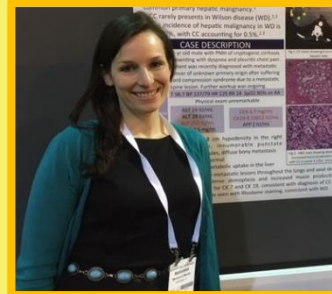


# Connecticut Chapter Scientific Meeting 2018



**October 19, 2018**

Connecticut Convention Center  
Hartford, CT

**Earn up to 5.50 CME Credits and 14.0 MOC Points**

Register Online Today!

*Fostering Excellence in Internal Medicine*



Connecticut  
Chapter

# Meeting Highlights

- Plenary Session: The Opioid Crisis - An FBI Perspective
- Trainee Sessions (Attendees welcome): Financial Planning, The Art of the Op Ed, Doctor's Dilemma
- General Sessions (All welcome): Update on Opioid Prescribing, Airline Emergencies
- Abstract Poster Presentations
- In-Patient Track: Update on Atrial Fibrillation, Critical Care for the Hospitalist
- Out-Patient Track: Update on Osteoporosis, The Complexities of Sleep Apnea Diagnosis & Treatment
- SEP Modules: Update in Internal Medicine & Update in Hospital Medicine
- Women in Medicine Networking Breakfast

Dear Colleagues,

I invite you to join me and your colleagues in Internal Medicine at the next Scientific Meeting of the Connecticut Chapter of the American College of Physicians, being held Friday, October 19<sup>th</sup> at a new location: the Connecticut Convention Center in Hartford, CT.

This meeting is a great way for you to recharge, rewind, and reflect with your peers, chapter leaders, and great speakers. Connect with the Connecticut Chapter's rich educational content and networking opportunities by attending our premier meeting for general internists, subspecialty internists, hospitalists, allied health practitioners, residents, and medical students.

In addition to earning CME and Maintenance of Certification credits, this conference is about making personal contacts and getting involved in your chapter. You'll engage with people who know your challenges and can help you find solutions. The opportunities available at this meeting will help you meet not only your needs as a physician, but also the needs of the patients you serve.

To ensure your place at this invaluable meeting, register now by visiting us online at <https://www.acponline.org>.

I look forward to seeing you October 19<sup>th</sup>.

Sincerely,  
Rebecca A. Andrews, MD, FACP  
Governor, Connecticut Chapter



## Session Key

Women Only

Residents & Students

All Attendees

Hospitalist Track

Outpatient Track

# Schedule at a Glance

Friday, October 19, 2018

With the exception of the Women in Medicine Breakfast, attendees are welcome to join any session. Color coding indicates the sessions geared to a specific audience.

**7:00 a.m.**

- Registration/Continental Breakfast/Exhibits

**7:30 – 10:00 a.m.**

- Poster Session/Judging for Resident Abstracts  
*Marilyn Katz, MD*  
Ballroom C

**8:25 – 9:25 a.m.**

- Women in Medicine Networking Breakfast  
Ballroom A

**9:30 – 11:35 a.m.**

- The Art of the Op Ed: How to Get Opinions Out Into the World  
*Lisa Sanders, MD*  
Room 11

**9:30 – 10:30 a.m.**

- Financial Planning: The Facts and Fallacies of the Financial World (Not eligible for CME Credit)  
*Michael E. Chadwick, CLU, ChFC, CFP®*  
Rooms 12-13

