

# Virginia Chapter Scientific Meeting 2017



**March 3–4, 2017**

Omni Hotel

Charlottesville, VA

[Register Online Today!](#)

*Fostering Excellence in Internal Medicine*

This live activity has been designated for 12.5 CME and MOC credits.



**ACP**<sup>®</sup>  
American College of Physicians  
Leading Internal Medicine, Improving Lives

Virginia  
Chapter

# Meeting Highlights

- Mosquito-Borne Illness
- Clinical Triad: “Hear No Evil, See No Evil, Speak No Evil”—ENT, Ophthalmology, and Allergy Emergencies Every Internist Should Know
- Updates in Stroke and Hepatitis C
- Medical Effects of Climate Change
- How to Succeed Under MACRA
- Guidelines for Colon and Gynecologic Cancer Prevention
- HTN-SPRINT Takes Us to the Finish Line
- Sessions on Geriatric Psychiatry, Thyroid Disorders, and Treating Chronic Cough in 2017

Dear Colleague,

Join me and your colleagues in internal medicine at the next scientific meeting of the Virginia Chapter of the American College of Physicians, being held March 3–4, 2017, at the Omni Hotel in Charlottesville.

The meeting is a great way for you to recharge, rewind, and reflect with your peers, chapter leaders, and great speakers. Connect with the Virginia Chapter’s rich source of knowledge content and networking by attending our premier meeting for general internists, subspecialty internists, hospitalists, allied health practitioners, residents, and medical students.

In addition to earning CME and MOC credits, this conference is about making personal contacts and getting involved in your chapter. You’ll engage with people who know your challenges and can help you find solutions. The opportunities available at this meeting will help you meet not only your needs as a physician but also the needs of the patients you serve.

To ensure your place at this invaluable meeting, register now by visiting us online at [www.acponline.org/about-acp/chapters-regions/united-states/virginia-chapter/news-meetings](http://www.acponline.org/about-acp/chapters-regions/united-states/virginia-chapter/news-meetings)

I look forward to seeing you in Charlottesville.

Sincerely,

**William E. Fox, MD, FACP**  
**ACP Governor, Virginia Chapter**



# Schedule at a Glance

## *Fostering Excellence in Internal Medicine*

Friday, March 3, 2017

**7:35 a.m.**

### **Welcome**

William E. Fox, MD, FACP

### **Session I**

**7:45 a.m.**

### **James Moss Lecture—Medical Effects of Climate Control: A Hot Topic**

Nitin Damle, MD, MS, FACP

**8:30**

### **CHF: Tips on Keeping Readmission Rates Down**

Keyur B. Shah, MD

**9:15**

### **Mosquito-Borne Illness: What's Really Bugging Us**

Costi D. Sifri, MD, FIDSA

**10:00**

### **Break**

Visit Exhibitors and the College Display Table

**10:20**

### **Clinical Pearls: Challenging Cases in Thyroid Disorders and Geriatric Psychiatry**

Richard J. Santen, MD

Shriti Patel, MD

**11:20**

### **Health Policy & Advocacy MACRA: How to Succeed Under the New Quality Payment Program**

Shari Erickson, MPH

### **Noon**

### **Lunch & Town Hall**

### **Town Hall Participants:**

William E. Fox, MD, FACP, Governor

Nitin Damle, MD, MS, FACP, ACP President

Lisa Ellis, MD, FACP, Past Governor

Shari Erickson, ACP Washington Office

Stuart Henochowicz, MD, MBA, FACP, and

John Paul Verderese, MD, FACP, VA Chapter Health and Public Policy Committee

### **Session II**

**1:15 p.m.**

### **Hepatitis C for Internists—What's New?**

Charles J. Schleupner, MD, MSc, FACP, FIDSAA, FSHEA

**2:00**

### **Making Sense of Guidelines for Colon and Gynecologic Cancer Prevention**

Carolynn Young, MD

Patrick E. Young, MD, FACP, FACG, FASGE, CAPT MC (FS) USN

**2:40**

### **The True "Cost" of the Burnt Out Physician**

Lisa Ellis, MD, FACP

**3:10**

### **Break**

Visit Exhibitors and the College Display Table

**3:20**

### **Diagnosis and Treatment of Chronic Cough in 2017**

Eric Davis, MD

**4:00**

### **Best Inpatient and Outpatient Journal Articles of 2016 That Changed My Practice**

Alan Dow, MD, FACP, MSHA

Jon Sweet, MD, FACP

**5:15**

### **ACP Awards Reception**

# Schedule at a Glance

**Saturday, March 4, 2017**

**7:00 a.m.**

**Networking Breakfast**

**7:00**

**Early Career Physician and Advancement to Fellowship**

**7:00**

**Student Breakfast**

**Session III**

**7:45**

**Gynecology for the Internist**

Christine Isaacs, MD

**8:30**

**Orthopedics Lends a Hand in Management of Hand and Upper Extremity Injury**

Jonathan E. Isaacs, MD

**9:15**

**Clinical Triad: “Hear No Evil, See No Evil, Speak No Evil”—ENT, Ophthalmology, and Allergy Emergencies Every Internist Should Know**

