# Bangladesh Governor's Newsletter July 2019



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## **Governors Message**



H.A.M. Nazmul Ahasan, MBBS, FCPS, FRCP (Edin and Glasg), MACP, ACP Governor

### Hello everyone,

It is rainy season here in Bangladesh during the month of July. It is welcomed with joy and happiness as the cool rain showers are a perfect way to rejuvenate after bearing the sun for almost 4 months. ACP Bangladesh chapter had plenty of engagements in last eight months. We arranged one conference, two seminars, one students' program and one skill development program for residents. We also attended ACP meeting in Philadelphia.

# 19th International Congress and Conference

The 19th International Congress and Conference, organized by Bangladesh Society of Medicine and endorsed by American College of Physicians was held on the 7<sup>th</sup> December till 9<sup>th</sup> December, 2018 at Pan Pacific Sonargoan Hotel, Dhaka. A total of 1759 registered participants attended the meeting. A total of 143 national and 21 international faculties took part as speakers in the program.



Prof. Md. Billal Alam and other dignitaries attending conference.



George M Abraham, MD, MPH, FACP, FIDSA and other attendees

The program overview is as follows:

- 1. A Grand Round and a Clinical Pearl session
- 2. A State of the Art lecture
- 3. Professor Nurul Islam Memorial lecture
- 4. Four Keynote speeches
- 5. Eighteen symposiums, each having three speakers.
- 6. Three interactive training session.
- 7. Thirty-three Multiple Small Feedings of the Mind
- 8. Twenty-eight free papers
- 9. Two Clinical Skill development programs for post graduate students

- 10. One medical quiz for postgraduate students.
- 11. Twelve Posters



Prof. BA Muruganathan, Governor ACP, India Chapter.

ACP ambassador George M Abraham, Professor of Medicine and chair of BOG, ACP, delivered the State-of-the-Art lecture on "Antimicrobial Stewardship". Prof. BA Muruganathan, Governor ACP, India Chapter was present in the conference and delivered his lecture on "My fight against Hypertension".

# Chapter Excellence Award:

ACP Bangladesh Chapter received Chapter excellence award in 2018 for its annual performance for the second consecutive time. The award recognizes chapters which successfully meet the standards for managing a chapter. In order to achieve the Chapter Excellence Award, chapters must meet all basic criteria and ten optional criteria.





HAM Nazmul Ahasan receiving chapter excellence award from George M Abraham

## Laureate Award:



Quazi Tarikul Islam receiving Laureate award from George M Abraham

The Laureate Award is designed to honor those Fellows and Masters of the College who have demonstrated, by their example and conduct, an abiding commitment to excellence in medical care, education, and research, and service to their community, their chapter, and the ACP. Prof. Quazi Tarikul Islam received this prestigious award from ACP for his enormous contribution to ACP Bangladesh chapter.

## ACP stall in the Conference:





Dignitaries at ACP stall

Like every year, there was an ACP stall in the conference. Besides registering new members, we started renewing membership which was a big problem from the very beginning. We also distributed booklet on Arthritis and printed Newsletter to conference attendees.

# Second Advisory council meeting:



HAM Nazmul Ahasan and other advisory council members.

The 2<sup>nd</sup> meeting of ACP Bangladesh Chapter was held on the 14<sup>th</sup> of January, 2019 at 12 pm in Absolute BBQ, Dhaka. The following decisions were taken in the meeting.

- Appointment of Dr. Sarmistha Biswas as second secretary.
- Appointment of Tahmid Tanveer Islam as computer analyst.

- Letter will be sent to the chair of different committees. The chair will form the committee with total five members. A guideline specifying the job description of each committee will be provided with the letter.
- Steps will be taken to conduct undergraduate and resident students' program in different
  medical colleges. In this regard, first program will be held at Popular Medical College
  where ECG interpretation will be discussed by two speakers among undergraduate
  students.
- A CME was arranged in Comilla in March, 2019 in collaboration with Bangladesh Society of Medicine and Comilla Medical College.
- The Regional conference of ACP will be held on 31<sup>st</sup> August, 2019 in Kolkata, India. Chapter Governor requested chapter members to participate in the conference.

## ECG for Beginners, A student's program:

On 30th January of 2019, ACP Bangladesh Chapter organized a seminar titled Introduction to Electrocardiogram. This was held in Popular Diagnostic Center at Dhanmondi and it was primarily aimed at the 5th year medical students. Over 200 people attended the seminar to learn more about concepts of ECG such as waves, amplitudes and intervals, rhythm disturbances, and many more.