- Update on Opioid Prescribing

*Daniel G. Tobin, MD*  
Rooms 14 -15

**10:30 – 10:35 a.m.**

- Break

**10:35 – 11:35 a.m.**

- Doctor's Dilemma  
*Rebecca Andrews, MD; Marilyn Katz, MD*  
Ballroom A

- Airline Emergencies

*Philip Rubin, MD*  
Rooms 14 – 15

**11:40 – 12:55 p.m.**

- Lunch and Presentations

Ballroom A

**ACP President Elect's Address**  
*Robert M. Mclean, MD*

**Awards**  
*Rebecca Andrews, MD*

**Plenary: Opioid Crisis - An FBI Perspective**  
*Charles Grady*

**1:00 – 1:45 p.m.**

- Outpatient: Update on Osteoporosis  
*Faryal Mirza, MD*  
Rooms 11-13

- Inpatient: Update on Atrial Fibrillation

*Aneesh Tolat, MD*  
Rooms 14-15

**1:45 – 1:50 p.m.**

- Break

**1:50 – 2:35 p.m.**

- Outpatient: The Complexities of Sleep - Sleep Apnea Diagnosis and Treatment  
*Ian Weir, DO*  
Rooms 11-13

- Inpatient: Critical Care for the Hospitalist

*Robyn Scatena, MD*  
Rooms 14-15

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Main Sessions Conclude | ABIM Modules begin at 2:40

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**2:40 – 4:10 p.m.**

- ABIM SEP Module: Internal Medicine  
*Barry Wu, MD; Stephan Atlas, MD; Charles Seelig, MD*  
Rooms 11-12

- ABIM SEP Module: Hospital Medicine  
*Jennifer Baldwin, MD; Jaclyn Cox, DO*  
Rooms 14-15

**4:15 – 4:30 p.m.**

- Annual Business Meeting  
Ballroom A

# Meeting Information

## Faculty

**Rebecca Andrews, MD, FACP**, Governor, ACP Connecticut Chapter; Associate Program Director, Associate Professor of Medicine, UConn Health Center, Farmington

**Stephen Atlas, MD, FACP**, Yale Primary Care Residency Program, Department of Medicine, Yale New Haven Hospital, New Haven

**Jennifer Baldwin, MD**, Assistant Professor of Medicine, UConn Health, Farmington

**Michael E. Chadwick, CLU, ChFC, CFP**, President of Chadwick Financial Advisors, Unionville

**Jaclyn Cox, D.O.** Assistant Professor of Medicine, UConn Health, Farmington

**Charles Grady**, FBI, New Haven

**Marilyn Katz, MD, FACP**, Assistant Professor of Medicine, UConn Health Center, Farmington

**Faryal S. Mirza, MD**, Assistant Professor of Medicine, Division of Endocrinology and Metabolism, UConn Health, Farmington

**Robert McLean, MD, FACP**, Northeast Medical Group, Yale New Haven Health, New Haven

**Philip Rubin, MD**, Hematology & Medical Oncology, Maimonides Medical Center, Brooklyn, NY

**Lisa Sanders, MD, FACP**, Associate Professor of Medicine, Yale School of Medicine, New Haven

**Robyn Scatena, MD**, Pulmonary, Critical Care & Sleep Medicine, Yale School of Medicine, New Haven

**Charles Seelig, MD**, Internal Medicine, Yale New Haven Health, Greenwich Hospital, Greenwich

**Daniel G. Tobin, MD, FACP**, Associate Professor of Medicine, Medical Director for the Adult Primary Care Center at Yale New Haven Hospital, New Haven

**Aneesh Tolat, MD**, Cardiac Electrophysiology, Hartford Healthcare, New Britain

**Ian Weir, DO**, Program Director, Norwalk Hospital Pulmonary Fellowship, Norwalk Hospital, Norwalk

**Barry Wu, MD, FACP**, Director, Clinical Tutor Program, Clinical Professor of Medicine, Yale School of Medicine, New Haven

