The Patient Centered Medical Home (PCMH): Overview of the Model and Movement Part II

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Presentation Outline

Part I:	Part II:
Why the patient-centered medical home (PCMH)?	Who supports the PCMH model?
What is the PCMH?	Where is the PCMH model being tested?
How do I know a PCMH when I see it?	What have we learned about the PCMH so far?
Where does specialty care fit in?	How can ACP help practices?

Growing Support for the PCMH Model

The Patient Centered Primary Care Collaborative (PCPCC), which formed in 2007, has over 700 member organizations

- Organizations representing over 350,000 physicians—including ACP and other primary care societies, American College of Cardiology, American Academy of Neurology
- Organizations representing over 50 million employees, including large employer umbrella groups, and individual companies such as IBM, General Motors
- All major health plans
- CVS Caremark, including MinuteClinic
- Consumer organizations including AARP
- Bridges to Excellence
- National Association of Community Health Centers

PCPCC organizations attest to their support of the PCMH Joint Principles, including the belief that the PCMH will "improve health of patients and the viability of the health delivery system," and support a better payment model to facilitate implementation

PCPCC on the web: http://www.pcpcc.net

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Patient-Centered Primary Care Collaborative

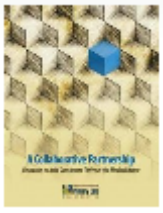
Overview of PCPCC Activities

Five Collaborative Centers:

- Multi-Stakeholder Demonstrations;
- Public Payer Implementation;
- Employer Engagement;
- eHealth Information Adoption and Exchange; and
- Consumer Engagement

Events:

- Two stakeholder meetings per year
- One national summit
- Weekly calls
- Collaborative center calls and webinars



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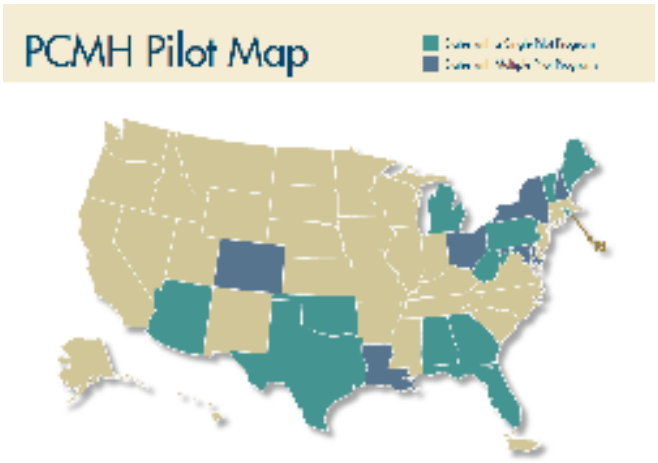
Types of PCMH Test Projects

- Multi-payer/multi-player commercial plans
- Medicaid/CHIP
- Federal Efforts: Medicare FFS, Veterans Administration, Department of Defense

Overview of PCMH Commercial Pilot Activity

- 27 projects
- 18 states



Source: PCPCC Pilot Report (http://pcpcc.net/pilot-guide), October 2009

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Overview of PCMH Commercial Pilot Activity (cont.)

Additional commercial PCMH projects under development or underway in at least 21 more states:

- Arkansas
- California
- Hawaii
- Idaho
- Illinois
- Indiana
- Iowa
- Massachusetts
- Minnesota
- Missouri
- Montana
- Nebraska
- New Jersey
- North Carolina
- North Dakota
- Oregon
- South Carolina
- Tennessee
- Virginia
- Washington
- Wisconsin

Additionally, new projects are under development or being impemented in the previous states, such as New York (Adirondack region), Florida (BCBS)

* As tracked by the American College of Physicians (updated March 2010)

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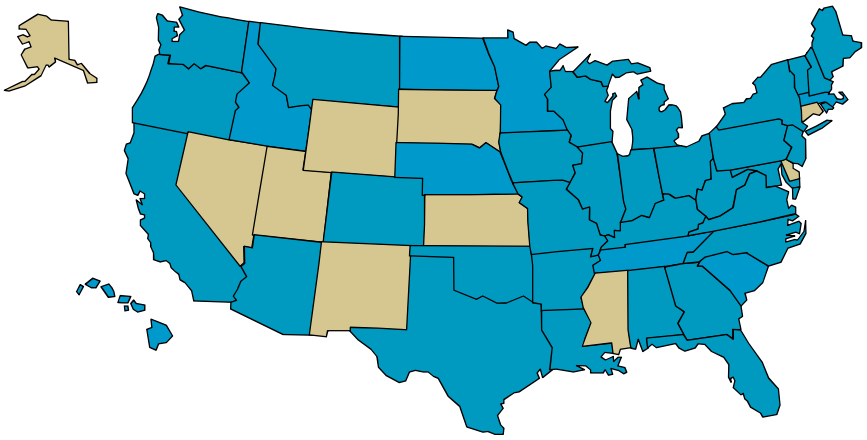
Overview of PCMH Commercial Pilot Activity (cont.)*



