



Illinois Southern
Region

"The Downstate
Dialogue"

November 24, 2015

Dear Downstate Illinois ACP Members,

As we approach Thanksgiving, I would like to share with you some of the recent exciting ACP Downstate IL activities and events—your Chapter and ACP Colleagues have been busy!

Congratulations

The election results are in: I am delighted to announce that **James F. Graumlich, MD, FACP**, will serve as our next Governor of the Downstate Region of the Illinois ACP Chapter. Dr. Graumlich is the Head of the Department of Medicine at the University of Illinois College of Medicine in Peoria, and has been an active and long-standing member of our Chapter. He will become Governor-Elect in May 2016, and will become Governor at the national ACP meeting in March 2017. Congratulations Dr. Graumlich!

IL Downstate ACP Member Award Winners

We are most pleased to announce the 2015 recipient of our Chapter's Laureate Award: **William P. Marshall, MD, FACP**, University of Illinois College of Medicine—Urbana. He embodies the spirit of the Laureate Award: he has rendered distinguished service to our ACP chapter and his community for many years, and has upheld the high ideals and professional standards for which the ACP is known. Also, we are delighted to announce that we have a new Master in our Chapter, **Lawrence P. Jennings, MD, FACP**, of Mt. Carmel, IL. The highest national award the College bestows, attaining Mastership is indicative of outstanding service to the ACP, to one's community, and Internal Medicine. Congratulations to both Dr. Marshall and Dr. Jennings! We are proud to be your colleagues.

More Congratulations

Susan Thompson Hingle, MD, FACP, was recently elected to become Chair of the ACP Board of Regents: she will become Chair-Elect in May 2016, and Chair in 2017. This is a prestigious honor and the highest leadership position in the College, as she will reign over the fiduciary and policy-making body of the ACP, the Board of Regents. Congratulations Dr. Hingle!

ACP IL State Meeting

We enjoyed a fabulous statewide meeting in Chicago on Friday and Saturday, November 13 & 14 at the beautiful University Club, in downtown Chicago. The educational offerings were top notch, and it was a terrific opportunity to connect with friends and colleagues from all over the state, and beyond—all

great, inspiring fun! Special acknowledgments to our participating Downstate IL ACP faculty, who led educational sessions: **Abigail Adams, MD, Susan Hingle, MD, FACP, Michael Jakoby, MD, FACP, James Kumar, MD, FACP, and Omar Vargas, MD, FACP.** Next fall our statewide meeting will be in Champaign at the I-Hotel, Thursday and Friday, November 17 and 18, 2016. Save the date!

ACP Downstate IL Student and Resident Day

October 30 was another wonderful day for education, competitions, and connecting with ACP friends at our Chapter's Downstate Illinois Student and Resident Day at the Jump Trading Simulation and Education Center in Peoria. Special thanks to **James Graulich, MD, FACP, Karthik Ragunathan, MD, PGY3** Peoria resident, and **Elsa Vazquez-Melendez, MD, FACP,** who served as our hosts of the meeting. Students and residents began the day at the Poster Competition, and also immersed themselves in simulation sessions, thanks to the organizational and creative skills of Dr. Vazquez-Melendez at the impressive Jump Center venue. **Teresa Lynch, MD, FACP** gave a terrific plenary on Quality Improvement in Academic Medicine, which was followed by more simulation activities and breakout sessions. The day concluded with the always-exciting residents' Oral Clinical Vignette and Doctor's Dilemma Competitions. Thanks to our participating Downstate faculty who led sessions: **Saurabh Bansal, MD, Gavin Cotter, MD, Majd Ibrahim, MD, Omar Khokhar, MD, FACP, Stacy Sattovia, MD, FACP, Vidya Sundareshan, MD, FACP, April Yasunaga, MD, FACP;** and also to **Larry Jennings, MD, FACP,** who provided the questions for the Doctors Dilemma competition. Thanks to all for a great day!

IL Downstate Student and Resident Awards

Our students and residents continue to impress and inspire all of us, as we witnessed at the Poster, Oral Clinical Vignette and Doctor's Dilemma Competitions in Peoria.

