes, Osteoporosis, Vitamin D deficiency, primary hypothyroidism.

TARGET AUDIENCE: The target audience for this course are physicians, nurses and physician assistants. This is intended for those who provide primary care services in both academic and community settings.

ACGME COMPETENCIES: This course is designed to meet one or more of the following Accreditation Council of Graduate Medical Education competencies • Patient Care • Medical Knowledge • Practice-based Learning and Improvement • Systems-Based Practice.

ACCREDITATION: The Harvard Medical School is accredited by the Accreditation Council for Continuing Medical Education to provide continuing medical education for physicians.

The Harvard Medical School designates this live activity for a maximum of 9.75 *AMA PRA Category 1 Credits™*. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

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Endocrine Controversies in Adult Primary Care Practice Class #3324513

May 17-18, 2013

Physicians: \$250 (USD)

Early Registration by 3/1/13 - Physicians: \$200 (USD)

Residents, Fellows in Training and Allied Health Professionals: \$200 (USD)

Early Registration by 3/1/13 - Residents, Fellows in Training and Allied Health Professionals: \$175 (USD)

All Fields Required. Please Print Clearly.

Full Name _____
First Middle Initial Last

Mailing Address _____
Street City State Zip Code

Daytime Phone (____) _____ Fax Number (____) _____

Please note: Your email address is used for critical information about the course including: registration confirmation, evaluation and certificate. Please be sure to include an email address you check daily or frequently.

E-Mail Address _____

Please check if you want to be **excluded** from receiving email notices of future Harvard Medical School – Department of Continuing Education programs.

Profession _____ Degree _____

Primary Specialty (Physicians Only) _____ Board Certified: Yes No

Professional School Attended (Physicians Only) Harvard Medical School U.S. Medical School International Year of Graduation _____

GENERAL INFORMATION

REGISTRATION INFORMATION: Registration by credit card (VISA or MasterCard) can be made at: www.cme.hms.harvard.edu/courses/endocrine. Registration by check (draft on a United States bank), please make payable to Harvard Medical School and mail with registration form to Harvard Medical School–Department of Continuing Education, PO Box 417476, Boston, MA 02241-7476. Telephone or fax registration is not accepted. Registration with cash payment is not permitted. Upon receipt of your paid registration an email confirmation from the HMS-DCE office will be sent to you. Be sure to include an email address that you check frequently. Your email address is used for critical information including: registration confirmation, evaluation and certificate.

INQUIRIES: By phone 617-384-8600, Monday-Friday, 10 AM to 4 PM (EST) or by email at: hms-cme@hms.harvard.edu.

ONLINE INFORMATION: To register or view activity information online, visit: www.cme.hms.harvard.edu/courses/endocrine. To ensure proper registration, please add the first three characters of the source code found at the bottom of this registration form.

DISCLOSURE POLICY: Harvard Medical School (HMS) adheres to all ACCME Essential Areas, Standards, and Policies. It is HMS's policy that those who have influenced the content of a CME activity (e.g. planners, faculty, authors, reviewers and others) disclose all relevant financial relationships with commercial entities so that HMS may identify and resolve any conflicts of interest prior to the activity. These disclosures will be provided in the activity materials along with disclosure of any commercial support received for the activity. Additionally, faculty members have been instructed to disclose any limitations of data and unlabeled or investigational uses of products during their presentations.

REFUND POLICY: A handling fee of \$60 is deducted for cancellation. Refund requests must be received by postal mail, email or fax one week prior to this activity. No refunds will be made thereafter.

COURSE LOCATION: All sessions for this activity will be held at **The Island Inn Hotel & Conference Center**, Beach Road, P.O. Box 1585, Martha's Vineyard, Oak Bluffs, MA 02557. (Telephone: 508-693-2002).

ACCOMMODATIONS/TRAVEL: A limited number of rooms in different categories have been reserved at **The Island Inn Hotel & Conference Center** (Telephone: 508-693-2002) until **March 1, 2013**. Please do not purchase non-refundable airline ticket(s) until you have received an email from our office confirming your paid registration. For airline reservations contact the HMS Travel Desk toll free 1-877-4-HARVMD (1-877-442-7863) Monday - Friday 9 AM - 8 PM (EST). From outside the U.S., Canada and Virgin Islands, please call 617-559-3764.

