C M E
MEETING
2015
Millennium Hotel, Anchorage
APRIL 9–11

Early Bird rates before March 1st. No pre-registrations accepted after April 1, 2015.
The American College of Physicians is accredited by the Accreditation Council for Continuing Medical Education to provide continuing medical education for physicians. The American College of Physicians designates this live activity for a maximum 19.0 AMA PRA Category 1 Credit(s)™. Physicians should claim only the credit commensurate with the extent of their participation in the activity. The AOA Council on Continuing Medical Education has approved this program for 19 credits of Category 1-A CME.
**THURSDAY, April 9**

**Registration Begins** 12:30

**New Lipid Guidelines: Have We Stopped Making Sense?**  R  1:00  
Kevin O’Brien, MD

**HPV in Head and Neck Cancer**  R  2:00  
James Zirul, DO

**Breakfast** 7:30

**Skin Signs of Diabetes**  R  4:30  
Jan Hirschmann, MD

**Wine & Cheese/Appetizer Social** 5:30

**FRIDAY, April 10**

**What You Need to Know, From the Medical Examiner**  R  8:30  
Gary Zientek, MD

**Leg Cellulitus and its Mimics**  R  11:00  
Jan Hirschmann, MD

**Alzheimer’s and Dementia**  R  1:00  
Marcy Troxell, DO

**Movement Disorders in Elderly**  R  2:00  
Graham Glass, MD

**Breakfast** 7:30

**Driving Assessment in Elderly**  R2  3:30  
Graham Glass, MD

**Fall Assessment in Elderly**  R3  3:30  
Graham Glass, MD

**Cognitive Assessment in the Office**  LS1  3:30  
Erica L. Coady, PhD

**Wound Management**  LS2  3:30  
Imelda Vitoria, RN BSN WCC, CFNC

**Banquet Dinner Speaker:**  
Ben Franklin and Medicine

**SATURDAY, April 11**

**Breakfast** 7:30

**An Osteopathic Approach to the Rotator Cuff Syndrome:**  R  8:00  
A Tale of Two Shoulders
Introduction to the Fascial Distortion Model
Byron Perkins, DO

**Ebola: Past, Present, and Future**  R  9:00  
Janet Jokela, MD, MPH, FIDSA, FACP

**Foot & Ankle 101**  R1  10:30  
Jennifer Jansma, DPM, ACFAS

**Joint Injections**  R2  10:30  
Ryan Ragge, MD

**Lymphedema Treatment**  R1  10:30  
Deb Benson, PT, MED, COMT, PRPC

**Frozen Shoulder Evaluation**  R1  10:30  
Byron Perkins, DO

**Hepatitis C in 2015: A Treatment for All**  R1  1:30  
Ben Westley, MD

**“2014 Update in Internal Medicine” Maintenance of Certification: Self-Evaluation Process Module**  R1  2:30  
Janet Jokela, MD, MPH, FIDSA, FACP and Kena Desai, MD

**Osteopathic Manipulative Medicine**  LS1  2:30  
Byron Perkins, DO

**NOTE: Program details are subject to change**

**ROOMS:** Redington (R), Lake Spenard (LS).

last revised: 04/01/2015
**REGISTER ONLINE:** Visit us and register at [http://www.acponline.org/about_acp/chapters/ak/news_meet.htm](http://www.acponline.org/about_acp/chapters/ak/news_meet.htm)

**REGISTER BY MAIL:** To register by mail, complete the registration form and mail it to ACP at the address below. Be sure to list your daytime phone number in case we need to notify you of any changes. Please reproduce the form for additional registrations (one form per registrant).

AC002
American College of Physicians
190 N. Independence Mall West
Philadelphia, PA 19106-1572

**REGISTER BY FAX:** Register 24 hours a day via fax at (215) 351-2799. Fax forms must include credit card number, expiration date, security code number, and signature. Do not mail a copy of the form because it may result in a duplicate registration and you will be charged twice.

**REGISTER BY PHONE:** Call (800) 523-1546, ext. 2600, or (215) 351-2600 (M-F, 9 a.m.–5 p.m. ET). Be sure to have your credit card number, expiration date, and security code number available before calling.

**PAYMENT OPTIONS:** Payment in full is required. Make check or money order payable to ACP. Must remit in U.S. funds drawn on a U.S. bank. If paying by credit card, please provide the credit card number, expiration date, security code, and authorizing signature.

**ADDITIONAL FEES:** Register before March to receive the early bird rate. On site registrations will still be accepted.

**CANCELLATIONS/REFUNDS:** All cancellation requests must be received by Member and Customer Service in writing (e-mail custserv@acponline.org). Cancellations will not be accepted by telephone.

