Join your Florida Chapter members at a Meet & Greet with your Wellbeing Champions. Learn about the Wellness Committee and what you can do to MAP our Chapter’s future.

Date: May 24, 2022
Time: 6:00 – 7:00 p.m.

RSVP to BWare@floridachapteracp.org no later than May 23, 2022 at 3:00 p.m. to get the Zoom link

MEET & GREET WITH YOUR WELL-BEING CHAMPIONS
The new Florida Chapter Well-Being Champions; Drs. Luis Isea Mercado, Ola Karasik and Elisa Sottile; are hosting our first virtual networking meeting. Join us via Zoom to chat with other chapter members. Our goal is to create an open sharing space so we can get to know and support each other. Stop by and share your ideas on how the WBCs and Wellness Committee can work to help serve our membership.

Help guide our chapter and our members on the path to create sustainable practices and programs that will engender resilience and inspire us to continue to provide high quality compassionate care to the residents of Florida!

MINDFULNESS, AWARENESS & PURPOSE: A MAP FOR WELL-BEING
Drs. Luis Isea Mercado, Ola Karasik and Elisa Sottile have been named by the Chapter to serve in the role of Chapter Well-being Champions (WBC). As your new WBCs, we plan to survey membership to gain awareness of your satisfaction with your workplace and your own wellbeing. We will utilize needs assessments to determine how we can best coordinate efforts to support your wellbeing, enhance your workplace satisfaction, and increase engagement with your peers.

INVITATION TO JOIN THE WELLNESS COMMITTEE
We are excited to invite additional interested members to join the Wellness Committee. We are searching for committee members that will represent our Chapter members’ varied geography, practice, ethnicity, gender and stage of training. If you are interested in joining our committee or would like more information about our initiatives, please reach out to one of the following:

Luis Isea, MD  Luis.IseaMercado.MD@adventhealth.com
Olga Karasik, MD FACP  Olga.Karasik@ucf.edu
Elisa Sottile, MD FACP  Elisa.Sottile@jax.ufl.edu
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