## Program Committee

**Naseema Merchant, MD, FACP**, Chair

**Diana Sewell, MD, FACP**, Chair

**Rebecca Andrews, MD, FACP**, Chapter Governor

**Kavita Avanti, MD**

**Erin Gombos, MD**

**Katz, Marilyn, MD, FACP**

**Jacob Knox Quinton, MD, MPH**

**Eric Mazur, MD, MACP**

**David Miner, MD, FACP**

**Ellen Nestler, MD, FACP**

**Daniel Tobin, MD, FACP**

**Sarita Soares, MD**

**Amir Mohammad, MD**

**Simran Gupta, MS3**

**Theresa Barrett, PhD, CMP, CAE** – Staff Liaison

## Staff

**Kris Samara** - Staff Liaison

## Resident Activities

### *Abstract Competition*

Residents across the state present scientific posters at the annual meeting. Awards are given for the most outstanding abstracts in two categories: Clinical Vignettes and Research. Winners will be eligible for entrance into the national competition held at Internal Medicine Meeting 2019 in Philadelphia, PA. To submit a poster go to:

<https://forms.acponline.org/webform/connecticut-chapter-abstract-form>

### *Sessions Designed With You In Mind*

#### **Financial Planning: The Facts and Fallacies of the Financial World and Disseminating Them**

In this session, Financial Planner, Mike Chadwick, will speak about the facts and fallacies of financial planning. You will learn about the psychology of money, debt management and leave with the information you need to develop financial plan for your future. *Please note this session is not eligible for CME Credit.*

#### **The Art of the Op Ed: How to Get Your Opinions Out into the World**

Join physician and author Lisa Sanders, MD in this 2-hour session and learn the nature and structure of an op ed piece, how to develop a lead for an opinion piece and learn the basics of a pitch letter to get your op ed piece published.

#### **Doctors Dilemma**

In this session, teams of residents compete against each other in a test of their medical knowledge in this Jeopardy-style competition.

## Learning Objectives

At the conclusion of this activity the learner should be able to:

- Discuss the importance of financial planning
- Apply the guidelines for appropriate opioid prescribing
- Respond in an airline emergency

- Discuss emerging evidence in the management of osteoporosis, atrial fibrillation, sleep apnea
- Apply the latest evidence in the management of critically ill patients

## CME Credits and MOC Points

The American College of Physicians (ACP) is accredited by the Accreditation Council for Continuing Medical Education (ACCME) to provide continuing medical education for physicians.

The ACP designates each live activity for the number of *AMA PRA Category 1 Credit(s)<sup>TM</sup>* listed below. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

The **Connecticut** Chapter Scientific Meeting for a maximum of **4.0 AMA PRA Category 1 Credit(s)<sup>TM</sup>**

The SEP modules post course, for a maximum of **1.5 AMA PRA Category 1 Credit(s)<sup>TM</sup>**

Successful completion of this CME activity (the Connecticut Chapter Scientific Meeting), which includes participation in the evaluation component, enables the participant to earn up to **4.0 MOC points** in the American Board of Internal Medicine's (ABIM) Maintenance of Certification (MOC) program and an additional **10 MOC Points** upon completion of a SEP Module. It is the CME activity provider's responsibility to submit participant completion information to ACCME for the purpose of granting ABIM MOC credit.

## Who Should Attend?

- General internists
- Subspecialty internists
- Family practitioners
- Fellows in subspecialty training
- Hospitalists
- Allied health practitioners
- Residents
- Medical students interested in internal medicine

# Meeting Information

## Chapter Awards

Join your CTACP colleagues in celebrating the accomplishments of our member at the Awards Lunch. During this event, the chapter will present the Laureate Award, the George Thornton Teaching Award, the Henry Gift Outstanding Internist Award, and the Volunteerism Award. The winners of the abstract poster presentations will also be announced.

## Women in Medicine Networking Breakfast

This session is sponsored by the Diversity Committee of the CT ACP. Meet and network with fellow women colleagues from academic, community and private settings. Hear their perspective in their respective practices and exchange ideas in an informal gathering. In this session, we will hear from our women physicians from diverse backgrounds and explore ways to address their interests and concerns. This session is open to all women including trainees and attending physicians. Please register for this great networking opportunity.

## ABIM SEP Modules Session for Maintenance of Certification

*Update in Internal Medicine • Update in Hospital Medicine*

### SEP Learning Objectives

- Participate in group discussion to determine answers to multiple-choice questions.
- Apply updated knowledge of internal medicine to clinical practice
- Complete an ABIM SEP Module toward partial fulfillment of the ABIM's Maintenance of Certification.