= Identified to have at least one private payer medical home pilot under development or underway

* As tracked by the American College of Physicians (updated March 2010)

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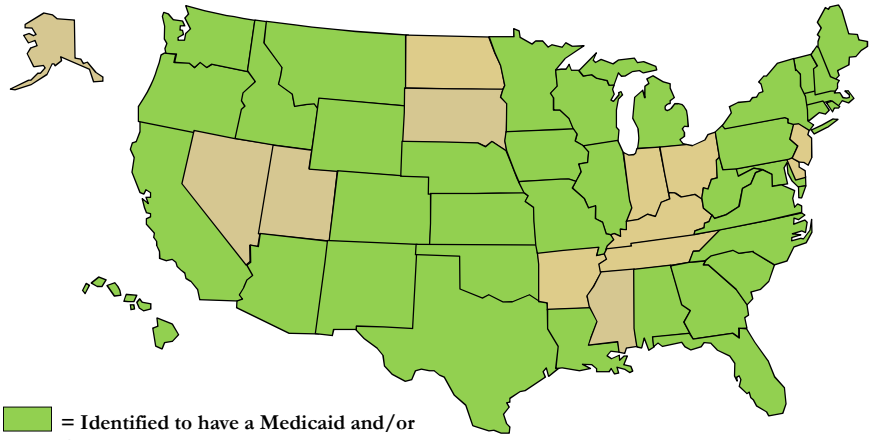
Initiatives to Advance Medical Homes in Medicaid/ CHIP



= Identified to have a Medicaid and/or CHIP medical home initiative underway or under development

Source: National Academy for State Health Policy (NASHP) State Map (http://nashp.org/med-home-map), 2010

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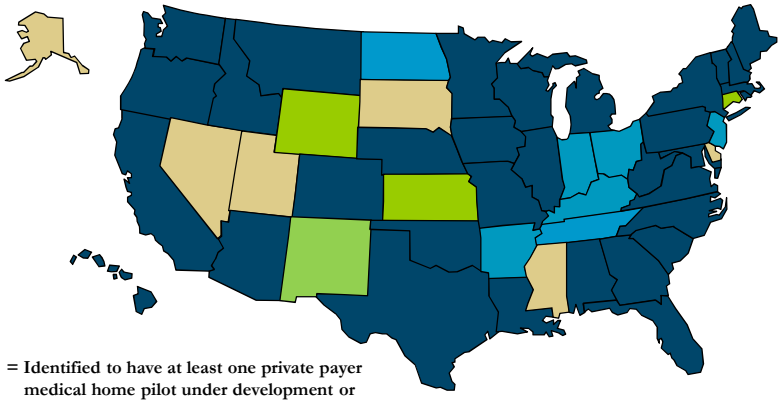
Combined Commercial and Medicaid/CHIP PCMH Activity



= Identified to have at least one private payer medical home pilot under development or underway

= Identified to have a Medicaid and/or CHIP medical home initiative

= Identified to have both a private payer and a Medicaid and/or CHIP medical home initiative

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Federal PCMH Efforts: Medicare FFS

Medicare Medical Home Demonstration Project

- Authorized under Section 204 of the Tax Relief and Health Care Act of 2006
- October 26, 2009: Project put on hold by CMS pending legislation that would repeal it and replace it with a similar pilot

Medicare "Advanced Primary Care" Demonstration Project

- New 3-year project announced by HHS Secretary Kathleen Sebelius on September 16, 2009
- Will allow the participation of Medicare beneficiaries in state-initiated medical home projects that also include Medicaid and private payers
- Currently seeking applicants – due by August 17, 2010

CMS/Health Resources and Services Administration (HRSA)

- Announced by President Obama on December 9, 2009
- Will evaluate the impact of the advanced primary care practice model on the accessibility, quality, and cost of care provided to Medicare beneficiaries served by Federally Qualified Health Centers (FQHCs).

