



## ACP Ontario Chapter Annual Scientific Meeting November 2-3, 2018

[Hilton Garden Inn Toronto Airport](#)

3311 Caroga Drive  
Mississauga, ON L4V 1A3

### Preliminary Program

#### Overall learning objectives:

- Deliver new and up-to-date information on a variety of topics of interest to general internists as well as other specialists
- Offer an opportunity to network with colleagues and ACP Members.
- Provide residents and medical students an opportunity to network and present their clinical and research findings.

#### Friday, November 02, 2018

**3:30-6:00 pm**

##### **ACP Ontario-McMaster Simulation Lab**

(Open to all ACP Ontario members; first-come, first-served; must be pre-registered for the meeting; extra fee applies; please arrive by 3:00pm)

- *Obtain hands-on experience with point-of-care ultrasound*
- *Obtain hands-on experience in performing procedural skills*
- *Develop and practice a basic approach to Code Blue management*

**6:30-8:30 pm**

##### **Poster Session and Welcome Reception**

**8:45-9:45 pm**

##### **Resident/Student Meet & Greet**

Join us at this unique networking opportunity open to all trainees; refreshments served.

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**Saturday, November 03, 2018**

## **SESSION 1: Potpourri**

**7:30-8:30 am**

**Breakfast**

**8:45-9:30 am**

**OBESITY UPDATE**

*Bariatric Surgery in Ontario – Dr. Joseph Shaban, Windsor*

*Medical Management of Obesity – Dr. Megha Poddar, Toronto*

- *Understand and review the pathophysiology of obesity*
- *Review the Canadian Obesity Guidelines*
- *Identify the place and role of pharmacology in chronic weight management*

**9:30-10:15 am**

**Best Use of Apps/Gadgets to Support Your Patients – Dr. Jeffrey Alfonsi, UWO**

- *Review the current state of medical apps/gadgets*
- *Review an approach to clinically adopting apps and gadgets*
- *Be familiar with apps/gadgets used for patients with diabetes, obstructive lung disease, obesity and cardiac disease*

**10:15-10:45 am**

**Networking Break and Viewing of Exhibits**

## **SESSION 2: Laureate Awards Session**

**10:45 am**

**Presentation of the ACP Ontario Laureate Awards**

**11:00-11:30am**

**Laureate Lecture – Robert Hegele, MD, FACP (UWO)**

- *Review the genomic basis of plasma lipids*
- *Assess the clinical potential of next generation DNA sequencing*
- *Understand new biologic therapies for dyslipidemia*

**11:30-12:30 pm**

**ACP Ambassador Lecture: Women's Health Issues and What an Internist Needs to Know – Susan Hingle, MD, MACP (Springfield, IL)**

- *Explore treatment options for menopause*
- *Assess advances in breast cancer diagnosis and treatment*
- *Study differences in presentations of illness in women*

**12:30-1:30 pm**

**Lunch**

## **SESSION 3: Hospitalist Symposium**

**1:45-2:15 pm**

**COPD Update – Dr. Meyer Balter, Toronto**

- *Recognize the growing COPD epidemic and associated multimorbidity*
- *Reinforce the importance of objective testing for COPD diagnosis*
- *Understand how to choose the appropriate therapy for your patient*

**2:15-2:45 pm**

**CHF: Covering Inpatients and Outpatient Strategies – Dr. Stuart Smith, UWO**

**2:45-3:15 pm**

**Managing Dementia/Delirium – Dr. Chris Brymer, UWO**

- *Review recent literature regarding the prevention of delirium*
- *Review recent literature regarding hospital-based interventions for managing dementia/delirium*
- *Discuss how this literature may lead to changes in assessment and treatment of hospitalized older patients*

**3:15-4:00 pm**

**The Opioid Crisis in Ontario – Dr. David Juurlink, Sunnybrook HSC**

**4:00-4:30 pm**

**Doctor's Dilemma Competition and Closing Reception**

**Registration Fees:**

- Fellows/Members/Masters - \$100
- Residents - \$50
- Medical Students - \$25
- Non-ACP Members - \$150
- Simulation Session Trainees – \$50 *(must be an ACP Ontario member & registered as a Resident/Student)*
- Simulation Session Faculty – \$100 *(must be an ACP Ontario member and registered for the full meeting)*

**REGISTRATION NOW OPEN!**

**This program has received an educational grant  
or in-kind support from:**

**GOLD SPONSOR**



**Information**

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