

2019

Rhode Island Chapter Scientific Meeting



March 20, 2019

The Warren Alpert Medical School of Brown University
Providence, Rhode Island

[Register Online Today!](#)

Fostering Excellence in Internal Medicine



Rhode Island
Chapter

Meeting Highlights

- Multiple Small Feedings of the Mind
- SEP Module—Hospitalist Medicine
- Update on Wellness and Burnout
- Aggressive vs. Permissive Therapy
- ACP College Update
- Yoga and Meditation Workshops
- Keynote: A Medical Mid-Life “Crisis” ... and Gift
- Poster and Podium Competitions

Dear Colleague,

Join me and your colleagues in internal medicine at the next scientific meeting of the Rhode Island Chapter of the American College of Physicians, being held on March 20, 2019, at the Warren Alpert Medical School of Brown University in Providence.



The meeting is a great way for you to recharge, rewind, and reflect with your peers, chapter leaders, and great speakers. Connect with the Rhode Island Chapter’s rich source of knowledge content and networking by attending our premier meeting for general internists, subspecialty internists, hospitalists, allied health practitioners, residents, and medical students.

In addition to earning CME credits, this conference is about making personal contacts and getting involved in your chapter. You’ll engage with people who know your challenges and can help you find solutions. The opportunities available at this meeting will help you meet not only your needs as a physician, but also the needs of the patients you serve.

To ensure your place at this invaluable meeting, register now by visiting us online at richapter.acponline.org.

I look forward to seeing you.

Sincerely,

A handwritten signature in cursive script that reads "Audrey".

Audrey Kupchan, MD, FACP
ACP Governor, Rhode Island Chapter

Schedule at a Glance

Fostering Excellence in Internal Medicine

Wednesday, March 20, 2019

8:30–9:30 a.m.

Registration and Light Breakfast

Concurrent Sessions 9:30–11:30 a.m.

SEP Module: 2018–2019 Update in Hospitalist Medicine

Louis Rubenstein, MD, FACP and Iris Tong, MD, FACP

OR

Multiple Small Feedings of the Mind

What's new in diagnostic testing for infectious disease

Angela M. Caliendo, MD, PhD, FIDSA, FAAM, FACP

Precision medicine and novel cancer therapies

John L. Reagan, MD

Updates in Genetic Testing for Adults

Lauren Massingham, MD

The Opioid Epidemic and Response in Rhode Island

Josiah "Jody" D. Rich, MD, MPH, FACP

Rational prescribing of benzodiazepines—assessing risks/benefits and exit strategies

Alan A. Wartenberg, MD, FACP, DFASAM

11:40–12:00 p.m.

Yoga and Meditation for renewal and relaxation

Networking

12:00–12:45

ACP Business Meeting

Presentation of Awards

ACP College Update

George M. Abraham, MD, MPH, FACP, FIDSA, Chair, Board of Governors and Regent, ACP

Luncheon

12:45–1:30

Keynote: A Medical Mid-Life "Crisis" ... and Gift

Angela C. Anderson MD, FAAP

Concurrent Sessions 1:45–3:35 p.m.

Controversies in Treatment Strategies: Aggressive vs. Permissive Therapy

1:45–2:20

Hypertension Update: Which Guideline to Follow?

Richard A. Cottiero, MD, FACP, FASH

2:25–3:00

Diabetes Control: So What Are We Trying to Control?

Harikrashna B. Bhatt, MD

3:05–3:40

Controversies in breast and cervical cancer screening

Iris Tong, MD, FACP

OR

Update on Wellness and Burnout

1:45–1:50

Burnout Is Not Just Personal: Addressing Burnout on the Individual and System Level

Jennifer Jeremiah, MD, FACP

1:50–2:15

Caring for You: Mindfulness to Beat Burnout

Terra D.S. Thorndike, MD

2:15–2:35

Update in the Wellness Initiative of the American College of Physicians

George M. Abraham, MD, MPH, FACP, FIDSA, Chair, Board of Governors and Regent, ACP

2:35–3:35

How Do They Do That? Practice Innovations to Decrease Provider Burnout

Dana Chofay, MD; Pamela Harrop, MD, FACP; Edward McGookin, MD, MHCDS, FAAP; Paul Pirraglia, MD, MPH

