Ohio-U.S. Air Force Chapter Scientific Meeting



October 28-29, 2021

Greater Columbus Convention Center Columbus, Ohio

Pushing Past the Pandemic: Prevention and Wellness in 2021





Meeting Highlights

- Ultrasound Workshops
- SEP Module: Update in GIM
- Physician Wellness Sessions
- High-Yield Cardiology

- High-Yield Hematology
- Resident and Student Sessions
- Vascular Medicine
- Women in Medicine Session

Dear Colleague,

Join us and your colleagues in internal medicine at the next scientific meeting of the OH/USAF chapters of the American College of Physicians, being held October 28-29, 2021, at the Greater Columbus Convention Center.





The meeting is a great way for you to recharge, rewind, and reflect with your peers, chapter leaders, and great speakers. Connect with

the OH/USAF chapters' rich source of knowledge content and networking by attending our premier meeting for general internists, subspecialty internists, hospitalists, allied health practitioners, residents, and medical students.

In addition to earning CME credits, this conference is about making personal contacts and getting involved in your chapter. You'll engage with people who know your challenges and can help you find solutions. The opportunities available at this meeting will help you meet not only your needs as a physician, but also the needs of the patients you serve.

To ensure your place at this invaluable meeting, register now by visiting us online at **ohchapter.acponline.org** and **airforcechapter.acponline.org**

We look forward to seeing you in Columbus.

Sincerely,

Craig Nielsen, MD, FACP ACP Governor, Ohio Chapter

Angelique N. Collamer, MD, FACP ACP Governor, US Air Force Chapter

Schedule at a Glance

Pushing Past the Pandemic: Prevention and Wellness in 2021

Thursday, October 28, 2021

7:15-9:15 a.m.

Pre-Course: SEP Update in GIM2021

Eric Yudelevich, MD

9:20

Governor Welcome

Craig D. Nielsen, MD, FACP

9:30-11:30

Ultrasound Workshop I*

Benjamin Kinnear, MD, FACP

Ziad Shaman, MD

Elie Homsy, MD

Michael Hellmann, MD

9:30-10:00

Physician Suicide: The Unspoken Truth

Perry Lin, MD, FACP

10:05-10:35

Mental Health and Substance Abuse Disorders in Physicians: Everything You Want to Know but

Are Afraid to Ask

Kimberly McBennett, MD, PhD, FACP

Titus Sheers, MD

Richard Whitney, MD

10:40-11:20

Physician Health Panel

Kim McBennett, MD, PhD, FACP

Perry Lin, MD, FACP

Richard Whitney, MD

Titus Sheers, MD, FACP

11:30-Noon

High-Yield Immunization Update for the Internist

Katherine Schmidt, MD, FACP

12:10-12:55 p.m.

Thieves' Market

Danielle Weber, MD

Houman Varghai, MD, FACP

David Regule, MD, FACP

Shawn Corcoran, MD, FACP

Katherine Schmidt, MD, FACP

1:10-1:40

Student Session I: Medical Education Focus for an Academic Primary Care Career in IM and Peds