### SEP Note

The Connecticut Chapter will provide you with a learner's copy of the ABIM module(s) at the meeting. If you are enrolled in the ABIM's Maintenance of Certification program, you also must order the module directly from the ABIM by visiting [www.abim.org/online](http://www.abim.org/online). After the Learning Session, submit your answers online to the ABIM for Maintenance of Certification credit. For more information about the ABIM's Maintenance of Certification program, visit [www.abim.org/moc](http://www.abim.org/moc).



### Who Should Attend the SEP Modules

- Internists participating in the ABIM Maintenance of Certification Program
- General internists
- Family physicians
- Subspecialty physicians

## Meeting Location

The meeting will be held at the Connecticut Convention Center in Hartford, Connecticut. To obtain a map, visit the Center's website at <https://www.ctconventions.com>.

## Parking

Attached to the Convention Center is a covered parking garage with 2,600 parking spaces. There are 125 outdoor spaces for oversized vehicles in the surface lot (ceiling height for Level 1 is 8'2" and all other levels are 7'6"). The parking garage also has an area dedicated to a charging station where customers with an electric-powered vehicles can plug in and charge for free. The garage is open 24/7. Rates are as follows: \$3.00 first hour, \$2.00 each additional hour. **CTACP has negotiated an all-day fee of \$11. You will receive a voucher at check-in.**

## Meals

Vegetarian meals are a standard menu option. If you require a Kosher, Vegan, or other specific meal, please contact Kris Samara at least two weeks prior to the meeting. Kris can be reached at [ksamara@ctacp.org](mailto:ksamara@ctacp.org).

## Satisfaction Guarantee

The College offers a satisfaction guarantee for all of its courses. If meeting attendees are not satisfied with their experience at a chapter meeting, they may write and request a refund of their registration fee.

# Meeting Information

## Registration Information

For registration information, contact ACP Customer Service (M–F, 9 a.m.– 5 p.m. ET) toll-free at 800-523-1546, ext. 2600 or direct at 215-351-2600. You may also e-mail [custserv@acponline.org](mailto:custserv@acponline.org) or fax 215-351-2799.

## Late Registration & On-site Fees

All registrations must be received by October 1, 2018 or a late registration fee of \$35.00 will be added. This includes on-site registrations. Save money by registering now!

## Cancellations/Refunds

Notice of cancellation must be made in writing (fax, mail, or e-mail). Cancellations will not be accepted by telephone. A processing fee of \$25 will be deducted from the member's refund. Individuals who fail to attend the course (no-shows) will not be entitled to any refund.



## Questions

If you have questions about the chapter, the meeting program, or have a disability or any special dietary needs, please contact Kris Samara by telephone at 860-365-2400 or e-mail [ksamara@ctacp.org](mailto:ksamara@ctacp.org)

## Payment Methods



### INTERNET

Visit us on the Web to pay with a credit card:

Go to:  
[www.acponline.org/chapters](http://www.acponline.org/chapters)



### MAIL

Send us your registration to pay by check or credit card:

Make check/money order payable to ACP and send to:

American College of Physicians  
AC002  
190 N. Independence Mall West  
Philadelphia, PA  
19106-1572



### FAX

Send us a Fax at:  
215-351-2799

Include your registration form and credit card



### PHONE

Give us a call to register by phone:

Call 800-523-1546, ext. 2600, or 215-351-2600 (M–F, 9 a.m.–5 p.m. ET)

Hartford, CT • October 19, 2018

RM1941

## Registration Fees

Check one category that best applies. Registration fee includes continental breakfast, lunch, all scientific sessions and materials, SEP modules, and CME documentation.

