



Illinois Southern  
Region

"The Downstate  
Dialogue"

December 12, 2014

Dear Downstate Illinois ACP Members,

The holiday season is here! In the midst of our preparations, let me share some congratulations, thank you's, ACP news and gifts.

#### **ACP Downstate IL Centennial Legacy Award**

This special award celebrates ACP's Centennial by recognizing one seminal chapter member whose service to the chapter had a significant impact on the chapter's viability. These individuals exemplify ACP's core values including leadership, excellence, respect, compassion, professionalism, and responsibility. I am delighted to announce that **E. Richard Ensrud, MD, MACP**, Former Downstate IL ACP Governor, has been chosen as the recipient of the ACP Downstate Illinois Centennial Legacy Award. Thank you to our Chapter's Awards Committee, and thank you and congratulations to Dr. Ensrud.

#### **IL ACP State Scientific Meeting Judges: Thank you!**

Last month you saw the long lists of ACP members who helped deliver a superb meeting. I would also like to take a moment and specifically acknowledge our judges (a real army!) who helped to make the event especially meaningful for our student and resident members: Poster Judges **Toufic Abdo, MD, FACP, Abigail Adams, MD, Saad Adoni, MD, FACP, Renato Alcaraz, MD, FACP, Mukul Bhattarai, MD, FACP, Benito Camacho, MD, FACP, Kathleen Collins, MD, FACP, Vamsi Emani, MD, FACP, James Graumlich, MD, FACP, Jean Holley, MD, FACP, Tamer Hudali, MD, FACP, Japhia Jayasingh-Ramkumar, MD, Teresa Lymch, MD, FACP, Sharon Onguti, MD, FACP, Kingsley Onyemere, MD, FACP, Mehmoodur Rasheed, MD, FACP, Cynthia Smith, MD, FACP, Muhammed Toor, MD, Manjatoya Yadav, MD, FACP**, and a special acknowledgement and thank you to **Jennie Hsu-Lumetta, MD, FACP**, who coordinated the poster judging. Oral Clinical Vignettes: **Jack Ende, MD, MACP, Jacqueline Fischer, MD, FACP, James Graumlich, MD, FACP, Jennie Hsu-Lumetta, MD, FACP, Janak Koirala, MD, FACP, Gary Rull, MD, FACP**. Doctor's Dilemma: **Jack Ende, MD, MACP, Teresa Lynch, MD, FACP, Danish Thameem, MD, Andy Varney, MD, FACP**. Thank you all for your service to our ACP Chapter, and for your support of our students and residents.

#### **Chapter Excellence Award**

I am pleased to share the news that our Illinois Chapter, Downstate Region, is the recipient of a 2014 Chapter Excellence Award. This Award acknowledges the work that each of you do to help our Chapter meet various national performance metrics pertaining to membership, activities, advocacy, and more—thank you, and congratulations!

### **Maintenance of Certification (MOC) Navigator**

In response to members' requests, the ACP developed the "MOC Navigator," a tool designed to help you navigate through the MOC process. We demonstrated this at our Chapter Meeting on Saturday, Nov. 8. For those of you recertifying, do check it out [here](#). The ACP has been working hard to meet member needs, and is interested in your comments--please send me your feedback.

### **Strategic Planning Retreat**

The leadership of your ACP Illinois Chapter is planning a Strategic Planning Retreat for late January 2015. If you have ideas or questions you would like your chapter to explore at this retreat, please let me know. Tentative agenda items thus far include how to best meet the needs of our members, including early career internists, maintenance of certification needs, and advocacy related activities. Thank you!

### **Webinars**

Your Downstate Illinois Chapter has some excellent webinars planned for you, as a benefit of your ACP membership. Next is "Mindfulness in Medicine," presented by **Carrie Horwitch, MD, FACP**, ACP Regent, on Wednesday, January 14, 5:30 PM. Watch for more updates!

### **Advancing to ACP Fellowship**

Now is a great time to advance to ACP Fellowship, and march at Convocation at Internal Medicine 2015 in Boston—click [here](#) for more information. Application materials must be in by December 31, do not delay!

### **Governor-elect Process**

Hard to believe, but come spring 2015, our Chapter's Nominations Committee will begin the process of identifying candidates to run in the election for the next Downstate Illinois Governor: the winning candidate would serve as Governor-elect 2016-2017, and assume the Governor role in April 2017. If you are interested in learning more about the role, have questions, or have a candidate in mind, please let me know. Thank you!

### **Save the Dates!**

**Every Tuesday, 8:00 pm, MKSAP Live Online Study Hall**, for recertifying Illinois ACP members; see [here](#) for more information.

**Webinar:** Mindfulness in Medicine, **Carrie Horwitch, MD, FACP**, Weds. January 14, 2015, 5:30 PM.

**Internal Medicine 2015 Boston**, Centennial Meeting, April 30-May 2, see [here](#) for details.

**Leadership Day**, Washington DC, May 20-21, 2015

**Illinois Downstate Students and Residents Day**, Peoria, Friday, October 30

**Illinois ACP State Chapter Meeting**, University Club, Chicago, Nov. 13 & 14, 2015

Enjoy and savor your time during this special season with your friends and loved ones. Thank you for all the good work you do for your patients, community and your ACP Chapter.

Best wishes to you and your family for wonderful and joyous holidays.

With warm regards,

Janet

Janet A. Jokela, MD, MPH, FACP  
Governor, Illinois Chapter Downstate Region  
American College of Physicians