Our expert faculty, recognized as leaders in clinical practice and medical education, will enrich your knowledge of diabetes and endocrine disorders seen in adult primary care practice. Topics include:

- Treatment guidelines for the management of osteoporosis
- Management of hyperparathyroidism
- Vitamin D – an update
- Recognition of common pituitary and adrenal disorders
- Medical and surgical management of obesity
- Update on management of type 2 diabetes
- Reducing cardiovascular risk
- Interpretation of common endocrine tests
- Management of hypo- and hyperthyroidism
- Update on treatment of thyroid nodules and thyroid cancer

UNDER THE LEADERSHIP OF:
James V. Hennessey, MD  |  Martin J. Abrahamson, MD, FACP

EARN UP TO:
10.50 AMA PRA Category 1 Credits™  |  10.50 MOC Points  |  10.50 AAFP Credits

REGISTER NOW:
cmeregistration.hms.harvard.edu/Endocrine2019
Dear Colleague,

Endocrine and Diabetes Controversies in Adult Primary Care Practice is intended to provide up-to-date, state-of-the-art continuing medical education for primary care physicians and clinicians who are on the front lines of identifying and managing a wide spectrum of diabetes and endocrine disorders.

In order to be successful, it is critically important that you know when and how to identify important endocrine disorders in adults, when to screen for them and how best to manage your patients with obesity and type 2 diabetes. Providing high-quality medical care is essential. It minimizes unnecessary investigations and misinterpretation of data. Our expert faculty will provide specific recommendations for optimal care through innovative lectures, question-and-answer panels and interactive case-based sessions. If you provide care to patients with endocrine disorders, diabetes or obesity, this course will be invaluable. You will leave with comprehensive strategies, the latest clinical updates and best practices to optimize patient care while enjoying beautiful Cape Cod.

Sincerely,

James V. Hennessey, MD
Associate Professor of Medicine
Harvard Medical School
Director, Clinical Endocrinology
Beth Israel Deaconess Medical Center

Martin J. Abrahamson, MD, FACP
Associate Professor of Medicine
Harvard Medical School
Director, Division of Continuing Education
Beth Israel Deaconess Medical Center

REGISTER NOW: cmeregistration.hms.harvard.edu/Endocrine2019
## Program Highlights

This program provides an opportunity for you to learn the latest evidence-based approaches, including practical strategies that you can use now to improve the lives of your patients.

- Screening and treating of osteoporosis – understanding the new medications
- Intensifying treatment of people with type 2 diabetes
- Initiation and intensification for insulin in people with type 2 diabetes
- Personalizing nutrition plans and exercise prescriptions for people with diabetes
- Using medications to treat obesity
- Managing people with thyroid dysfunction – hypo- and hyperthyroidism
- How to best evaluate thyroid nodules
- Improving cardiovascular risk

## Who Should Attend?

Clinicians seeking a useful and comprehensive update on endocrine diseases and diabetes.

- Primary care physicians
- Physician assistants
- Nurse practitioners
- Nurses

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## Faculty

<table>
<thead>
<tr>
<th>Faculties</th>
<th>Roles</th>
</tr>
</thead>
<tbody>
<tr>
<td>Sanjiv Chopra, MD, MACP</td>
<td>Professor of Medicine</td>
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<tr>
<td>Jody Dushay, MD</td>
<td>Assistant Professor of Medicine</td>
</tr>
<tr>
<td>Anna Feldman, MD</td>
<td>Instructor in Medicine</td>
</tr>
<tr>
<td>Holly P. Kilim, MD</td>
<td>Instructor in Medicine</td>
</tr>
<tr>
<td>Alan Malabanan, MD</td>
<td>Assistant Professor of Medicine</td>
</tr>
<tr>
<td>Johanna Pallotta, MD</td>
<td>Associate Professor of Medicine</td>
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<tr>
<td>Harold Rosen, MD</td>
<td>Associate Professor of Medicine</td>
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<tr>
<td>Greeshma Shetty, MD</td>
<td>Instructor in Medicine</td>
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<tr>
<td>Mala Sivanandy, MD</td>
<td>Instructor in Medicine</td>
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<tr>
<td>Laura Zemany, MD</td>
<td>Instructor in Medicine</td>
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</tbody>
</table>