HAM Nazmul Ahasan and senior teachers in skill development program.

The seminar was opened by Governor HAM Nazmul Ahasan with brief words about ACP and its work, and then spoke about some common challenges and issues faced in the medical landscape here in Bangladesh along with recent advancements around the world.



Prof. Abdullah Al Shafi Majumder and other attendees

The first speaker, Prof. Abdullah Al Shafi Majumder, introduced the audience to the basics of ECG along with an in depth look into the anatomy of the heart. He approached the topic in a very interactive manner which allowed the students to openly participate in the discussion. By providing questions and topics to think about, the session proved to be quite interesting. Not only were the students equipped with a thorough and overall understanding of the complexities involved with the heart, they thought critically about the topic which led to interesting discussions.



Prof. Ahmed Hossain and students attending program.

Next, the topic was "common abnormalities of ECG" and Prof. Ahmed Hossain discussed regarding irregular heart rhythms, atrial fibrillation, PACs and PVCs, myocardial infraction in detail along with more topics. He presented the students with a holistic understanding.

Finally, the seminar closed with motivational words from Governor, HAM Nazmul Ahasan who encouraged the participants to further their passion in trying to change the world for the better and all the opportunities that lies ahead in this field.

# CME on Emergency and Geriatric Medicine:



Dignitaries attending CME



A CME on emergency and geriatric medicine was held in Comilla, Bangladesh on 29<sup>th</sup> March 2019 in collaboration with ACP Bangladesh Chapter and Bangladesh Society of Medicine, Comilla and Central branch. Former governor Prof. Quazi Tarikul Islam and present governor Prof. HAM Nazmul Ahasan were present in the occasion. Nearly 150 ACP members and 200 Bangladesh society of Medicine members attended the CME. Three speakers talked on emergency medicine and three speakers on geriatric medicine.

## BOG meeting Philadelphia'19:



Board of Governors Class Breakfast – Class of 2022

Board of Governors' meeting was held on 9<sup>th</sup> and 10<sup>th</sup> April, 2019 in Philadelphia prior to IMM'19 meeting. Professor H A M Nazmul Ahasan, Governor, ACP Chapter Bangladesh attended the meeting on behalf of the Chapter. On 9<sup>th</sup> April at the "Board of Governors Class Breakfast – Class of 2022", Governors discussed regarding the Good and the Bad lessons and experiences from the first year as an ACP Governor, class of 2022. He mentioned that the number of members is increasing satisfactorily. 64 new members and 92 student members have joined as new members respectively during last one year. Professor Quazi Tarikul Islam, past Governor has been awarded MACP this year. New committees have been formed. Two CME was arranged last year, one "Acute Medicine" at Comilla and the other on "Arthritis" at Dhaka club. A Students Program was arranged last year on "ECG for beginners". Furthermore, the chapter is publishing its newsletter regularly both online and in hard copy. Governor has also informed that although new members are increasing, due to "drop out" of considerable numbers each year, it is difficult to retain membership. He added that the activities of the chapter are increasing day by day and one second Secretary and another IT personal have been added to the Chapter. He also stressed on increasing the fund to continue future activities. He thanked ACP for sending Chair, Board of Governors for attending the Annual and International Conference of Bangladesh Society of Medicine (BSM) as ACP ambassador and requested to continue in future as well. On 10<sup>th</sup> April at the "awards Luncheon" the name of Bangladesh Chapter was announced for receiving "Chapter Excellence award". Professor Ahasan also served as poster session judge on 11<sup>th</sup> April and requested to appoint more Fellows as Poster session judges from Bangladesh next year.

# ACP conference, Philadelphia- Achievement of Bangladesh:

Annual Conference of American College of Physicians (ACP) was held in Philadelphia from 11<sup>th</sup> to 14<sup>th</sup> April, 2019. About 30 members and fellow members from ACP Bangladesh Chapter joined the conference.





Quazi Tarikul Islam awarded Masters. HAM Nazmul Ahasan with other attendees.

This year 5 new fellows have joined the convocation of ACP this year. The Chapter Governor of ACP Bangladesh Chapter, Prof H A M Nazmul Ahasan attended as a judge of few poster sessions.

