



DATE: December 19, 2018

TO: The ACP Arkansas Chapter Membership

FROM: Eric Del Giacco, MD  
9 Shepard Hills Court, Little Rock, AR 72223  
[eric.delgiacco@va.gov](mailto:eric.delgiacco@va.gov)

SUBJECT: The 2019 George Ackerman Reading Retreat of the Arkansas Chapter of the American College of Physicians shall be held at the Red Apple Inn, Eden Isle, Heber Springs, Arkansas, on Saturday and Sunday, April 13 and 14, 2019. I hope you plan to attend.

The retreat is planned for the membership of the Arkansas Chapter of the American College of Physicians and guests. As always, spouses and other guests are encouraged to attend and participate.

For those unfamiliar with this event, the reading retreat is a weekend-long hiatus from your normal medical life. Attendees prepare by reading three books in advance, one medicine-related, the other two pure literature. Discussion of these books is led by a professor of literature and a professor in a medicine-allied field. Just to be sure you do not have “medical knowledge withdrawal,” the retreat begins with a medical topic review. There is also an afternoon movie followed by a discussion.

Our Saturday morning session shall begin with **Dr. John Spollen, M.D.**, psychiatrist, who shall address some current issues in psychiatry.

The Saturday morning literary session shall be presented by **Kendrick Prewitt, Ph.D.**, professor of literature, University of West Alabama. He shall lead a discussion of *White Noise* by Don DeLillo.

On Saturday afternoon, for our film viewing and discussion, **Professor Prewitt** has chosen *The Untouchables*, directed by Brian De Palma. As always, popcorn during the viewing will be provided.

The Sunday morning session shall begin with **Dr. Kate Stewart, M.D.** of the UAMS College of Public Health. She will lead a discussion of the book *The*

*Health Gap* by Sir Michael Marmot, past president of the World Medical Association and current president of the British Lung Foundation.

For the second half of the Sunday morning session, **Professor Prewitt** will guide us through *Lincoln in the Bardo* by George Saunders.

Below is the registration form. Once I receive your registration I will send you the three books to be discussed. There is no registration deadline, but the sooner you register, the more time you shall have to read the books. Make reservations at the Red Apple Inn, (501) 362-3111, specifying that you are attending the meeting of the American College of Physicians. As usual, we will have a block of rooms reserved for Friday and Saturday nights. The registration fee of \$165 (which includes registration for spouse/guest) covers speaker and facility costs, the cost of the books and the beer and wine party Saturday evening.

If you have any questions, call me at (501) 626-6078, or send an e-mail to [eric.delgiacco@va.gov](mailto:eric.delgiacco@va.gov).

Registration Form

American College of Physicians  
2019 George Ackerman Reading Retreat  
April 13 – 14, 2019  
Red Apple Inn-Eden Isle  
Heber Springs, Arkansas  
PHONE (501) 362-3111

Name \_\_\_\_\_

Address \_\_\_\_\_

City \_\_\_\_\_ State \_\_\_\_\_ ZIP \_\_\_\_\_

Mobile Phone \_\_\_\_\_

E-mail \_\_\_\_\_

I will be accompanied by my spouse or guest

Name of spouse/guest: \_\_\_\_\_

My \$165 registration fee is enclosed. This covers both registrant and spouse/guest, and includes the books, which will be mailed when fee is received. The remainder of the fee may be refunded for cancellations more than two weeks before the event.

Checks should be payable to ACP-Arkansas Chapter and returned to:  
ERIC DEL GIACCO, 9 SHEPARD HILLS COURT, LITTLE ROCK AR 72223

Questions? Please call Eric Del Giacco at (501) 626-6078 or email me at [eric.delgiacco@va.gov](mailto:eric.delgiacco@va.gov)