



Illinois Southern
Region

*"The Downstate
Dialogue"*

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Illinois Chapter Annual Scientific Meeting

Please make plans to attend your American College of Physicians - Illinois Chapter - Scientific Meeting on Friday and Saturday, November 9-10, 2018, at the Embassy Suites Riverfront Hotel and Conference Center, East Peoria, Illinois. Meeting registration is open [NOW](#).

The theme for the Scientific Meeting is "Practical Solutions for the Practice of Medicine."

In addition to earning Continuing Medical Education (CME) credits and Maintenance of Certification (MOC) points to meet requirements for your medical license and recertification, the Illinois Chapter Scientific Meeting offers you an excellent opportunity to network with long-time friends and meet new colleagues from around the state. The meeting incorporates a variety of resources that will help you stay up-to-date in your medical knowledge and learn ways to avoid burnout so you can deliver the best care to your patients.

On Friday, **November 9**, our meeting includes plenary presentations, panel discussions, and a wellness breakfast. We are thrilled to present our accomplished speakers in a variety of breakout sessions along tracks focused on general internal medicine, subspecialty medicine, and physician wellness. We will also offer Nephrology and Pulmonary Medicine Updates for the Internist.

On Saturday, **November 10**, in addition to scientific sessions in the morning, we will conduct two Maintenance-of-Certification Modules and an interactive workshop. We will also host important mentoring breakfast for multiple small groups including women in medicine. This year, we will also offer simulation training in point-of-care-ultrasound.

Many thanks go to **Vidya Sundareshan MD, MPH, FACP, FIDSA**, for her leadership as Program Chair of the Education Committee. Dr. Sundareshan and her committee have worked for the past year to develop an outstanding program for your ACP Illinois Chapter Scientific Meeting.

ACP Leadership Programs Available

ACP Leadership Programs Available in Hospital Medicine or General Internal Medicine

In partnership with the American Association for Physician Leadership, ACP offers a flexible, 18-month-long [Certificate in Physician Leadership](#) program. Participants may select the **Hospital Medicine** track or, beginning this July, the **General Internal Medicine** track.

The program includes a combination of formal training through 43.5 hours of webinar or live coursework, online group discussions facilitated by leaders in internal medicine, and a capstone project that will demonstrate successful mastery of leadership concepts.

Participants may [apply online](#) by **December 1, 2018** to enroll in the cohorts that begin work in January 2019. ACP chapter members are eligible and encouraged to apply.

This program offers exclusive training by leadership experts and important career-building skills. In addition, ACP provides participants with access to a number of professional development and membership engagement opportunities.

If you have any questions, please contact lead@acponline.org.

ACP Innovation Challenge 2019: Fostering Partnerships between Physicians and Patients

Are you an innovator in healthcare? Do you have a project idea that fosters partnerships between physicians and patients? If so, ACP wants you to enter the ACP Innovation Challenge!

ACP Internal Medicine Meeting 2019, being held April 11-13 in Philadelphia, PA, will be hosting the third "Shark Tank"- styled competition where finalists will present their projects to a distinguished panel of judges in front of a live audience. Project ideas may be submitted by ACP physician, resident/fellow, or medical student members, and should focus on fostering partnerships between physicians and patients. A Grand Prize winner will receive \$20,000 in funding for project development and an Audience Choice prize of \$5,000 will also be awarded. All finalists are eligible to receive complimentary meeting registration and travel funds to attend ACP Internal Medicine Meeting 2019.

For additional information and to submit an application by the **November 30, 2018** deadline, see the [Innovation Challenge 2019](#) web page. **Please note participation in the ACP Innovation Challenge is**

open to ACP members only. To access the submission form, you must be signed in to ACP Online and be a member in good standing.

For questions regarding this event, contact ACP staff at acpgovernance@acponline.org.

Executive Director transition

Our Executive Director, **Donna Seawards**, decided to step down. We thank Donna for her multiple years of devoted service to the Illinois Southern Chapter.

