



Early Career Physician Newsletter

This has been a busy year for the ACP Massachusetts Council of Early Career Physicians (MAECP). In addition to social and CME events, we have also launched a new “mentoring collaborative” and below you can get more information about this exciting initiative.

Continuing Medical Education Events

Deciphering the Affordable Care Act: Implications for Physicians and Patients

This live CME event was held on September 30th, at Massachusetts General Hospital (MGH) in Boston. Dr. Jay Himmelstein, from University of Massachusetts, presented an informative summary on the history of the ACA; Dr. Amy Boutwell, from [organization] engaged us in an interactive conversation about of the impact to our day to day practice and the challenges faced by patients, providers and policy makers in implementing this initiative. At the end, Mr. Young Joo, Director of Pioneer ACO & Government Risk Programs in Massachusetts, described a successful ACO model which depends on partnering with stake holders in the community.

Upcoming CME: “Transitions, Those “Vulnerable” Moments for our Patients: Can We Do It Better?”

This live CME activity will be held during the ACP Chapter Annual Scientific Meeting on November 8th, at Massachusetts Medical Society in Waltham. Panelists include **Andrey Ostrovsky, MD**, Resident and Founder, Care at Hand, Boston Medical Center, **Lauren Doctoroff, MD**, Hospitalist, Medical Director, HCA Post Discharge Clinic and PACT Transitional Care Program, Beth Israel Deaconess Medical Center, **Lauren Meade, MD, FACP**, Macy Faculty Scholar; Associate Professor of Medicine, Tufts University School of Medicine, Baystate Medical Center and **Charles Pu, MD**, Chief Medical Officer, Spaulding Hospital North Shore; Assistant Physician, Massachusetts General Hospital, Geriatric Medicine Unit. The session will be moderated by **Gene Lambert, MD, MBA**, Director, Hospital Medicine Group, Massachusetts General Hospital.

“Physicians and the Massachusetts Opioid Epidemic: What we need to know...”, UMass, Worcester

March 2015, exact date, location and panelists to be determined. Watch your e-mail for more details.

Mentoring Collaborative

The Mentoring Collaborative is a Massachusetts ACP led initiative, which intends to provide opportunities for physicians in all stages of training to find mentors in their subjective areas of interests and needs. These steps include setting up opportunities for “real time mentoring” at all Massachusetts ACP events, and building a “mentoring database” which includes all Massachusetts ACP members with focus on their areas of interest and expertise, in a user friendly and easily searchable format.

In June 2013, a panel discussion was held in which members talked about the concept of mentorship in medicine. Additionally, data from 40 physicians surveyed demonstrated a real need and enthusiasm for this project.

November 8th Annual Meeting

We have two exciting events at our annual meeting. As mentioned above we have a panel on "Transitions of Care" at 11:15 am.

There is also an opportunity to participate in a “Mentoring lunch table” held by MA ACP council members from 12:15 pm -12:45 pm in the dining room. Please indicate your area of interest when you register for the meeting.

The topics that will be discussed in the different tables are as below:

- Community Based Medicine
- Academic Careers
- Women in Medicine
- Publishing in Medicine

For more information and to register [CLICK HERE](#).

Social events

We love having social and networking events. We held two social events in the past six months.

First event was a networking event at “Sonsie”, in January 2014. The event was very well received by physicians in all stages of their career, and especially by early career physicians. We heard people loved the “food” and the “ambiance” as well as the





networking opportunities.

The second event was a “billiards” fun and sporty event, at “Jillian’s” in Worcester, in June 2014.

We are hosting our **Winter Social** this year again at “Sonsie” in Boston on January 23, 2015 from 6:00 to 9:00 pm. Stay tuned for more details.



Internal Medicine 2015 is Coming to Boston

Mark your calendars for April 30 – May 2nd. IM 2015 will be in Boston at the Boston Convention Center. [CLICK HERE](#) for more information.

Interested in Volunteerism?

Did you know that based on a survey published a few years ago nearly 95% of the physicians agreed with the notion that community participation is an important role for medical professionals. Despite this, they found that less than half of the physicians had reported volunteering in the prior year. The types of volunteer activities ranged from providing health-related services to supporting organizations and providing leadership support. The reasons for relatively low level of community volunteerism among physicians are uncertain, however there has been some potential explanations offered for this. Check out this article to learn more about this (you may need to copy and paste the address in your web browser).

http://www.ncbi.nlm.nih.gov/pmc/articles/PMC2596493/#_ffn_sectitle

Let us know about your thoughts about this subject if you are interested.

How can I get involved?

If you have ideas in regards to what would be a good future event (CME or social event), aware of the needs in your place of practice that you think early career physicians' council may be able to address, want to get involved in the planning of the future events or have a special interest in the prior programs hosted by MAECP and want to inquire more about them, please contact our Chapter Administrator, Lynda Layer or phone her at 781-434-7317.