**SATISFACTION GUARANTEE:** We offer a satisfaction guarantee— if meeting attendees are not satisfied with their experience at the meeting, they may write for a refund of their registration fee.

**SPECIAL NEEDS:** If you have a disability or any special dietary needs, please contact Julie Lake by telephone at 907-350-2351 or e-mail lake@mtaonline.net.

**HOTEL:** Millennium Hotel has rooms available at their winter rate of $85 per night. Please call (907) 243-2300. (There is no special block of rooms for this event because this is their lowest rate.)

**QUESTIONS?**
For registration information, contact ACP Member and Customer Service (M-F, 9 a.m.–5 p.m. ET) toll-free at (800) 523-1546, ext. 2600 or direct at (215) 351-2600. You may also e-mail custserv@acponline.org or fax (215) 351-2799.

If you need more information on the meeting schedule or location, please contact:

AK ACP  Julie Lake, tel. (907) 350-2351 or email lake@mtaonline.net
AKOMA  Olga Katon, tel. (800) 621-1773 ext. 8164 or akoma@osteopathic.org
**Karen Barbosa, DO**

Dr. Barbosa is a Breast Surgeon with the Alaska Institute of Surgical & Medical Specialties. She is Board Certified in General Surgery and has many achievements and recognitions including Presidential Recognition from ACOS for outstanding In Depth Review Program in 2011. Dr. Barbosa graduated from the Ohio University College of Osteopathic Medicine in 2001. She completed her Surgical Residency at the Peninsula Hospital Center in New York and went on to complete a Breast Oncology Fellowship at the Cleveland Clinic.

**Deborah L. Benson, PT, COMT, CLT**

Dr. Benson has been the Clinical Director at the Advanced Physical Therapy of Alaska, the Fairbanks office, since 2002. Ms. Benson graduated from the University of Health Sciences/Chicago Medical School in 1979. She completed certification in diagnosis and manual therapy of the spine and extremities by the IAOM-US in 1992. Deb specializes in chronic pain, leads the women's health program, and is the senior physical therapist at advanced physical therapy’s Fairbanks clinic.

**Els Brady, PT, MOMT, CMP**

Ms. Brady graduated with a Physical Therapy degree from Antwerp, Belgium in 1989. She moved to Anchorage, Alaska in 1990 and completed her Masters of Orthopedic Physical Therapy from Ola Grimsby Institute in 1997. Ms. Brady completed the Clinical Specialty Certification program and is a certified Mulligan Practitioner. The past 3 years, she has focused her continued education on the Integrated System Model (ISM) and working with the adult and the aging community of Anchorage.

**Erica Coady, PhD**

Dr. Coady is a neuropsychologist with the Providence Behavioral Medicine Group. She earned a BA in Psychology and Criminal Justice from Gustavus Adolphus College, and a PhD in Clinical Psychology from Seattle Pacific University. She completed her pre-doctoral internship at the University of Kansas School of Medicine in Wichita, and went on to complete a two-year post-doctoral fellowship in Adult Neuropsychology from the University of California, Los Angeles, where she served as Chief Fellow of Neuropsychology. During her time at UCLA she gained expertise in evaluating patients with a wide variety of neurological and psychological diagnoses, and developed a specialty in pre- and post-surgical evaluation of seizure disorders, including conducting intracarotid amobarbital procedures and assisting with intraoperative cortical mapping.
Dr. Jennifer R. Jansma, DPM, FACFAS

Dr. Jansma is currently in practice at the Alaska Foot and Ankle Specialists in Anchorage. She attended Pacific University and completed a degree in Medical Technology at Oregon Health Sciences University in Portland, Oregon. Dr. Jansma received her Degree of Podiatric Medicine from Podiatric Medical School at California College of Podiatric Medicine in San Francisco. In 2005, she completed a 24 month Podiatric Surgical Residency at Scott & White Hospital, affiliate of Texas A&M, in Temple, Texas, and a 2 month AO Orthopedic Trauma Fellowship in Mainz, Germany. Dr. Jansma is board certified by the American Board of Podiatric Surgery, with Certification in Foot Surgery.

Jan V. Hirschmann, MD

Dr. Hirschmann is Staff Physician at the Puget Sound VA Medical Center and Professor of Medicine at the University of Washington School of Medicine in Seattle, where he earned his medical degree in 1970. He completed his Internal Medicine Residency at Beth Israel Hospital in Boston, and an Infectious Diseases Fellowship at University of Colorado Medical Center in Denver. Dr. Hirschmann is board certified by the American Board of Internal Medicine with board certifications in Pulmonary Disease Subspecialty and Infectious Disease Subspecialty. He is an infectious diseases specialist with a broad range of clinical interests and investigates the medical disorders of important historical figures, such as Julius Caesar and Mozart. He has published extensively in the areas of general internal medicine, pulmonary disorders, infectious diseases, and dermatology. He has been a recipient of the Paul B. Beeson Teaching Award.