Resident Poster award winners:

Clinical: First place: **Moni Roy, MD—UICOMP.** Second place: **Najwa Pervin, MD—SIU.** Third place: **Jacob Varney, MD—SIU.**

Research: First place: **Harsha Moole, MD—UICOMP.** Second place: **Manasa Kandula, MD—UICOMP.** Third place: **Amy Jaeger, MD—UICOMP.**

Student Poster Winner: **Anthony Simone—UICOMP**

Resident Oral Clinical Vignette Winner: **Zubair Saeed Zafar, MD—SIU**

Doctor's Dilemma Winning Team: UICOMP, **Harsha Moole, MD, Manasa Kandula, MD, Anita Ahuja, MD**

Outstanding Students: **Ashley Weihe, UICOMP; Philip Knouse, SIU; Sarah Holton, PhD, Urbana**

Outstanding Residents: **Harsha Moole, MD, UICOMP; Tyler Fitch, MD, UICOMP, Med-Peds; Javeryah Safi, MD, SIU; Furqan Rajput, MD, Urbana.**

We will be cheering on our poster winners and the Peoria Doctor's Dilemma team at the national ACP meeting in May in Washington DC--good luck! And congratulations to all--you are the future!

ACP National Abstract Competition for Students and Residents

Hurry! The deadline is Tuesday, December 1, 4:00 PM CST / 5:00 PM EST! If you are a medical student or resident, and have an abstract to submit in the categories of Basic Research, Clinical Research, Clinical Vignette, High Value Cost Conscious Care, or Quality Improvement-Patient Safety, do so by 4:00 PM CST / 5:00 PM EST Tuesday, December 1 to be eligible to compete at the national ACP meeting, [Internal](#)

[Medicine 2016](#) in Washington DC, May 5-7, 2016. This is a great opportunity to showcase your work, meet new colleagues from all over the country, and find out what Internal Medicine and the national ACP meeting are all about. Click [here](#) for more information. Do not miss out, and good luck!

Downstate Illinois Webinars

Just for you, as ACP Illinois members, we have put together another season of exciting webinars. In case you missed prior ACP Downstate IL webinars this fall, visit our Chapter's vimeo site, vimeo.com/acpillinois for the recordings. Here is our upcoming schedule of both Leadership and After Hours webinars--enjoy!

- *Financial Planning for Early Career MDs*—Weds. 1/13, 6:30-7:30 PM, **Ralph Hibbs, CPA, MBA, ACP CFO**
- *Mentoring* – Weds. January 27, 6:30-7:30 PM, **Jeffrey Wiese, MD, FACP**, Tulane
- *MACRA*—Weds. February 3, **Shari Erickson, MPH**, ACP VP, Governmental and Medical Practice
- *EMR at the Bedside*—Weds. March 9, 6:30-7:30 PM, **Samer Badlani, MD, FACP**, Intermountain Healthcare
- *Update in HCV*—Mon. March 21, 2016, 5:30-6:30 PM, **Janak Koirala, MD, FACP**, SIU
- *What's New at the Annals*—Weds. April 6, 6:30-7:30 PM, **Christine Laine, MD, FACP**, Editor-in-Chief, *Annals of Internal Medicine*
- *Applying for Subspecialty Fellowships*—Mon. May 16, 5:30-6:30 PM **Andrew Varney, MD, FACP, SIU, Janet Jokela, MD, FACP**, University of Illinois--Urbana

Save the Dates!

Every Tuesday, 8:00 pm, MKSAP Live Online Study Hall, for recertifying Illinois ACP members, and 'elite' residency programs (that is, programs with more than 90% of residents registered as ACP members). See [here](#) for more information.

National Abstract Competition Deadline, Students and Residents, Tuesday December 1, 4:00 PM CST. Click [here](#).

Webinar, January 13, 6:30 PM, "*Financial Planning for Early Career MDs*," **Ralph Hibbs, Jr., CPA, MBA, ACP CFO**. You may register [here](#).

Leadership Day 2016, May 3-4, Washington DC

Internal Medicine 2016, May 5-7, Washington DC. Click [here](#) for more information.

As we contemplate the concept of thankfulness this time of year, do take a moment to pause and reflect. I am thankful for many things (especially my husband Sheldon, and my family), and all of you—my inspiring ACP colleagues, our Downstate IL Chapter and the good things we do together, and the ACP and all that it stands for. Thank you all, and have a wonderful Thanksgiving.

With warm regards,

Janet

Janet A. Jokela, MD, MPH, FACP
Governor, Downstate Region Illinois Chapter
American College of Physicians