4:00–4:30

Poster Competition and Viewing of Posters

4:30–6:00

Podium Presentations—Resident/Fellow Members Forum Competition

6:00–6:30

Reception

6:30–7:00

Presentation of Awards and Closing Remarks



Meeting Information

Faculty

George M. Abraham, MD, MPH, FACP, FIDSA, Chief, Department of Medicine, Saint Vincent Hospital; Professor of Medicine, University of Massachusetts Medical School; Chair, Board of Governors and Regent, American College of Physicians (ACP); Chair, Infectious Disease Subspecialty Board, American Board of Internal Medicine (ABIM); Vice-Chair, Board of Registration in Medicine, Commonwealth of Massachusetts (BORIM), Worcester, Massachusetts

Angela C. Anderson, MD, FAAP, Associate Professor of Pediatrics, Clinician Educator, Associate Professor of Emergency Medicine, Clinician Educator, Warren Alpert Medical School of Brown University; Director, Division of Children's Integrative Therapies, Pain Management and Supportive Care, (CHIPS), Hasbro Children's Hospital CHIPS Clinic, Providence

Harikrashna B. Bhatt, MD, Assistant Professor of Medicine, Clinician Educator, Warren Alpert Medical School of Brown University; Chief of Endocrinology, Providence VA Medical Center; Rhode Island Hospital, The Miriam Hospital; University Medicine, East Providence

Angela M. Caliendo, MD, PhD, FIDSA, FAAM, FACP, Professor of Medicine, Executive Vice Chair, Department of Medicine, Warren Alpert Medical School of Brown University; Infectious Diseases Consultant, Rhode Island Hospital; Brown Medicine, Brown Physicians Inc., Providence

Dana R. Chofay, MD, Clinical Assistant Professor of Medicine, Warren Alpert Medical School of Brown University; Women's Internal Medicine, East Greenwich

Richard A. Cottiero, MD, FACP, FASH, Clinical Associate Professor of Medicine, Warren Alpert Medical School of Brown University; Chief of Nephrology Education, Dialysis, and Research, Roger Williams Medical Center; President, Hypertension and Nephrology, Inc., Providence

Pamela A. Harrop, MD, FACP, Clinical Assistant Professor of Medicine, Warren Alpert Medical School of Brown University; Rhode Island Hospital; President, Medical Associates of RI, Inc., Bristol

Jennifer Jeremiah, MD, FACP, Associate Professor of Medicine, Clinician Educator, Associate Residency Director, Director of Faculty Development in Clinical Education, Warren Alpert Medical School of Brown University; Brown Medicine, Brown Physicians Inc., Providence

Lauren Massingham, MD, Assistant Professor of Pediatrics, Warren Alpert Medical School of Brown University; Clinical Geneticist, Hasbro Children's Hospital & Rhode Island Hospital; Director, Cancer Genetics Program, Children's Neurodevelopment Center, Lifespan Cancer Institute, Providence

Edward McGookin, MD, MHCDS, FAAP, Associate Clinical Professor of Pediatrics, Warren Alpert Medical School of Brown University; Chief Medical Officer, Coastal Medical, Inc., Providence

Morgan O'Connell, MSW, Teaching Associate in Medical Science, Faculty Advisor, Yoga Club, Warren Alpert Medical School of Brown University, Providence

Paul A. Pirraglia, MD, MPH, Associate Professor of Medicine, Warren Alpert Medical School of Brown University; Associate Chief of Staff for Primary Care, Providence VA Medical Center, Providence

John L. Reagan, MD, Assistant Professor of Medicine, Warren Alpert Medical School of Brown University; Director of Hematology, Lifespan Cancer Institute, Rhode Island Hospital; Brown Medicine, Brown Physicians Inc., Providence

Josiah "Jody" D. Rich, MD, MPH, FACP, Professor of Medicine, Professor of Epidemiology, Warren Alpert Medical School of Brown University; Director, The Center for Prisoner Health and Human Rights, The Miriam Hospital, Brown Medicine, Brown Physicians, Inc., Providence

Louis J. Rubenstein, MD, FACP, Hospitalist, Department of Medicine, South County Medical Group, Wakefield

