Fostering Excellence & Professionalism in Internal Medicine

Presentation for the Arizona Chapter Meeting
October 25, 2014

Jack Ende, MD, MACP
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ACP’s Mission & Goals

**Mission:** To enhance the quality and effectiveness of health care by fostering excellence and professionalism in the practice of medicine.

**Goals:**
- To establish and promote the highest clinical standards and ethical ideals
- To advocate responsible positions on individual health and on public policy relating to health care for the benefit of the public, our patients, the medical profession, and our members
- To serve the professional needs of the membership, support healthy lives for physicians, and advance internal medicine as a career
- To promote and conduct research to enhance the quality of practice, the education and continuing education of internists, and the attractiveness of internal medicine to physicians and the public
- To recognize excellence and distinguished contributions to internal medicine
- To unify the many voices of internal medicine and its subspecialties for the benefit of our patients, our members, and our profession
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- To recognize excellence and distinguished contributions to internal medicine
- To unify the many voices of internal medicine and its subspecialties for the benefit of our patients, our members, and our profession
- To be the foremost comprehensive education and information resource for all internists
...and the College has been doing this for quite awhile

- ACP formed in 1915
- 17th Annual Session, Montreal 1933
- What was it like?
- Why Montreal?
MEMBERS OF THE BOARD OF GOVERNORS

Term Expiring 1933

Oliver C. Nelson ......... Arkansas—Little Rock
Hans Linser ....... (Northern) California—San Francisco
Tom Bentley Throckmorton .... Iowa—Des Moines
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Charles T. Stone .......... Texas—Galveston
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Fred Todd Cadlin .......... Manitoba—Winnipeg, Canada

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Samuel E. Munson .......... (Southern) Illinois—Springfield
Robert M. Moore .......... Indiana—Indianapolis
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Roger I. Lee .......... Massachusetts—Boston
Adolph Sachs .......... Nebraska—Omaha
Allen A. Jones .......... (Western) New York—Buffalo
Leander A. Richy .......... Oklahoma—Oklahoma City
Edward J. G. Beardsley .... (Eastern) Pennsylvania—Philadelphia
F. Bosworth McCready, (Western) Pennsylvania—Pittsburgh
John O. Manier .......... Tennessee—Nashville
G. Gill Richards .......... Utah—Salt Lake City
James Elliott .......... Ontario—Toronto, Canada
William M. James .......... Panama and the Canal Zone

Ex Offico

Robert U. Patterson ........ United States Army
Charles Edward Riggs .......... United States Navy
Hugh Cumming .......... United States Public Health Service

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THE AMERICAN COLLEGE OF PHYSICIANS

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FINAL PROGRAM

The American College of Physicians

Seventeenth Annual Clinical Session

Montreal, Canada

February 6-10, 1933

GENERAL HEADQUARTERS

WINDSOR HOTEL

Montreal, Canada

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PRINTED IN U.S.A.
GENERAL INFORMATION

HEADQUARTERS: WINDSOR HOTEL
Dominion Square, Montreal

Registration headquarters, information bureau, railroad office, exhibits and the general assembly hall are all located here.

The Windsor Hotel is also hotel headquarters for Officers, Regents and Governors, and, as far as facilities permit, for other members and guests of the College, for the period of the Clinical Session, the Windsor Hotel has granted flat rates for all rooms as indicated below.

Apply directly for reservations to the hotel of your choice. The following list, with rates, has been furnished through the courtesy of The Montreal Tourist and Convention Bureau:

LIST OF MONTREAL HOTELS
All Prices Are for Rates per Day, European Plan

Windsor (Headquarters) (Capacity 610)
Single room without bath ................................ $2.50
Single room with bath ...................................... 6.00
Double room without bath ......................... $3.00 to 3.50
Double room with bath ................................ 7.00

Mount Royal (Capacity 1050)
Single room without bath ............................... $3.00 up
Single room with bath ................................ 6.00 up

Ford (Capacity 750)
Single room without bath ............................... $1.50 to $2.00
Single room with bath ................................ 2.00 to 2.50
Double room without bath ......................... $3.00 to 3.50
Double room with bath ................................ 4.00 to 5.00

Queen's (Capacity 350)
Single room without bath ............................... $2.00 to $2.50
Single room with bath ................................ 3.00 to 4.00
Double room without bath ......................... $4.00 to 5.00
Double room with bath ................................ 6.00 to 8.00

Hotel De LaSalle (Capacity 250)
Single room with bath ................................ $3.00 to $6.00
Double room with bath ................................ 4.00 to 7.00

Ritz-Carlton (Capacity 218)
Single room with bath ................................ $4.00 up
Double room with bath ................................ 8.00 up

Place Viger (Capacity 118)
Single room without bath ............................... $2.50 to $3.00
Single room with bath ................................ 3.50 to 4.00
Double room without bath ......................... $4.50 to 5.00
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### APPROXIMATE TAXI FARES FROM THE WINDSOR HOTEL

