The 41st Annual Hindson Winter Conference
Update in Internal Medicine

January 11 – 14, 2018
Holiday Inn Express
Hunt Lodge
McCall, Idaho

Presented By:
David A Hindson MD Education Foundation
Idaho WWAMI/University of Washington
School of Medicine
Boise VA Medical Center
American College of Physicians
Idaho Chapter

THURSDAY, JANUARY 11th

4:00 pm  REGISTRATION
5:00 pm  Introduction and Welcome  Scott Smith, MD
5:15 pm  Contraceptive Update  Scott Christensen, MD
6:00 pm  Update in Systems  Carolyn Clancy, MD

FRIDAY, JANUARY 12th

7:30 am  ACP Clinical Vignettes
8:00 am  How I Think Through Hyponatremia  Ernest Dytapaco, MD
8:45 am  Break
9:00 am  Workshop 1: (A-L)  Workshop 2: (M-Z)

OPTIONAL – Maintenance of Certification Modules
10:15 am  Update in Internal Medicine 2017-18 (COT)  William Weppner, MD
1:30 pm  Update in Hospital Medicine 2017-18 (B3T)  Melissa (Moe) Hagman, MD

4:30 pm  Workshop 1: (M-Z)  Workshop 2: (A-L)
5:30 pm  Break
6:00 pm  The Immune System Strikes Back: Ending Cancer’s Jedi Mind Tricks  Dan Zuckerman, MD
6:45 pm  Hypertension Diagnosis and Management: Selected Updates, 2018  Barry Stults, MD
7:30-10 pm  Wine and Cheese Social/ACP Poster Session  St. Luke’s McCall

SATURDAY, JANUARY 13th

7:30 am  ACP Clinical Vignettes
8:00 am  Update on Stroke  Claire Creutzfeldt, MD
8:45 am  Break
9:00 am  Update in Hospital Medicine  Carissa Pereda, MD

OPTIONAL

10:00 am  ACP Idaho Chapter Meeting  Melissa (Moe) Hagman, MD
11:00 am  Women in Medicine, Idaho ACP Chapter  Jodie Donovan, MD and Danielle Orchard, MD

4:30 pm  Hepatitis C Management for Primary Care Providers  Lauren Beste, MD
5:15 pm  Introduction to Obesity Medicine: Helping Patients Lose Weight and Providers Gain Professional Satisfaction  Tina Bronner, MD
6:00 pm  Break
6:15 pm  Cardiac Catheterization in the Era of Appropriate Use Criteria  Steven Fonken, MD
7:15-9 pm  Social Hour  St. Alphonsus Medical Center

SUNDAY, JANUARY 14th

7:30 am  Lifestyle is Medicine  Jennifer Shalz, MD
8:15 am  Update in Infectious Diseases  David Tompkins, MD
9:00 am  Break
9:15 am  Update in Ambulatory Medicine  Neil Argyle, MD
10:00 am  Closing Remarks  Andrew Wilper, MD

WORKSHOPs

1. Getting Specific about Nonspecific Low Back Pain — An Interdisciplinary Approach for Primary Care  Ann Hansen, MD
   Kelley Groll, FNP
   Laura Websterbee, PhD

2. Applying Principles of Cognitive Behavioral Therapy for Insomnia and Cross-tapering Strategies to Assist Patients in Tapering Off Hypnotic Medications  Andrea Winterswyk, PharmD
   Kyle Davis, PhD
Conference Objectives

This conference will review major developments in ambulatory and inpatient care; in specific, Nephrology, Neurology, Cardiology, and Hypertension. In addition, subject matter experts will discuss approaches to Cardiovascular rehabilitation, Obesity management, and Redesigning healthcare systems for continuous improvement. By the end of the conference, participants should understand the rationale for diagnosis and management of these conditions that are commonly encountered in internal medicine practice.

Information for Participants

McCall, Idaho is located 100 miles north of Boise on scenic State Highway 55. Rental cars are available at the Boise airport for transportation to McCall. Many excellent outdoor activities are available in this area: alpine skiing and snowboarding at Brundage Mountain near McCall; cross-country skiing and snowshoeing can be found on groomed trails at Ponderosa State Park.

The Holiday Inn Express – Hunt Lodge is located on State Highway 55. A block of rooms has been reserved. Reservations and information can be obtained by calling the Holiday Inn Express – Hunt Lodge at (208) 634-4700. The Holiday Inn Express – Hunt Lodge provides a continental breakfast for registered guests.

Participants and their families are invited to a reception Friday evening.

Registration

Early registration fee for Physicians is $300. Registration fee for all non-physicians (VA and non-VA) is $150. You may preregister by completing the registration form and mailing it with the registration fee or by registering on-line at www.hindsonfoundation.com/wconferencereg.html. After deadline and on-site registration will increase by $25 on a space available basis. Further questions regarding registration can be directed to (208) 422-1111.

Accreditation

CME accreditation application in process.