The Governor's Advisory Council endorsed the appointment of **Colleen Keeku** as the next Executive Director of the Illinois Southern Chapter of ACP. Colleen's first official duty-day with our Chapter was on 1 October 2018. During the transition phase, Donna Seawards and Colleen Keeku worked together to make a seamless transition. Please welcome Colleen to her new role when you see her during the Illinois Chapter Scientific Meeting, November 9-10, 2018.

Well Being

Please plan to attend the breakfast with our Well Being Champions on **Friday, November 9, 2018**. The wellness breakfast is part of the Annual Scientific Meeting of the American College of Physicians Illinois Chapter at the Embassy Suites Riverfront Hotel and Conference Center, East Peoria, Illinois.

Women in Medicine

Please plan to attend the mentoring breakfast for Women in Medicine on **Saturday, November 10, 2018**. The mentoring breakfast is part of the Annual Scientific Meeting of the American College of Physicians Illinois Chapter at the Embassy Suites Riverfront Hotel and Conference Center, East Peoria, Illinois.

The ACP seeks to increase the proportion of women who advance to Fellowship in the ACP. If you are interested in advancement to Fellowship in the ACP, please attend the mentoring breakfast in November or contact me via e-mail: jfgraumlichuicomp@gmail.com

Maintenance of Certification

On **Saturday, November 10**, your ACP chapter will offer two Maintenance-of-Certification Modules: Internal Medicine and Hospital Medicine. The MOC is part of the Annual Scientific Meeting of the American College of Physicians Illinois Chapter at the Embassy Suites Riverfront Hotel and Conference Center, East Peoria, Illinois.

ACP Policy and Advocacy

Your ACP is organized so that members, through their elected Governors, can participate in the national conversation about policies that affect our patients and our members. The process starts with a resolution that undergoes debate by the Board of Governors. Resolutions approved by the Board of Governors then go to the ACP Board of Regents for final action.

I invite members to work with our Health and Public Policy Committee to craft our own resolutions or refine the resolutions proposed by other ACP chapters. Please contact me via e-mail if you want to participate in the resolution process. (jfgraumlichuicomp@gmail.com)

ACP for Early Career Physicians

Please plan to attend the mentoring breakfast for Early Career Physicians (ECP) on **Saturday, November 10, 2018**. The mentoring breakfast is part of the Annual Scientific Meeting of the American College of Physicians Illinois Chapter at the Embassy Suites Riverfront Hotel and Conference Center, East Peoria, Illinois. During the mentoring breakfast, we plan to present the organizational structure for the ECP Committee.

What is the ECP Committee?

Our ACP chapter has a strategic goal to increase the engagement of early career physicians in the chapter. We chartered the Early Career Physician (ECP) Committee to create the infrastructure for activities and programs focused on ECP members. If you would like to receive a copy of the ECP Committee Charter, please contact me (jfgraumlichuicomp@gmail.com). My goal as Governor is to populate the ECP Committee and then work with the committee to provide the resources to achieve the priorities listed in the charter.

If you would like to be a member of the ECP committee, then please reply with your brief statement of interest. I will then e-introduce you to other ECP members of our ACP chapter who would like to work together to create a robust ECP committee.

The ACP encourages ECP members to apply for advancement to Fellowship in the American College of Physicians. If you want to learn more, please contact me via email (jfgraumlichuicomp@gmail.com).

ACP for Resident Members

Please plan to attend the competition during Resident and Student Day on **Thursday, November 8, 2018**, at the Embassy Suites Riverfront Hotel and Conference Center, East Peoria, Illinois. The program includes three competitions: Posters, Oral Clinical Vignettes, and Doctor's Dilemma. All ACP members are invited to participate in the Resident and Student Day activities to see the inspiring work from the future of our profession as we proudly showcase the excellence of our Residency training programs and medical schools in Downstate Illinois.

We have need for additional poster judges on November 8, 2018. If you are available to judge posters in East Peoria, please contact me (jfgraumlichuicomp@gmail.com).