Matthew Flanigan, MD

1:10-1:50

Regent Update

Michael Tan, MD, FACP, Regent

1:30-3:30

Ultrasound Workshop II*

Benjamin Kinnear, MD, FACP

Ziad Shaman, MD

Michael Hellmann, MD

Elie Homsy, MD

1:45-2:15

Student Session II: Career Path in Academic

IM/Peds Hospitalist

Vignesh Doraiswamy, MD

1:30-4:15

Doctors' Dilemma®

Patrick Brine, MD, FACP

2:00-2:40

Town Hall

Craig Nielsen, MD, FACP, Governor

2:20-2:50

ECP: Multiple Small Feedings of the Mind

Ellen Gelles, MD, FACP

Houman Varghai, MD, FACP

3:00-3:40

Concurrent Session: High-Yield Cardiology for

the Internist

Thura Harfi, MD

3:00-4:30

Concurrent Session: Debriefing Medical Simulation

Kathryn Burtson, MD, FACP

Michelle Kiger, MD

Ashley Smith, MD

Concurrent Session: Establishing a Learning Climate

Alan Dupre, MD

Dinchen Jardine, MD

3:40-4:00

Wellness Break

4:00

Student Posters

Vijay Duggirala, MD, FACP

5:00-6:30

Awards Reception

Craig Nielsen, MD, FACP, Governor

^{*} Ultrasound machines are on loan from the FujiFilm Sonosite Corporation

Schedule at a Glance

Friday, October 29, 2021

6:30-7:15 am

Governor's 5k Fun Run

8:00-8:40 a.m.

Statins for Primary Prevention Across the Lifespan

Nathan Richards, MD Aaron Friedberg, MD Meera Bhatt, MD

8:50-9:30

Communication Skills for the Internist

Heather Hofmann, MD

9:40-10:20

Analytics and Population Health

Jodi Grandominico, MD, FACP

10:30-11:15

Women in Medicine: Evidence-Based Nutrition

Eileen Seeholzer, MD

11:30-12:20

Residents Oral Abstracts

Kevin Frey, MD, FACP

12:25-1:40 p.m.

Resident Poster Presentation

Kevin Frey, MD, FACP

1:50-2:40

Resident Session I: Internal Medicine Career Panel

Neeraj Tayal, MD Christopher Hanks, MD Jodi Grandominico, MD, FACP

2:00-3:30

Concurrent Session: Mentoring, Coaching,

and Sponsoring Ashley Smith, MD Michelle Kiger, MD

Concurrent Session: Nighttime Education

Kathryn Burtson, MD, FACP Dinchen Jardine, MD 2:50-3:20

Resident Session II: Teaching Scripts

Alexis Barnes, MD Philip Chang, MD

3:30-4:00

Resident Session III: Leadership in Medicine:

Bringing to Light Gender Differences and

Microaggressions

Taylor Koenig, MD Jessica Sharpe, DO

1:40-2:20

Concurrent Session: Clinical Controversies—PICC

Lines in Patients With Opioid Use Disorder

Joel Kammeyer, MD, FACP Jennifer Hanrahan, MD

Concurrent Session: High-Yield Hematology for

the InternistPayal Desai, MD

2:30-3:10

Concurrent Session: Medications for Opioid

Use Disorder in Transition From Inpatient to

Outpatient
Martin Fried, MD

Margaret Williams, MD

2:30-3:10

Concurrent Session: Exercise as Medicine

Eddie Davenport, MD

3:20-4:00

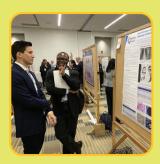
Vascular Medicine: The Approach to the

Swollen LegJay Bishop, MD

4:05-4:35

Resident Poster Awards

Craig Nielsen, MD, FACP, Governor







Meeting Information

Faculty

Alexis K. Barnes, MD, Hospice and Palliative Medicine Fellow, Northwestern University, Chicago, IL

Rakesh Bhalla, MD, FACP, MBA, SSBB, Academic Hospitalist, Cleveland Clinic, Assistant Professor of Medicine, Cleveland Clinic Lerner College of Medicine of Case Western Reserve University, Cleveland

Meera Bhatt, MD, Assistant Professor, Division of General Internal Medicine and Geriatrics, The Ohio State University Medical Center, Columbus

G. Jay Bishop, MD, FACP, FSVM, RPVI, Associate Section Head, Section of Vascular Medicine, Robert and Suzanne Tomsich Department of Cardiovascular Medicine, Heart and Vascular Institute, Cleveland Clinic, Cleveland

Andrei Brateanu, MD, FACP, Assistant Professor of Medicine, Case Western Reserve University, Senior Associate Program Director, Internal Medicine Residency Program, Stephanie Tubb Jones Health Center, Cleveland

