2015 Mahlon H. Delp, MD Residents of the Year

This award recognizes a PGY 3 resident from each campus who embodies Dr. Delp’s qualities of dedication to patient care, diagnostic skills, and humanism.

Jennifer McRae, MD, was born and raised in Colorado. She received her undergraduate degree from the Massachusetts Institute of Technology, and then earned a masters degree in biotechnology and biodefense from the Johns Hopkins University while working as an intelligence analyst for the federal government. She sought a career change in 2009 and received her medical degree from the University of Kansas School of Medicine in Kansas City. Currently, Jennifer is a third year resident in Internal Medicine at KU and will be one of the Chief Residents in Kansas City next year. She has participated in several projects related to medical education, and following her chief year she hopes to pursue a career in academic and hospital medicine in the Kansas City area.

Ahmad Rahal, MD, is currently a third year resident in the Wichita program. Ahmad was an outstanding student scoring the 99th percentile on his boards and graduating at the top of his medical school class. As a resident, Dr. Rahal was the recipient of the Outstanding PGY-1 award based on his exceptional skills on the wards and in the clinic. He is consistently recognized as one of the best teaching residents in our program with an exceptional commitment to patient care with a scientific base and humanistic focus. Dr. Rahal is passionate about cancer treatment and research. He has many publications, posters and presentations in the area of cancer and quality research. But one of Ahmad’s greatest strengths is his humility. He accepts each challenge with grace and looks at the practice of medicine as a privilege. His attitude reflects his belief that the practice of medicine is a true calling—the very qualities that Dr. Delp expressed and taught.

2015 Annual Chapter Awards

Mahlon H. Delp, MD MACP
Chapter Centennial Legacy Award Winner

Jon Schrage, MD FACP
Laureate

Melissa Gaines, MD FACP
Early Career Physician of the Year

Jennifer McRae, MD
Ahmad Rahal, MD
Mahlon H. Delp, MD Residents of the Year
2015 Laureate Jon Schrage, MD FACP graduated from the Medical College of Wisconsin in 1975. His Internal Medicine Residency training occurred at Southern Illinois University affiliated hospitals in Springfield, Illinois and his Endocrinology and Metabolism Fellowship training was completed at the University of Missouri School of Medicine in Columbia. Following training he practiced in Austin, Texas and became managing partner of the Austin Internal Medicine Clinic. Later he became Medical Director and Deputy Director for the Missouri Department of Health and he was President, Governing Body of four state mental health hospitals, four community mental health centers, and two children’s psychiatric hospitals. Dr. Schrage began his academic career in 1989 at Southern Illinois University School of Medicine. He served as Internal Medicine Clerkship Director, Associate Resident Program Director, and Chief of the Division of Endocrinology, Metabolism and Nutrition. He served as Chair of the Clerkship Committee, Vice Chair of the Curriculum Committee and Chair of the Standardized Patient Oversight Committee. In addition he developed Nutrition Support Teams at the two community hospitals. In 1994 he accepted a position leading the Internal Medicine Residency and Clerkship Educational Activities at the University of Nevada School of Medicine. In 1996 he became Interim Department Chair for Internal Medicine and in 1997 he became the Manville Chair of the department following recommendation by the Dean and with unanimous faculty agreement. At Nevada he also served as Chair of the Medical Education Committee, Associate Dean for Medical Education and Clinical Affairs, ACOS & Director for Research- VAMC (Reno), and President of the Faculty Practice Plan. He also served as Chair of the Intercollegiate Athletic Board and Chair of the University of Nevada Athletic Compliance Committee. Dr. Schrage became Chair of Medicine at the University of Kansas School of Medicine-Wichita in 2003. He has served on the Medical Education Committee, Promotion and Tenure Committee, and Faculty Council. He serves as President of the KUSM-W Medical Practice Associate, and Medical Director in Wichita for the Standardized Patient Program and Student Clinical Skills Program. During his career Dr. Schrage has served on ACP Governors Councils in three different states, reviewed abstracts nationally for the ACP, and he has served on the USMLE Step One pathology test development committee. He has won teaching awards at the student and resident physician levels and been funded on NIH/NCI grants regarding education and obesity research. He is the editor of the Kansas Journal of Medicine.

2015 Early Career Physician of the Year - Melissa Gaines, MD FACP, is an Associate Professor with the University of Kansas SOM-Wichita and is board certified in Internal Medicine and Hospice and Palliative Medicine. She divides her time teaching medical students and residents at Wesley Medical Center on the KU Hospitalist service and in primary care at KU Adult Medicine Clinic. She is the Director of Internal Medicine Education at Wesley Medical Center and the clerkship director of the Geriatrics Clerkship for the third year medical students in Wichita. She obtained her medical degree and completed residency at the University of Kansas SOM-Wichita and is a graduate of Pittsburg State University. She and her husband, Dustin Gaines, live in Andover, KS and have 2 children - Joshua and Becca Gaines of Wichita and Kyle and Jessica Clark with one granddaughter, Tatum Clark of Columbus, KS. She is the daughter of Ron and Deanna Warner of Galena, KS and the daughter-in-law of Norma Peterson of Riverton, KS.

The Kansas Chapter of the American College of Physicians was pleased to nominate Mahlon H. Delp, MD MACP for the Chapter Centennial Legacy Award. The mission of the American College of Physicians is to foster excellence and professionalism in the practice of medicine. Dr. Delp met and exceeded that standard during his 46 years as faculty and clinical educator in the Department of Internal Medicine at the University of Kansas. During his career, he was Professor of Medicine, Chairman of the Department of Medicine, and Assistant Dean of Post Graduate Medicine. He was considered to be the most influential teacher at KU and was often referred to as the spirit of Kansas University Medical Center. He was devoted to the patient and to the education of young students and doctors. He repeatedly stressed that the patient was the source of the physician’s learning, the impetus for his study, and the primary object of his professional activities. In a letter supporting an important award for Dr. Delp, the Dean and Provost at the University of Kansas remarked that Dr. Delp was one of few chairmen of a major department of medicine who “spends five half days a week in the clinic teaching medical students”. As Assistant Dean of Post Graduate Medicine, Dr. Delp developed a remarkable program for post graduate and continuing medical education, with conferences at one time attended by over 3,000 participants a year. Throughout his career, Dr. Mahlon Delp was an enthusiastic participating member and supporter of the American College of Physicians, and in 1971, he became the first Kansan to be named a Master in the American College of Physicians.