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Greetings to ACP members in Downstate Illinois:

**ACP Illinois Chapter meeting changed to online**

Concerns about the pandemic forced the Education Committee and the Governor’s Advisory Council to recommend an online-only scientific meeting of the ACP Illinois Northern and Southern Chapters. The theme for the 2020 meeting will remain the same: “health care in the new decade.” It is our plan to offer Continuing Medical Education (CME) and Maintenance of Certification (MOC) points for participation in the online meeting. Please look for further information about meeting registration in the near future.

I wish to thank the Chair of the Education Committee, Vidya Sundareshan, MD, MPH, FACP, FIDSA, and all of the committee members for their expertise and sage advice as we transition to an online meeting format.

**Call for Spring 2021 Board of Governors Resolutions**

Are you concerned about a practice or clinical issue or have an idea you'd like to suggest? If so, you might consider submitting a resolution to your Governor or chapter council.
Initiating a resolution provides ACP members an opportunity to focus attention at the ACP national level on a particular issue or topic that concerns them. Participating in the Board of Governors resolutions process provides the ACP grassroots member a voice and allows you to shape College policy that impacts the practice of internal medicine. When drafting a resolution, don't forget to consider how well it fits within ACP's Mission and Goals. In addition, be sure to use ACP's Strategy which includes Priority Themes to guide you when proposing a resolution topic.

Not sure how to begin drafting a resolution? Researching the College's position on an issue can give you a start. Visit the ACP Online homepage and click the "Advocacy" link in the right-hand, top margin to access ACP policy positions, read about recent ACP advocacy activities, or search ACP's library of policies and recommendations. Visit your chapter website, too, and click the link under "Advocacy" to access Electronic Resolutions System (ERS) where you can search past or proposed resolutions. A copy of the resolutions process is available on the ERS which furnishes more details on formatting resolutions, as well the process for submission, review, and approval.

Members must submit resolutions to their Governor and/or chapter council. A resolution becomes a resolution of the chapter once the chapter council approves it. If effecting change interests you, the deadline for submitting new resolutions to be heard at the Spring 2021 Board of Governors Meeting is October 9, 2020.

Share your good idea with us. Draft a resolution.

**ABIM Call for Nominations - Governance Members**

The American Board of Internal Medicine (ABIM) has published their annual call for governance nominations with a number of open positions on their Specialty Boards and Item-Writing Task Forces. The positions are outlined on the ABIM website.

The ABIM is looking to better reflect the diversity of the physician community within ABIM boards and task forces and strongly encourages physicians from underrepresented groups in medicine and those practicing in a community setting to apply for these openings. ABIM believes it is essential to ensure these populations are well represented, as they are valuable voices in the community.

Information on the competencies ABIM is seeking, an explanation of the roles and responsibilities of service, and additional details on how to apply can be found in the Call for Nominations. If you have questions, please contact Governance Services at GovernanceServices@ABIM.org or 215-446-3614.

**Webinar Recording Available: Innovations in the Care of Outpatients with COVID-19**
Moderated by Heather E. Gantzer, MD, FACP, Chair of ACP’s Board of Regents, this webinar explored innovative approaches in care delivery to COVID-19 outpatients, including how to address health disparities and the challenges related to the diverse presentations of the disease.

Kristen Kopski MD, PhD, and Margaret Doose, MD, of HealthPartners Minnesota, reviewed that system’s response to the COVID-19 pandemic, including a discussion of transitions of care best practices as well as how to develop a better understanding of this patient population. Following, Christopher Kellner, MD, and David Putrino, PhD, of the Mount Sinai Health System, New York, discussed innovations in remote patient monitoring and how to apply these technologies to patients with COVID-19.

ACP continues to develop and frequently update tools and resources to assist ACP members during the COVID-19 pandemic. Visit ACP’s COVID-19 Resource Hub for the latest information.

To claim CME credit for this watching recording, please go to: www.acponline.org/leadership-academy-cme

The American College of Physicians (ACP) is accredited by the Accreditation Council for Continuing Medical Education (ACCME) to provide continuing medical education for physicians. The ACP designates this other activity (blended) for a maximum of 1 AMA PRA Category 1 Credit(s)™. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

View Recording

The ACP Leadership Academy will present several free member webinars during the summer and fall. We encourage you to participate and to inform your members about these learning opportunities. More information and registration for one or more of these webinars.

For questions, please contact Susan Koger, Manager, Membership Programs.

Addressing and Supporting Physician Mental Health During Challenging Times Webinar Available

Presented in partnership with the ACP Well-being and Professional Fulfillment Program, this webinar will describe psychological and behavioral responses to crisis events as well as discuss a follow up framework for individual, peer, and organizational interventions that promote healthcare worker well-being and sustainment. Speakers Kerri Palamara, MD, FACP, and Joshua C. Morganstein, MD, will list individual, peer, and team actions that facilitate self-care, connection, and recovery. Participants will learn to identify actions that can help them to be better prepared for future crisis events.

Kerri Palamara, MD, FACP, is an Assistant Professor of Medicine at Harvard Medical School and practices as a primary care general internist at Massachusetts General Hospital. Dr. Palamara leads the American College of Physicians “Physician Coach Training Program”, which focuses
on training physicians to integrate coaching techniques into their quality improvement and well-being initiatives.

