PLAN TO ATTEND! As internists and general internists responsible for delivering complex care to patients spanning the inpatient and ambulatory settings, issues of healthcare quality, patient safety, and stewardship of finite resources are core to our everyday practice.

Throughout the meeting, participants will hear from internationally recognized researchers, educators, and clinicians through a diverse program that covers the most current topics and issues relevant to physicians in the field of General Internal Medicine.

These presentations will open a dialogue about how internists and general internists can lead the way to incorporating the best available evidence to deliver high quality care.
GENERAL LEARNING OBJECTIVES

• Maintain competence on a wide variety of relevant topics in Internal Medicine and General Internal Medicine.
• Discuss emergent topics, both published and un-published.
• Establish a national network of general internist colleagues from both community and university settings.
• Promote General Internal Medicine as a specialty to residents in training.

CONTINUING PROFESSIONAL DEVELOPMENT (CPD)

The CSIM Annual Meeting 2022 is an educational event approved as an Accredited Group Learning Activity under Section 1 of the Framework of Continuing Professional Development options as defined by the Maintenance of Certification Program of the Royal College of Physicians and Surgeons of Canada. As an accredited provider, CSIM has approved this program.

Through an agreement between the American Medical Association and the Royal College of Physicians and Surgeons of Canada, the Canadian Society of Internal Medicine has designated this live educational activity, “CSIM Annual Meeting 2022”, for AMA PRA Category 1 Credits™.

Live educational activities recognized by the Royal College of Physicians and Surgeons of Canada as Accredited Group Learning Activities (Section 1) are deemed by the European Union of Medical Specialists (UEMS) eligible for ECMEC®.

*Physicians should only claim credit commensurate with the extent of their participation in the activity.*

DISCLAIMER

*The information contained in the CSIM Annual Meeting programming, speaker statements, presentation slides and other materials are for information purposes only and do not constitute medical advice. The opinions included do not necessarily reflect those of the CSIM. The CSIM does not endorse nor guarantee the validity of any statements or information therein. The information communicated is intended to be used within the context of the professional skill and judgment of the viewer as nothing herein relieves viewers of their responsibility as professionals to exercise such independent skills and judgement.*

*Your attendance at the CSIM Annual Meeting indicates your consent to be photographed.*

Program subject to change.
Reunite and reconnect at the CSIM Annual Meeting!

WEDNESDAY, OCTOBER 12, 2022

1330 – 1630 EXTENDED WORKSHOPS

1. OBSTETRICS
   - Long-term Peri- and Post-Partum Cardiovascular Risk Management: How to Counsel Patients when they Fail the Stress Test of Pregnancy – Dr. Vanja Petrovic
     - Discuss long term vascular risks of pregnancy-associated complications.
     - Identify risk assessment tools for patients with pregnancy complications.
     - Define long term management and follow-up strategies for these younger patients at elevated cardiovascular risk.
   - Management of Diabetes in the Pregnant Patient: It’s not only About the Numbers and Targets Dr. Jill Newstead-Angel
     - Review screening and diagnosis of gestational diabetes.
     - Apply principles in management of diabetes in pregnancy.
   - Medical Emergencies in Obstetrics: Smoothening the “Bumps” in LDR – Dr. Wee-Shian Chan
     - Assess and workup the common symptom of dyspnea in the peripartum period.
     - Assess and manage severe complications of maternal hypertensive disorders.

2. PERIOPERATIVE CARE
   - To Bridge or not to Bridge – Dr. Michael Prystajecky
     - Employ evidence-based strategies in perioperative management of anticoagulation.
     - Recognize when bridging of anticoagulation is not indicated.
     - Apply special considerations of bridging anticoagulation in specific populations.
   - Improve your "Neurovision:" A Review of Perioperative Stroke and Neurologic Disorders Dr. Terence Yung
     - Assess and manage perioperative risks in patients with recent stroke.
     - Recognize intra/post operative challenges in patients with common neurological disorders.
     - Apply principles in managing post-operative medical complications in common neurological disorders.
   - Perioperative Glucose Management: Don’t Sugar-coat It – Dr. Shannon Ruzycki
     - Understand the use of diabetes agents in perioperative management of diabetes.
     - Apply best practices for perioperative glycemic management.
     - Manage insulin regimens peri-operatively.