## Guest Faculty

- Anthony Hollenberg, MD
  - Professor of Medicine
  - Weill Cornell Medicine

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## Highest-Rated CME

This program is among the highest-rated Harvard Medical School CME courses.
PAYMENT, CONFIRMATION AND REFUND POLICY
You may register by credit card (Visa, MasterCard or American Express) or check using Harvard Medical School’s secure online registration system at cmeregistration.hms.harvard.edu/Endocrine2019. Telephone or fax registration is not accepted. Registration with cash payment is not permitted. A processing fee of $10 (USD) per transaction will be assessed. Upon receipt of your paid registration, an email confirmation from the HMS-DCE office will be sent to you. Be sure to include an email address that you check frequently, as it will be used for critical information such as registration confirmation, evaluation and certificate. Refunds, less an administrative fee of $100, will be issued for all cancellations received two weeks before the start of the course. Refund requests must be received by postal mail, email or fax. No refunds will be issued should cancellation occur less than two weeks before. “No-shows” are subject to the full course fee.

COURSE LOCATION
All sessions for this activity will be held at:
Ocean Edge Resort & Golf Club
2907 Main St.
Brewster, Massachusetts 02631
Tel: 508-896-9000

ACCOMMODATIONS AND TRAVEL
To make your reservation, please call the resort directly at 508-896-9000 or toll free at 800-343-6074, or email the Reservations Department at stay@oceanedge.com. It is important that you contact Ocean Edge Resort & Golf Club by April 10, 2019, and identify as part of the Endocrine and Diabetes Controversies in Adult Primary Care Practice, confirming guest name and check-in and check-out dates. Reservation agents are available to assist by phone seven days a week. By phone: 9am to 6pm Monday-Friday and 9am to 5pm Saturday-Sunday. Please do not purchase a nonrefundable airline ticket until you have received an email from our office confirming your paid registration.

INQUIRIES
By phone 617-384-8600, Monday-Friday, 9am to 5pm (EDT), or by email at: ceprograms@hms.harvard.edu.

REGISTER NOW:
cmeregistration.hms.harvard.edu/Endocrine2019
PHYSICIANS
The Harvard Medical School is accredited by the Accreditation Council for Continuing Medical Education (ACCME) to provide continuing medical education for physicians.

The Harvard Medical School designates this live activity for a maximum of 10.50 AMA PRA Category 1 Credits™. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

ABIM MAINTENANCE OF CERTIFICATION
Successful completion of this CME activity enables the participant to earn up to 10.50 MOC points in the American Board of Internal Medicine’s (ABIM) Maintenance of Certification (MOC) program. Participants will earn MOC points equivalent to the amount of CME credits claimed for the activity. It is the CME activity provider’s responsibility to submit participant completion information to ACCME for the purpose of granting ABIM MOC points.

NURSE PRACTITIONERS AND REGISTERED NURSES
For the purpose of recertification, the American Academy of Nurse Practitioners Certification Board and American Nurses Credentialing Center accept AMA PRA Category 1 Credit™ issued by organizations accredited by the Accreditation Council for Continuing Medical Education (ACCME). We would also suggest that learners check with their state licensing board to ensure they accept reciprocity with AMA PRA Category 1 Credit™ for re-licensure.

AMERICAN ACADEMY OF FAMILY PHYSICIANS
Application for CME credit has been filed with the American Academy of Family Physicians. Determination of credit is pending.

PHYSICIAN ASSISTANTS
The National Commission on Certification of Physician Assistants (NCCPA) states that AMA PRA Category 1 Credits™ are acceptable for continuing medical education requirements for recertification. We would also suggest that learners check with their state licensing board to ensure they accept reciprocity with AMA PRA Category 1 Credit™ for re-licensure.

