

Elevator Speech for Approaching Organizational Executives about Physician Well-being

Burnout now affects more than 50% of all physicians in the United States and occurs across all specialties. We have all experienced the feeling of being overwhelmed and frustrated by our work. The uniqueness of physician burnout is its effect on our organization and our patients. It reduces productivity, quality of care, and patient satisfaction, and leads to increased turnover. The substantial cost of these consequences creates a strong business case for organizational support of physician well-being and professional satisfaction. I have some practical ideas to discuss further with you and your leadership team. May I set up a follow up meeting with you and your staff to start an ongoing conversation about how we can start to address this important problem?