- Children's Memorial Hospital: 10 min. - $0.50
- Royal Victoria Hospital: 10 min. - $0.56
- McGill University: 5 min. - $0.50
- Pathological Institute: 10 min. - $0.55
- Hôtel Dieu Hospital: 10 min. - $0.65
- Ste. Justine Hospital: 20 min. - $1.20
- Notre Dame Hospital: 15 min. - $0.85
- General Hospital: 10 min. - $0.55

### DIRECTION MAP FROM MONTREAL HEADQUARTERS
Can you make this diagnosis?
Can you make this diagnosis?

Pernicious Anemia, or Vitamin B12 deficiency
Pernicious Anemia
or Vitamin B12 deficiency

William B. Castle, MD, MACP
2014-15 Priority Initiatives

- Discuss with the American Board of Internal Medicine (ABIM) reform of the Maintenance of Certification (MOC) process; and develop and implement a MOC Navigator . . .
- Help ACP members experience more joy in their professional lives . . .
- Expand ACP’s reach internationally . . .
- Increase knowledge and use of High Value Care (HVC) . . .
- Increase the impact of ACP Smart Medicine . . .
- Support implementation of the Affordable Care Act . . .
- Improve the utility, safety, and quality of Electronic Health Records . . .
- Facilitate transitions to value based payment . . .
- Support effective partnerships among patients, families and care teams . . .
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- Support effective partnerships among patients, families and care teams . . .
Decreasing Hassles, Increasing Joy

Goals

- Educate members and policy makers
- Identify “big ticket items,” “low hanging fruit”
- Implement most effective strategies
- Achieve results: ↓ burn out
  ↑ joy of practice

Results thus far, hassles consume:

- Four hours per week
- $68K per physician, per year
- ↓ quality of care
ACP Membership Continues to Grow

- Effective June 30, 2014, total membership is 141,000 and international membership is nearly 12,000.

- ACP has 58 domestic chapters and 15 international chapters.
International Membership

- **15 International Chapters:**
  Brazil, Canada (6 chapters), Central America, Chile, Colombia, Japan, Mexico, Saudi Arabia, Southeast Asia, Venezuela

- In **2013:**
  ACP Southeast Asia Chapter became active.

- In **2014:**
  ACP held its first national conference in India, September 5-6, 2014, in New Delhi.
ACP Membership Categories

- **Medical Student Member**
- **Resident/Fellow Member**  
  Internal medicine residents and subspecialty fellows-in-training
- **Member**  
  Internists and internal medicine subspecialists who meet ACP credentialing standards
- **Fellow**  
  Internists with notable accomplishments recognized by their peers
- **Physician Affiliate Member**  
  Physicians who are not trained in or practicing in internal medicine
- **Non-Physician Affiliate Member** *(available in the U.S. only)*  
  Physician assistants, nurse practitioners and other healthcare professionals
ACP Fellowship (Your name, MD, FACP)

Election to Fellowship recognizes excellence in the practice of internal medicine and is achieved through professional accomplishments within one, or across multiple pathways:

- **Published Academician** - author of at least two published articles in medical journals
- **Commitment to continuing education** - multiple certifications, recertification, or MKSAP for score
- **Active involvement in ACP** - at least 5 years of membership and participation in College activities including national or local committees/councils
- **Senior Physician with a distinguished career in internal medicine**

www.acponline.org/FACP
Benefits of Membership

- **Evidence-based Clinical Information and Educational Resources**
  *Annals of Internal Medicine*, MKSAP, Clinical Guidelines, ACP Smart Medicine, scientific meetings, *ACP Internist*, *ACP Hospitalist*, and ACP JournalWise

- **Board Certification and Maintenance of Certification (MOC) resources**
  MKSAP, review courses, resources and opportunities for MOC points

- **CME**
  Earn CME by attending live meetings, working online, or watching course recordings on your own schedule.

- **Influential Advocacy**

- **Practice Support**
  Tools and resources for Quality Improvement and Practice Transformation

- **Professional Development**
Annals of Internal Medicine

ACP’s world class peer-reviewed medical journal; current, evidence-based science at your fingertips

- **New!** Interactive Virtual Patient cases test the physician's decision-making skills through examination, diagnosis, and treatment of a virtual patient. Learners can earn CME credits and MOC.

- Laugh while you learn with *Annals* Consult Guys Videos, a series of educational videos that use humor to address and solve clinical problems.

Download the App for Annals iPad edition and take the journal wherever you go.
MKSAP ® 16

The gold-standard of physician self-assessment for more than 45 years; discounted to ACP members

- Order the print version or MKSAP 16 Digital
- Use for Board preparation, recertification (MOC) preparation and credit, and updating medical knowledge
- Covers general internal medicine and 10 internal medicine subspecialties
- 1,200 multiple-choice questions
- Answers and critiques included
ACP Smart Medicine is a FREE web-based clinical decision support tool that provides evidence-based recommendations for all point-of-care categories.

