

2019

Minnesota Internal Medicine Meeting



October 10–11, 2019

Minneapolis Convention Center
Minneapolis, Minnesota

Fostering Excellence in Internal Medicine

This live activity has been designated for 16.25 CME credits.



ACP[®]
American College of Physicians
Leading Internal Medicine, Improving Lives

Minnesota
Chapter

Meeting Highlights

- Thursday afternoon training on Advocacy and Communication to Increase Clinician Effectiveness
- Complications of Checkpoint Inhibitors, Cirrhosis Update, PICCs and Midlines, New Antibiotics
- Climate Change and Health
- Neurology Pearls, Supporting Women in Medicine
- A Fib, Colonoscopy/FIT, Sleep Tips, Parenteral Iron, Direct Oral Anticoagulants, Management of CKD 3/4
- Doctor's Dilemma, 2 SEP Modules, Stump the Internist

Dear Colleague,

Join me and your colleagues in internal medicine at the next scientific meeting of the Minnesota Chapter of the American College of Physicians, being held October 10–11, 2019, at the Minneapolis Convention Center.

The meeting is a great way for you to recharge, rewind, and reflect with your peers, chapter leaders, and great speakers. Connect with the Minnesota Chapter's rich source of knowledge content and networking by attending our premier meeting for general internists, subspecialty internists, hospitalists, allied health practitioners, residents, and medical students.

This conference is about making personal contacts and getting involved in your chapter. You'll engage with people who know your challenges and can help you find solutions. The opportunities available at this meeting will help you meet not only your needs as a physician, but also the needs of the patients you serve.

To ensure your place at this invaluable meeting, register now by visiting us online at mnchapter.acponline.org.

I look forward to seeing you in Minneapolis.

Sincerely,

David Hilden, MD, MPH, FACP
ACP Governor, Minnesota Chapter



Schedule at a Glance

Fostering Excellence in Internal Medicine

Thursday, Oct. 10, 2019

8:00 a.m.

SEP 1: Inpatient Internal Medicine

Drs. Haruka Torok and Benard Trappey

10:15

SEP 2: Outpatient Internal Medicine

Drs. Jill Huber and Carina Himes

12:15 p.m.

ABIM MOC Update

Dr. Amy Holbrook

Afternoon MN-ACP Chapter meeting on Voice of the Clinician—Using Advocacy and Communication to Increase Clinician Effectiveness

1:00

Talking to Legislators

Dr. Charles Reznikoff

1:30

ACP Health Policy

Robert Doherty

2:45

Tips for Getting Your Message Across

Dr. Scott Litin

3:30

Social Media Engagement

Dr. Amy Oxentenko

4:00

Voice of the Clinician Story Slam

Drs. Tseganesh Selameab and Tom Jaeger

Friday, Oct. 11, 2019

7:00 a.m.

Internist Breakfast and Hot Topics Discussion

Dr. Anya Jamrozy

8:00

Colonoscopy/FIT

Dr. Piet De Groen

New Antibiotics

Dr. Sadia Ali

8:30

Management of CKD 3/4

Dr. Andrea Kattah

Complications of Checkpoint Inhibitors

Dr. Manish Patel

9:00

A Fib Update

Dr. William Katsiyannis

Cirrhosis Update

Dr. Nick Lim

9:30

Direct Oral Anticoagulants

Dr. Mark Reding

PICCs and Midlines—What You Need to Know

Dr. William Browne

10:00

COPD Update/Simplified Approach to Inhalers

Dr. Matt Prekker

Just Stop! Things That Add No Value

Dr. David Hilden

10:45

Tapering Opioids

Dr. Anne Pylkas

11:15

Supporting Women in Medicine

Drs. Karen Mauck and Anjali Bhagra

11:45

Neurology Pearls

Dr. Jeremy Cutsforth-Gregory

12:15 p.m.