Professor Md Tariqul Islam received MACP certificate in this conference. Prof Md. Billal Alam, President, Bangladesh Society of Medicine, attended the convocation ceremony as one of the representatives of the society of Internal Medicine worldwide.

Among the posters two were from Bangladesh - one is from a resident member, Dr. Mahjabeen Islam and another was from a fellow of ACP; Dr. Samira Rahat Afrose. A souvenir for bonding relationship was given to Eve Swiacki.



Senior teachers with Eve Swiacki.

# Skill development program for resident members

ACP Bangladesh Chapter organized a skill development program for resident members on 'Basic Imaging and Endoscopy' in Prof SGM Chowdhury Hall, Dhaka Medical College Hospital-2 on June 17<sup>th</sup>, 2019 from 8:00 am to 1:00 pm. Nearly 200 registered participants, both ACP members and nonmembers from different medical college hospitals attended the program.

















HAM Nazmul Ahasan, senior teachers and postgraduate trainee.



HAM Nazmul Ahasan and other attendees.

Three renowned speakers in the field of medicine in Bangladesh, talked on three important topics for the residents and took part in interactive session.

Professor Ahmedul Kabir talked on "Common Endoscopic Interpretations" and demonstrated live endoscopy of upper GIT to the resident members.

Associate Professor Mohammad Robed Amin talked on 'Basic CT Scan and MRI.'

Professor Md. Mohiuddin Ahmad talked on 'Interpretation of Chest CT Scan'

ACP Governor Prof. H.A.M Nazmul Ahasan and Chairman, Resident /Fellow members
Committee Prof. Ahamedul Kabir inaugurated the program. Prof Billal Alam, president,
Bangladesh society of Medicine and Prof. Khan Abul Kalam Azad, past president Bangladesh
Society of Medicine and principal Dhaka Medical College, were also present.

#### New Members in last six months:

Kazi Shamim Ahamed, MBBS

Fatema Ahmed, MBBS

Mohammad Ashraf Uddin Ahmed, MBBS

Fahmida Akhter, MBBS

Md Ashraful Alam, MBBS

Md Mahbubul Alam, MBBS

Md. Shah Alam, MBBS

Kazi Mohammad Abdul Awal, MBBS

Jayanta Banik, MBBS

Aysha Begum, MBBS

Md. Arif Hasan Bhuiyan, MBBS

Nobendu Chowdhury, MBBS

Kaniz Fatema, MBBS MD

Eusha Ahmad Fidalillah Ansary, MBBS MD

Mohammad Forkan, MBBS MRCP

**Richmond Ronald Gomes** 

Mohammad Kamrul Hasan, MBBS

Muntasir Hasnain, MBBS

REFAT AL IMON, MBBS

Mohammad Zakirul Islam, MBBS

Hamid Mujibor Kaiser, MBBS

Madhabi Karmaker

Md. Hasib Uddin Khan, MBBS

Mohammad Sarwar Khan, MBBS

Sharif Ahmed Khan, MBBS

Abu Saif Mohammad Lutful Kabir, MBBS

Pranab Mallik, MBBS

Lubna Nandita, MBBS

Nandita Paul, MBBS

Protap Kumar Paul, MBBS

Ishrat Quader, MBBS

A A M Shazzadur Rahman, MBBS

Solaiman Rupom

Tanmoy Kumar Saha, MBBS

Md Annaz Mus Sakib, MBBS

Sharmin Sultana, MBBS

Sadia Tareq, MBBS

Mohammed Rokon Uddin, MBBS

Md.Shaheen Wadud, MD

#### New Fellows in last six months:

Jamal Uddin Ahmed, MBBS FACP

Nazma Akter, MBBS FACP

A.H.M Feroz, MD FACP

Mohammad Mahfuzul Hoque, MBBS FACP

Golam Nabi, MD FACP

Abu Shahin M Rahman, MBBS FACP

Gazi Khan Md Shahiduzzaman, MD FACP

### Conclusion:

ACP Bangladesh Chapter is growing faster than ever. We are getting encouragement from headquarter as we are arranging programs for our different category of members. I will request our members to attend the programs which are designed for you. Enjoy ACP membership and check your mail regularly; you will get lots of clinical update all the time. Please avoid membership dropout by paying regular annual fees. If you feel any problem, feel free to contact us.

Regards,

HAM Nazmul Ahasan

Governor, ACP - Bangladesh Chapter.

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