Terra D.S. Thorndike, MD; Palliative Care Fellow, Rhode Island Hospital, Lifespan, Providence

Iris L. Tong, MD, FACP, Associate Professor of Medicine, Warren Alpert Medical School of Brown University; Women's Medicine Collaborative, Rhode Island Hospital & The Miriam Hospital, Providence

Alan A. Wartenberg, MD, FACP, DFASAM, Affiliated Faculty, Center for Alcohol and Addiction Studies, Brown University School of Public Health, Providence; Former Medical Director, Addiction Recovery Program, Brigham and Women's Faulkner Hospital, Boston, MA; Former Staff Physician, Meadows Edge Recovery Center, North Kingstown

Meeting Information

Program Committee

Thomas A. Bledsoe, MD, FACP, Clinical Associate Professor of Medicine, Warren Alpert Medical School of Brown University; Rhode Island Hospital; Brown Medicine, Brown Physicians, Inc., Providence

Kwame Dapaah-Afriyie, MD, MBA, FACP, SFHM, Co-Chair, Clinical Associate Professor of Medicine, Warren Alpert Medical School of Brown University; Director, Hospital Medicine, The Miriam Hospital, Providence

Yul D. Ejnes, MD, MACP, Clinical Associate Professor of Medicine, Warren Alpert Medical School of Brown University; Rhode Island Hospital; Coastal Medical Inc., Cranston; Member, Board of Directors, American Board of Internal Medicine

Rebekah L. Gardner, MD, FACP, Associate Professor of Medicine, Warren Alpert Medical School of Brown University; Rhode Island Hospital, Senior Medical Scientist; Healthcentric Advisors; Brown Medicine, Brown Physicians, Inc., Providence

Ross Hilliard, MD, FACP, Co-Chair, Associate Professor of Medicine, Clinician Educator; Director, Medical Informatics, Warren Alpert Medical School of Brown University; Rhode Island Hospital & The Miriam Hospital; Brown Medicine, Brown Physicians, Inc., Providence

Jennifer Jeremiah, MD, FACP, Associate Professor of Medicine, Clinician Educator, Associate Residency Director, Director of Faculty Development in Clinical Education, Chair, Brown Internal Medicine Residency Clinical Competence Committee, Warren Alpert Medical School of Brown University; Rhode Island Hospital; Brown Medicine, Brown Physicians, Inc., East Providence

Audrey R. Kupchan, MD, FACP, Clinical Assistant Professor of Medicine, Warren Alpert Medical School of Brown University; Coastal Medical, Inc., East Providence; Governor, ACP Rhode Island Chapter

Kelly McGarry, MD, FACP, Associate Professor of Medicine, Warren Alpert Medical School of Brown University; Program Director, General Internal Medicine Residency, Rhode Island Hospital; Brown Medicine, Brown Physicians, Inc., Providence, RI

Fred Schiffman, MD, MACP, Poster and Podium Competition Chair, Sigal Family Professor of Humanistic Medicine, Professor of Medicine, Vice Chair, Department of Medicine, Warren Alpert Medical School of Brown University; Associate Program Director, Internal Medicine Residency Program; Associate Physician-in-Chief, The Miriam Hospital; Medical Director, Lifespan Cancer Institute, Rhode Island Hospital & The Miriam Hospital | Providence, RI

Sarita Warrier, MD, FACP, Co-Chair, Assistant Professor of Medicine, Assistant Professor of Medical Science, Assistant Dean of Medical Education, Warren Alpert Medical School of Brown University; Rhode Island Hospital; Brown Medicine, Brown Physicians, Inc., Providence, RI

Alan A. Wartenberg, MD, FACP, DFASAM, Affiliated Faculty, Center for Alcohol and Addiction Studies, Brown University School of Public Health, Providence; Former Medical Director, Addiction Recovery Program, Brigham and Women's Faulkner Hospital, Boston, MA; Former Staff Physician, Meadows Edge Recovery Center, North Kingstown

Chapter Awards

It is with distinct pleasure that the Rhode Island Chapter presents this year's Chapter Awards. Award winners are long-standing and loyal supporters of the College who have rendered distinguished service to their chapters and community and have upheld the high ideals and professional standards for which the College is known.