3. CARDIOLOGY
     - Select appropriate medications for both rate and rhythm control approaches.
     - Apply recent clinical trial evidence when considering whom to refer for atrial appendage closure, or pulmonary vein ablation.
     - Differentiate those in whom cardioversion attempts should be strongly considered.
   - HFpEF: A Work in Progress – Dr. Benjamin Leis
     - Differentiate patients with HFpEF from those with heart failure symptoms and a normal EF.
     - Select appropriate medications to treat symptomatic HFpEF.
   - HFrEF: Diet, Drugs, Devices, and Developments (oh my!) – Dr. Simone Cowan
     - Select appropriate initial pharmacologic treatments and consider secondary agents in subsets of patients.
     - Apply clinical trial evidence when considering device therapy, and advanced care options.
4. **SUBSTANCE MISUSE AND TREATMENT**
   - **Addiction Medicine is Internal Medicine: What Every Internist Should Know About Buprenorphine-Naloxone**
     *Dr. Kate Colizza and Dr. Prabh Lail*
     - Identify patients who would benefit from buprenorphine-naloxone therapy.
     - Describe the initiation and maintenance of this therapy.
     - Solve common issues encountered during initiation of this therapy.

   - **Beyond Dry January: Management of Alcohol Use Disorder and At-Risk Drinking** – *Dr. Paxton Bach*
     - Identify patients who would benefit from pharmacotherapy for alcohol use disorder.
     - List contraindications for common medications for alcohol use disorder.
     - Counter arguments against medications for alcohol use disorder.
     - Describe initiation and maintenance for alcohol use disorder.

1420 – 1435 Networking Break and View the Exhibits
1525 – 1540

1645 – 1700 **WELCOME REMARKS** – *Dr. Jeffrey Schaefer, President of the Canadian Society of Internal Medicine*

1700 – 1800 **OPENING PLENARY:** Changes and Ongoing Challenges in Inpatient Care Delivery in Canada
   *Dr. Lisa Richardson*
   - List societal and organizational challenges to safe, high-quality inpatient internal medicine care.
   - Evaluate evidence and best practices that may address these challenges.
   - Match solutions to challenges in your own setting.

THURSDAY, OCTOBER 13, 2022

0800 – 0900 **BREAKFAST AND PLENARY:** Top Five Papers – *Dr. John Fralick*
   - Identify and summarize the findings of five papers published in 2022 that are highly relevant to internists and general internists in Canada.
   - Review the strengths and limitations of the papers using the principles of evidence-based medicine.
   - Recognize the implications of these papers for one’s own clinical practice.

0915 – 1145 **CONCURRENT WORKSHOPS**
   One hour session, presented twice; select one per timeslot.

   - **W01. Managing Diabetes in the New Era** – *Dr. David Miller*
     - Understand the role of new diabetes medications in the treatment paradigm.
     - Differentiate between less commonly encountered phenotypes of DM2.
     - List some tips and tricks for management of more challenging DM2 cases.
     - Manage insulin dosing in the patient transitioning from multiple oral agents.

   - **W02. Osteomyelitis and Septic Joints: Diagnosis, Oral Treatments, and Prosthetic Joint Caveats**
     *Dr. Eric Partlow*
     - Review diagnostic modalities of acute and chronic osteomyelitis.
     - Differentiate bone infection cases where oral treatment could be used.
     - Diagnose and treat prosthetic joint infections.

   - **W03. Stroke: "The Unknown" and "The Less Known"** – *Dr. Janka Hegedus*
     - Identify common pearls in history and physical exam of stroke patients to help distinguish stroke diagnoses from mimics.
     - Recognize common anterior and posterior circulation stroke syndromes.
     - Review the in-hospital management of hyperacute stroke and outpatient stroke prevention guidelines.
THURSDAY, OCTOBER 13, 2022  (continued)

- **W04. Rare Diseases: I'm Stuck! How do I Proceed?**
  - Develop an understanding of common presentations of uncommon problems.
  - Diagnose rare diseases with a high index of suspicion.
  - Develop tactics to avoid anchoring bias.
  - Review common pearls, maintaining a high index of suspicion for rare case presentations.