DIABETES EDUCATORS
The Harvard Medical School is accredited by the Accreditation Council for Continuing Medical Education (ACCME) to provide continuing medical education for physicians. Any diabetes educators who wish to use this activity towards their requirement for CDE renewal of certification can self-report this activity to the NCBDE. If you are chosen for audit, the certificate provided to you after completion of the course evaluation will be sufficient for that process.

CANADIAN ACCREDITATION
The Royal College of Physicians and Surgeons of Canada recognizes conferences and workshops held outside of Canada that are developed by a university, academy, hospital, specialty society or college as accredited group learning activities.

EUROPEAN ACCREDITATION
Through an agreement between the American Medical Association and the European Union of Medical Specialists, physicians may convert AMA PRA Category 1 Credits™ to an equivalent number of European CME Credits® (ECMEC®s). Information on the process of converting AMA PRA Category 1 Credits™ to ECMEC®s can be found at: www.eaccme.eu.

ABMS/ACGME COMPETENCIES
This course is designed to meet the following American Board of Medical Specialties (ABMS)/Accreditation Council for Graduate Medical Education (ACGME) competencies:
- Patient care and procedural skills
- Medical knowledge
- Practice-based learning and improvement
- Systems-based practice

IOM COMPETENCIES
This course is designed to meet the following Institute of Medicine (IOM) competencies:
- Work in interdisciplinary teams
- Employ evidence-based practice
- Apply quality improvement

DISCLAIMER
CME activities accredited by Harvard Medical School are offered solely for educational purposes and do not constitute any form of certification of competency. Practitioners should always consult additional sources of information and exercise their best professional judgment before making clinical decisions of any kind.
LEARNING OBJECTIVES

1. Assess the potential for an underlying endocrine etiology for patients presenting with subtle and non-specific symptoms
2. Select appropriate laboratory and imaging assessments to initiate the evaluation and management planning of patients suspected of having endocrine disease
3. Evaluate and, when appropriate, refer patients to a consultant endocrinologist for further diagnostic evaluation, and advanced therapeutic intervention and co-management when appropriate
4. Manage common endocrine conditions such as type 2 diabetes, osteoporosis, vitamin D deficiency and primary hypothyroidism
5. Recognize the importance of non-alcoholic fatty liver disease

A Quintessential Cape Cod Experience at Ocean Edge
Ocean Edge is located in Brewster, Massachusetts, at the elbow of the Cape. Lose yourself in one of the oldest villages on the Cape that still embodies that all-American feeling. You will appreciate the freedom of a resort with endless activities while also enjoying the comforts of home in the Villages at Ocean Edge.

- Jack Nicklaus–designed golf course
- The Beach House Spa
- Lobster shacks and impeccable dining punctuated by stunning sunsets
- Biking, walking or running on the Cape Cod Rail Trail
- Tennis courts, tennis pro shop and instructors
- Cape Cod National Seashore, a 40-mile stretch of unspoiled sandy beach
- Art galleries and antiques shops
- Whale watch tours
- Cape Cod Museum of Natural History

