**Georgia ACP Wellness Corner**

Amy Eubanks, MD, FACP, GA ACP Wellness Chair

As we get into the holidays, our thoughts turn to friends, family, faith and celebration. However, we also frequently experience high levels of stress during this time of the year. It is important that we also focus on maintaining our general health and fitness as well. So many of us make New Year’s resolutions regarding exercise, weight, diet, etc. Why wait? Here is information on just a few local wellness events across the state. This is a mere sampling, but hopefully it gets all of you thinking about incorporating some type of wellness activity over the next few weeks. [READ MORE]

**Hardship Exception for 2017**

*CMS Quality Payment Update.*

**DEADLINE!**

For the transition year, a MIPS-eligible clinician or group may submit a Quality Payment Program Hardship Exception Application, citing one of the following specified reasons for review and approval:

- Insufficient Internet Connectivity
- Extreme and Uncontrollable Circumstances
- Lack of Control over the availability of CEHRT
- This application is due by Dec. 31, 2017.

[Application Link]
Hiring for Hospitalists

Envision Physician Services is hiring for Hospitalist at Memorial Satilla Health in Waycross, GA. Come join our team of exceptional hospitalists today!

Physicians, patients define high-value care differently

Patients and physicians differ in their definition of high-value care, a new survey finds, with patients favoring affordability and convenience while physicians think relationships with patients and outcomes are most important to achieve high-value care. The survey, conducted by Leavitt Partners and commissioned by the University of Utah Health, emphasizes the disconnect providers have with patients as healthcare continues its transition to value-based care. READ MORE

Healthcare spending growth slowed in 2016

Healthcare spending grew at a slower rate in 2016 than during the previous two years,
according to new analysis released Wednesday by the Office of the Actuary for the Centers for Medicare and Medicaid Services. In 2016, U.S. healthcare spending grew at a rate of 4.3 percent to $3.3 trillion. This compares to spending increases of 5.1 percent in 2014 and 5.8 percent in 2015. READ MORE