Kena Kirtikant Desai, MD

Dr. Desai is a Diabetes Physician Consultant at the Alaska Native Medical Center. She holds a Masters of Biochemistry from Emory University and completed Drexel School of Medicine in 2008. Dr. Desai started her Internal Medicine Residency at Dartmouth School of Medicine, where she received 3 student teacher awards, and completed her residency at the University of Colorado.

Graham A. Glass, MD

Dr. Glass works at a private practice through “Peak Neurology and Sleep Medicine, LLC”, with active clinics in Anchorage and Wasilla and holds an Assistant Clinical Professor position in the Department of Neurology at University of California San Francisco (UCSF), where he travels every 2 months. Dr. Glass received his medical degree from University of Texas, San Antonio, completed his Neurology Residency at Turf’s – New England Medical Center in Boston, and a Movement Disorders Fellowship at The Mayo Clinic in Rochester, Minnesota. He helped establish the sleep disorders center at the SFVAMC (UCSF) and served as the medical director of Alaska Sleep Clinic’s AASM certified lab for two years before joining with Drs. Robert Lada and Marci Troxell to establish “Peak Neurology and Sleep Medicine, LLC.

Dr. Jennifer R. Jansma, DPM, FACFAS

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Janet A. Jokela, MD, MPH, FACP, FIDSA

Dr. Jokela is the Head of the Department of Medicine at the University of Illinois College of Medicine at Urbana-Champaign, and is active with the American College of Physicians, where she currently serves as the Governor of the Downstate Region of the Illinois Chapter. Dr. Jokela graduated summa cum laude with BA and MD degrees from the University of Minnesota in Minneapolis. She trained in the Internal Medicine Residency Program at Boston City Hospital in Boston, MA, and completed her Infectious Disease Fellowship at Beth Israel and Brigham and Women’s Hospitals at Harvard Medical School. She has a Master’s in Public Health from Boston University, has served on the faculty of Harvard Medical School, worked at the Massachusetts General Hospital—Revere HealthCare Center, and has served as the Director of Public Health for the City of Revere.

Kevin D. O’Brien, MD

Dr. O’Brien is an attending physician at University of Washington Medical Center and a University of Washington (UW) professor of medicine. He is an expert in congestive heart failure, cardiac transplantation, and lipid disorders, practicing in these fields for over 20 years. After completing his bachelor’s degree at the University of Idaho, Dr. O’Brien went on to get an M.D. (with honors) from the UW. He followed his internship and residency at the UW with a chief medical residency at the VA and senior fellowships in metabolism, endocrinology, nutrition and cardiology at the UW. Dr. O’Brien is board certified in internal medicine and cardiovascular diseases. Among his many honors, he has received the Robert L. Van Citters Medical Thesis Award, the Sheard-Sanford Award from the American Society of Clinical Pathologists, and Outstanding Investigator from the Western Society for Clinical Investigation.

Byron Perkins, DO

Dr. Perkins is a graduate of the University of Health Sciences, College of Osteopathic Medicine in Kansas City, MO, 1984. He interned at Oklahoma Osteopathic Hospital in Tulsa, and completed a residency in Osteopathic Family Practice at Doctor’s Hospital in Columbus, Ohio. Board certified in Osteopathic Family Medicine, his current practice focuses on primary care, mental health, wellness, musculoskeletal injuries and Osteopathic Manipulative Treatment. He maintains hospital privileges at both Providence Alaska Medical Center and Alaska Regional Hospital, and maintains teaching appointments with several Osteopathic Colleges of Medicine.

He began his medical practice at the Norton Sound Health Corporation in Nome, and practiced at the Alaska Native Medical Center in Anchorage before co-founding Cornerstone Clinic Medical and Counseling Center. He was introduced to the Fascial Distortion Model by Dr. Stephen Typaldos, DO, in 2004, and has been practicing in the model ever since. He was instrumental in the founding of the American Fascial Distortion Association in 2007, served as its President from 2009-2011. He became a Certified FDM Instructor in 2008, and has lectured nationally (Alaska, Washington, Montana, Idaho) and internationally (Africa, Japan, Mongolia, Austria) since that time.

