Dear Colleagues,

Physician burnout is causing outstanding physicians to leave the practice of medicine. It is perhaps the greatest current threat to our profession and it’s impact is pervasive and affects the quality of our work and lives, reduces productivity, contributes to early retirement and can even lead to suicide.

Internists have very high rates of burnout and the ACP is putting resources behind efforts to identify causes and create solutions. As part of a National ACP collaborative, the Colorado Chapter has recruited 2 members as Wellness Champions: Lela Mansoori MD, FACP and Rick Miranda MD, FACP. As a first step in assessing Physician Wellbeing in Colorado, we ask that you complete the attached survey. Nationally, this survey is being disseminated by many Chapters to provide a better understanding of the challenges that our ACP members face. We are very anxious to have data available to present at our Annual Chapter Meeting, February 7-February 9th, 2019 at the Broadmoor Hotel, Colorado Springs.

This survey is a first step in determining where efforts to address burnout and wellbeing need to be targeted. Several resolutions have already been implemented to address issues ranging from the need to address paperwork burden and EMR inefficiency to gender inequality in physicians pay and advancement opportunities. This survey will allow us to continue to focus on these efforts, and to more specifically address the needs of our Chapter ACP members.

Your input will be invaluable in creating our Colorado specific plan of action!

Please complete the 1-2 minute wellness survey by December 1, 2018.

https://annualmeeting.acponline.org/mini-z-colorado

Sincerely,
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