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UPCOMING EVENTS..............

Arizona Chapter 2014 Annual Meeting
October 24-26, 2014
Arizona State University, Memorial Union
Tempe, AZ

“Succeeding in the Midst of Change: Science and Practice in the New Era of Medicine”
Chaired by Helene Labonte, DO

Please register for the chapter meeting….. Featured events....

Recognizing ACP Pulmonary Club Presenters, Saturday, Oct 25 @1:30pm

Doctor’s Dilemma – Medical Student round begins on Friday, October 24 @ 3:15pm, Resident’s competition starting on Saturday, October 25 @ 2pm

Oral Vignette Presentations – Sunday, October 26 at 10:30 am.

Resident and Medical Student Poster Sessions – Session 1 begins on Friday, October 24 4:30 pm, Session 2 is at 6:00 pm, Saturday, October 25.

Governor’s Dinner (separate sign-up required) – to be held at the historic Old Main, Arizona State University, Friday, October 24 at 6:30 pm

Please email Dixie Swan with any questions you might have… dswan@azmed.org
In June 2014, we organized the Meet and Greet session to invite the new interns in Tucson to the ACP family. We also had the opportunity to introduce the ACP core faculties who shared their wisdom as the interns start their training.

We discussed the value of ACP, training opportunities, ACP academic awards for excellence, Resident/Fellow Council activities, Leadership Day grants and community outreach programs.

Thanks to the participants, Dixie Swan and faculties Dr. Alpert, Dr. Fain, Dr. Zangeneh, Dr. Lopez, Dr. Santosh John, Dr Sandeep Shenoy, Dr. Ateeli, and Dr. Karmegam who took the time to make this a successful event.

A painting of Monument Valley on the border of Arizona and Utah

-Joshua Reischer, PGY-2
University of Arizona
RESIDENT TALENT CORNER...

We want to keep your priceless talents growing!

"Happyscape" acrylic on canvas, in the artist's signature style, utilizes bright colors and simple flowing geometry to create a sense of calm and order.

- Emily A. Jeffrey, Chief Resident. University of Arizona

“The Phone” Poetry
Author: Norman L. Beatty
UA South IM PGY-1

The procedure was urgent, we needed consent.
She only spoke Sinhalese.
She was confused, scared.
Pain was shown, her face distraught.
I got the phone, she on one end, I on the other.
Proper communication, our goal.
The translator spoke softly.
I explained, risks, benefits, there were questions.
I answered, she smiled, I smiled.
Two languages blended into one.
Alas I sighed...Thank you phone.
**Bi-Annual AZ ACP Residents and Fellows Council Statewide**

**ACP Club– Pulmonary Critical Care**

The Arizona ACP Resident & Fellow Council is proud to report another successful Statewide ACP Club! **Introducing Subspecialty Resident Fellow Faculty Mentoring for residents in training.**

On Monday, Sept 29th, 2014, the meeting was teleconferenced in 3 locations - St. Joseph in Phoenix, Verde Valley Medical Center and University of Arizona in Tucson. We had the opportunity to introduce the AZ Residents subspecialty mentoring program (Fellowship Preparation and career opportunities) for the first time through ACP Resident/Fellow council. The agenda was as follows:

- **ABIM Choosing Wisely Pearls** - **Dr. Sarika Savajiyani** (PGY-3 Internal Medicine-Pediatrics Resident at Banner Good Sam)

- An enthusiastic Lung Cancer Screening Debate - **Dr. Brian S. Wojec, MD** (PGY-2 at Mayo Clinic Scottsdale) & **Dr. Midhun Malla** (PGY-2 St Joseph Hospital)

**Overview of discussion:** **Brian** discussed the NLST trial and the favorable aspects of screening as reported by the USPTF. **Midhun Malla**, debated on the potential disadvantages of screening. Following was **Dr. Ernest Kuo**, cardiothoracic surgeon and director of Lung Cancer Screening Program who discussed the lung cancer screening program along with other faculties. There are definitely areas of improvement – need for more regulated lung cancer screening programs, risk of radiation, cost benefit analysis, need for more special consideration for lung cancer screening in regions with endemic mycosis. Also discussed was the need to invest in smoking cessation programs as the prime importance in this preventable disease. Finally, the pulmonary faculties at U of A, Tucson (**Dr. Laura Meinke, Dr. Robert Aaronson, Dr. Joshua Malo, Dr. Candy Wong**) led a lively discussion about the fellowship application process and career in pulmonary critical care medicine. **The participants' reviews were very favorable regarding organizing this event!!!**
### Featured Residents for Fall 2014

**Dr. Libu Varughese** is a second year resident at St Joseph Internal Medicine Residency Program. Dr. Varughese grew up in Houston, Texas and attended medical school in Kerala, India. His special interest is Endocrinology and Nephrology, and he hopes to pursue a fellowship in either. Libu has been instrumental in organizing the ACP statewide Pulmonary Club for the Resident/Fellows Council of the ACP and contributed to the Transition Newsletter.

