

So. California Region III Chapter Newsletter

April 2021

In this Issue:

- From the Governor
- The DEI Shift
- Laureate Award Recipient
- Chapter Financial Report
- Upcoming ECP Live Virtual Event: May 10, 2021
- Save The Date: IM Review and Update Course
- Interested in Advocacy?
- So. California 2021 Regional Meeting
- Residents/Fellows/Medical Students: Future IM Experience Conference



Charles J. Hamori, MD, FACP, ACP Governor

Greetings everyone!

Since the last newsletter, we've seen a bit of respite in the COVID crisis. We are definitely not out of the woods yet, but with the vaccine roll-out, the expanded treatment options, and the continued use of PPE, we have seen a slow decrease in cases and, more importantly, a decrease in deaths. As our State moves toward lightening up current restrictions, I hope that cases continue to decline as more adults are choosing to be vaccinated. We are all waiting for the time when life is back to "normal" and we aren't simply working and zooming well into the evening hours.

Despite COVID, and the fact that 2020 put a halt to planning any social or educational gatherings, Dr. Tammy Lin, our Governor-Elect, created the DEI Shift, a collection of podcasts dedicated to the concepts of diversity, equity and inclusion within healthcare (see article below). This has been a tremendous success and has fostered collaboration with other ACP Chapters. Congratulations to Tammy and her team for this creative and amazing podcast series.

Another success was our Southern California Chapters Annual Regional Meeting and Poster Competition this past October. Those of you who have attended this meeting in person know that there are many “moving parts” involved: the general session, break-out sessions, MOC SEP sessions, the poster competition and Doctor’s Dilemma (medical jeopardy). It was indeed a feat, but our planning committee was able put together this entire meeting in a live virtual format! Under the direction of the CAS1 Governor, Dr. Michael Lazarus and his Executive Director, Mr. Gus Chavez, the entire meeting was amazing. A big shout out to the entire planning committee and a special thank you to Drs. Magdalena Ptaszny and Vineet Gupta for their tireless work in planning an excellent poster session, and to Drs. Jarod DuVall, Miguel Angel Pena Ruiz, Ali Motabar and Jason Bahk for their hard work creating and coordinating the Doctor’s Dilemma competition. Another big thank you to all of the individuals who volunteered as poster judges. There would be no poster competition without the time you devote to this effort.



Governors: CAS3, Charlie Hamori, MD, CAS2, Daniel Kim, MD and CAS1, Michael Lazarus, MD



Dr. Joel Diamant delivers IM Update

Please remember that the ACP is here for you and I hope you are taking advantage of the numerous resources they provide to members via their website.

It is hard to believe, but this is my last newsletter as governor. My term ends on May 2nd at the end of the virtual IM 2021. I am pleased to say that I will continue to be active in ACP governance, having been elected to the Board of Regents for a 2-year term. I am confident that the governor elect, soon to be governor, Dr. Tammy Lin will take the chapter to new heights. It has been a pleasure to serve, and I know the chapter is in great hands!

Charlie

Charles Hamori, MD, FACP

The DEI Shift – An Award-Winning Endeavor!

By Tammy Lin, MD, FACP – Governor Elect

In the waning hours of March 31, 2020, The DEI Shift dropped its first episodes -- and a safe and bold space to discuss topics and concepts related to diversity, equity, and inclusion (DEI) within health care was created. From the start, we were blessed with an abundance of diverse and talented team members. Coming together, we became an “all-star” team capable of creating outstanding work and positive change.

Over one year later, with the sponsorship and support of the ACP Southern California Region III Chapter (Governor: Dr. Charlie Hamori, Executive Director: Natalie Kaczur) as well as the AMA Joan F. Giambalvo Fund for the Advancement of Women (Principal Investigator: Dr. Tiffany Leung), we have taken an amazing journey together alongside our guests and listeners and built an audience spanning six continents, 26 countries/territories, and over 660 cities around the world so far.

While attending to many other professional and personal responsibilities, our team has learned how to produce a podcast that has been downloaded over 4600 times (and counting). This platform has remained a gathering place to openly and constructively discuss DEI issues through a global pandemic, civil unrest, and within the expanding discussions related to bias, disparities, and representation within medicine.



We proudly add "award-winning" podcast to the list of accomplishments as the ACP Southern California Region III Chapter has been awarded the prestigious 2021 ACP John Tooker Evergreen

Award for The DEI Shift! The John Tooker Evergreen Award recognizes valuable contributions of individual chapters as they strive to enrich, educate, and engage the ACP membership. In their message of congratulations, the ACP Chapters Subcommittee sent along their thoughts that The DEI Shift is an "outstanding and innovative initiative that powerfully connects ACP Chapters and allows them to communicate and collaborate with each other." They also commended us on our use of technology to produce focused discussions around DEI issues, and for featuring great topics and speakers.

As we embark upon Season 3, and anticipated national ACP sponsorship, this recognition serves as motivation to continue learning, growing, and producing high quality work. It's a humble reminder of

the talent of our incredible guests (and guest co-hosts) and the stories, wisdom, and knowledge they generously share with our audience. It also reflects the honor they bestow to us each time we are entrusted to present their voices and work to the world. We are grateful to them for their inspiration and to all of our listeners for the enthusiastic support.

Special thanks goes to Dr. Tiffany Leung and Dr. Pooja Jaeel for their remarkable leadership as Co-Executive Producers, and to Dr. Charlie Hamori for his early and steadfast sponsorship.

