# Vermont Chapter Scientific Meeting



# October 11, 2019

Trapp Family Lodge Stowe, Vermont

## Fostering Excellence in Internal Medicine

This live activity has been designated for 7 CME credits and 7 MOC points



# **Meeting Highlights**

- Luncheon Keynote by Dr. Darilyn Moyer, Executive Vice President and CEO of ACP
- Earn CME and MOC Credits
- Chronic Pain Approaches: Qualifies as 1 Hour of Pain Management CME for Vermont Licensure
- Practical Clinical Updates From Heart Failure and Hospital Medicine to Diabetes and Depression
- Public Health Highlights Featuring Dr. Mark Levine, Vermont Commissioner of Health
- Resident and Student Scientific Poster Competition

Dear Colleague,

Join me and your colleagues in internal medicine at the next scientific meeting of the Vermont Chapter of the American College of Physicians, being held Friday, October 11, 2019, at the Trapp Family Lodge in Stowe, Vermont.

The meeting is a great way for you to recharge, rewind, and reflect with your peers, chapter leaders, and great speakers. Connect with the Vermont Chapter's rich source of knowledge content and networking by attending our premier meeting for general internists, subspecialty internists, hospitalists, allied health practitioners, residents, and medical students.

In addition to earning CME and MOC credits, this conference is about making personal contacts and getting involved in your chapter. You'll engage with people who know your challenges and can help you find solutions. The opportunities available at this meeting will help you meet not only your needs as a physician but also the needs of the patients you serve.

To ensure your place at this invaluable meeting, register now by visiting us online at **vtchapter.acponline.org**.

I look forward to seeing you in Stowe.

Sincerely,

Allen Repp, MD, FACP ACP Governor, Vermont Chapter

# Schedule at a Glance

## Fostering Excellence in Internal Medicine

7:30 a.m.

**Registration and Breakfast** 

7:55

Welcome

Allen Repp, MD, MSc, FACP ACP Vermont Chapter Governor

8:00

**Integrative Approaches to Chronic Pain** 

Jon Porter, MD

9:00

**Updates in Heart Failure** 

Peter Van Buren, MD

9:45

**ECG Review** 

Joseph Winget, MD

10:15

**Break** 

10:30

**Public Health Highlights: Hot Topics in Vermont** 

Mark Levine, MD, FACP

11:15

**Advances in Depression Management** 

Mac Abernathy, MD

Noon

**Lunch and Keynote Address** 

Women in Medicine: Creating a JEDI Health

**Care System** 

Darilyn Moyer, MD, FACP

1:00 p.m.

**Resident and Student Poster Viewing** 

2:00

**Advances in Diabetes Management** 

Matt Gilbert, DO, MPH

2:45

**Break** 

3:00

**Update in Hospital Medicine** 

Shaden Eldakar-Hein, MD, MS, FACP

3:45

**Hepatitis C for the Internist** 

Andrew Hale, MD

4:30

Concluding Remarks, Poster Competition Awards, and Adjournment

Allen Repp, MD, FACP







# **Meeting Information**

### **Faculty**

**Mac Abernathy, MD,** Assistant Professor, Department of Psychiatry, Robert Larner MD College of Medicine at the University of Vermont, Burlington

**Shaden Eldakar-Hein, MD, MS, FACP,** Associate Professor, Division of Hospital Medicine, Robert Larner MD College of Medicine at the University of Vermont, Burlington

**Matt Gilbert, DO, MPH,** Associate Professor and Fellowship Program Director, Division of Endocrinology, Robert Larner MD College of Medicine at the University of Vermont, Burlington

**Andrew Hale, MD,** Assistant Professor, Division of Infectious Disease, Robert Larner MD College of Medicine at the University of Vermont, Burlington

Mark Levine, MD, FACP, Past ACP Vermont Chapter Governor; Commissioner of Health, Vermont Department of Health, State of Vermont, Burlington **Darilyn Moyer, MD, FACP,** Executive Vice President and CEO, American College of Physicians, Philadelphia, PA

Jon Porter, MD, Medical Director and Division Chief, Comprehensive Pain Program, University of Vermont Medical Center; Assistant Clinical Professor, Department of Family Medicine, Robert Larner MD College of Medicine at the University of Vermont, Burlington

**Allen Repp, MD, MSc, FACP,** ACP Vermont Chapter Governor; Professor, Department of Medicine, Robert Larner MD College of Medicine at the University of Vermont, Burlington

**Peter Van Buren, MD,** Associate Professor, Division of Cardiology, Robert Larner MD College of Medicine at the University of Vermont, Burlington

**Joseph Winget, MD,** Associate Professor, Division of Cardiology, Robert Larner MD College of Medicine at the University of Vermont, Burlington

# Resident/Fellow Member and Medical Student Activities

We will host an abstract/poster competition for Medical Student Members and Resident/Fellow Members. Abstracts will be accepted in two categories: clinical vignettes and research/quality/high-value care. The authors of selected abstracts will be invited to present as a poster at the ACP Vermont Chapter meeting, where judges will choose a winning poster in each category. The winners will receive recognition and support to present at the national ACP Internal Medicine Meeting in Los Angeles, California, from April 23 to 25, 2020.