Patrick L. Brine, MD, FACP, Associate Program Director, Internal Medicine Residency, Mercy Health Youngstown; Assistant Professor, Northeast Ohio Medical University; Clinical Adjunct Professor, Lake Erie College of Medicine; Clinical Assistant Professor, Ohio University Heritage College of Medicine, Youngstown

Kathryn M. Burtson, MD, FACP; Lt Col, USAF, MC, Internal Medicine Residency Associate Program Director, Wright–Patterson AFB; Assistant Professor of Medicine, WSU BSOM Internal Medicine Department, Dayton

Philip Y. Chang, MD, Chief Resident, Internal Medicine, The Ohio State University Wexner Medical Center, Columbus

Shawn Corcoran, MD, FACP, Assistant Professor of Internal Medicine, Division of General Internal Medicine, OSU General Internal Medicine Upper Arlington, Columbus

Eddie D. Davenport, MD, FACC, FASMA; Col, USAF, MC, Master Clinician, Surgeon General Aerospace Cardiology Consultant, Chairman NATO Occupational Cardiology Working Group, FAA Federal Air Surgeon Cardiology Consultant, Associate Professor of Medicine, Uniformed Services University of the Health Sciences, Chief of Cardiology, Aeromedical Consult Service, Wright—Patterson AFB

Payal Desai, MD, Associate Professor, Section Head, OSU East; Director of the Ohio State Adult Sickle Cell Program, Liaison James Emergency Department, Division of Hematology, Columbus

Vignesh Doraiswamy, MD, Assistant Clinical Professor of Internal Medicine and Pediatrics, Division of Hospital Medicine, Ohio State University Hospitals, Sections of Adult Medicine and Hospital Pediatrics, Nationwide Children's Hospital, Columbus

Vijay Duggirala, MD, FACP, Division of Hospital Medicine, Lead Consultant and Director of Quality/Patient Safety, Associate Director of Integration, UPSMN College of Medicine; Associate Professor of Clinical Medicine, The Ohio State University, Columbus

Alan A. Dupre, MD; Maj, USAF, MC, Emergency Medicine Residency Program Director, Wright–Patterson AFB

Vincent Esguerra, MD, Assistant Clinical Professor, Division of Pulmonary, Allergy, Critical Care and Sleep Medicine, The Ohio State University Wexner Medical Center, Columbus

Matthew J. Flanigan, MD, Assistant Professor of Internal Medicine and Pediatrics, The Ohio State University College of Medicine, Expert Educator for Evaluation and Assessment, Unit Director of Ambulatory Internal Medicine for "Patients within Populations," OSU Internal Medicine and Pediatrics Grandview, Grandview Heights

Kevin C. Frey, MD, FACP, Canton Medical Education Foundation, Canton

Martin Fried, MD, Assistant Professor of Clinical Medicine, Division of General Internal Medicine, The Ohio State University Wexner Medical Center, Columbus

Aaron J. Friedberg, MD, Assistant Professor, Clinical Division of General Internal Medicine, The Ohio State University Wexner Medical Center, Columbus

Ellen Gelles, MD, FACP, Associate Professor of Medicine, Case Western Reserve University School of Medicine, Staff Physician/Director of Clinical Informatics, Provider Experience, MetroHealth Medical Center, Cleveland

Jodi Grandominico, MD, FACP, Associate Professor of Clinical Medicine, Associate Director of Clinical Operations, Division of General Internal Medicine, The Ohio State University Wexner Medical Center, Dublin

Christopher Hanks, MD, Internal Medicine and Pediatrics, Medical Director, The Center for Autism Services and Transition, OSU Hilliard Internal Medicine and Pediatrics, Columbus

Jennifer Hanrahan, DO, Chief, Division of Infectious Diseases, Department of Medicine, The University of Toledo Medical Center, Toledo

