Fostering Excellence & Professionalism in Internal Medicine

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Arizona ACP Chapter meeting
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ACP Celebrates Centennial

In honor of ACP’s 100-year anniversary, a series of articles and events are being offered throughout 2015 to celebrate ACP's commitment to excellence and its dedication to internal medicine and patient care.

- An online timeline featuring historical facts, images, and anecdotes about the organization in a decade-by-decade format, and two inspiring videos.
- Articles in *Annals of Internal Medicine* and *ACP Internist*.

http://www.acponline.org/about_acp/history/
ACP’s Mission & Goals

**Mission:** To enhance the quality and effectiveness of health care by fostering excellence and professionalism in the practice of medicine.

**Goals:**
- To establish and promote the highest clinical standards and ethical ideals
- To be the foremost comprehensive education and information resource for all internists
- To advocate responsible positions on individual health and on public policy relating to health care for the benefit of the public, our patients, the medical profession, and our members
- To serve the professional needs of the membership, support healthy lives for physicians, and advance internal medicine as a career
- To promote and conduct research to enhance the quality of practice, the education and continuing education of internists, and the attractiveness of internal medicine to physicians and the public
- To recognize excellence and distinguished contributions to internal medicine
- To unify the many voices of internal medicine and its subspecialties for the benefit of our patients, our members, and our profession
2015-16 Priority Initiatives

- Increase the number and engagement of ACP members through expanded outreach.
- Advocate for reform of the American Board of Internal Medicine’s (ABIM) Maintenance of Certification (MOC) process.
- Help ACP members experience more fulfillment and satisfaction in their professional lives.
- Increase ACP’s visibility in academic centers/institutions.
- Facilitate transitions to value based payment and delivery models.
- Redesign ACP’s approach to setting clinical standards.
Our interests at ACP are to further . . .

- the science of medicine (e.g., *Annals of Internal Medicine*)
- the clinical practice of medicine (e.g., clinical standards, guidelines)
- the education and professional development of physicians (e.g., MKSAP, meetings and courses)
- the ‘triple aim’ of healthcare (better care, better health, lower per capita costs)
- the future of medicine (students, residents, fellows)
- professional satisfaction (e.g., payment reform, practice redesign)
Why join ACP?

- **Evidence-based Clinical Information and Educational Resources**
  

- **Board Certification and Maintenance of Certification (MOC) resources**
  MKSAP, review courses, resources and opportunities for MOC points, MOC Navigator

- **CME**
  
  Earn CME by attending live meetings, working online, or watching course recordings on your own schedule

- **Influential Advocacy**

- **Practice Support**
  
  Tools and resources for Quality Improvement and Practice Transformation

- **Professional Development**
Annals of Internal Medicine

Ranked one of the top four peer-reviewed medical journals; current, evidence-based science at your fingertips

- **New**: *Beyond the Guidelines*, a multimedia educational series, focuses on the care of patients who “fall between the cracks” in available evidence and whom the optimal clinical management is unclear.

- Interactive Virtual Patient cases test the physician's decision-making skills through examination, diagnosis, and treatment of a virtual patient.

- The Consult Guys Videos, a series of educational videos that use humor to address and solve clinical problems.

Download the updated App for Annals iPad edition and take the journal wherever you go.
MKSAP® 17

The gold-standard of physician self-assessment for more than 45 years; discounted for ACP members

- Use for board preparation, recertification (MOC) preparation and credit, and updating medical knowledge
- Covers general internal medicine and 11 internal medicine subspecialties
- 1,200 multiple-choice questions; answers and critiques included
- Available for pre-order in both print and digital formats.
IM Essentials

Updated, and integrated suite of educational materials for clerkship directors and students

- Collaboration between ACP and the Clerkship Directors in Internal Medicine
- Help third-year medical students care for patients, prepare for clinical rounds, and study for the end-of-rotation and USMLE Step 2 examinations
- Combines self-assessment questions (formerly in MKSAP for Students) and textbook content of Internal Medicine Essentials for Students in a single suite of educational materials with new enhancements for clerkship directors and students
  - IM Essentials Text (formerly Internal Medicine Essentials for Students)
  - IM Essentials Questions (formerly MKSAP for Students)
  - IM Essentials Online (the next version of MKSAP for Students Digital)
Internal Medicine In-Training Examination (IM-ITE)

Web-based program designed for self-assessment and program evaluation

- Developed by ACP in collaboration with Alliance for Academic Internal Medicine
- Gives residents an opportunity for self-assessment
- Allows program directors the chance to evaluate their programs
- Identifies individual resident knowledge gaps to guide learning
Maintenance of Certification (MOC) Navigator

Interactive tool to help guide ACP members through ABIM’s MOC process

- Provides easy-to-use, step-by-step interface to make physicians make decisions about participating in the program, learn more about program enrollment, understand requirements, and earn points
- Offers recommendations for ways for physicians to meet the requirements that fit best with a physician’s specific preferences and professional situation
- Discover resources to earn points and select ways to meet requirements
Evidence-based Clinical Guidance

ACP’s Clinical Practice Guidelines, Guidance Statements and Best Practice Advice papers are rigorously reviewed based on the best evidence prior to publication.