Our ACP chapter has a strategic goal to increase the engagement of Resident/Fellow physicians in the chapter. We created the Resident/Fellow Committee as the infrastructure to implement new activities and programs focused on Resident/Fellow members. The Governor's Advisory Committee endorsed the appointment of the following physicians to the Resident/Fellow Committee:

- Dr. Priyanka Parajuli, representing Southern Illinois University School of Medicine, Springfield
- Dr. Nicole Montes Corkery, representing Southern Illinois University School of Medicine, Springfield
- Dr. Najwa Pervin, representing Southern Illinois University School of Medicine, Springfield
- Dr. Sabrina Khan, representing Carle Foundation Hospital, University of Illinois, Urbana-Champaign

- Dr. Pallavi Pradeep, representing Carle Foundation Hospital, University of Illinois, Urbana-Champaign
- Dr. Sandeep Banga, representing OSF Saint Francis Medical Center, University of Illinois, Peoria

Please congratulate these physicians when you see them during Resident and Student Day, 8 November 2018.

The Resident/Fellow Committee can accommodate three additional members. Please notify me of your nominees (jfgraumlchuicomp@gmail.com). I will present the nominees to the Governor's Advisory Council for advice and consent prior to their appointment. When you nominate someone, please recall the criteria for committee membership. At the time of selection for committee service, all members of the Resident/Fellow Committee must be resident physicians in training or fellows in training who are members of ACP and members of our ACP ILS Chapter. Committee members will be selected with consideration given to the Chapter's Diversity Policy as well as training year, location of training program, and Chief Resident Experience.

If you would like to receive a copy of the Resident/Fellow Committee Charter, please contact me (jfgraumlchuicomp@gmail.com). If you are a Resident/Fellow ACP member and you would like to be a member of the Resident/Fellow committee, please send me your brief statement of interest.

ACP for Medical Student members

Please plan to attend Resident and Student Day on **Thursday, November 8, 2018**, at the Embassy Suites Riverfront Hotel and Conference Center, East Peoria, Illinois. Medical students will display their posters and compete for travel awards.

Our chapter chartered the Medical Student Committee. The goal of the Medical Student Committee is to implement new activities and programs focused on student members. If you would like to receive a copy of the Medical Student Committee Charter, please contact me (jfgraumlchuicomp@gmail.com). If you are a medical student ACP member and you would like to be a member of the Medical Student committee, please send me your brief statement of interest.

I wish to acknowledge and thank the ACP members who serve as faculty liaisons to the Internal Medicine Interest Groups at the medical schools in Downstate Illinois. Please join me as I thank them for their work to nurture the professional development of future internists.

- Martha (Marti) Hlafka, MD, FACP, Southern Illinois University School of Medicine
- Matthew D. Jager, DO, FAAP, FACP, University of Illinois College of Medicine at Peoria
- Holly Rosencranz, MD, FACP, University of Illinois College of Medicine at Urbana-Champaign
- April Yasunaga, MD, FACP, Carle Illinois College of Medicine

Call for News Items

Do you have good news about your recent award, promotion, or volunteer experience? Please share your stories with your brothers and sisters in the ACP Illinois Southern Chapter. Send your news items to me so I can include them in the Downstate Dialogue: jfgraumlchuicomp@gmail.com

Save-the-Date

- Every Tuesday at 8:00 PM Central Time : Webinar MKSAP Live Online Study Hall (Starting Again January 8th, 2019)
- 8 November 2018: Resident and Student Day for ACP Illinois Southern Chapter, at the Embassy Suites Riverfront Hotel and Conference Center, East Peoria, Illinois
- 9-10 November 2018: Annual Scientific Meeting of ACP Illinois Northern and Southern Chapters, at the Embassy Suites Riverfront Hotel and Conference Center, East Peoria, Illinois
- 11-13 April 2019: Internal Medicine Meeting 2019 in Philadelphia, PA
- 14-15 May 2019: ACP Leadership Day on Capitol Hill, Washington DC, 2019, at the Mandarin Hotel

Sincerely,

Jim

James F. Graumlich, MD, FACP
Governor, Illinois Southern Chapter
American College of Physicians