Stuart Henochowicz, MD, MBA, FACP

Daniel H. Coelho, MD, FACS

Theodore Wu, MD, PhD

**10:15**

**Break**

Visit Exhibitors and the College Display Table

**10:30**

**Stroke Update for the Internist**

Alexander Grunsfeld, MD

**11:15**

**Challenging Cases in Sarcoidosis: The Multidisciplinary Approach**

Thomas Iden, MD

Aamer Syed, MD

Huzaifah Syed, MD

**Noon**

**Hypertension: A SPRINT to the Finish Line**

Mitchell H. Rosner, MD, MACP

**12:45 p.m.**

**Adjourn**



# Meeting Information

## Faculty

**Daniel H. Coelho, MD, FACS**, G. Douglas Hayden Associate Professor Otolologic and Neurologic Surgery, Department of Otolaryngology–Head & Neck Surgery, Director, VCU Cochlear Implant Program, Virginia Commonwealth University School of Medicine, Richmond

**Nitin Damle, MD, MS, FACP**, President, American College of Physicians; Senior/Managing Partner, South County Internal Medicine, Inc.; Assistant Professor of Medicine, Alpert Medical School, Brown University, Wakefield, RI

**Eric Davis, MD**, Assistant Professor of Medicine, Division of Pulmonary and Critical Care Medicine, University of Virginia, Charlottesville

**Alan Dow, MD, FACP, MSHA**, Assistant Vice President of Health Sciences for Interprofessional Education & Collaborative Care, Seymour and Ruth Perlin Professor of Medicine and Health Administration, Virginia Commonwealth University Richmond

**Lisa Ellis, MD, FACP**, Associate Professor Internal Medicine and Obstetrics/Gynecology, Chief Medical Officer-Medical College of Virginia Physicians -Virginia Commonwealth University Richmond VA

**Shari Erickson, MPH**, Vice President, Governmental Affairs and Medical Practice, American College of Physicians, Washington, DC

**William E. Fox, MD, FACP**, Governor, ACP Virginia Chapter; Private Practice, Charlottesville

**Alexander Grunsfeld, MD**, Sentara Neurology Associates, Norfolk

**Stuart Henochowicz, MD, MBA, FACP**, Chair, ACP VA Chapter Health and Public Policy Committee; Associate Clinical Professor, Georgetown University, Washington, DC; Internal Medicine and Allergy Associates, Burke, VA

**Thomas Iden, MD**, Assistant Professor, Division of Pulmonary and Critical Care Medicine, Virginia Commonwealth University Health System, Richmond

**Christine Isaacs, MD**, Associate Professor, Director, General Obstetrics and Gynecology Division, Medical Director of Midwifery Services, Virginia Commonwealth University, Richmond

**Jonathan E. Isaacs, MD**, Department of Orthopaedic Surgery, Professor and Chair, Division of Hand Surgery, Virginia Commonwealth University Health System, Richmond

**Shriti Patel, MD**, Associate Program Director, Department of Psychiatry, Director of Electroconvulsive Therapy Services, Eastern Virginia Medical School, Norfolk

**Mitchell H. Rosner, MD, MACP**, Henry B. Mullholland Professor of Medicine, Chair, Department of Medicine, University of Virginia, Charlottesville

**Richard J. Santen, MD**, Professor of Medicine, University of Virginia, Charlottesville

**Aamer Syed, MD**, Pulmonary and Critical Care Medicine, Virginia Commonwealth University Health System, Richmond

**Huzaefah Syed, MD**, Rheumatology, Virginia Commonwealth University Health System, Richmond, VA

**Charles J. Schleupner, MD, MSc, FACP, FIDSA, FSHEA**, Professor of Internal Medicine, Virginia Tech Carilion School of Medicine; Primary Care Internal Medicine/Infectious Diseases, Veterans Affairs Medical Center, Salem