- **W05. Special Cases in Thrombosis Management – Dr. Deepa Suryanarayan**
  - Assess the risk of thrombosis in a variety of patients with cancer and know how best to prevent or treat.
  - Understand the evidence-based management of incidental subsegmental PE and vascular catheter associated thrombosis.
  - Understand the latest thrombolytic treatments and endovascular treatments for venous thrombosis and when to consider them.

- **W06. Autoinflammatory Diseases: What an Internist Should Know – Dr. David Shaw**
  - Describe the different categories and main characteristics of autoinflammatory diseases and when to suspect that a patient has one.
  - Have an appropriate list of differential diagnoses.
  - Recite the latest treatments that are being tried and how effective they are.
  - Know how and where to get help with managing a patient who has an auto-inflammatory disorder.

- **W07. "I'm Tired": What do I do? – Dr. Jeffrey Schaefer**
  - Incorporate differentiation between different types of “fatigue” into history taking.
  - Recognize red flags of fatigue indicating potential underlying serious disease.
  - Use targeted tests based on history and examination when testing is indicated, while minimizing harms associated with unnecessary testing.

1015 – 1045 Networking Break and View the Exhibits

1200 – 1315 LUNCH

SENIOR AND NEW INVESTIGATOR PRESENTATIONS

1315 – 1330 Peruse the Exhibits

1330 – 1530 TED GILES CLINICAL VIGNETTES

*Join us at the annual Ted Giles Clinical Vignettes competition as trainees present unusual clinical cases!*  
- Describe unusual presentations of common diseases and common presentations of rare diseases.
- Become familiar with the characteristics of engaging and educational case presentations.

1530 – 1630 CSIM Annual General Meeting (CSIM members only)
FRIDAY, OCTOBER 14, 2022

0800 – 0900 BREAKFAST AND PLENARY: Physician as Public Figure – Dr. Isaac Bogoch

0915 – 1145 CONCURRENT WORKSHOPS

One hour session, presented twice; select one per timeslot.

- W08. The Internist's Approach to Skin Disorders – Dr. Richard Haber
  - Outline an approach to commonly encountered skin manifestations of systemic illness.
  - Diagnose and differentiate between medication-induced eruptions.
  - Recognize a dermatological emergency.

- W09. Medical Follow up of the Bariatric Patient – Dr. Ali Zentner
  - Manage the immediate post-operative care of the bariatric patient.
  - Recognize and manage common post-operative complications.
  - Understand what treatment modifications might be required in the severely obese, newly operated patient.
  - Understand the medium- and long-term complications of bariatric surgery and how to manage them.

  - Be more familiar with the infectious diseases in immunocompromised hosts.
  - Update on healthcare associated infections.
  - Improve clinical outcomes by using optimal antibiotic selection, dosing, therapy duration and route of admistration.

- W11. Unveiling the "Black Boxes" in Oncology – Dr. Stephen Chia
  - Understand outcomes including disease control rate and overall survival of various advanced cancers.
  - Know the importance of immunotherapy in the management of various cancers in both advanced and early-stage settings, and that it can be associated with severe autoimmune adverse effects.
  - Identify and manage various oncologic emergencies arising from cancer and its treatment.

- W12. Interstitial Lung Disease when the Respirologist is on Vacation – Dr. Sen Han Phang
  - Develop a practical approach to classifying types of interstitial lung disease.
  - Review diagnostic work of for patient with interstitial lung disease.
  - Know the various treatment options in interstitial lung disease.

  - Describe and differentiate between the various classifications of psychotropic medications.
  - Develop an understanding of the side effects and interactions associated with psychotropic medications.
  - Discuss the concept of Medication Assisted Treatment (MAT) in the management of substance use disorders.

- W14. Frailty: When Things are not the Same as we Grow Older – Dr. Tracy Zhang
  - Define frailty and describe the five indicators of frailty.
  - Understand when to utilize screening and outcome measures to assess need for referral and functional.
  - Implement utilization of exercise as a prescription to reduce fall risk and improve physical function.
W15. Fatty Liver: The Current Context – Dr. Hin Hin Ko
• Describe the prevalence of metabolic associated fatty liver disease (MAFLD) in different adult populations.
• Identify the main risk factors for MAFLD.
• Describe the natural course of MAFLD and prognosis as related to different treatment strategies.
• Discuss current and future treatment options for MAFLD.