Dr. Perkins was introduced to Dr. Robert Schleip, PhD, Professor at the University of Ulm, Germany, Fascia Research Center, while at the International FDM Congress in Vienna, Austria in 2011. He became a founding member of the Fascia Research Society while attending the Third International Fascia Research Congress in Vancouver, BC, in 2012. For the past several years, 90% of Dr. Perkins clinical work involves Osteopathic Manipulation, and in 2012, the Center for Osteopathic Research and Education was dedicated at Cornerstone Clinic.
Benjamin Westley, MD, FAAP, FACP

Dr. Westley is an infectious disease specialist in Anchorage, Alaska. He attended medical school through the WWAMI program at the University of Washington, received his MD degree in 2005, and a four-year residency in Combined Internal Medicine and Pediatrics at the University of California, San Diego, followed by two years of Infectious Diseases Fellowship at Brown University in Rhode Island. Dr. Westley has worked as a pediatric HIV clinical mentor through the PEPFAR program in South Africa, an HIV researcher and UNICEF consultant in Cambodia, and a medical volunteer in East Timor. His interests include determining the effects of particulate air pollution on rheumatoid arthritis and improving quality measures in the use of electronic medical records, and Dr. Westley has published several times in medical journals.

Imelda P. Viloria, RN BSN WCC, CFCN

Ms. Viloria is a Registered Nurse working on staff at the Providence Alaska Medical Center. She has over 20 years in medical practice as a pulmonologist and as a medical research specialist, and over 11 years of experience as a Staff Registered Nurse, educator and clinical resource roles. As a staff nurse she is accountable for the direct patient care delivery system, as a preceptor, she promotes and supports the orientation process and the day-to-day patient education, and as a clinical resource, she acts as wound care specialist, collaborating with other interdisciplinary care team on the plan of care and treatment of all various types of wounds.

Marci L. Troxell, DO

Dr. Troxell is a Board Certified in Neurologist that has a private general neurology practice, emphasis in EMG/NCS, through “Peak Neurology and Sleep Medicine, LLC”. She earned her medical degree at the University of North Texas Health Science Center, Texas College of Osteopathic Medicine in Fort Worth, and completed her Neurology Residency and Neurophysiology Fellowship, with emphasis in EMG/NCS, at Baylor University Hospital in Houston.

Ryan L. Ragle, MD

Dr. Ragle is a practicing Rheumatologist at Orthopedic Physicians Anchorage (OPA), where he treats a variety of rheumatological conditions and has a special interest in the diagnosis and treatment of rheumatoid arthritis, vasculitis, lupus and inflammatory myopathies. Dr. Ragle completed his internal medicine residency and rheumatology fellowship from the University of Utah and his medical degree from Creighton University Medical School, where he graduated with academic honors in molecular and cell biology. He is Board Certified in Internal Medicine and Rheumatology. His research includes determining the effects of particulate air pollution on rheumatoid arthritis and improving quality measures in the use of electronic medical records, and Dr. Ragle has published several times in medical journals.

Benjamin Westley, MD, FAAP, FACP
Gary M. Zientek, MD

Dr. Zientek holds the position of Chief Medical Examiner in the Office of State Medical Examiner at the Alaska Department of Health and Social Services, Division of Public Health. He has medical licenses in Alaska and Virginia, and is Board Certified in Anatomic and Clinical Pathology as well as Forensic Pathology. Dr. Zientek graduated from the Wayne State University School of Medicine in Detroit. He completed his Pathology Residency at the University of Florida in Gainesville, and went on to complete his Neuropathology Fellowship at the University of Virginia, Charlottesville.

James Zirul, DO

Dr. Zirul practices at the Peninsula Ear, Nose and Throat Clinic in Kenai. Dr. Zirul is also on the Medical Staff at the Central Peninsula Hospital in Soldotna. Prior to moving to Alaska, Dr. Zirul worked as an Emergency Room Physician at the Bay Osteopathic Hospital in Bay City, Michigan. Dr. Zirul is a graduate of the University of Health Science College Of Osteopathic Medicine in Kansas City, Missouri. He completed his internship and residency at the Flint Osteopathic Hospital in Flint, Michigan. Dr. Zirul is Board Certified by the America Osteopathic College of Ophthalmology and Otorhinolaryngology.
# Alaska ACP and AKOMA 2015 Registration Form

Mail this completed Registration Form to: American College of Physicians, 190 N. Independence Mall West, Philadelphia, PA 19106-1572 or fax it to: (215) 351-2799 (no cover sheet necessary)

## Attendee’s Name


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<th>3/1/15 and Later</th>
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<td>ACP/AKOMA Member</td>
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<td>50% Retired Discount * (members or non-members)</td>
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### Daily Rates (applies only to non-discounted member & non-member rates)

- **Thursday (4/9)**
  - $140 (m) / $168 (nm) / $196 (nm)

- **Friday (4/10)**
  - $230 (m) / $276 (nm) / $322 (nm)

- **Saturday (4/11)**
  - $230 (m) / $276 (nm) / $322 (nm)

### Guest Fee/Social

- $20

### Guest Fee/Banquet

- $50

### April 11 SEP Module

- $100

### TOTAL DUE:


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Mastercard


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Discover


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RM1560