REGISTER NOW:
cmeregistration.hms.harvard.edu/Endocrine2019
| **DAY ONE:**  
**FRIDAY, MAY 3, 2019** | **DAY TWO:**  
**SATURDAY, MAY 4, 2019** | **DAY THREE:**  
**SUNDAY, MAY 5, 2019** |
<table>
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<tr>
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<tbody>
<tr>
<td>6:45-7:45 a.m. Breakfast &amp; Exhibitor Displays</td>
<td>7:15-8:00 a.m. Breakfast &amp; Exhibitor Displays</td>
<td>7:15-8:00 a.m. Breakfast &amp; Exhibitor Displays</td>
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<tr>
<td>7:45-8:00 a.m. Welcome &amp; Introduction</td>
<td>8:00-8:45 a.m. Polycystic Ovarian Syndrome Mala Sivanandy, MD</td>
<td>8:00-8:45 a.m. Medical Management of Obesity Jody Dushay, MD</td>
</tr>
</tbody>
</table>
| 8:45-9:30 a.m. Hyperparathyroidism: Primary or Secondary? Johanna Pallotta, MD Alan Malabanan, MD | 8:45-9:30 a.m. Menopause: PCP & Endocrinologist Interactions Holly P. Kilim, MD | **KEYNOTE LECTURE:**  
8:45-9:30 a.m. Non-Alcoholic Liver Disease: A Burgeoning Epidemic Sanjiv Chopra, MD, MACP |
| 9:30-9:45 a.m. Q&A Panel Discussion | 9:30-9:45 a.m. Q&A Panel Discussion | 9:30-9:45 a.m. Q&A Panel Discussion |
| 9:45-10:15 a.m. Coffee Break & Exhibitor Displays | 9:45-10:15 a.m. Coffee Break & Exhibitor Displays | 9:45-10:15 a.m. Coffee Break & Exhibitor Displays |
| 10:15-11:00 a.m. Adrenal Disorders for the PCP Laura Zemany, MD | 10:15-11:00 a.m. Hyper- and Hypothyroidism Anthony Hollenberg, MD | 10:15-11:00 a.m. Diabetes and Cardiovascular Disease Martin J. Abrahamson, MD, FACP |
| 11:00-11:45 a.m. Pituitary Disorders for the PCP Anna Feldman, MD | 11:00-11:45 a.m. Thyroid Nodules Evaluation 2019 James V. Hennessey, MD | 11:00-11:45 a.m. Type 2 Diabetes: Optimizing Medical Treatment Greeshma Shetty, MD |
| 11:45 a.m.-12:00 p.m. Q&A Panel Discussion | 11:45 a.m.-12:00 p.m. Q&A Panel Discussion | 11:45 a.m.-12:00 p.m. Q&A Panel Discussion |

*Qualifies for Risk Management Credit

**REGISTER NOW:**
cmeregistration.hms.harvard.edu/Endocrine2019
THIS COURSE SOLD OUT IN PREVIOUS YEARS. EARLY REGISTRATION IS STRONGLY ADVISED.

REGISTER NOW: cmeregistration.hms.harvard.edu/Endocrine2019

EARN UP TO: 20.75 AMA PRA Category 1 Credits ™ | 20.75 MOC Points | 9.25 Risk Management Credits

UNDER THE LEADERSHIP OF: Gerald W. Smetana, MD, MACP | Howard Libman, MD, FACP

■ Genetic causes of cancer: which patients should be screened
■ Patient management in the face of alcohol or opioid use
■ Screening and treatment of depression
■ Nutrition counseling and healthy-lifestyle coaching to prevent chronic illnesses
■ Preventing falls in the elderly
■ Evolving vaccine recommendations
■ Lifestyle changes to prevent type 2 diabetes, cardiac disease, hypertension and hyperlipidemia
■ Strategies for smoking cessation
■ Advice for the world traveler to prevent infections
■ Reducing medical errors
■ Updates from the scientific director of the USPSTF

OUR EXPERT FACULTY, RECOGNIZED AS LEADERS IN CLINICAL PRACTICE AND MEDICAL EDUCATION, WILL ENRICH YOUR KNOWLEDGE OF PREVENTION IN PRIMARY CARE. TOPICS INCLUDE:

REGISTER NOW: PreventionPrinciples.com

SEVENTH ANNUAL Principles of Prevention in Primary Care Practice 2018

FEATURING BEST PRACTICES AND EFFECTIVE PREVENTIVE MEDICINE STRATEGIES TO IMPROVE YOUR PRACTICE

JUNE 7 - 9, 2018
The Fairmont Copley Plaza, Boston, Massachusetts, USA

May 3-5, 2019 OCEAN EDGE RESORT & GOLF CLUB BREWSTER, MA

ENDOCRINE AND DIABETES CONTROVERSIES IN ADULT PRIMARY CARE PRACTICE

FEATURING BEST PRACTICES AND EFFECTIVE TREATMENT STRATEGIES FOR MANAGING A WIDE SPECTRUM OF DIABETES AND ENDOCRINE DISORDERS