



Illinois Southern  
Region

"The Downstate  
Dialogue"

July 5, 2016

Dear ACP Downstate IL Members-

Greetings! How can it possibly be July already? I hope you and your family and friends enjoyed a wonderful Fourth of July holiday. Here are some brief summer updates for you from your Downstate IL ACP Chapter.

#### **Call for Nominations: Downstate Illinois Governor's Council**

In accordance with our bylaws, the Downstate Region will conduct elections to fill two Council seats. If you are interested in running, please email your name and CV to our Executive Director, Donna Seawards, by Monday, July 18. You also may nominate a colleague. Our Governor's Council consists of physician volunteer leaders entrusted to represent and actively engage our Chapter's membership. The Council sets policy and provides leadership, including planning strategically for the Chapter's growth; determining mission, goals, and priorities; and allocating resources in line with those priorities. The council meets in person or online two to four times annually. Thank you for considering this important service.

#### **ACP Downstate Illinois Student Council**

Our Downstate IL Chapter seeks to support members at all levels, including our newest members, our medical students. Our Downstate IL Student Council, with student representatives from all three Downstate programs, plans activities and reaches out to students through Internal Medicine Interest Groups at their schools. Kudos to our Student Council: **T Newsome, Jasmine Moreno (SIU); Jessica Cho, Jean Lee, Juliette Logan** (University of Illinois-Peoria); **Adrienne Barry, PhD, Hanna Erickson**, and recent grad **Freddy Nguyen, MD, PhD** (University of Illinois-Urbana). Watch for updates!

#### **Congratulations!**

We send hearty congratulations to ACP member **Teresa Lynch, MD, FACP**, Clinical Associate Professor of Internal Medicine and Director of the Internal Medicine Residency Program at University of Illinois-Peoria. She was awarded the ATHENA Young Professional Award from the Peoria Area Chamber of Commerce. We are proud to be your colleague, congratulations!

#### **ACP Downstate Illinois Awards Committee**

Our Downstate Illinois Awards Committee's responsibility is to identify Chapter Members for special recognitions and awards-now is the time they go to work, and review the impressive accomplishments of our chapter members. Here is a shout out for them, and acknowledgements for their very important, behind the scenes efforts: **Adrienne Barry, PhD, Richard Ensrud, MD, MACP, Stephen Goetter, MD, FACP, Susan Hingle, MD, FACP, Sara Rusch, MD, MACP, Omar Siddiqui, MD, David Steward, MD, MACP.** Thank you for your service!

### **ACP Downstate IL Webinars**

Our Chapter has held a robust series of educational and leadership webinars this past year, enabling the ACP to reach out to members throughout our region. Please share your suggestions for the 2016-2017 webinar series-these are for you! Our Education Committee is planning these this summer. Our first webinar will be in August, for our student members, and will provide tips on applying to residency-watch for more details. All Downstate IL webinars are free and open to all, as a benefit of your ACP membership.

### **ACP Illinois Statewide Meeting 2016**

Mark your calendars now for our statewide ACP Illinois Fall meeting, scheduled for Friday and Saturday November 18th and 19th in Champaign at the I-Hotel (Friday, 11/18) and Champaign Country Club (Saturday, 11/19). Some terrific sessions are planned, including multiple sessions on physician wellness. Our Program Planning Committee, and Program Chair and Governor-elect, **James Graumlich, MD, FACP**, will have something for everyone! Special guests include **Joseph Li, MD, FACP, FSHM**, Member, Board of Regents (and former President of the Society of Hospital Medicine), and **Susan Hingle, MD, FACP**, Chair-elect of the ACP Board of Regents. Save the date!

### **Downstate IL Students and Residents Poster Competition**

The poster competition for Downstate IL students and residents will be Thursday evening, November 17, at the I-Hotel in Champaign. This is a great opportunity for all students and residents: start making your plans now. [Here](#) is the call for abstracts, submission deadline is September 30. Save the dates!

### **Early Career MD and Students Mentoring Breakfast**

On Saturday morning, November 19, our Downstate IL Chapter will be hosting a mentoring breakfast for Early Career MDs and medical students in Champaign at the Champaign Country Club, in conjunction with our ACP Illinois meeting. This will provide a great opportunity for learning and growth-if you are an Early Career MD or a medical student, hope to see you there!

### **Save the Dates!**

**Every Tuesday, 8:00 PM, [MKSAP Live Online Study Hall](#)**, for recertifying Illinois ACP members, and 'elite' residency programs (that is, programs with more than 90% of residents registered as ACP members).

**ACP Downstate Illinois Student and Residents Poster Competition, November 17, Champaign.** Click [here](#) for the call for abstracts. **Submission deadline: September 30.**

**ACP Illinois Statewide Meeting, November 18-19, Champaign**

**Early Career MD & Medical Student Mentoring Breakfast, Saturday, November 19, Champaign**

**[ACP Internal Medicine Meeting 2017](#), in San Diego, March 30-April 1**

Thank you for all you do to support your patients, each other, the ACP, and Internal Medicine. Wishing you a wonderful summer!

Sincerely,

Janet

Janet A. Jokela, MD, MPH, FACP  
Governor, Downstate Region Illinois Chapter  
American College of Physicians