



Dear Colleagues,

May is upon us, but spring is slow in coming. We are in the busy season of graduations, weddings, and urgent appointment needs before the summer. This month's update is brief, but has some resources I hope will make the season more enjoyable. A small group of your fellow constituents are headed to Washington, D.C. in a week to visit with our U.S. Congressional Representatives and Senators to discuss the future of healthcare. Look for the update next month in the Governor's semi-annual newsletter.

Membership Benefits:

I have an AAA membership that I renew faithfully each year. Every time I sign that check, I look up the benefits of continuing it online. Their tag line is that if it is used right that it will "pay for itself". In reading through the benefits, I always do the math and agree- but then I forget as I return to the day to day rush of activity known as life. So with that in mind, I will occasionally try to highlight some membership benefits to be sure you are accessing what you need from the ACP. This week I wanted to note the extensive amount of patient education resources you have access to online at <https://www.acponline.org/practice-resources/patient-education/online-resources>. These have patient facts, health tips, and overall guides on diseases you can share with your patients. Hopefully, you will find these useful for patients while they wait for appointments, for support staff to share at times of diagnosis, and any other way that might lighten the load of the physician. Feedback and success stories are welcome.

Guidelines in the News:

The ACP guidelines on osteoporosis were updated from the 2008 statement in an Annals of Internal Medicine article: Treatment of Low Bone Density or Osteoporosis to Prevent Fractures in Men and Women: A Clinical Practice Guideline Update from the American College of Physicians. Click this link to read: <http://annals.org/aim/article/2625385/treatment-low-bone-density-osteoporosis-prevent-fractures-men-women-clinical>

CT Annual Scientific Meeting:

Please mark your calendar for our annual meeting. It will be October 27th at the Aquaturf in Plantsville, CT. Every year we have a resident poster session for which we recruit judges. This is a rewarding and educational experience working with budding physicians. Please email me if you are interested in being a judge.

My mission in life is not merely to survive, but to thrive; and to do so with some passion, some compassion, some humor, and some style.

Maya Angelou

Respectfully,

Rebecca Andrews