These awards will be presented during the Annual Meeting:

Award: Irving Addison Beck Laureate Award
Recipient: Edward W. Martin, MD, FACP

Award: Milton Hamolsky Lifetime Achievement Award
Recipient: Timothy P. Flanigan, MD, FACP



Meeting Information

Resident/Fellow Members' and Medical Students' Activities

Clinical vignettes, posters, and research papers prepared by Resident/Fellow Members and Medical Students will be presented at the meeting. Winners will receive cash prizes and be eligible for entrance into the national competition held during Internal Medicine 2020 in Los Angeles, California.

Learning Objectives

At the conclusion of this activity, the participant will be able to:

- Select appropriate molecular testing modalities for infectious diseases and tuberculosis.
- Appropriately use novel cancer therapies for applicable populations.
- Interpret results of commercial genetic testing and counsel patients appropriately.
- Describe Rhode Island's public health approach to opioid use disorder and treatment.
- Apply appropriate guidelines to minimize coprescribing of benzodiazepines and opioids.
- Identify resources for system-based and personal strategies to counter burnout.
- Discuss considerations for applying guidelines for aggressive or permissive treatment of hypertension and diabetes.
- Discuss considerations for applying guidelines for aggressive or permissive screening of cancer in women.
- Describe updates in the evaluation and management of common internal medicine conditions (MOC module—Update in Hospitalist Medicine 2018).



CME Accreditation and MOC Points

This activity has been planned and implemented in accordance with the accreditation requirements and policies of the Accreditation Council for Continuing Medical Education (ACCME) through the joint providership of the Warren Alpert Medical School of Brown University and the American College of Physicians, Rhode Island Chapter. The Warren Alpert Medical School of Brown University is accredited by the ACCME to provide continuing medical education for physicians.

Credit Designation

The Warren Alpert Medical School of Brown University designates this live activity for a maximum of 5.75 AMA PRA Category 1 Credit(s)[™]. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

MOC Points

Successful completion of this CME activity, which includes participation in the evaluation component, enables the participant to earn up to 4.5 medical knowledge MOC points in the American Board of Internal Medicine's (ABIM) Maintenance of Certification (MOC) program. Participants will earn MOC points equivalent to the amount of CME credits claimed for the activity. It is the CME activity provider's responsibility to submit participant completion information to ACCME for the purpose of granting ABIM MOC credit.



Maintenance of Certification

ABIM SEP Modules Session for Maintenance of Certification

March 20, 2019

9:30–11:30 AM

2018–2019 Update in Hospitalist Medicine

SEP Faculty

Louis Rubenstein, MD, FACP

Iris Tong, MD, FACP

SEP Learning Objectives

- Participate in group discussion to determine answers to multiple-choice questions.
- Apply updated knowledge of internal medicine to clinical practice.
- Understand recent advances in internal medicine.
- Complete an ABIM SEP Module toward partial fulfillment of the ABIM's Maintenance of Certification.

SEP CME Accreditation

This activity has been planned and implemented in accordance with the accreditation requirements and policies of the Accreditation Council for Continuing Medical Education (ACCME) through the joint providership of the Warren Alpert Medical School of Brown University and the American College of Physicians, Rhode Island Chapter. The Warren Alpert Medical School of Brown University is accredited by the ACCME to provide continuing medical education for physicians.

Credit Designation

The Warren Alpert Medical School of Brown University designates this live activity for a maximum of 2 *AMA PRA Category 1 Credit(s)*[™]. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

Who Should Attend?

- Internists participating in the ABIM Maintenance of Certification Program
- General internists
- Family practitioners
- Subspecialty physicians

SEP Note

The Rhode Island Chapter will provide you with a learner's copy of the ABIM module(s) at the meeting. If you are enrolled in the ABIM's Maintenance of Certification program, you also must order the module* directly from the ABIM by visiting www.abim.org/online. After the Learning Session, submit your answers online to the ABIM for Maintenance of Certification credit. For more information about the ABIM's Maintenance of Certification program, visit www.abim.org/moc or call ABIM at 800-441-ABIM (2246).

This module is eligible for 2.0 MOC points through ABIM.