**Keyur B. Shah, MD**, Assistant Professor, VCU Pauley Heart Center; Medical Director of the Mechanical Circulatory support Program, Virginia Commonwealth University Health System, Richmond

**Costi D. Sifri, MD, FIDSA**, Associate Professor of Medicine, Director, Hospital Epidemiology/Infection Prevention & Control, Medical Director, Transplant & Compromised Host Infectious Disease Service, Division of Infectious Diseases & International Health, Department of Medicine, University of Virginia Health System, Charlottesville

**Jon Sweet, MD, FACP**, Associate Professor, Internal Medicine, Virginia Tech Carilion School of Medicine, Roanoke

**Theodore Wu, MD, PhD**, Virginia Eye Institute, Richmond

**Carolynn Young, MD**, Rockville Gynecology, Rockville, MD; Medical Director, Shady Grove Pregnancy Center, Gaithersburg, MD

**Patrick E. Young, MD, FACP, FACG, FASGE, CAPT MC (FS) USN**, Division of Digestive Diseases, Uniformed Services University of the Health Sciences, Bethesda, MD

## Program Committee

**Lisa Ellis MD, FACP**, Chair

**William E. Fox, MD, FACP**

**Sorin Laza, MD, FACP**

**Simon Lehtinen, MD**

**Eileen West, MD, FACP**

## Chapter Awards

Please join us for our ACP award reception at 5:15 p.m. on Friday at the conclusion of our meeting.

# Meeting Information

## Resident/Fellow Members' and Medical Students' Activities

The Chapter will once again be sponsoring our Medical Students' Program on Saturday, March 4. If you plan to attend, when you register please indicate if you will be attending both days of the meeting (Friday and Saturday) or just the Student meeting on Saturday.

## Learning Objectives

At the conclusion of this activity, the participant will be able to:

- Apply updated knowledge of hepatitis C, stroke, mosquito-borne illnesses, geriatric psychiatry, and climate change to clinical practice.
- Improve clinical practice by incorporating major new developments in sarcoidosis, hypertension, CHF, allergies, ophthalmology, ENT, and physician burnout.
- Understand recent advances in guidelines in colon and gynecological cancer prevention, diagnosis and treatment of chronic cough, and orthopedics.
- Understand political advocacy and reform and MACRA.

## Who should attend?

- General internists
- Subspecialty internists
- Family practitioners
- Fellows in subspecialty training
- Hospitalists
- Allied health practitioners
- Residents
- Medical students interested in internal medicine



## CME Accreditation

The American College of Physicians is accredited by the Accreditation Council for Continuing Medical Education (ACCME) to provide continuing medical education for physicians.

The American College of Physicians designates this live activity for a maximum of **12.5 AMA PRA Category 1 Credit(s)<sup>™</sup>**. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

Successful completion of this CME activity, which includes participation in the evaluation component, enables the participant to earn up to 12.5 MOC points in the American Board of Internal Medicine's (ABIM) Maintenance of Certification (MOC) program. Participants will earn MOC points equivalent to the amount of CME credits claimed for the activity. It is the CME activity provider's responsibility to submit participant completion information to ACCME for the purpose of granting ABIM MOC credit.



# Additional Information

## Questions?

- For registration information, contact ACP Customer Service (M–F, 9 a.m.–5 p.m. ET) toll-free at 800-523-1546, ext. 2600, or direct at 215-351-2600. You may also e-mail [custserv@acponline.org](mailto:custserv@acponline.org) or fax 215-351-2799.
- If you have questions about the chapter, the meeting program, or have a disability or any special dietary needs, please contact Ann Tennett by telephone at 540-631-0426, or e-mail [astacp@hotmail.com](mailto:astacp@hotmail.com).

## Hotel Accommodations

We have reserved a block of rooms at the following rates until January 15, 2017. When making your reservation, be sure to mention that you will be attending the ACP Virginia Chapter meeting. The rooms are available on a first-come, first-served basis, so make your reservation as early as possible by calling the hotel directly at 434-971-5500

Single/Double: \$175

Adjacent to the historic downtown Pedestrian Mall, the Omni Charlottesville Hotel blends the area's unique history with modern luxury. This luxury hotel, featuring a stunning, seven-story glassed-in atrium containing a lobby, is lush with greenery.

See more at: [www.omnihotels.com/hotels/charlottesville#sthash.GVAFYLA.dpuf](http://www.omnihotels.com/hotels/charlottesville#sthash.GVAFYLA.dpuf)

## Directions/Parking

### FROM I-64 (EAST OR WEST)

Exit 120 and follow 5th Street North 2 miles to the historic downtown. The hotel is located on the right.