Thura T. Harfi, MD, MPH, Assistant Professor of Clinical Internal Medicine, The Ohio State University Wexner Medical Center, Director of Cardiac CT Lab, Director of the Cardiovascular Imaging Core Lab, Columbus

Michael Hellmann, MD, Assistant Professor, Division of Pulmonary-Critical Care Medicine, University of Cincinnati Medical Center, Cincinnati

Heather Hofmann, MD, FACP, Associate Staff, Hospital Medicine, Cleveland Clinic, Cleveland

Elie L. Homsy, MD, Assistant Professor, Pulmonary and Critical Care, The Ohio State University Medical Center, Columbus

Meeting Information

Dinchen Anna Jardine MD; CDR, MC, USN, Director for Professional Education, Designated Institutional Official, Naval Medical Center Camp Lejeune, NC

Joel Kammeyer, MD, MPH, FACP, AAHIVS, Assistant Professor, Division of Infectious Diseases, Associate Division Director, Division of Infectious Diseases, The University of Toledo, Toledo

Faiza Khalid, MD, PGY6, Pulmonary and Critical Care Fellow, MetroHealth, Cleveland

Michelle Kiger, MD, FAACP; Maj, USAF, MC, Military Pediatric Residency Program Director, Wright–Patterson Medical Center, Wright–Patterson AFB

Benjamin Kinnear, MD, Med, Associate Professor, Internal Medicine–Pediatrics Hospital Medicine, Cincinnati Children's Hospital Medical Center/University of Cincinnati Medical Center, Cincinnati

Taylor Koenig, MD, Chief Resident, Internal Medicine, The Ohio State University Wexner Medical Center, Columbus

Perry Lin, MD, FACP, Assistant Program Director, GME, Mount Carmel Health System, Mount Carmel Health System, Member, Trinity Health, Columbus

Kimberly A. McBennett, MD, PhD, FACP, Director, Adult Cystic Fibrosis Program, LeRoy W. Matthews Cystic Fibrosis Center, Rainbow Babies and Children's, Cleveland

Craig D. Nielsen, MD, FACP, Associate Professor of Medicine, Assistant Dean of Clinical Education, Cleveland Clinic Lerner College of Medicine of Case Western Reserve University; Deputy Editor, Cleveland Clinic Journal of Medicine; Governor, American College of Physicians, Ohio Chapter; Cleveland Clinic, Cleveland

David W. Regule, MD, PT, MS, FACP, Rheumatologist, Joint Care Associates, Mercy Health Youngstown, Youngstown

Nathan Richards, MD, Assistant Professor, Clinical Internal Medicine and Pediatrics, The Ohio State University Wexner Medical Center, Columbus

Katherine Schmidt, MD, FACP, Assistant Professor of Clinical Medicine, Division of General Internal Medicine, University of Cincinnati Medical Center, Cincinnati

Eileen Seeholzer, MD, MS, Associate Professor of Medicine, Medical Director, Weight Loss Surgery and Weight Management Center, MetroHealthy Employee Wellness Initiative, Case Western Reserve University at MetroHealth System, Cleveland

Ziad Shaman, MD, RDMS, ABIM Diplomate in Pulmonary, Critical Care and Sleep Medicine, Program Director, Pulmonary, Critical Care Medicine Fellowship, MetroHealth Medical Center, Assistant Professor, Case Western Reserve University, Cleveland

Jessica Sharpe, MD, PhD, Department of Internal Medicine Chief Resident, The Ohio State University Wexner Medical Center, Columbus

Titus Sheers, MD, MBA, FACP, Director, Adult Cystic Fibrosis, Cleveland Clinic, Akron General, Akron

Ashley E. Smith, MD, MBA; MAJ, MC, USA, Associate Director, Pediatric Residency Program, Associate Director, Leader and Faculty Development Fellowship; Chair, HRO Planning Committee, General Pediatrics, Madigan Army Medical Center MTOE, Lakewood, WA

