In This March Issue:

- Illinois ACP members elected to Board of Regents
- Members selected for ACP Leadership Day
- ACP Calls for Comprehensive Reform of U.S. Health in a Series of Papers Offering a New Vision of Health Care
- Call for Fall 2020 Board of Governors Resolutions
- Remembering Whitney W. Addington, MD, MACP, 1935-2020
- Advance to FACP
- Planning for ACP Illinois Chapter meeting
- ACP for Early Career Physicians
- ACP for Resident/Fellow members
- ACP call for Medical Student leaders
- Mindfulness in Medicine: What Physicians Need to Know Webinar Playback Available
- Call for news items
- Save-the-Date

Illinois ACP members elected to Board of Regents

Congratulations to two members from Illinois who were elected or re-elected to the ACP Board of Regents.

**John M. Flack, MD, MPH, MACP, FAHA, FASH, Springfield, IL**

Dr. Flack is an incumbent Regent who was elected for a second two-year term to expire in 2022.

**Suja M. Mathew, MD, FACP, Hinsdale, IL**

Dr. Mathew is the Governor, ACP Illinois Northern Chapter and she will become a new Regent with a two-year term to expire in 2022.

Members selected for ACP Leadership Day

The 28th annual Leadership Day on Capitol Hill will be held on May 12 - 13, 2020 at the Mandarin Oriental Hotel in Washington, DC. Our chapter recently held an essay contest to select the delegates for Leadership Day. Thank you to the members who submitted essays. We had many great applicants but we had funds to support only five delegates. Congratulations to the following members who will represent our ACP chapter on Leadership Day.
In alphabetical order,

David Gao, medical student, University of Illinois College of Medicine at Peoria
Janet Jokela, MD, MPH, FACP, FIDSA, ACP Regent, Champaign
Holly Rosencranz, MD, FACP, Champaign
Jennifer Wroblewski, MD, resident from Carle Internal Medicine Residency Program, Urbana
MJ Yadav, MD, FACP, Peoria

ACP Leadership Day is a great opportunity for the College and our members to increase our presence and bring visibility to issues that concern our patients. Leadership Day includes training sessions and briefings by congressional staff and key government officials. Attendees also receive a comprehensive orientation on ACP’s top priorities. A special briefing for Residents/Fellows-in-training and medical students is also provided.

For more information on Leadership Day or to access reference materials from Leadership Day 2019, go to: https://www.acpservices.org/leadership-day/what-leadership-day.

ACP Calls for Comprehensive Reform of U.S. Health in a Series of Papers Offering a New Vision of Health Care

ACP released a comprehensive series of policy papers that outline ACP’s vision of a better health care system for all, published as a supplement in Annals of Internal Medicine. “Better is Possible: The American College of Physicians Vision for the U.S. Health Care System” issues a bold call to action, challenging the U.S. to implement systematic reform of the health care system, and provides an ambitious new vision for better health care for all and expansive policy recommendations for how to achieve it.

ACP’s “Envisioning a Better Health Care System for All” series of policy papers addresses issues related to coverage and cost of care, health care delivery and payment system reform, and reducing barriers to care and social determinants of health. They offer specific recommendations supported by evidence about ways the U.S. can change the status quo and improve the health care system for all.

ACP developed the papers based on examination and analysis of the strengths and weaknesses of the current U.S. health care system and ACP’s analysis of the major problems with American health care. Using the best available data and evidence and a comprehensive review of the literature and recommendations as their foundation, potential solutions outlined in the papers build on ACP’s day-to-day advocacy to support the daily practice and well-being of its members and health of patients.

ACP invites all members to join the conversation:

Engage on social media by using #ACPVision4HealthCare.

E-mail your thoughts, questions, and suggestions to us at newvision@acponline.org
Call for Fall 2020 Board of Governors Resolutions

Are you concerned about a practice or clinical issue or have an idea you'd like to suggest? If so, you might consider submitting a resolution to your Governor or chapter council.

Initiating a resolution provides ACP members an opportunity to focus attention at the ACP national level on a particular issue or topic that concerns them. Participating in the Board of Governors resolutions process provides the ACP grassroots member a voice and allows you to shape College policy that impacts the practice of internal medicine. When drafting a resolution, don't forget to consider how well it fits within ACP's Mission and Goals. In addition, be sure to use the College’s 2018-2020 Priority Themes to guide you when proposing a resolution topic.

Not sure how to begin drafting a resolution? Researching the College's position on an issue can give you a start. Visit the ACP Online homepage and click the "Advocacy" link in the right-hand, top margin to access ACP policy positions, read about recent ACP advocacy activities, or search ACP's library of policies and recommendations. Visit our chapter website, too, and click the link under "Advocacy" to access Electronic Resolutions System (ERS) where you can search past or proposed resolutions. A copy of the resolutions process is available on the ERS which furnishes more details on formatting resolutions, as well the process for submission, review, and approval.

Members must submit resolutions to their Governor and/or chapter council. A resolution becomes a resolution of the chapter once the chapter council approves it. If effecting change interests you, the deadline for submitting new resolutions to be heard at the Fall 2020 Board of Governors Meeting is March 27, 2020.

Resolutions initiated by ACP members and endorsed by a chapter council and the Board of Governors become ACP policy when adopted by the ACP Board of Regents.

Share your good idea with us. Draft a resolution.

