July to September 2022

Newsletter

ACP INDIA CHAPTER

Roadmap of Activities of ACP India Chapter in 2022-2023:
May: Hypertension Control Month
June: Diabetes Control Month
July: Early Career Physician Month
August: Wellness & Adolescent Care Month
September: Women’s Health Care Month
October: Life Style Advocacy Month
November: Diabetes Care Month & Annual Conference at Vizag
December: Nutrition Advocacy Month
January: Geriatric Care, Rheumatology & Immunology Month
February: Cancer Awareness & Advanced Career physicians Month
March: Infectious Diseases Care Month

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MESSAGE FROM GOVERNOR

Dear Colleagues,

It gives me immense pleasure to invite you all to 7th annual conference of ACP India chapter which is going to be organized at Vizag on 18th, 19th, and 20th of November at Hotel NOV. In the present scenario especially post covid, the stress on the healthcare professionals is increasing and their well being is affected. Keeping into consideration the present situation we are having webinars especially for the wellbeing of health care professional being co-ordinated by our well-being champions Dr L Seenivas Murthy and Dr Anubha Srivastava.

Women health is a top priority and ACP India chapter is committed for women’s health. The project IRIS was launched on 31st July in greater Noida with three mandates; health check-up camps, education programme in girl school, and online programme focussed on women health issue. This year ACP-India Chapter has been given ‘Gold Chapter Excellence Award’ which is most supreme award for all the chapters. I am happy to inform you all that the ambitious covediabetes study was complete and the research content is well appreciated by the international community. The research publication is accepted for publication and there are three posters that are selected for presentation during conference of IDF. We are also planning to launch 4 more studies and participation from the members is expected an appreciated. The ACP India case file is benefiting all the early care physicians and the project is run by governing council member Dr Amit Gupta, under the able guidance of our Governor Prof (Dr) Anuj Maheshwari. Also we are encouraging use of EMR among early care physicians so that they become comfortable in data compilation which will definitely promote research.

Last but not the least a brain storming session was organized in Varanasi where all the governing council members gave their suggestions to improve the retention of the membership and other issues and we are happy to inform that probably due to active involvement of the members and promotion of learning and research, our membership is increasing, and it is our endeavour to make ACP India chapter is among some of the best chapters of ACP.

Looking forward for your suggestions and more involvement

Thanks, and Regards

Dr Anuj Maheshwari
Governor, ACP India Chapter
ACP INDIA CASE FILES

ACP India case files is an initiative by ACP India chapter for the early career physicians which is well appreciated and has been awarded John tooker award in the annual conference of ACP. The ACP India case files is a monthly activity by ACP India chapter. The present newsletter summarizes the activities in the month of July, August and September. The case files in the month of July was moderated by Dr Sanjay Kalra where an interesting case of young male with diabetes was discussed by DR Prabhat Agarwal and our immediate past president Dr BA Muruganathan gave the audience an insight about how to advance for the fellowship of ACP.

In the month of August, the moderation was done by our secretary Dr Narsingh Verma and an interesting case of Hypokalemia was discussed by Dr Balaji Klrushnan, a nephrologist from Chennai. ACP Advisory council member Dr Amit Gupta explained about the use of Dynamed, which was very much appreciated by the audience. September edition was moderated by Dr SK Gupta, a consultant physician of Delhi. Dr Mohsin Aslam discussed approach to a case of ascites our Governor Dr Anuj Maheshwari discussed how a member of ACP and advance to become a fellow of ACP.
ACP Wellness Programme for Health Care Professionals

This is again a monthly initiative by our wellbeing champions, Governor Dr Anuj Maheshwari, and governing body members Dr L Sreenivasa Murthy and Dr Anubha Srivastava. This activity is planned to promote the wellbeing among the physicians and the aim is to help them to cope with the stressors of life and profession. In the month of July Dr Kenjom Ngomdir discussed about how to maintain the balance in the lifestyle and Dr Tanya Srivastava narrated about the optimal nutrition for the busy doctors. In the month of August DR Digambar Naik deliberated on how to conquer subconscious mind and create the life you want and DR NK Singh discussed in detail about physician’s burnout. In September Dr Vidya Sundareshan from USA gave guidance on professional Development among early care Physicians.
PROJECT IRIS

Project Iris is an ambitious project of ACP India Chapter. Women have to face numerous health issues due to various factors like gender disparities, early marriage, domestic violence and sexual abuse, malnutrition, poverty, illiteracy and access to quality healthcare. ACP India Chapter has partnered with Rotary India Humanity Foundation to launch the project IRIS. Through this project ACP India chapter intend to make a perceptible change in the way we look at the women’s health issue.