Michael J. Tan, MD, FACP, FIDSA, Regent, Board of Regents, American College of Physicians; Professor of Internal Medicine, Northeast Ohio Medical University, Clinical Physician Lead, Infectious Diseases and HIV, Summa Health, Akron

Neeraj H. Tayal, MD, Professor of Internal Medicine, Division of General Internal Medicine, Ohio State University Wexner Medical Center, Columbus

Houman Varghai, MD, FACP, Assistant Professor of Clinical Medicine, Department of Internal Medicine, University of Cincinnati College of Medicine, UCMC, Cincinnati

Danielle E. Weber, MD, MEd, Internal Medicine-Pediatrics Hospital Medicine, Assistant Professor of Medicine, University of Cincinnati Medical Center, Assistant Professor of Pediatrics, Cincinnati Children's Hospital Medical Center, Cincinnati

Richard N. Whitney, MD, FASAM, Medical Director, Ohio Physicians Health Program, Columbus

Margaret (Peggy) Williams, MD, Clinical Assistant Professor, Division of Hospital Medicine, Department of Internal Medicine, The Ohio State University Wexner Medical Center, Columbus

Eric Yudelevich, MD, Associate Staff, Department of Internal Medicine and Geriatrics, Cleveland Clinic; Director of Clinical Competency Development, Internal Medicine Residency Program, Assistant Professor of Medicine, Cleveland Clinic Lerner COM of CWRU, Cleveland Clinic, Cleveland

Program Committee

Moises Auron, MD, FAAP, FACP

Mariah Barlow, MD

Angelique Collamer, MD, FACP

Vijay Duggirala, MD, FACP

Kevin Frey, MD, FACP

Martin Fried, MD

Kevin Goist, MD, FACP, Chair

Joel Kammeyer, MD, FACP

Luke Kim, MD, FACP

Kimberly Mc Bennett, MD, PhD, FACP

Craig Nielsen, MD, FACP, Governor

Katherine Schmidt, MD, FACP

Michael Tan, MD, FACP, FIDSA

Elham Yousef, MD, FACP

Meeting Information

CME Accreditation and MOC Points

The American College of Physicians is accredited by the Accreditation Council for Continuing Medical Education (ACCME) to provide continuing medical education for physicians.

The ACP designates this live activity for the number of AMA PRA Category 1 Credit(s)TM listed below. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

The OH/AF Chapter Scientific Meeting for a maximum of 15 AMA PRA Category 1 Credit(s)TM

The SEP modules pre-course, for a maximum of 2 AMA PRA Category 1 Credit(s)TM

Successful completion of this CME activity, which includes participation in the evaluation component, enables the participant to earn up to 15 medical knowledge MOC point in the American Board of Internal Medicine's (ABIM) Maintenance of Certification (MOC) program. It is the CME activity provider's responsibility to submit participant completion information to ACCME for the purpose of granting ABIM MOC credit.

The following sessions are not eligible for CME credit:

- Regent Update
- Town Hall
- Student Session I: Medical Education Focus for an Academic Primary Care Career in Internal Medicine and Pediatrics
- Student Session II: Career Path in Academic IM/Peds Hospitalist
- Wellness Break
- Student Posters
- Awards Reception
- Resident's Oral Abstracts
- Resident Poster Presentations
- Resident Session I: Internal Medicine Career Panel
- Resident Session II: Teaching Scripts
- Resdient Session III: Leadership in Medicine: Bringing to Light Gender Differences and Microaggressions



Hotel Accommodations

We have reserved a block of rooms at the following rates until September 27, 2021. When making your reservation, be sure to mention that you will be attending the ACP OH/USAF Chapter meeting. The rooms are available on a first-come, first-served basis, so make your reservation as early as possible by calling 1-614-559-2000 to request a reservation in the Ohio Chapter American College of Physicians block—code ACP or register online at <a href="https://www.hilton.com/en/book/reservation/deeplink/?ctyhocn=CMHHSHX&groupCode=CHHACP&arrivaldate=2021-10-27&departuredate=2021-10-29&cid=OM,WW,HILTONLINK,EN,DirectLink&fromId=HILTONLINKDIRECT