Recent Clinical Policies and Recommendations:

- Screening for Cancer (May 2015)
- Cervical Cancer Screening (April 2015)
- Risk Assessment and Prevention of Pressure Ulcers (March 2015)
- Treatment of Pressure Ulcers (March 2015)
High Value Care Initiative

Resources to help physicians provide the best patient care while reducing costs to the health care system

- Evidence-based recommendations
- High Value Care teaching curriculum
- High Value Care Coordination Toolkit
- Practice resources
- Public policy papers
- Patient education materials
- Videos

www.acponline.org/hvc
High Value Care Curriculum & Online Cases

For Educators, Residents, and Students
ACP’s High Value Care Curriculum, created by ACP and the Alliance for Academic Internal Medicine (AAIM), features six, one-hour interactive modules.

For Medical Students
A High Value Care Course designed specifically for students to help them evaluate the benefits, harms, and costs of tests and treatment options so they can make High Value Care a reality in clinical practice.

High Value Care Online Cases
ACP’s HVC cases offer clinicians the opportunity to earn FREE CME credits and ABIM Medical Knowledge MOC points.

Smart Testing
A collaboration with Cleveland Clinical Journal of Medicine, presents clinical scenarios in which diagnostic tests are commonly ordered in the absence of supporting data.
DynaMed Plus™

Clinical content that is current, concise, and easy to search

- Enhanced version of the leading evidence-based point-of-care reference tool from EBSCO Health
- Includes overviews and recommendations for more than 750 topics, 2,500 searchable images, and numerous calculators
- Free access for members beginning August 3, 2015
- Mobile apps available for Android and iOS
- ACP Smart Medicine is discontinued as of August 3, 2015
Additional Clinical Resources

**Monthly print publications** - *ACP Internist* and *ACP Hospitalist* provide news and in-depth analysis of issues for inpatient and outpatient internists.

**E-newsletters** - *ACP InternistWeekly*, *ACP HospitalistWeekly*, and *ACP DiabetesMonthly*.

**Books** - *Fenway Guide to Lesbian, Gay, Bisexual, and Transgender Health*
Internal Medicine Meeting 2016: ACP’s Annual Scientific Meeting

Save the Date:
May 5-7, 2016
Washington, D.C.

- Over 200 educational, interactive workshops
- Case-based sessions and feedback on challenging patient management problems
ACP Membership Categories

- **Medical Student Member**
- **Resident/Fellow Member**
  Internal medicine residents and subspecialty fellows-in-training
- **Member**
  Internists and internal medicine subspecialists who meet ACP credentialing standards
- **Fellow**
  Internists with notable accomplishments recognized by their peers
- **Physician Affiliate Member**
  Physicians who are not trained in or practice in internal medicine
- **Non-Physician Affiliate Member** *(available in the U.S. only)*
  Physician assistants, nurse practitioners and other healthcare professionals
Become an ACP Fellow

Election to Fellowship recognizes excellence in the practice of internal medicine and is achieved through professional accomplishments within one, or across multiple pathways:

- **Published Academician** - author of at least two published articles in medical journals
- **Commitment to continuing education** - multiple certifications, recertification, or MKSAP for score
- **Active involvement in ACP** - at least 5 years of membership and participation in College activities including national or local committees/councils
- **Senior Physician** - distinguished career in internal medicine

[www.acponline.org/FACP](http://www.acponline.org/FACP)
ACP Membership Continues to Grow

- Effective June 30, 2015, total membership is 143,000 and international membership is 13,014.

- ACP has 58 domestic chapters and 17 international chapters.
International Representation

- **17 International ACP Chapters:**
  - Brazil, Canada (6 chapters), Central America, Chile, Colombia, Gulf, India, Japan, Mexico, Saudi Arabia, Southeast Asia, Venezuela

- New: 17th international chapter, the ACP Gulf Chapter, was established in July 2015. This chapter includes Bahrain, Kuwait, Oman, Qatar, and the United Arab Emirates.
Resources for Board Certification

ACP members enjoy free, or substantially discounted resources to help with MOC:

▪ **MKSAP 17**
  ✔ 1,200 new self-assessment questions
  ✔ Used by over 90% of residents for board preparation

▪ **Board Basics 3**
  ✔ Dozens of classic images, core content and tips on how to take the ABIM exam

▪ **MOC Navigator**
  ✔ Free interactive tool to help guide ACP members through ABIM’s MOC process

▪ **Courses**
  ✔ MOC Exam Prep Courses, and Internal Medicine Board Review Courses
  ✔ Live review courses and recordings

▪ **Virtual Dx℠**
  ➢ Online image-based study program to prepare for the ABIM recertification exams

▪ **MOC Special Interest Group**
  ➢ Online discussion group
Practice Resources

- **Physician & Practice Timeline:** Online tool that helps track deadlines for a variety of regulatory, payment, educational, and delivery system changes and requirements. Members can sign up for text alerts from the Timeline by texting `ACPtimeline` (no space) to 313131 from mobile phones.