Joshua C. Morganstein, MD, is Associate Professor and Assistant Chair in the Department of Psychiatry and Assistant Director at the Center for the Study of Traumatic Stress (CSTS) in the Uniformed Services University of the Health Sciences and a Captain in the Commissioned Corps of the U.S. Public Health Service.

**View Recording**

The ACP Leadership Academy will present several free member webinars during the summer and fall. We encourage you to participate and to inform your members about these learning opportunities. More information and registration for one or more of these webinars here.

For questions, please contact Susan Koger, Manager, Membership Programs.

**ACP Well-being and Professional Fulfillment Activities Now Eligible for CME Credit**

Selected ACP well-being and professional fulfillment activities are now eligible for CME. The activities are free to access on ACP's Physician Well-being and Professional Fulfillment website. Activities approved for CME include short ten-minute Mini But Mighty Skills for Well-being recordings as well as COVID-19 physician resources and well-being management webinars:

- Mini But Mighty Skills for Well-being
- COVID-19: Practical Advice and Support from Internists on the Front Lines
- Positive Psychology in Times of Crisis
- Optimizing Well-being, Practice Culture, and Professional Thriving in an Era of Turbulence
- Building Your Resilient Self
- Mindfulness in Medicine: What Physicians Need to Know

CME credit for these activities is free for ACP members. For questions about the well-being CME activities, email acpwellbeing@acponline.org.

**Advance to FACP**

Do you seek promotion to the rank of Fellow of the American College of Physician? Learn how at

[https://www.acponline.org/membership/physician-membership/acp-fellowship](https://www.acponline.org/membership/physician-membership/acp-fellowship)

For more information, send an email to FACP@acponline.org

**Women in Medicine Committee**
The members of the Women in Medicine Committee selected their leaders for the upcoming year. I am delighted to announce the co-chairs of the Women in Medicine Committee are Dr. Jennie Hsu-Lumetta, MD, FACP (Champaign) and Dr. Emily Horvath, MD (Peoria). Dr. Hsu-Lumetta and Dr. Horvath bring many skills to their roles as leaders. Both served as well-being champions. Additional skills include quality improvement and coaching. I thank Dr. Hsu-Lumetta and Dr. Horvath for their ongoing service to our ACP Chapter.

ACP for Early Career Physicians

The members of the Early Career Physicians Committee selected their leader for the upcoming year: Dr. Waqas Azhar, MD (Springfield). I am grateful for the service of Dr. Azhar in support of Early Career Physicians.

I wish to recognize another Early Career Physician. Dr. Harini Rathinamanickam, MD (Springfield) has joined Dr. Manasa Kandula, MD (Peoria) as one of the leaders of the planning committee for the ACP IL Resident & Student Day. I am grateful for the services of Dr. Kandula and Dr. Rathinamanickam to develop an outstanding program for our resident and student members.

Call for moderators for MKSAP Online Study Hall

Our chapter is a co-host of the MKSAP Online Study Hall with the ACP Illinois Northern Chapter. There are open positions in the calendar during the next two years for ACP IL members who would like to lead sessions as moderators. The role of moderator is akin to presenter or facilitator. If you are interested in the application process, please contact Colleen Keeku,

[colleenkeekuacp@gmail.com]

ACP for Resident/Fellow members

ACP Resident & Student Day goes online
Here is your chance to show off your research, quality improvement, or interesting cases. Submit your abstracts for the poster and clinical vignette competitions that will occur during ACP Resident & Student Day. Please note: all the competitions will occur online. Judges of the competitions will select winners to receive travel awards or cash prizes. The call for abstracts is open now. The deadline for abstract submission is August 21, 2020.

Attention, residents who plan to apply for sub-specialty fellowship training!
Your ACP chapter will host an online panel discussion with fellowship program directors from throughout the Midwest. Program directors will answer questions submitted by applicants. The Midwest Virtual Fellowship panel discussion will occur online on August 12, 2020. Register

HERE

ACP for Medical Students
ACP Resident & Student Day goes online
Students, you are invited to submit your abstracts to compete during ACP Resident & Student Day. The poster competition will occur online. Judges of the competitions will select winners to receive travel awards. The call for abstracts is open now. The deadline for abstract submission is August 21, 2020.

ACP Racism in Medicine Discussion Group
The Medical Student Committee invites students to join the online discussion Racism in Medicine. The expert facilitator is Jacqueline Ivey-Brown, MD, FACP, Associate Program Director UIC/Advocate Christ Medical Center. The date of the online article/book club is August 19, 2020. More information and Register HERE.

Call for news items
Do you have good news about your recent award, promotion, or volunteer experience? Please share your stories with your colleagues in the ACP Illinois Southern Chapter. Send your news items to me so I can include them in the Downstate Dialogue: jfgraumlichuicomp@gmail.com

Save-the-Date

- August 12, 2020, online panel discussion with fellowship program directors
- Re-starting August 18, 2020: Every Tuesday at 8:00 PM Central Time: Webinar MKSAP Live Online Study Hall https://www.acponline.org/about-acp/chapters-regions/united-states/illinois-chapter/news-meetings
- August 19, 2020, Medical Student Online Discussion Group: Racism in Medicine
- August 21, 2020, the deadline for abstract submission for ACP IL Resident & Student Day

Sincerely,
Jim

James F. Graumlich, MD, FACP
Governor, Illinois Southern Chapter
American College of Physicians