Canadian Internal Medicine Ultrasound (CIMUS) Hands-on Workshop: Basic Musculoskeletal Ultrasound
Dr. Irene Ma and Dr. Michael Walsh
• This workshop introduces participants to basic musculoskeletal ultrasound techniques relevant to the practice of internal medicine, such as assessing for the presence of a knee or shoulder effusion.
  o List common pitfalls of musculoskeletal ultrasound relating to equipment, operator, and artifacts such as anisotropy.
  o Acquire standard sonographic views to assess for knee effusion.
  o Identify key sonographic landmarks of the shoulder.
  o Acquire standard sonographic views to assess for glenohumeral joint effusion.
• Registration is very limited and available only to full conference registrants.
• Separate registration fee ($45 + GST) applies.
• This activity is an Accredited Simulation Activity (Section 3) as defined by the Maintenance of Certification Program of the Royal College of Physicians and Surgeons of Canada.

1015 – 1045 Networking Break and View the Exhibits

1200 – 1300 LUNCH AND PLENARY: Post-COVID Condition and Recovery – Dr. Angela Cheung

1300 – 1315 Peruse the Exhibits

1315 – 1430 SHORT SNAPPERS: Osteoporosis

1315 – 1430 POSTER COMPETITION (concurrent to the short snapper session)

1445 – 1615 RESEARCH/QI ORAL COMPETITION
Trainees in IM/GIM present the results of research and QI projects. Winners announced at the end of the session.
  • Recite updates on current research in the field of general internal medicine.
  • Apply QI methodology to the care of internal medicine patients.

1615 – 1700 RESEARCH/QI COMMITTEE DEBATE

Make the most of your stay!
Visit Tourism Victoria to see the beauty that awaits you in Victoria!
For hotel and travel discounts, please click here.
Welcome to the Rocky Mountain Morning!

SATURDAY, OCTOBER 15, 2022

0800 – 0900 BREAKFAST AND PLENARY: Rediscovering Medicine – Dr. Barry Kassen
   • Review evidence about interventions and practices that foster joy at work.
   • Reflect on aspects of your work that are fun and satisfying.
   • Discover ways to incorporate these practices into your current roles and schedule

0900 – 0915 Peruse the Exhibits

0915 – 1130 CASES IN...
Join us for these one-hour case-based workshops!
(Each topic presented twice; select one per timeslot)
   • Describe common presentations of uncommon diagnoses, or uncommon presentations of common diagnoses
   • Apply practical pearls to your own practice setting.

➢ C01. Cases in Hyponatremia: Take with a Grain of Salt
➢ C02. These Cardiology Cases Will Shock You
➢ C03. It’s Not Hocus! When POCUS Changed my Differential Diagnosis – Dr. Katie Wiskar

Register now – space limited!
See page 9 for details

Submit to the Canadian Journal of General Internal Medicine!
   • Original Research, Case reports
   • Scholarly addresses, Research Abstract Days
   • Book reviews, and more!

The Article Processing Charge is waived for CSIM members and for submissions of original research.

Learn more and submit at www.cjgim.ca. Follow the CJGIM on Twitter @CJGIMJournal.

Program subject to change.
OUR SINCERE THANKS TO THE 2022 CSIM ANNUAL MEETING COMMITTEE!

Dr. Jeffrey Schaefer, Chair
Dr. Arnav Agarwal
Dr. Laura Farrell
Dr. Sophie Grand’Maison

Dr. Amy Hendricks
Dr. Lynn Lambert
Dr. Shannon Ruzycki
Dr. Rabia Shahid

Dr. Kajenny Srivaratharajah
Dr. Don Thiwanka Wijeratne
Dr. Ahmed Zaki

REGISTRATION

FULL CONFERENCE RATES
Please refer to the next page for footnotes.

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<th>Category</th>
<th>EARLY BIRD!</th>
<th>Regular As of July 28</th>
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<tr>
<td>CSIM/ACP Physician Member 1</td>
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ONE-DAY REGISTRATION
Participants attending two or more days must register for the full conference.

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<tbody>
<tr>
<td>CSIM/ACP Physician Member 1</td>
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<tr>
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<tr>
<td>CIMUS Basic Focused Cardiac Ultrasound Workshop 5</td>
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Separate registration required – click here to register.