Single: \$169.00 Double: \$179.00

Hampton Inn & Suites 501 North High Street

Columbus, OH Downtown 43215

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www.acponline.org/chapters



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PHONE

Call 800-ACP-1915 or 215-351-2600 (M–F, 9 a.m.–5 p.m. ET)

Ohio-U.S. Air Force Chapter Registration Form CMV

October 28-29, 2021

RMH2213

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☐ Please check here to indicate a permanent change to your preferred address for all College mailings.		☐ Check here if you are disabled and require assistance. Please notify the Ohio–U.S. Air Force Chapter in writing	
☐ Please exclude me from rethe meeting exhibitors.	eceiving mailings from	before your course. We'll be gl	ad to help.

Registration Fees

Check one category that best applies. Registration fee includes all scientific sessions and materials and CME documentation.

Categories	Registration Fee
☐ ACP Member	\$265
☐ ACP Resident/Fellow Member	\$145
☐ ACP Medical Student Member	\$45
□ Nonmember Physician	\$365
□ Nonmember Resident*	\$195
□ Nonmember Medical Student*	\$65
□ Nonmember Allied Health Professional	\$365
☐ Other (Guest/Spouse)—if applicable	\$15

^{*}Nonmember Residents and Medical Students cannot register online and must register by contacting Customer Service at 800-523-1546, ext. 2600, in order to get the correct registration rate.

Please Note: Members whose dues were not paid for the current fiscal year will receive the nonmember registration rate.

Please be advised that we will be following the Ohio Board of Health and State of Ohio COVID guidelines as well as all guidelines set forth by the Greater Columbus Convention Center at the time of the meeting. This may include masking and distancing guidelines among others and will be subject to change.



Join more than 15,000 colleagues in the Advocates for Internal Medicine Network (AIMn) in advocating for the interests of internal medicine in Washington, D.C. The AIMn program is for ACP members interested in participating in federal advocacy. It is designed to help members engage with their federal lawmakers on policy issues important to ACP and internal medicine. **Enroll Now!**

Follow @AdvocatesIM

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Please indicate your attendance at the following:
☐ SEP01—SEP: 2021 Update in GIM—October 28, 2021, 7:15–9:15 a.m.
☐ W01—Ultrasound Workshop I—October 28, 2021, 9:30–11:30 a.m.
☐ W02—Ultrasound Workshop II—October 28, 2021, 1:30–3:30 p.m.
☐ W03—High-Yield Cardiology for the Internist— October 28, 2021, 3:00—3:40 p.m.
☐ W04—Debriefing Medical Simulation—October 28, 2021, 3:00–4:30 p.m.
☐ W05—Establishing a Medical Climate—October 28, 2021, 3:00–4:30 p.m.
☐ W06—Concurrent Session: Nighttime Education— October 29, 2021, 2:00-3:30
☐ W07—Concurrent Session: Mentoring, Coaching and Sponsoring—October 29, 2021, 2:00—3:30 p.m.
☐ W08—Clinical Controversies—PICC Lines in Patients With Opioid Use Disorder—October 29, 2021, 1:40–2:20 p.m.
☐ W09—High-Yield Hematology for the Internist— October 29, 2021, 1:40—2:20 p.m.
☐ W10—Medications for Opioid Use Disorder in Transition From Inpatient to Outpatient Care—October 29, 2021, 2:30–3:10 p.m.
☐ W11—Exercise as Medicine—October 29, 2021, 2:30–3:10 p.m.
Grand Total \$

Payment Options
☐ Check enclosed. (Payable to ACP. Must remit in U.S. funds drawn on a U.S. bank.)
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