



New Hampshire
Chapter

Elaine Silverman, MD, FACP
Governor

Summer 2026 Newsletter

This is my first official Governor's Newsletter, since taking office, and it is coming later than I had hoped, but here is some of what's been going on since April:

In May, we had a very rewarding experience at the National Leadership Days in Washington DC. We had some longer-than-expected time with Senator Hassan, and a nice sit-down meeting with Representative Maggie Goodlander, both of whom were receptive to our agenda items.





Please look for the email notice regarding August Recess Grassroots Challenge, or go to the ACP Legislative Action Center website:

<https://www.acponline.org/advocacy/get-involved-advocacy-in-action/legislative-action-center/august-recess-2026-grassroots-mobilization-challenge>

ACP makes it EASY to at least send an email message to your representatives to have your voice heard on important issues affecting our ability to practice quality healthcare!

In June we hosted a Portsmouth Harbor cruise – it was a beautiful day, and a great opportunity to meet some fellow ACP members and families. We hope to hold a similar social event at least once yearly.



Mid-July we submitted our 2025-26 Annual Report to and the ACP national, and the great news is we have maintained our Gold level Chapter Excellence Award! Special credit goes to our immediate past Governor, Dr. Kenton Powell for setting us up well for this achievement. Let's keep it going! Thanks also to our Governor's Council and especially to Catrina Watson for all work she does to organize and track our data, plan events, and communicate with all our members!

JEDI CORNER
Justice, Equity, Diversity and Inclusion in Medicine
Pamela Trio, MD, August 2026

Thinking about Cancer Screening Disparities:

A lot of energy, enthusiasm, and community money goes into cancer prevention in the US. It is worth remembering that despite efforts, we still have not managed to accomplish cancer screening equally across all patient populations who are eligible based on age and risk.

Vast disparities in cancer screening exist between privately insured, and underinsured individuals in the US. One study in JAMA showed that underinsured and never insured patients were far less likely than employer-based insured/ Medicare insured individuals. Never insured individuals were 41% less likely to have breast cancer screening, 52% less likely to have colorectal cancer screening, 19% less likely to have cervical cancer screening, and 47% less likely to have colorectal cancer screening (1).

While annual lung cancer screening via low-dose computed tomography can reduce lung cancer mortality among high-risk adults by 20%; screening take-up remains low. Inadequate insurance coverage or access to care may be a barrier to screening (2). First-time receipt of lung cancer screening increases at age 65, particularly among people in rural areas. Cancer detection rates did not worsen, suggesting screening remained well targeted as it increased (3). Gaining Medicare coverage at age 65 increased lung cancer screening take-up among men at high lung cancer risk. Lack of insurance or inadequate access to care hinders screening in this assessment (2).

It is not always clear how to intervene when we know there are barriers to accessing care, but having knowledge about which patients are high risk for not completing screening may increase awareness so that we can be thoughtful about asking our high risk patients if barriers to screening exist and how we may help mitigate them when we order cancer screening.

1. Zhao G, Okoro CA, Li J, Town M. Health Insurance Status and Clinical Cancer Screenings Among U.S. Adults. *Am J Prev Med*. 2018 Jan;54(1):e11-e19. doi: 10.1016/j.amepre.2017.08.024. PMID: 29102459; PMCID: PMC10984378.
2. Sun J, Perrailon MC, Myerson R. The Impact of Medicare Health Insurance Coverage on Lung Cancer Screening. *Med Care*. 2022 Jan 1;60(1):29-36. doi: 10.1097/MLR.0000000000001655. PMID: 34739415; PMCID: PMC8663516.
3. M. C. Perrailon, A. Warren, L. Goldman, J. L. Studts, and R. M. Myerson, "Delaying Screening Until Covered? Changes in Lung Cancer Screening at the Age of Nearly-Universal Medicare Insurance," *Health Services Research* 61, no. 2 (2026): e14638, <https://doi.org/10.1111/1475-6773.14638>.

Follow us:

Instagram: @acpnewhampshire

Facebook: <https://www.facebook.com/profile.php?id=61575415650339#>

More information on our website: www.acponline.org/about-acp/chapters-regions/united-states/new-hampshire-chapter

NH ACP Annual Scientific Meeting October 23, 2026

Register Now:

New Hampshire Chapter Scientific Meeting 2026 (In Person)

<https://store.acponline.org/ebiz/events-calendar/meeting-details/productid/370643292>

New Hampshire Chapter Scientific Meeting 2026 (Virtual)

<https://store.acponline.org/ebiz/events-calendar/meeting-details/productid/370643897>