All fees are subject to 5% GST.

Join us!
Click here to register!

- Registration is not confirmed until full payment has been received; unpaid registrations will be cancelled.
- Online payment by credit card only.
- Space in workshops is limited and seating is available on a first-come, first-served basis.
- Name badges must be worn at all times; badges are non-transferable.

Program subject to change.
REGISTRATION (continued)

Registration footnotes
To obtain the CSIM member rate, your membership dues must be paid in full. If dues payment is not received, the non-member rate will apply.

1) Eligible physicians may apply $320 of the non-member registration fee towards a CSIM Full Membership. Contact the CSIM Office for details.
2) Allied Health Professionals are health care professionals working in the field of general internal medicine which may include nurses, technicians, health educators and others.
3) All corporate representatives must complete a registration form. Individuals representing corporate sponsors/exhibitors beyond any complimentary registration limit must submit payment with their registration form. Space in workshops is limited; if a workshop still has space, corporate representatives and exhibitors may attend, but priority is to be given to physician delegates. Corporate registration and badges are non-transferrable.
4) CIMUS Workshop: Pre-registration and payment required. Space is limited. If minimum registration is not met, this course may be cancelled. Registration is available only to full conference registrants.

PLAN YOUR TRIP TO BEAUTIFUL VICTORIA, BC!
Make the most of your stay!
Visit Tourism Victoria to see what Victoria has to offer.

ACCOMMODATIONS
Special room rates are available at the two official conference Hotels. Discounted rates are limited and available on a first-come, first-served basis.

DoubleTree by Hilton Hotel & Suites Victoria
777 Douglas St
Victoria, BC V8W 2B5

Click to book your room at the discounted rate
Or dial 1-800-222-TREE and reference group code CSM.

Hotel Fairmont Empress
721 Government St
Victoria, BC V8W 1W5

Click to book your room at the discounted rate

TRAVEL
- **Air Canada** is the Preferred Canadian Airline for the CSIM Annual Meeting!
  When searching for your flights, input R78YUZWI into the “Promotional Code” field to receive a discount of 5% on eligible standard fares and 10% on flex fares & higher.

- **West Jet**: Use discount code OY3Y1XN to receive 5% off eligible Econo and 10% off EconoFlex fares for travel to and from the meeting.

- **Helijet**: Use discount code CSIM22 for a 15% discount on eligible fares.

- **Harbour Air Seaplanes**: Use discount code CSIM22 for a 10% discount on eligible goFLEX and goGOLD fares (proof of conference registration will be required at check in.)
Save the Dates!
Join us at the next CSIM Annual Meetings!

October 11-14, 2023
Quebec City, QC

October 16-19, 2024
Hamilton, ON

CSIM Mission Statement
The CSIM is a non-profit professional society that promotes the health and wellbeing of Canadian patients, their communities, and their health care systems. We seek to foster leadership and excellence in the practice of General Internal Medicine (GIM) through research, education, and advocacy for health promotion and disease management.

Vision
We believe that General Internal Medicine in Canada plays a central role in the training of current and future clinicians, in clinical research, in patient care, in health promotion, and in health advocacy; and that it unites a body of knowledge, values, and principles of care that lay the foundation for excellence in the Canadian health care system.

Values
We embrace the ethical and professional standards that are common to all healing professions, as well as the specific values of generalism, teamwork, competency-based training, life-long learning, evidence-based medicine, holism, and humane, patient-centered care.

CSIM CPD Subcommittee Vision
Our ultimate goal is to go beyond the simple transmission of information. Our goal is to make a lasting impact on the knowledge, skills and attitudes of clinicians and future clinicians; to narrow the theory to practice gap; to improve the health of all Canadians.

Cancellation policy: Cancellation of registration must be received in writing to the CSIM Office by September 15, 2022 for a full refund, less an administration fee of 10% (+ tax) of the registration fee paid. No refunds will be provided after September 15, 2022. Registrations cannot be shared or transferred.

Dietary Requirements: While we try our best to accommodate all requests, registrants are responsible for ensuring that their special dietary needs are met. If you have any questions, please contact info@csim.ca. Additional costs to provide special meals may apply.
This program has received an educational grant and in-kind support from:

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