This past spring on May 4th our ECPs gathered for our “Social Journal Club” event. This event occurred simultaneously in Rapid City and Sioux Falls during dinner. Each member brought their favorite journal article or practice changing update to the dinner event and shared it with their peers. In Rapid City, the topics discussed included how isopropyl alcohol could be more effective than oral zofran for control of nausea, empagliflozin use in HFpEF, negative predictive value of MRSA PCR nasal swab and the antiquated use of NPO after midnight for most procedures. In Sioux Falls, we reviewed SGLT2 inhibitors for CHF, physician well being and updated guidelines on C. diff. Our members expressed how they had a great time socializing with their peers and learning from each other.