Under this project ACP India chapter invites participation of the members for 3 activities:

• One health check-up camp for women
• One education program in a girl school/college
• One online education program focused on women’s health issue

The project was launched on 3rd July in Greater Noida, with women health check-up camp. The project was inaugurated by our Governor DR Anuj Maheshwari, other members and eminent faculty present were Dr Amit Gupta, Dr JK Sharma, Dr Saurabh Srivastava etc. The programme was followed by a women health education programme ‘Anaemia Symposium’ at Hotel Raddison Blue Ghaziabad, being organized by Dr Prahlad Chawla it was attended by more than 150 delegates.

Another programme under project Iris was done at Tirur, by Dr Jayakrishnan B on 29th September at IHT college where a health talk and a women health check-up camp were organized.
ASSOCIATION OF PHYSICIANS OF INDIA GHAZIABAD & AMERICAN COLLEGE OF PHYSICIAN INDIA CHAPTER Presents

ANEMIA SYMPOSIUM

31st July 22, Sunday | 01:00 PM - 06:00 PM
Venue - Hotel Radisson Blu, Kaushambi, Ghaziabad

Speaker:

- Dr. Anil Maheshwari
- Dr. N.K. Soni
- Dr. Jugal Kishor Sharma
- Dr. Prabhat Chawla
- Dr. Pranay Pandey
- Dr. V.B. Jindal
- Dr. Roli Bansal

Organizing Committee:

- Dr. Prabhat Chawla
- Dr. Pranay Pandey
- Dr. V.B. Jindal
- Dr. Roli Bansal

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Adolescent Nutrition in 2nd World Congress on Food and Medical Nutrition

Round table meet on Adolescent Nutrition was organized under ACP India Chapter in 2nd World Congress on Food and Medical Nutrition being organized at Jaipur on 19th August which was moderated by Dr Narsingh Verma and Chaired by Governor Dr Anuj Maheshwari. It consisted of lectures on various aspects of Adolescent Nutrition followed by Panel discussion.

2ND WORLD CONGRESS ON FOOD AND MEDICAL NUTRITION
WCMN 2022 PROGRAM

FRI, AUGUST 19, 2022

| SESSION 2 - ACP Round Table Meet on Adolescent Nutrition |
| Rapporteur: Dr. Smita Singh |
| Moderator: Dr. Narsingh Verma |
| Chair: Dr. Anuj Maheshwari Governor ACP India Chapter |
| MID DAY MEAL: A Nutritional Foundation for Disease free Adult Life | DR ANUJA AGRAWALA |
| Nutrition for Adolescents: Challenges and Solutions | DR SHALLY AWASTHI |
| What Should Be The Menu of College Canteens | DR VANISHA NAMBIAR |
| Late Night Munching in Adolescents: How Can It Be Controlled | DR AJAY TIWARI |
| Panel Discussion | DR BANSHI SABOO, DR KAMLAKAR TRIPATHI, DR ANUJ MAHESHWARI, DR NARSINGH VERMA |

WCMN 2022 –UDAIPUR
www.ismnworld.org
Doctor’s Day Programme on 1st July

ACP India Chapter organized Doctor’s Day programme on 1st July in which Dr Divya Saxena was master of Ceremony. The virtual programme was attended by more than 500 members. The programme was dedicated to women health. Dr Kamal Sanghvi, chairman RIHF was Guest of Honour and the chief Guest on the occasion was Dr Elisa I. Choi, Chair Board of Governors ACP. The Governor Dr Anuj Maheshwari was integral part of the programme.

Dear Colleagues,

Greetings for Doctor’s Day 2022 from ACP India Chapter!

Hope this will find you in the best of your health and good spirit.

ACP India Chapter is going to announce multiple projects related to research, community service, annual conference & special events of the year in this program. We shall announce the ECP committee as well as invite the nominations for Students committee & Resident committee.

ACP India Chapter also invites nominations for various awards this year 2022 to be announced and felicitated during annual conference in Varan 18th to 20th November 2022. Registrations and Abstracts submissions for research papers, publications & off-site case discussions are already started on website: https://www.imapchinad2022.com/

Please get yourself registered for chapter annual conference at Varan soon. We look forward for active participation from each & every member of ACP India Chapter. Do join Doctor’s Day program to know more about activities planned in days to come.

Please join with below mentioned link on 1st July 2022 (Friday) at 06:30 PM IST (09:30 AM ET).

Link: http://noeventlive.in/ACPIndia/

Thurs & Regs,
Dr Anuj Maheshwari
Governor, ACP India Chapter

Attachments:
NOTE: The links below will direct your browser to the location where the documents attached to this email have been located.