PROGRAM

Endocrine Controversies in Adult Primary Care Practice

FRIDAY, MAY 17, 2013

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| 6:30 - 7:00 | Breakfast | |
| 7:00 - 7:40 | Osteoporosis 2013: Case identification, Medication Selection, Duration and Safe Follow-up | <i>Harold Rosen, MD</i> |
| 7:40 - 8:20 | Vitamin D: Is it Needed for Health? What do we Know? How Much do we Need? | <i>Alan Malabanan, MD</i> |
| 8:20 - 9:00 | Hyperparathyroidism; How to Confirm, When to Image, Who Needs Surgery? | <i>Johanna Pallotta, MD</i> |
| 9:00 - 9:15 | Q&A and Panel Discussion | |
| 9:15 - 9:45 | Coffee Break | |
| 9:45 - 10:25 | Type 2 Diabetes: Confident Use of New Medications for the Primary Care Physician. Initiation, Monitoring and Outcomes Measures | <i>TBD</i> |
| 10:25 - 11:05 | Adrenal Failure and Masses: Evaluation, Diagnosis and Treatment | <i>James Hennessey, MD</i> |
| 11:05 - 11:45 | Low Testosterone Syndrome: Who to Test, How to Evaluate and Who to Treat | <i>Amin Sabet, MD</i> |
| 11:45 - 12:00 | Panel Discussion | |
| 12:00 - 1:00 | Faculty Luncheon (15 minutes); Ask the Expert/Q&A (45 minutes) | |

SATURDAY, MAY 18, 2013

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| 6:30 - 7:00 | Breakfast | |
| 7:00 - 7:40 | PCO: How to Diagnose, Treat and Follow | <i>Mala Sivanandy, MD</i> |
| 7:40 - 8:20 | Pituitary Dysfunction: Secreting, Non-Secreting and Incidental Masses | <i>Pamela Hartzband, MD</i> |
| 8:20 - 9:00 | Menopause: Management of Symptoms, Potential use of Estrogens and Androgens | <i>Mala Sivanandy, MD</i> |
| 9:00 - 9:15 | Q&A and Panel Discussion | |
| 9:15 - 9:45 | Coffee Break | |
| 9:45 - 10:25 | Thyrotoxicosis: Clinical Impact on Cardiovascular and Reproductive Outcomes | <i>Pamela Hartzband, MD</i> |
| 10:25 - 11:05 | Mild Hypothyroidism: Impact on Cardiovascular and Reproductive Outcomes | <i>Anthony Hollenberg, MD</i> |
| 11:05 - 11:45 | Thyroid Nodules 2013: Current Recommendations on Screening, Evaluation and Treatment | <i>James Hennessey, MD</i> |
| 11:45 - 12:00 | Panel Discussion | |
| 12:00 | Adjourn | |

Please Note: Program changes/substitutions may change without notice.

COURSE DIRECTORS

James Hennessey, MD, Associate Professor of Medicine, Harvard Medical School; Clinical Director, Division of Endocrinology, Diabetes and Metabolism, Beth Israel Deaconess Medical Center

Anthony Hollenberg, MD, Professor, Medicine of Harvard Medical School; Chief, Division of Endocrinology, Diabetes & Metabolism, Beth Israel Deaconess Medical Center

HARVARD MEDICAL SCHOOL FACULTY

Jody Dushay, MD, Instructor in Medicine, Beth Israel Deaconess Medical Center and Harvard Medical School; Attending Physician, Division of Endocrinology, Diabetes and Metabolism, Beth Israel Deaconess Medical Center

Pamela Hartzband, MD, Assistant Professor of Medicine, Harvard Medical School; Attending Physician, Division of Endocrinology, Diabetes and Metabolism, Beth Israel Deaconess Medical Center

Alan Malabanan, MD, Assistant Professor of Medicine, Harvard Medical School; Attending Physician, Division of Endocrinology, Diabetes and Metabolism, Beth Israel Deaconess Medical Center

Johanna Pallotta, MD, Associate Professor of Medicine, Harvard Medical School; Attending Physician, Division of Endocrinology, Diabetes and Metabolism, Beth Israel Deaconess Medical Center

Harold Rosen, MD, Assistant Professor of Medicine, Harvard Medical School; Attending Physician, Division of Endocrinology, Diabetes and Metabolism and Director of the Osteoporosis Prevention and Treatment Center, Beth Israel Deaconess Medical Center

Amin Sabet, MD, Instructor in Medicine, Harvard Medical School; Attending Physician, Division of Endocrinology, Diabetes and Metabolism, Beth Israel Deaconess Medical Center

Mala Sivanandy, MD, Instructor in Medicine, Harvard Medical School; Attending Physician, Division of Endocrinology, Diabetes and Metabolism, Beth Israel Deaconess Medical Center