Check out episodes at thedeishift.com, and join the conversation on Instagram: @thedeishift or Twitter: @TheDEIShift.

P.S. Look for The DEI Shift to be featured in various ACP venues and media soon!

Laureate Award



The 2020 Laureate Award recipient is Dr. Howard Williams. Dr. Williams served as President of the California Society of Internal Medicine just prior to ACP's merge with the ASIM in July 1998. From that point on, Dr. Williams has served on our Governor's Council and was Governor of our Chapter from 2013 to 2017. He currently continues to serve on our Council and also serves on the California Health and Public Policy Committee.

Congratulations, Dr. Williams! We appreciate your devoted contribution to the Region III Chapter, the California Chapter and National ACP.

Chapter Financial Report

The financial statement through February 28, 2020 shows that the chapter continues to be financially healthy. With the COVID-19 pandemic still prohibiting group gatherings, our Chapter has not been able to host any local events or activities, and even advocacy efforts (both state and national) have been virtual zoom meetings. That being said, the majority of

our regularly budgeted expenses supporting local chapter activities, attendance at national meetings (reception, student and resident meeting support) and the annual leadership days have not been used. We are hoping we can resume some local chapter activities by late summer or early fall.

If you would like a detailed statement for the FY 2021 fiscal year to date, please contact our Chapter Executive Director, Natalie Kaczur at socalregion3@gmail.com

Upcoming Live Virtual ECP Event “Student Loans: The Good, The Bad and The Paid Off!”



Disha Spath, MD, CEO and Founder of The Frugal Physician, will provide Early Career Physicians with her successful path to achieving financial goals, including her method for quickly paying off student loans. This event is scheduled for **Monday, May 10, 2021, from 6:15pm to 8:00pm**. To register for this FREE event, please click on the following link: [Eventbrite Registration Link](#) Residents are also invited to participate.

Check out her website at www.thefrugalphysician.com for more information on Dr. Spath and her tips on achieving financial goals and more.

Save the Date: CalACP 23rd Annual Internal Medicine Review and Update Course – July 24-25, 2021

Need to fine-tune your knowledge in Internal Medicine in preparation for Board certifying or recertifying exams? Or maybe you are a medical student interested in a focused review of Internal Medicine? If so, plan on attending the **23rd Annual Cal-ACP Internal Medicine Review and Update virtual live course**. This two-day course is set for Saturday and Sunday, July 24th and 25th and features sessions taught by physicians who are experts in their respective fields of medicine. You can earn 20 *AMA PRA Category 1 Credits*[™] and 20 Maintenance of Certification (MOC) points—all from the comfort of your home or office. No travel plans or hotel reservations necessary!

The program and registration details will be available the week of April 19th. Questions? Please contact Ms. Natalie Kaczur at socalregion3@gmail.com.

Interested in Advocacy?

Are you interested in advocating on behalf of the ACP? If so, we'd love to have you join us for both our State and National advocacy efforts. Our state event, Sacramento Leadership Day, is normally held in March and we have already secured our team for this event, which was held virtually this year.

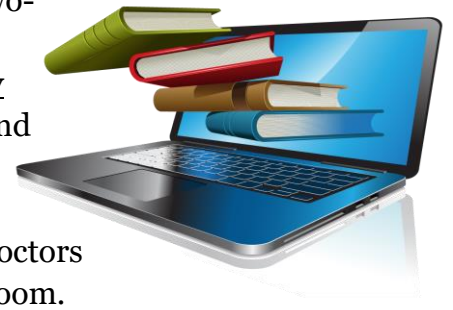
Washington Leadership Day (WLD) is ACP's national advocacy effort. It enables the College to increase its presence on Capitol Hill and bring issues of concern to the U.S. lawmakers. The two-day event will provide ACP members with virtual briefings on the College's legislative priorities, and an opportunity to meet virtually with your members of Congress. The event will be held May 25-26. If you are interested in participating, please contact Ms. Natalie Kaczur at socalregion3@gmail.com or at 760-522-8461.

ACP So. California Regional Meeting: October 9, 2021

The 2021 ACP Southern California Regional Meeting will be held **Saturday, October 9, 2021**. Our planning committee is already hard at work to make this an outstanding meeting! We are looking forward to meeting in a hybrid format which will include in-person and live virtual broadcast. We are looking forward to displaying posters sessions, Doctor's Dilemma, Ultrasound Training and other informative sessions! Save the date for this annual meeting. More information will be disseminated in the next couple of months.

Attention: Residents/Fellows/Medical Students

ACP National Presents: ***The Future IM Experience*** - ACP's first two-day virtual meeting for Medical Student and Resident/Fellow Members, which will **be held Friday, May 14 and Saturday, May 15**. This FREE zoom-based meeting tailored to ACP resident/fellow and medical student members features a schedule which includes over 20 sessions on topics in career planning, clinical skills, and leadership. There will also be a Town Hall with ACP leadership, the Doctors Dilemma competition, and an interactive medically-oriented escape room.



What to Expect:

- Two days of highly interactive content and friendly competitions
- Learn from and engage with experts in internal medicine
- Tracks designed for Medical Students and Residents
- Opportunities to network with peers

Information, including a full schedule of events, is available here: **[FUTURE IM EXPERIENCE](#)**

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