ACP India Doctor’s Day 01st July 2022
ACP India Chapter symposium during Dialogues in Diabetes

ACP India chapter organized a symposium during Dialogues in Diabetes the annual conference of UPDA-GBN. The topics discussed were HCQS and Diabetes and Application of Chronobiology in Diabetes Management.
ACP India Advisory Council Meeting

ACP India advisory council meeting was held on 7th August at Hotel Taj Ganges at Varanasi. The agenda of the meeting was as below:

1. Welcome address by the governor ACP India Chapter.
2. Secretary report by Dr Nar Singh Verma.
3. Treasurer report & budget for the forth coming year.
4. Resolution to approve change in address of ACP India Chapter in bank account.
5. Annual report by Governor.
6. IM ACP India 2021 at Goa Scientific Update by Dr Jayanti Panda/Dr Supratik Bhattacharya.
7. Report on membership & Strategic Plan for Recruitment and retention by Dr Anil Virmani.
8. Recruitment & Retention Plan for resident members by Dr Abhishek Pandey.
10. Chapter Resolution committee to be announced by the Governor.
11. Credential committee for Awards to be announced by the Governor.
12. Chapter Leadership Development & Physicians well being activity Plan by Dr L Sreenivasamurthy.
13. Resident/Student engagement activity & Doctor’s Dilemma report & plan by Dr Swati Srivastava.
14. Plan to increase Volunteerism by Dr R R Singh/Dr A Muruganathan.
15. Project IRIS & ECP activities plan for next year by Dr Amit Gupta.
16. Chapter policy on Diversity, Equity & Inclusion by Dr J K Sharma.
17. Report on COVIDIABETES Study by Dr M Prabhu.
18. Proposed studies by ACP India Chapter to engage members in research by Dr Saurabh Srivastava.
19. Quarterly Newsletter plan & E-news by Governor.
20. Scientific program of Annual Conference by Dr Narsingh Verma
21. Scientific update of IM ACP India 2022 by Dr Anubha Srivastava.
22. IM ACP India 2022 at Vizag update by organizing Secretary Dr L Sreenivasamoorthy.
23. Announcement of the new Invited council members by Governor.
24. Any other matter with the permission of the Governor.

In the meeting all the agendas were discussed thoroughly, and Our Governor Dr Anuj Maheshwari informed the house that ACP India Chapter was way ahead of all the chapters of ACP. India chapter scored Gold status in all the categories except for membership, Noteworthy to mention that as per the Mail by Dana Acord international chapter receive gold once they complete 8 gold criteria, but India has fulfilled 16. A detailed discussion was done on how to increase the membership with the focus on retention of members. It was suggested that engagement of members on continuous basis with help in retention of membership.

Later in due course India chapter got ACP Chapter Excellence Gold Award.
Research

The covid diabetes study was completed in 12 centres across India, it was an ambitious project to assess the impact of covid on diabetes. We are pleased to announce that the manuscript “Assessment of determining factors for severity of NeoCOVIDDiabetes in India: A pan India multicentric retrospective study” has been accepted for publication in Diabetes Research and Metabolic Syndrome.

Abstract For poster
1. Assessing the impact of usage of steroids among newly detected Diabetes patients in a cohort study across India LI2022-1006 in IDF
2. Comparison of severity of Covid amongst patients with newly detected Diabetes vs patient with pre-existing diabetes LI2022-0971 in IDF
3. Assessing the impact of vaccines amongst diabetes patients in a cohort study across India LI2022-0997 in IDF

Abstract number: LI2022-0971
Abstract title: Comparison of severity of COVID amongst patients with newly detected diabetes vs. patients with pre-existing diabetes

Dear Professor Anuj Maheshwari,

On behalf of the Programme Committee of the IDF 2022 Congress organised by the International Diabetes Federation, it is my pleasure to inform you that your abstract has been accepted and selected for poster display.

Ref.: Ms. No. DMSCRR-D-22-00377
Assessment of determining factors for severity of NeoCOVIDDiabetes in India: a pan India multicentric retrospective study
Diabetes & Metabolic Syndrome: Clinical Research & Reviews

Dear Dr Maheshwari,

Thank you for submitting your manuscript to Diabetes & Metabolic Syndrome: Clinical Research & Reviews. I have received comments from reviewers on your manuscript. Your paper should become acceptable for publication pending suitable minor revision and modification of the article in light of the appended reviewer comments.
EDITORIAL MESSAGE

Dear Colleagues,

It is my proud privilege to compile the quarterly newsletter of ACP-India chapter. This newsletter is a conception that provides a platform to portray various aspects of achievements of the ACP-India Chapter and its members over a period of 3 months in patient care, education and research. This quarter has witnessed the celebration of many events, many new milestones were achieved and many new feathers in the cap were added.

Our Governor, Dr Anuj Maheshwari, has left no stone unturned to make this chapter among the few best chapters of ACP, and his endeavours had led us to get the ‘Gold Chapter Excellence Award’ award. Through this edition, we would like to share few glimpses of ACP-India Chapter achievements. We wish to engage more members to contribute for the upliftment of the chapter.

I am thankful to Dr Amit Gupta, Dr Anubha Srivastava, Dr L Sreenivas Murthy and Mr Faisal for providing me the details, and helping me to collect the content to make this newsletter a reality. Looking forward for you suggestions and opinions.

Regards

Dr Saurabh Srivastava
Editor
Member – Governing Council

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