*If you are already enrolled in the ABIM Maintenance of Certification program, there is no additional fee for this official version of the module. If you are not enrolled, you may attend the Learning Session; however, you must enroll before receiving Maintenance of Certification points for the knowledge module. To enroll, visit www.abim.org/online.

Additional Information

Directions/Parking

Complimentary parking will be available in the parking garage connected to the Medical Building, located on the corner of Richmond and Elm Streets. Enter through the Elm Street entrance. There is a sandwich board that says the garage is full, but that is NOT for meeting participants; there is space for ACP. Your ticket will be validated.



Additional Fees

All registrations must be received by March 13, 2019. Registration will be accepted on-site, but please register early on-line.

Satisfaction Guarantee

The College offers a satisfaction guarantee for all of its courses. If meeting attendees are not satisfied with their experience at a chapter meeting, they may write and request a refund of their registration fee.

Registration Information

Late Registration & Onsite Fees

No late registration fee or on-site fee will be charged.

Cancellations/Refunds

No cancellation fee will be charged.

Contact Us



BY INTERNET

(Credit Card only)
Visit us on the Web
www.acponline.org/chapters



BY MAIL

Make check or money order
payable to ACP.
AC002
American College of Physicians
190 N. Independence Mall West
Philadelphia, PA 19106-1572



BY FAX

(Credit Cards only)
215-351-2799



BY PHONE

Call 800-ACP-1915, or
215-351-2600
(M–F, 9 a.m.–5 p.m. ET)

Rhode Island Chapter Registration Form

CMB

Providence, RI • March 20, 2019

RM1976

ACP # (found on mailing label)

Name ☐ MD ☐ DO ☐ OTHER

Address

City State ZIP

Daytime Phone Fax E-mail

☐ Please check here to indicate a permanent change to your preferred address for all College mailings.



☐ Check here if you are disabled and require assistance. Please notify the RI Chapter in writing before your course. We'll be glad to help.

Registration Fees

Check one category that best applies. Registration fee includes continental breakfast, lunch, all scientific sessions and materials, and CME documentation.

New

Bring a colleague

In an effort to increase attendance at the Annual Meeting and membership in RI ACP, RI ACP is offering a new opportunity. If you bring a colleague who is not an ACP member, you can each attend the Annual Meeting for a discounted rate of \$75. Please complete both parts of the registration form below.

| Categories | Register by March 13, 2019 |
|---|----------------------------|
| <input type="checkbox"/> ACP Member | \$125 |
| <input type="checkbox"/> Bring a colleague* | \$75 |
| <input type="checkbox"/> ACP Resident/Fellow Member | \$0 |
| <input type="checkbox"/> ACP Medical Student Member | \$0 |
| <input type="checkbox"/> Nonmember Physician | \$135 |
| <input type="checkbox"/> Nonmember Resident | \$0 |
| <input type="checkbox"/> Nonmember Medical Student** | \$0 |
| <input type="checkbox"/> Nonmember Allied Health Professional | \$135 |
| <input type="checkbox"/> Other (guest/spouse)—if applicable | NA |

**Nonmember Students: This meeting registration is free for ACP Medical Student Members. [Join Now!](#)

Please note: Members whose dues were not paid for the current fiscal year will receive the nonmember registration rate.

*Bring a colleague

Member name

Colleague Name

Please indicate your attendance at the following:

- ☐ MOC—MOC: 2018 Update in Hospitalist Medicine (9:30–11:30)
- ☐ MSFM—Multiple Small Feedings of the Mind (9:30–11:30)
- ☐ Yoga—Yoga or Meditation (11:40–Noon)
- ☐ Keynote—Lunch/Keynote (Noon–1:30)
- ☐ Sess1—Session: Aggressive vs. Permissive Therapy (1:45–3:45)
- ☐ Sess2—Session: Wellness and Burnout (1:45–3:45)
- ☐ Recep—Podium Presentations and Poster Session/Reception (4:00–6:30)

Total \$ _____

Payment Options

- ☐ Check enclosed.
(Payable to **ACP**. Must remit in U.S. funds drawn on a U.S. bank.)

☐ Charge to: ☐  ☐  ☐  ☐ 

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(3- or 4-digit number found on front or back of card)

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