**Dr. Midhun Malla** is a second year resident at St. Joseph’s IM Residency Program. He finished his medical school in Guntur Medical College, Guntur, India. He is an active participant of the ACP club. He gave a phenomenal debate against lung cancer screening during the recent state wide ACP club conducted in Phoenix. His fellowship interest is Hematology and Oncology. He is very active in scholarly activities like research, case reports, and poster presentations. Dr. Malla rotated at the Johns Hopkins University in the field of Medical Oncology, and has several publications, including a book chapter on “Hepatocellular carcinoma” and a case report on “Atypical Recurrence of Hepatocellular Carcinoma” published in the Bethesda Book of Clinical Oncology and Archives of General surgery (JAMA network) respectively. He enjoys outdoor activities and was instrumental in involving both faculty and residents to play outdoor team sports like Cricket and Tennis.

**Dr. Brian Wojeck** is a Chicago native and an Internal Medicine Resident at Mayo Clinic Arizona. He received his medical degree from University of Arizona College of Medicine and his Masters of Public Health from the Rollins School of Public Health, Emory University. His career goal is pulmonary and critical care. Dr. Wojeck has a research interest in quality improvement, particularly using technology to make systems safer and more effective. He is a very active contributor in the ACP Resident Council and presented “Lung Cancer Screening” at the recent Pulmonary Club.

**Dr. Sarika Savajiyan**-3rd year Internal Medicine-Pediatrics Resident at Banner Good Samaritan Residency Program. She is from Phoenix, AZ and graduated from Midwestern University, Arizona College of Osteopathic Medicine. Dr. Savajiyan presented the Choosing Wisely Pulmonary Pearls for the recent ACP Journal Club.
St. Joseph’s Internal Medicine Residency Program aims to equip residents with the skill sets needed to provide excellent and compassionate care to the patients. Working in one of the largest non-profit hospitals in the underserved part of Phoenix, it gives the residents access to a patient population with a wide range of disease processes. St. Joseph’s Hospital and Medical Center is the home for Creighton University School of Medicine at Phoenix, which provides ample opportunity for residents to be teachers and leaders. With the help of the CATCH program, the residents are taught that “each patient has a story to tell”. It helps residents to learn that there is more to a patient than what they see in a limited amount of time in the clinic.

The program rightfully boasts about its high board pass rate and high retention rate of its graduates. They have an ACGME accredited Pulmonary Fellowship program that will take off next year, as well as Cardiology fellowship to start the year after. It offers a strong academic curriculum with morning report, noon conferences, simulation training, and scholarly activities. To support the wellness of the residents, there are monthly activities, which help in creating a cordial and conducive working environment. Attached is the photo of last year’s Annual wellness retreat for the residents.

St. Joseph’s Internal Medicine Residency Program hosted & coordinated the most recent ACP resident & fellows’ club event for Phoenix, and the Council thanks the residents (Libu & Midhun) and faculty for their active participation. We want also to thank Dr. Elbert Kuo who presented the closing remarks at the ACP pulmonary club debate. Dr Kuo serves as the director of the minimally invasive and robotic surgery program, mediastinal staging clinic and the lung cancer screening program at the John and Doris Norton Thoracic Institute at St. Joseph’s Hospital. He was also named as one of Arizona’s “Top Docs” by Phoenix Magazine in 2013 & 2014. – Libu Varughese, PGY-2
ACP Resident Fellow Member activities… What it means to you

We are here to help you network with residents, fellows and faculties across programs in Arizona; to make connections for your career and social life; create scholarly opportunities to build your CV through our Biannual events- Spring /Fall and also acknowledge the talents you have.

ACP Club house (Biannual): Educational events teleconferenced between programs twice a year. We offer subspecialty mentoring program for residents in early career. We need resident volunteers to present the most recent controversial topic or topic of interest and the faculty who mentors your topic for the event

ACP Newsletter (Biannual): We publish the resident’s newsletter entitled "Transitions" that allows our council to communicate the activities of the Chapter, ACP Club house. We will be featuring ACP’s most active program and the residents who participate. We are accepting articles for Spring 2015 Transitions. Who has the talent to be featured in the - Resident's talent corner (painting, drawing, poetry etc.)!!

Networking: We also have social hour of Internal Medicine residents from various programs networking.

Please email Dixie for details –if you would like to present for ACP Club – March 2015, contribute articles for ACP newsletter BEFORE Dec 2014.

ACKNOWLEDGEMENTS:
Event coordinators: Libu Varughese, Dixie Swan
Residents, Fellows & Faculties who keep this going.

The Resident and Fellows Association – Here for you! The ACP Residents and Fellows Council includes members from all residency programs in Arizona, with the goal to represent all resident and fellow members within the state chapter and to cater to your academic needs. Please contact our current representatives within your program with any suggestions you may have to better our councils’ work. Dixie Swan can supply you with email addresses. Fellows members are bolded

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<th>St. Joseph</th>
<th>Libu, Mohit, Shruti, Kirat, Arooj ,Mohamed</th>
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<td>Banner Good Sam , PHX</td>
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