### DIRECTIONS FROM NORTHERN VIRGINIA

Take Route 66 West for 22 miles until you get to the 29 South Exit. Follow 29 South until you reach the 250 Bypass East, then drive two miles. Turn right onto McIntire Road. Go 7/10 mile to the second stoplight. Go through the stoplight and the hotel is on the left.

### DIRECTIONS FROM THE NORTH–VIA ROUTE 29 SOUTH

Take Route 29 South into Charlottesville to Route 250 Bypass East. Drive two miles East on 250 Bypass, and turn right onto McIntire Road. Go 7/10 mile to the second stop light. Go through the stoplight and the hotel is on the left.

### DIRECTIONS FROM THE SOUTH–VIA ROUTE 29 NORTH

Take Route 29 North to Route 250 Bypass East (29 North will turn into 250 Bypass East). Drive two miles East on 250 Bypass, and turn right onto McIntire Road. Go 7/10 mile to the second stop light. Go through the stoplight and the hotel is on the left.

Visit us online for details on hotel reservations, directions, parking, and areas of interest.

## Additional Fees

All registrations must be received by February 28 or a late registration fee of \$25 will be added. This includes on-site registrations. Save money by registering now!

## Satisfaction Guarantee

The College offers a satisfaction guarantee for all of its courses. If meeting attendees are not satisfied with their experience at a chapter meeting, they may write and request a refund of their registration fee.

## Registration Information

Each chapter is responsible for determining registration deadlines, on-site fees, and cancellation fees.

## Contact Us



### BY INTERNET

(Credit Card only)  
Visit us on the Web  
[www.acponline.org/chapters](http://www.acponline.org/chapters)



### BY MAIL

Make check or money order payable to ACP.  
AC002  
American College of Physicians  
190 N. Independence Mall West  
Philadelphia, PA 19106-1572



### BY FAX

(Credit Cards only)  
215-351-2799



### BY PHONE

Call 800-523-1546, ext. 2600,  
or 215-351-2600  
(M–F, 9 a.m.–5 p.m. ET)

# Virginia Chapter Registration Form

# CMB

Charlottesville, VA • March 3–4, 2017

RM1760

ACP # (found on mailing label)

Name

☐ MD ☐ DO ☐ OTHER

Address

City

State

ZIP

Daytime Phone

Fax

E-mail

- ☐ Please check here to indicate a permanent change to your preferred address for all College mailings.
- ☐ Please exclude me from receiving mailings from the meeting exhibitors.



- ☐ Check here if you are disabled and require assistance. Please notify the Chapter in writing before your course. We'll be glad to help.

## Registration Fees

Check one category that best applies. Registration fee includes continental breakfast, lunch, all scientific sessions and materials, and CME documentation.

Categories	Register by 2/28/17	After 2/28/17
<input type="checkbox"/> ACP Member	\$295	\$320
<input type="checkbox"/> ACP Resident/Fellow Member	0	0
<input type="checkbox"/> ACP Medical Student Member	0	0
<input type="checkbox"/> Nonmember Physician	\$350	\$375
<input type="checkbox"/> Nonmember Resident*	0	0
<input type="checkbox"/> Nonmember Medical Student*	0	0
<input type="checkbox"/> Nonmember Allied Health Professional	\$295	\$320

\*Nonmember Residents and Medical Students cannot register online and must register by contacting Customer Service at 800-523-1546, ext. 2600 in order to get the correct registration rate.

To help us go “green” we are making our presentations available online only on the Chapter Web site. **No printed copies will be available.**

Please indicate your attendance at the following:

- ☐ LUN01–Lunch–Friday, 12:00 p.m.
- ☐ REC01–Reception–Friday, 5:15 p.m.
- ☐ BRK01– Networking Continental Breakfast–Saturday, 7:00 a.m.
- ☐ BRK02–ECP and Advancement to Fellowship Breakfast, Saturday, 7:00 a.m.
- ☐ BRK03–Medical Student Breakfast–Saturday, 7:00 a.m.
- ☐ MSM–Medical Student Meeting–Saturday Only

Grand Total \$ \_\_\_\_\_

## Payment Options

- ☐ Check enclosed.  
(Payable to **ACP**. Must remit in U.S. funds drawn on a U.S. bank.)

☐ Charge to: ☐  ☐  ☐  ☐ 

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