The deadline to submit an abstract is September 1, 2019. Abstracts should be submitted in Word or PDF format by e-mail to Allen Repp at allen.repp@uvmhealth.org. Authors will be notified of acceptance by September 16. Please review the information and instructions www.acponline.org/about-acp/chapters-regions/united-states/vermont-chapter.

## **Learning Objectives**

At the conclusion of this activity, the participant will be able to:

- Apply updated knowledge in depression treatment in clinical practice.
- Improve clinical practice by incorporating major new developments in diabetes management.
- · Explain recent advances in heart failure.
- · Understand recent advances in hospital medicine.

#### CME Accreditation and MOC Points

The American College of Physicians is accredited by the Accreditation Council for Continuing Medical Education (ACCME) to provide continuing medical education for physicians.

The American College of Physicians designates this live activity for a maximum of 7 AMA PRA Category 1 Credit(s)<sup>TM</sup>. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

Successful completion of this CME activity, which includes participation in the evaluation component, enables the participant to earn up to 7 medical knowledge MOC points in the American Board of Internal Medicine's (ABIM's) Maintenance of Certification (MOC) program. Participants will earn MOC points equivalent to the amount of CME credit claimed for the activity. It is the CME activity provider's responsibility to submit participant completion information to ACCME for the purpose of granting ABIM MOC credit.

# **Additional Information**

#### Questions?

If you have questions about the Chapter or meeting program, or have a disability or any special dietary needs, please contact Colleen Magne at 802-223-7898 or cmagne@vtmd.org.

#### **Hotel Accommodations**

When making your reservation, be sure to mention that you will be attending the ACP Vermont Chapter meeting. The rooms are available on a first-come, first-served basis, so make your reservation as early as possible by calling the hotel directly at 800-826-7000. Standard room rates apply.

## **Directions/Parking**

Parking available at Trapp Family Lodge.



Visit us online for details on hotel reservations, directions, parking, and areas of interest.

### **Registration Information**

#### **Late Registration and Onsite Fees**

Please complete the section below if you wish to set a late registration and/or an onsite fee.

All registrations must be received by September 20, 2019, or a late registration fee of \$25 will be added. This includes onsite registrations. Save money by registering now!

#### Cancellations/Refunds

Notice of cancellation must be made in writing (fax, mail, or e-mail). Cancellations will not be accepted by telephone. A processing fee of \$25 will be deducted from the member's refund. Individuals who fail to attend the course (no-shows) will not be entitled to any refund.

#### Satisfaction Guarantee

The College offers a satisfaction guarantee for all of its courses. If meeting attendees are not satisfied with their experience at a chapter meeting, they may write and request a refund of their registration fee.

#### **Contact Us**



#### **BY INTERNET**

(Credit Card only)
Visit us on the Web
www.acponline.org/chapters



Make check or money order payable to ACP. AC002 American College of Physicians 190 N. Independence Mall West Philadelphia, PA 19106-1572



(Credit Cards only) 215-351-2799



Call 800-ACP-1915, or 215-351-2600 (M–F, 9 a.m.–5 p.m. ET)

# Vermont Chapter Registration Form

**CMB** 

## Stowe, Vermont ● October 11, 2019

RM2020

ACP # (found on mailing label)				
Name		[	□ MD □ DO □ OTHER	
Address				
City		State	ZIP	
Daytime Phone	Fax	E-mail		
<ul> <li>□ Please check here to indicate to your preferred address</li> <li>□ Please exclude me from rethe meeting exhibitors</li> </ul>	for all College mailings.	Check here if you are disabled a Please notify the Vermont Chap course. We'll be glad to help.		

## **Registration Fees**

Check one category that best applies. Registration fee includes continental breakfast, lunch, all scientific sessions and materials, and CME documentation.

Categories	Register by September 20, 2019	After September 20, 2019 Registration Fees
☐ ACP Member	\$100	\$125
☐ ACP Resident/Fellow Member	No Fee	No Fee
☐ ACP Medical Student Member	No Fee	No Fee
☐ Nonmember Physician	\$125	\$150
☐ Nonmember Resident*	\$40	\$65
☐ Nonmember Medical Student	\$40	\$65
☐ Nonmember Allied Health Professional	\$110	\$135
☐ Spouse or Non–Health Professional Guest	\$40	\$65

<sup>\*</sup>Nonmember Residents cannot register online and must register by contacting Customer Service at 800-523-1546, ext. 2600, in order to get the correct registration rate.

Please note: Members whose dues were not paid for the current fiscal year will receive the nonmember registration rate.

To help us go "green", we are making our presentations available online only on the Chapter Website.

# Vermont Chapter Registration Form

CMB

Will you serve as a judge for the abstract competition?  ☐ Yes ☐ No	Payment Options
Guest name  If you require special assistance, please tell us how we can help.	☐ Check enclosed. (Payable to ACP. Must remit in U.S. funds drawn on a U.S. bank.) ☐ Charge to:   MasterCard  MasterCard  DISCOVER
	Card #
Grand Total \$	Exp. Date/ Security Code(3- or 4-digit number found on front or back of card)

American College of Physicians Leading Internal Medicine, Improving Lives

# 2019

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