- **ICD-10:** free tools and resources to help physicians understand and implement updated ICD-10 codes, which begins October 1, 2015

- **ACP Practice Advisor:** Online tool to help practices analyze and improve patient care, organization, and workflow

- **ACP Quality Connect:** Quality improvement resources, from point-of-care tools to a national QI network linked to the Physician Quality Reporting System (PQRS), that help physicians improve patient care and gain MOC practice assessment points
Formed in 2013, the Center’s primary focus is to promote patient-and family-centered care principles and develop patient partnership tools and resources.

- **Current initiatives:**
  - STEP – Stopping Stroke Through Engaged Patients program - video, patient guide and shared decision-making worksheets
  - New patient education series, Patient FACTS (Patients & Families: Advice for Conditions, Treatments, and Symptoms) on over 50 topics to be released Fall 2015
  - “In the Patient’s Voice” and patient-centered educational sessions at Internal Medicine Meeting 2016
  - Developing survey to measure patient- and family-centeredness in ambulatory practice
  - Developing set of patient-and family-centered care principles for ACP membership
Quality Improvement

- ACP Quality Connect Immunization Resources
  - An initiative to help physicians promote and implement adult immunizations

- ACP Practice Assessment Tools
  - Free, web-based products that physicians can use to earn both CME credit and ABIM MOC Practice Assessment points

- Near Miss Registry
  - Resources for residency programs and hospitals to identify safety risks and reduce medical errors, using a survey tool

- ACP Genesis Registry
  - A quality reporting service to help physicians meet Meaningful Use requirements and improve patient care

- Diabetes Registry
  - Clinical registry aimed at tracking and improving the quality of diabetes and cardiometabolic care across the primary and specialty care continuum
ACP Public Policy & Advocacy
Your advocate for Internal Medicine on Capitol Hill

ACP’s advocacy priorities:

- Ensuring successful implementation of Physician Payment Reforms in MACRA
- Extending Medicare Primary Care Incentive Program
- Reestablising Medicaid Primary Care Pay Parity
- Supporting Vital Health Programs (like Primary Care Physician Training) through Appropriations
- Advancing Medical Liability Reforms
- Addressing Administrative Complexities

www.acponline.org/advocacy
Recent ACP Policy Papers

- The Integration of Care for Mental Health, Substance Abuse and Other Behavioral Health Conditions into Primary Care (June 2015)


- Firearm-Related Injury and Death in the United States: A Call to Action from 8 Health Professional Organizations and the American Bar Association (February 2015)
Advocates for Internal Medicine

- Grassroots advocacy network
- Join ACP’s network and contact your Senators and Representatives about issues important to internists

www.acponline.org/advocacy/aimn/
Professional Development

- ACP Leadership Academy
- Ethics Manual & Case Studies
- Mentoring and networking
  - at the chapter and national levels
- ACP Associate Poster Competition
- ACP Special Interest Groups
- Career Connection
  - a comprehensive listing of career opportunities for physicians
Professional & Personal Benefits

- **Mercer Consumer**: Offering personal insurance options including life, disability, long-term care, and auto/homeowners through leading insurance companies.

- **Bank of America**: Offering BankAmericard Cash Rewards™ Visa Signature® with low introductory APR and no annual fee, and including 24/7 complimentary concierge service, shopping protection and travel assistance/protection.
Recruit-a-Colleague

- Recruit one colleague and receive a $100 credit toward your 2016-17 annual dues*
- Recruit two colleagues and receive a $200 credit toward your 2016-17 annual dues*
- Recruit three colleagues and receive a $300 credit toward your 2016-17 annual dues*
- Recruit four colleagues and enjoy free annual dues in 2016-17*

*US only

[Website Link: www.acponline.org/rac]
Support the Next Generation of IM

- Encourage a young person to understand the rewards of internal medicine as a career
- Convince a medical student to see the bright future of internal medicine
- Recommend general internal medicine to a resident
- Invite another internist to become an ACP member
- Sponsor a qualified ACP Member for Fellowship (FACP)
ACP . . . Connected and Mobile

- **Social Media**
  ACP and *Annals of Internal Medicine* are using social media more than ever to communicate and share information relevant to internal medicine.

- **Special Interest Groups**
  ACP’s online communities offer physicians an opportunity to share experiences, questions, and solutions with their peers.

- **Mobile Access**
  ACP now offers mobile versions of *Annals* and MKSAP and Apps for several ACP products.
Visit ACP Online

www.acponline.org

A quick and easy way to find all that you need!
Thank you . . .

for your continued support of ACP and your commitment to internal medicine.