- Mobile-optimized access
- Links to *Annals of Internal Medicine*, ACP JournalWise, High Value Care Recommendations, Clinical Guidelines
- Evidence-based recommendations
- Earn free point-of-care CME

Drug tables, images, and clinical content that is current, concise, and easy to search!
ACP JournalWise

- ACP JournalWise is a personalized, mobile-optimized updating service for clinical articles from more than 130 medical journals that is free to ACP members.

- Updated daily and available on Smartphone, tablet, or desktop, ACP JournalWise screens and provides customized alerts and summaries for articles categorized by specialty area, methods quality, and clinical importance.
ACP Immunization Resources

- ACP Immunization Guide for day-to-day practice

- Free ACP Immunization Advisor App makes it easy to find the right vaccines for patients by age or underlying circumstance based on current recommendations

www.acponline.org/immunization
Evidence-based Clinical Guidance

ACP’s Clinical Practice Guidelines, Guidance Statements and Best Practice Advice papers are rigorously reviewed based on the best evidence prior to publication.

Recent Clinical Practice Guidelines:

- Diagnosis of Obstructive Sleep Apnea in Adults (August 2014)
- Screening Pelvic Examination in Adult Women (July 2014)
- Treatment for Anemia in Patients with Heart Disease (December 2013)
- Screening, Monitoring, and Treatment of Stage 1-3 Chronic Kidney Disease (October 2013)
- Management of Obstructive Sleep Apnea in Adults (September 2013)
High Value Care

Resources to help physicians provide the best patient care while reducing costs to the health care system

- Evidence-based recommendations
- High Value Care teaching curriculum
- High Value Care Coordination Toolkit
- Practice resources
- Public policy papers
- Patient education materials
- Videos about High Value Care

www.acponline.org/hvc
Additional Clinical Resources

Monthly print publications - *ACP Internist* and *ACP Hospitalist* provide news and in-depth analysis of issues for inpatient and outpatient internists.

E-newsletters - *ACP InternistWeekly*, *ACP HospitalistWeekly*, and *ACP DiabetesMonthly*.

ACP Clinical Shorts - a series of short educational videos to help clinicians earn CME and MOC credits.
Resources to help with Certification and Maintenance of Certification (MOC)

ACP members enjoy substantial discounts on the following MOC resources:

- **MKSAP 16**
  - the leading self-study program to prepare for the ABIM MOC exams
  - 1,200 self-assessment questions

- **Board Basics 3**
  - dozens of classic images, core content and tips on how to take the ABIM exams

- **ABIM MOC Exam Preparation Courses**
  - 2-3 day courses on new developments over the past 10 years
  - offered in 6 locations prior to Spring and Fall exam dates

- **Internal Medicine Board Review Courses:**
  - 4-6 day courses
  - offered in 5 locations
  - available in audio/video recordings.

- **Virtual Dx℠**
  - online image-based study program to prepare for the ABIM recertification exams

- **MOC Special Interest Group**
  - online discussion group
ACP . . . Connected and Mobile

- **Social Media**
  ACP and *Annals of Internal Medicine* are using social media more than ever to communicate and share information relevant to internal medicine.

- **Special Interest Groups**
  ACP’s online communities offer physicians an opportunity to share experiences, questions, and solutions with their peers.

- **Mobile Access**
  ACP now offers mobile versions of *Annals* and MKSAP and Apps for several ACP products.
Visit ACP Online

A quick and easy way to find all that you need
Professional Development

- ACP Leadership Academy
- Ethics Manual & Case Studies
- Mentoring and networking
  - in chapters and on the national level
- ACP Associate Poster Competition
- ACP Special Interest Groups
- Career Connection
  - a comprehensive listing of career opportunities for physicians
ACP Public Policy & Advocacy
Your advocate for Internal Medicine on Capitol Hill

ACP’s advocacy priorities:

- Permanent Repeal of the SGR
- Extending Medicaid Pay Parity
- Ensuring Successful Implementation of Key Components of the ACA
- Supporting Vital Health Programs through Appropriations
- Advancing Medical Liability Reforms
- Addressing Administrative Complexities

www.acponline.org/advocacy
Advocates for Internal Medicine

- Grassroots advocacy network (formerly Key Contact Program)
- Join ACP’s network and contact your Senators and Representatives about issues important to internists

www.acponline.org/advocacy/aimn/
... now, back to the future

- Yes, we are now *both* members!
- See you in Boston!
Internal Medicine 2015: ACP’s Annual Scientific Meeting

April 30 – May 2, 2015
Boston, MA

- Over 200 educational, interactive workshops
- Case-based sessions and feedback on challenging patient management problems
- Meet old and new friends

Join us as we celebrate ACP’s 100-year anniversary!
And I’ll be there...

Sir William Osler, MD

Me too!
Thank you . . .

for your continued support of ACP and your commitment to internal medicine.