Remembering Whitney W. Addington, MD, MACP, 1935-2020

Our ACP family lost a great leader recently. Whitney W. Addington, MD, MACP, who served as ACP’s President from 1999-2000, passed away on February 10, 2020, surrounded by his family. In addition to his work with the ACP Board of Regents, Dr. Addington also served as Governor, Illinois Northern Chapter from 1984-1988 and on various committees/councils during his service to ACP.

Below is a link to the obituary that was prepared by Dr. Addington’s family.

Whitney W. Addington, MD, MACP - Obituary

Advance to FACP
Do you seek promotion to the rank of Fellow of the American College of Physician? Learn how at https://www.acponline.org/membership/physician-membership/acp-fellowship

For more information, send an email to FACP@acponline.org

**Now Available - 2019 Novel Coronavirus: A Physician’s Guide from ACP**

ACP has developed the following educational content that is freely available to the healthcare community as a public service of ACP in response to the Coronavirus outbreak.

**Novel Coronavirus: A Physician’s Guide** This online learning activity can be easily accessed on handheld devices and provides a clinical overview of infection control and patient care guidance.

**Coronavirus: What the Clinician Needs to Know** This podcast was produced by Core IM in collaboration with ACP, and includes an interview with Dr. Christina Fiske, infectious diseases subspecialist at Vanderbilt University Medical Center.

For these coronavirus education activities, ACP members may report their learning time for CME credit without charge. Please feel free to share these resources with others in the healthcare community.

For additional information, contact Laura Baldwin

**Planning for ACP Illinois Chapter meeting**

The members of the Education Committee met to plan for our annual scientific meeting of the ACP Illinois Northern and Southern Chapters. The theme for the 2020 meeting will be “health care in the new decade.” The meeting date is 23 October 2020. The location is Erin’s Pavilion, 4965 S 2nd St, Springfield, IL 62703. Please mark your calendars for this event.

For additional information or if you are interested in serving on the Education Committee, please contact the Education Committee chair, Vidya Sundareshan MD, MPH, FACP, FIDSA.

**ACP for Early Career Physicians**

There are opportunities for leadership development in our chapter. Dr. Manasa Kandula is the Chair of the planning committee for the ACP IL Resident & Student Day. Dr. Kandula is willing to train ACP members in the project management skills needed to organize and execute a successful educational event. ACP members interested in leadership development may contact jfgraumllichuicomp@gmail.com

**ACP for Resident/Fellow members**
Do you have research or quality improvement results you would like to share? Is there a case you saw that would interest your colleagues? Get your abstracts ready for the poster and clinical vignette competitions that will occur during ACP Resident & Student Day, 22 October 2020, in Springfield, IL. Judges of the competitions will select winners to receive travel awards or cash prizes. Look for the call for abstracts in March 2020.

**ACP call for Medical Student leaders**

The following message comes from Hanna Erickson, PhD, MD-candidate Student, University of Illinois at Urbana-Champaign, and Chair, Council of Student Members, ACP Board of Regents

The downstate Illinois ACP Chapter is looking for new students to join its student committee! If you’re looking for leadership experience in a professional organization, this is a great opportunity. The role of the committee is to advise the chapter on how it can best support medical students. The time requirement is just 2 conference calls per year, about one hour per call. There is also an opportunity to serve as committee chair and on the chapter’s membership committee. If you’re interested in joining the committee, please email the current committee chair, Hanna Erickson (herick3@illinois.edu) with your CV and 2-3 sentences about why you’re interested in serving on the committee by April 1, 2020.

**Mindfulness in Medicine: What Physicians Need to Know Webinar Playback Available**

Mindfulness is an evidence-based approach to mitigate physician burnout: building calmness, enhancing focus, heightening compassion for self and others, and shifting limiting thought patterns. In this dynamic webinar, Gail Gazelle, MD, FACP, MCC, CMMT provides an overview of various conceptualizations of mindfulness, reviews research on its effectiveness, and provides practical strategies readily incorporated into the physician’s workday.

[Click here to watch recording](#)

The ACP Leadership Academy will present several free member webinars during the spring and fall. ACP encourages you to participate. [Click here](#) for more information and registration for one or more of these webinars.

For questions, please contact Susan Koger, Manager, Membership Programs.

**Call for News Items**

Do you have good news about your recent award, promotion, or volunteer experience? Please share your stories with your colleagues in the ACP Illinois Southern Chapter. Send your news items to me so I can include them in the Downstate Dialogue: jfgraumlichuicomp@gmail.com

**Save-the-Date**
Every Tuesday at 8:00 PM Central Time: Webinar MKSAP Live Online Study Hall
23-25 April 2020: Internal Medicine Meeting 2020 in Los Angeles, CA
12-13 May 2020: ACP Leadership Day 2020, Washington, DC
22 October 2020, Resident & Medical Student Day for ACP Illinois Southern Chapter, at Erin’s Pavilion, 4965 S 2nd St, Springfield, IL 62703
23 October 2020, ACP IL Chapter Annual Scientific meeting for Continuing Medical Education, at Erin’s Pavilion, 4965 S 2nd St, Springfield, IL 62703. The 2020 theme will be “health care in the new decade.”

Sincerely,

Jim

James F. Graumlich, MD, FACP
Governor, Illinois Southern Chapter
American College of Physicians

ACP mission:
“*To enhance the quality and effectiveness of health care by fostering excellence and professionalism in the practice of medicine.*”