For more information on CMS/Medicare PCMH Efforts:
http://www.acponline.org/running_practice/pcmh/demonstrations/index.html

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Federal PCMH Efforts (cont.)

Veterans Administration

- 820 primary care sites
- 4.5 million primary care patients
- Using the ACP Medical Home Builder

Department of Defense

- National Naval Medical Center PCMH Pilot
- Air Force Family Health Initiative
- Tri-Service Medical Home Summit; Second Summit being planned for 2010
- "The PCMH model of care will be implemented across the Services" – MHS Policy Statement on September 18, 2009

Agency for Healthcare Research and Quality (AHRQ)

- PCMH.AHRQ.gov - provides policymakers and researchers with access to evidence-based resources about the medical home and its potential to transform primary care and improve the quality, safety, efficiency, and effectiveness of U.S. health care

PCMH Activities also occurring in: SAMHSA, CDC

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More Information on PCMH Demonstration Projects

See the ACP website:
http://www.acponline.org/running_practice/pcmh/demonstrations/index.html

OR the PCPCC website:
http://pcpcc.net/

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PCMH Evaluations

Key Questions Under Investigation:

- What does it take to become a medical home?
- Do PCMHs improve:
  - Clinical Quality?
  - Patients' Experiences?
  - Physician/Staff Experience?
  - Efficiency?
- Is this sustainable/ are practices financially stable?

Community Implications - Published Results of PCMH Projects to Date

Group Health Cooperative of Puget Sound

- 29% reduction in ER visits; 11% reduction in ambulatory care sensitive admissions
- Improvements in diabetes and heart disease care
- Cost neutral after 1 year

Geisinger Health System

- 14% decrease in hospital admissions
- Improvements in diabetes and heart disease care
- 9 % reduction in costs
- ROI greater than 2 to 1

Source: PCPCC Pilot Guide, 2009

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Community Implications – Published Results of PCMH Projects (cont.)

HealthPartners Medical Group (MN)

- 39% decrease in ER visits
- 24% decrease in hospital admissions
- Better diabetes and cardiac care
- Reduced costs

Colorado Medicaid & SCHIP

- Median annual costs $785 vs $1000
- Reduction in ER visits & hospitalizations
- More well-child visits (72% vs 27%)
- Lower median costs for children with chronic conditions ($2,275 versus $3,404)

Source: PCPCC Pilot Guide, 2009

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Community Implications – Published Results of PCMH Projects (cont.)

Metcare of Florida/Humana PCMH Program

- Started in November 2008 & Concluded in October 2009
- Studied the impact of the PCMH model in a Medicare Advantage (MA) capitated group
- Hospital days per 1000 customers dropped by 4.6 percent compared to an increase of 36 percent in the control group
- Hospital admissions per 1000 customers dropped by three percent, with readmissions running six percent below Medicare benchmarks
- Emergency room expense rose by only 4.5% for the Metcare group compared to an increase of 17.4% for the control group

Source: Metcare Press Release, February 23, 2010

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Community Implications – Published Results of PCMH Projects (cont.)

Metcare of Florida/Humana PCMH Program (cont.)

- Diagnostic imaging expense dropped AND pharmacy expense increases were limited
- Overall medical expense for the Metcare group rose by only 5.2 percent compared to 26.3 percent increase for the control group
- Preventive breast and colorectal cancer screening was 13.3 percent and 6.3 percent higher respectively, compared to the control group
- Average LDL cholesterol levels dropped by 1.8 percent, and customers with levels below 100 (a target level) rose by 4.0 percent
- Ninety-four percent of diabetic patients had an A1C level of less than nine percent

Source: Metcare Press Release, February 23, 2010

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Community Implications – Preliminary Findings of Other PCMH Projects

Greater New Orleans Primary Care Access and Stabilization Grant (PCASG)

- Started 9/21/07 – for 3+ years
- Multi-stakeholder; federal grant program
- 91 practices – IM, FP, Peds, others; 160,000 lives/year
- 13 of the 25 organizations achieved recognition by NCQA as PCMHs at 36 clinic locations (ranging from levels 1-3) in 2008.
- All organizations have implemented 24/7 access to clinician by phone and same day appointments for urgent care.
- The total system volume (number of individuals served) has increased by 15% every six-month period starting March 2007 for outpatient primary and behavioral health care.
- The 25 participating organizations have expanded the number of service delivery sites from 7 pre-grant to 91 today.

Source: PCPCC Pilot Guide, 2009

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More Results…

PCPCC Pilot Guide

And on the PCPCC website…
www.pcpcc.net

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Thank You!

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Questions?