

Well-being Champions Recruitment and Training Project Plan

(Adapt to virtual or hybrid training as needed)

WHEN	CHAMPION RECRUITMENT	CHAMPION TRAINING	COMMENTS/NOTES
Months 1-2	Prepare nomination and recruitment materials	Ongoing virtual training for existing	
		Well-being Champions	
Months 3-5	Receive nominations; answer questions, remind of deadline date- usually end of year	Ongoing virtual training	
		Work on the initial training agenda for	
		the upcoming year	
		-need to have at least days and times	
		done by end of year, if not all content	
Month 6	Determine need for lottery for recruitment if interest outpaces slots and hold if needed	Ongoing virtual training	
	Early Jan: Notify everyone they are selected (new nominees and holdovers from prior year). Include gross details including:	Finalize training agenda; secure speakers, etc. Should be done by end of the month.	
	 Dates and times; no need to register; travel and hotel reimbursement (if applicable); CME/MOC; expectations; prework coming Be sure to cc all those that need the information in the organization. Ask everyone to confirm attendance for final numbers. Develop cohort mailing list once confirmed; update that year tracking sheet. Mid-Jan: Invite former Champions to participate in training as applicable/desired (training agenda must be complete first to determine timing). 		



Month 7	Update environmental survey	Ongoing virtual training
	Update/prep mini z (or another measure) Update/prep goals sheet Update post evaluation	Determine prework needed; provide links to staff
Month 8	Early-mid March (about 4 weeks before the session): Send detailed communication to nominees and all those that need to be informed in the organization: -Training details times/days -room locations -all prework and surveys -reminder regarding reimbursement (if any) -training agenda -special needs and requests Send reminder for prework. Late March/early April: Analyze environmental survey and mini Z and provide results to faculty at least 10 days before training.	Ongoing virtual training Make sure any faculty requests for hard copies are received in time for printing and shipping to location. Obtain/review slide decks from instructors in time to make any final changes.
Month 9	Send final reminder 10 days before training Finalize post evaluation/ send Include hotel, reimbursement form Include CME/MOC reminder Log attendance and return of evaluation on master tracking sheet. Prepare and send out certificates	April 1: Get all final slide presentations from instructors and load on laptop and on memory stick. Bring laptop/memory stick to training location.



	Process hotel reimbursements		
Month 10	Analyze post evaluation results Analyze goals	Ongoing virtual training	
Months 11-12		Ongoing virtual training	
		Debrief call with faculty, etc. to discuss training and evaluation comments. Apply learnings.	
Start process again!	Keep in mind Well-being Champion term end dates	Ongoing virtual training	
		Ongoing coaching and nurturing well- Well-being Champion and Chapters cross-collaboration opportunities	