



Illinois Southern
Region

*"The Downstate
Dialogue"*

March 13, 2017

Dear Downstate Illinois ACP Members,

Time flies! 2017 has been a busy year so far for the ACP and your ACP Chapter—let me fill you in.

Advocacy and Resolutions

It's time again to review resolutions! The attached list of resolutions will be discussed at the upcoming Board of Governors meeting later this month. Of special note, please see Resolution #11-S17, submitted by our Illinois Chapter about accelerating research on non-opioid pain treatments. This was proposed by Chapter member **Laura Zimmerman, MD, FACP**, and developed by our Chapter's Health and Public Policy Committee led by **Carlotta Rinke, MD, FACP**: Illinois grassroots efforts in action! Please send your feedback about all of the resolutions to me by March 22 so I can best represent you at the meeting. Thank you!

Internal Medicine 2017

The ACP's annual meeting, [Internal Medicine 2017](#), is approaching quickly, March 30-April 1 in San Diego. This is a highlight of the year with fantastic educational offerings, celebrations and awards, the Doctor's Dilemma Competition, the convocation ceremony, numerous opportunities to connect with friends and colleagues, and more. For details including the agenda and registration, [click here](#). And remember our Illinois Chapter Reception, to be held immediately after convocation on Thursday evening March 30, at Don Chido, 527 5th Avenue: please RSVP [here](#). Family and friends are welcome! Hope to see you there!

Early Career Physicians

We continue to reach out to the Early Career Physicians in our Chapter and our communities. If you are an Early Career Physician, we want to hear from you! Suggestions for activities include social gatherings, leadership training opportunities, advocacy opportunities including Leadership Day, educational webinars, and more. Please send your ideas to **Krishan Kataria, MD, Sharon Onguti, MD, FACP**, and **MJ Yadav, MD, FACP**, and let them know you want to be involved. This is your Chapter!

Leadership Day 2017

If you are interested in advocacy for Internal Medicine, Leadership Day is for you. Our Downstate Region will be sending a team to Washington DC for Leadership Day, May 23-24. For more information, click [here](#). If you are interested in participating, please contact [Donna Seawards](#). Thank you!

Match Day

For those of you who may not be aware, Match Day for our graduating medical students and residency programs is Friday March 17. Congratulate our graduating students, and also remember to congratulate our Downstate Residency Program Directors, **James Kumar, MD, FACP, Theresa Lynch, MD, FACP**, and **Andrew Varney, MD, FACP**, and their Program Coordinators. We thank them for nurturing and developing the next generation of internists! This is an exciting day for all, and represents the culmination of a lot of hard work by many, many individuals. We are proud of all of you!

Internal Medicine Interest Groups

The ACP provides support to Internal Medicine Interest Groups for medical students. I would like to thank this year's Council of Students of our Downstate Chapter, who have spearheaded efforts at their schools: **Adrienne Barry, PhD, Jessica Cho, Greg Damhorst, PhD, Hanna Erickson, Jennifer Hou, Juliette Logan, Jasmine Moreno, T Newsome, Ricky Travers, PhD**. Thank you for all of your contributions, they are important!

Looking Back...

It is hard to believe that my term as Governor is quickly coming to a close. It has been a delight to become better acquainted with our membership and serve of all of you and our profession over the past four years. We have addressed many issues during this time, including maintenance of certification and repealing the SGR; our Chapter grew our committees and councils, held numerous webinars, shared Downstate Dialogues, hosted fantastic Downstate Resident and Student Days and annual statewide meetings, and supported Leadership Day teams; we celebrated a new Master (**Lawrence Jennings, MD, MACP**), and the incoming Chair of the ACP Board of Regents (**Susan Hingle, MD, FACP**)...and more. A debt of gratitude is owed to **Donna Seawards, CAE, CNAP**, Executive Director, who helped make all of these things happen. In addition, special thanks goes to the volunteer members of our Governor's Advisory Council, committee members and chairs, our webinar speakers and hosts, student and resident volunteers at our meetings, poster judges—the list goes on. I have been a member of the ACP since my residency days, and now having worked more closely with the ACP over the past four years, my admiration and respect for the organization has steadily grown. Here is a secret: the ACP Board of Governors is an amazing group. As a Governor, you get to meet and work with inspiring, funny, smart, committed Internal Medicine leaders from all over the country who care about the future of Internal Medicine, our patients and each other. So if you are interested in leadership opportunities and the future of our profession ...get involved in our Chapter, and the ACP! Volunteer for a committee, reach out to [Donna Seawards](#) and **James Graumlich, MD, FACP**, our incoming Governor, and participate in Leadership Day. Many opportunities lie ahead. So in addition to our special Chapter, we also have a special professional organization to which we belong—we are most fortunate. Thank you very much for the opportunity to have served you—it has been my privilege.

Looking Ahead...

At the end of Internal Medicine 2017 in San Diego on April 1, my term as Governor comes to a close, and **James Graumlich, MD, FACP** will become your next Governor. Dr. Graumlich is the Head of the Department of Medicine at the University of Illinois College of Medicine in Peoria, and a hospitalist. For

those of you who know Dr. Graumlich, he is dedicated to everyone he serves, including his students, residents, faculty members, staff, and of course, his patients. Dr. Graumlich embodies the best that the ACP represents, and we welcome Dr. Graumlich to his new role. Thank you Dr. Graumlich!

Save the Dates!

Every Tuesday, 8:00 pm, [MKSAP Live Online Study Hall](#), for recertifying Illinois ACP members, and 'elite' residency programs (that is, programs with more than 90% of residents registered as ACP members).

Downstate Illinois Webinars

Monday, April 10, 5:30 PM. "*Intern Survival*," **Nick Ahn, MD**, PGY4 Chief Resident, **Tracey Johnson**, Residency Program Coordinator, especially for newly matched fourth year students! Register [here](#).

Monday, April 24, 5:30 PM. "*Hypertension & Hyperlipidemia Guidelines*," **Naveed Adoni, MD**. Register [here](#).

Monday, May 15, 5:30 PM. "*Applying to Subspecialty Fellowships*," **Janet Jokela, MD, FACP, Andy Varney, MD, FACP**. Register [here](#).

Watch for more, including "*Advancing to ACP Fellowship!*"

[Internal Medicine 2017](#) San Diego, **March 30 – April 1**. Also, don't forget our Illinois Chapter Reception, Thursday evening, **March 30**, immediately following convocation at the restaurant "Don Chido," please RSVP [here](#).

[ACP Leadership Day](#), Washington DC, **May 23-24**. If you would like to participate, please contact [Donna Seawards](#).

Friday & Saturday, November 17-18, 2017

Illinois ACP Chapter Scientific Meeting, Oakbrook, Illinois

Best wishes to everyone!

Sincerely yours,

Janet

Janet A. Jokela, MD, MPH, FACP
Governor, Illinois Chapter Downstate Region
American College of Physicians

ACP mission:

"To enhance the quality and effectiveness of health care by fostering excellence and professionalism in the practice of medicine."

Attachments:

NOTE: The links below will direct your browser to the location where the documents attached to this email have been posted.

[s17 resolutions - combined](#)