Categories	Register by October 1, 2018	After October 1, 2018
<input type="checkbox"/> ACP Member	\$75	\$110
<input type="checkbox"/> Member Allied Health Professional	\$75	\$110
<input type="checkbox"/> Nonmember Physician	\$100	\$135
<input type="checkbox"/> Nonmember Allied Health Professional	\$80	\$115
<input type="checkbox"/> ACP Resident/Fellow Member	No Fee	No Fee
<input type="checkbox"/> ACP Medical Student Member	No Fee	No Fee
<input type="checkbox"/> Nonmember Resident*	No Fee	No Fee
<input type="checkbox"/> Nonmember Medical Student*	No Fee	No Fee
<input type="checkbox"/> Other (guest/spouse)–if applicable	\$85	\$120

\*Nonmember Residents and Medical Students cannot register online and must register by contacting Customer Service at 800-523-1546, ext. 2600 in order to get the correct registration rate.

**Please note:** Members whose dues are not paid by July 1 for the current fiscal year will receive the nonmember registration rate.

## Special Invitation



### Liver Health – A Primer for Primary Care Providers

Join the American Liver Foundation for a dinner program with local specialists for a creative, collaborative session to raise awareness about liver disease among the primary care community.

This program will include an educational presentation followed by a discussion. It is open to all ACP Conference attendees, but advanced registration is required.

**DATE:** October 19, 2018, 5:00 – 7:00pm (immediately following the ACP Conference)

**WHERE:** Hartford Marriott Downtown | 200 Columbus Blvd. (3<sup>rd</sup> Floor, Conference Room 7)

Hartford

**Please register by October 13<sup>th</sup> by telephone (203-234-2022) or email ([dsciacca@liverfoundation.org](mailto:dsciacca@liverfoundation.org)) or on the registration form below.**



**RM1941A**

ACP #		
Name		<input type="checkbox"/> MD <input type="checkbox"/> DO <input type="checkbox"/> OTHER
Institution		
Address		
City	State	Zip
Daytime Phone	Fax	Email

- Please check here to indicate a permanent change to your preferred address for all College mailings.
- Please exclude me from receiving mailings from the meeting exhibitors.
- Check here if you are disabled and require assistance. Please notify the Chapter in writing before your course. We'll be glad to help.

Please indicate your attendance at the following:

**Meals**

- BR1 Continental Breakfast – 7:00 a.m.
- BR2 Women in Medicine Breakfast – 8:25 a.m.
- LUN Lunch – Presentations & Plenary – 11:40 a.m.

**Sessions**

- S01 Financial Planning – 9:30 a.m.
- S02 Art of the Op Ed – 9:30 a.m. (2 hour session)
- S03 Update on Opioid Prescribing- 9:30 a.m.
- S04 Doctor's Dilemma – 10:35 a.m.
- S05 Airline Emergencies – 10:35 a.m.
- S06 Update on Osteoporosis – 1:00 p.m.
- S07 Update on Atrial Fibrillation – 1:00 p.m.
- S08 Sleep Apnea Diagnosis and Treatment – 1:50 p.m.
- S09 Critical Care for the Hospitalist – 1:50 p.m.





**SEP Modules**

- SEP1 Update in Internal Medicine – 2:40 p.m.
- SEP2 Update in Hospital Medicine – 2:40 p.m.
- I am volunteering to be a judge for the poster competition
- I will attend the CTACP Business Meeting
- I would like to attend the Liver Foundation Dinner

**Registration (from previous page) \$ \_\_\_\_\_**

**Payment Options**

Check enclosed.  
(Payable to **ACP**. Must remit in U.S. funds drawn on a U.S. bank.)

Charge to:        

Card # \_\_\_\_\_

Exp. Date \_\_\_\_\_ / \_\_\_\_\_ Security Code \_\_\_\_\_  
MM/YY (3- or 4-digit number found on front or back of card)

Signature: \_\_\_\_\_

**Mail this form to:**  
 American College of Physicians  
 190 N. Independence Mall West  
 Philadelphia, PA 19106-1572

**Or Fax to: 215-351-2799**