

# POCUS: Foundational Skills for the Internist

Attendees will be broken up into groups to balance the lecture.

Day 1 8:00 a.m. - 4:30 p.m.		
Start Time	End Time	Title
8:00	8:30	Introduction
8:30	8:45	Physics & Knobology Recap
8:45	9:05	Lecture: Abdomen Free Fluid
		Scanning: Physics & Knobology
9:05	9:25	Lecture: Abdomen Free Fluid
		Scanning: Physics & Knobology
9:25	9:55	Lecture: GU + Abdomen Cases
		Scanning: Abdominal Free Fluid
9:55	10:10	<b>BREAK</b>
10:10	10:40	Lecture: GU + Abdomen Cases
		Scanning: Abdominal Free Fluid
10:40	11:10	Lecture: Lung
		Scanning: GU
11:10	11:40	Lecture: Lung
		Scanning: GU
11:40	12:40	<b>LUNCH</b>
12:40	1:20	Lecture: Cardiac
		Scanning: Lung
1:20	2:00	Lecture: Cardiac
		Scanning: Lung
2:00	2:40	Cases
		Scanning: Cardiac
2:40	2:55	<b>BREAK</b>
2:55	3:35	Cases
		Scanning: Cardiac
3:35	4:02	Rapid Fire Image Review
		Free Scan
4:03	4:30	Rapid Fire Image Review
		Free Scan

**Day 2**  
**8:00 a.m. - 4:30 p.m.**

Start Time	End Time	Title
8:00	8:30	Day 1 Review, Q & A
8:30	9:10	Lecture: Next Step Cardiac
		Day 1 Free Scan
9:10	9:50	Lecture: Next Step Cardiac
		Scanning: Cardiac
9:50	10:05	<b>BREAK</b>
10:05	10:45	Lecture: DVT
		Day 1 Free Scan
10:45	11:25	Lecture: DVT
		Scanning: Cardiac
11:25	12:05	Ultrasound Program Management
		Scanning: DVT
12:05	1:05	<b>LUNCH</b>
1:05	1:45	Ultrasound Program Management
		Scanning: DVT
1:45	2:25	Case Based Lecture: Putting it Together
		Review all free scan
2:25	2:40	<b>BREAK</b>
2:40	3:20	Case Based Lecture: Putting it Together
		Review All Free Scan
3:20	3:50	Rapid Fire Image Review
3:50	4:20	Individual Practice Breakout
4:20	4:30	Wrap up Q & A