Awards and Lunch

1:15

Parenteral Iron

Dr. Bryan Trottier

1:45

Climate Change and Health

Dr. Laalitha Surapaneni

2:30

Five Sleep Tips

Dr. Ranji Varghese

3:00

Poster Viewing and Break

3:30

Stump the Internist

Dr. John Bundrick

4:30

Doctor's Dilemma

Dr. David Hilden

5:30

Awards and Food

Meeting Information

Faculty

Sadia Ali, MD—Park Nicollet

Anjali Bhagra, MBBS, FACP—Mayo Clinic

William Browne, MD, FACP—University of Minnesota

John Bundrick, MD, FACP—Mayo Clinic

Jeremy Cutsforth-Gregory, MD—Mayo Clinic

Piet De Groen, MD—University of Minnesota

Robert Doherty—American College of Physicians

David Hilden, MD, MPH, FACP—Hennepin Healthcare

Carina Himes, MD—Mayo Clinic

Amy Holbrook, MD, FACP—Abbott Northwestern/Allina

Jill Huber, MD—Mayo Clinic

Thomas Jaeger, MD—Mayo Clinic

Anya Jamrozy, MD, FACP—Abbott Northwestern/Allina

Andrea Kattah, MD—Mayo Clinic

William Katsiyiannis, MD, MS, FACC—Minneapolis Heart Institute/Allina

Nick Lim, MD—University of Minnesota

Scott Litin, MD, MACP—Mayo Clinic

Karen Mauck, MD, FACP—Mayo Clinic

Amy Oxentenko, MD, FACP—Mayo Clinic

Manish Patel, DO—University of Minnesota

Anne Pylkas, MD—Health Partners

Matt Prekker, MD, MPH—Hennepin Healthcare

Mark Reding, MD—University of Minnesota

Charles Reznikoff, MD, FACP—Hennepin Healthcare

Tseganesh Selameab, MD, FACP—Health Partners

Vishnu Laalitha Surapaneni, MD, MPH—University of Minnesota

Haruka Torok, MBBS—University of Minnesota

Ben Trappey, MD—University of Minnesota

Bryan Trottier, MD—Park Nicollet

Ranji Varghese, MD—Hennepin Healthcare



Program Committee

Mary Miley, MD, FACP

Andrew Olson, MD, FACP

Chris Aakre, MD

John Bundrick, MD, FACP

Mary Cameron, MD

Kimberly Cochran, MD

Katherine Helgen, MD, FACP

David Hilden, MD, FACP

Meltiady Issa, MD, FACP

Anya Jamrozy, MD, FACP

Kyle Lehenbauer, MD

Benji Mathews, MD, FACP

Catherine Nguyen, DO

Charles Reznikoff, MD, FACP

Katherine Cairns, MPH, MBA

Meeting Information

Resident/Fellow Members' and Medical Students' Activities

Clinical vignettes, posters, and research papers prepared by resident/fellow members and medical students will be presented at the meeting. Winners will receive \$200 and a travel scholarship to Internal Medicine 2020 and be eligible for entrance into the national competition held during the meeting. Contact Katherine Cairns at Minnesota.ACP@gmail.com for information about entering the Resident/Fellow Members' Competition. Deadline for submissions is Sept. 10, 2019.

Reception on Oct. 10th for medical students, resident/fellows, early career physicians, and all attendees.

All abstracts submitted will be e-published at www.acponline.org/about-acp/chapters-regions/united-states/minnesota-chapter/news-meetings. Winning abstracts will be submitted to Minnesota Medicine for 2020.

Learning Objectives

At the conclusion of this activity, the participant will be able to:

- Apply updated knowledge of internal medicine to clinical practice.
- Apply updated knowledge of opioids, climate change, and health and sleep tips for patients and other relevant topics to care of patients in the clinic or hospital.
- Understand recent advances in internal medicine.
- Understand health care advocacy and reform.

Who Should Attend?

- General internists
- Subspecialty internists
- Family practitioners
- Fellows in subspecialty training
- Hospitalists
- Allied health practitioners
- Residents
- Medical students interested in internal medicine

Chapter Awards

It is with distinct pleasure that the Minnesota Chapter present this year's Laureate Award. Laureate Award winners are long-standing and loyal supporters of the College who have rendered distinguished service to their chapters and community and have upheld the high ideals and professional standards for which the College is known. The award will be presented during Friday lunch and awards session.

CME Accreditation

The American College of Physicians is accredited by the Accreditation Council for Continuing Medical Education (ACCME) to provide continuing medical education for physicians.

The ACP designates each live activity for the number of *AMA PRA Category 1 Credit(s)*TM listed below. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

The Minnesota Chapter Scientific Meeting for a maximum of *12.25 AMA PRA Category 1 Credit(s)*TM

The SEP modules pre-course, for a maximum of *4 AMA PRA Category 1 Credit(s)*TM

Successful completion of this CME activity, which includes participation in the evaluation component, enables the participant to earn up to 12.25 medical knowledge MOC points in the American Board of Internal Medicine's (ABIM) Maintenance of Certification (MOC) program. It is the CME activity provider's responsibility to submit participant completion information to ACCME for the purpose of granting ABIM MOC credit.

Pre-course: ABIM SEP Modules Session for Maintenance of Certification

SEP Note

The Minnesota Chapter will provide you with a learner's copy of the ABIM module(s) at the meeting. If you are enrolled in the ABIM's Maintenance of Certification program, you also must order the module* directly from the ABIM by visiting www.abim.org/online. After the Learning Session, submit your answers online to the ABIM for Maintenance of Certification credit. For more information about the ABIM's Maintenance of Certification program, visit www.abim.org/moc or call ABIM at 800-441-ABIM (2246).

Additional Information

Hotel Accommodations

We have reserved a block of rooms at the following rates until September 10, 2019. When making your reservation, be sure to mention that you will be attending the ACP Minnesota Chapter meeting. The rooms are available on a first-come, first-served basis, so make your reservation as early as possible by **calling the hotel directly at 612-332-6000 and ask for the MN-ACP rate.**

Single/Double: \$114.00 if booked by Sept. 10, 2019

The Millennium Minneapolis is 1 block from the Minneapolis Convention Center and connected by skyway. It is located at 1313 Nicollet Mall, Minneapolis, MN 55403

Directions/Parking

Visit this link for driving and parking directions: www.minneapolis.org/minneapolis-convention-center/directions-parking/.



Visit us online for details on hotel reservations, directions, parking, and areas of interest.

Additional Fees

All registrations must be received by Oct. 1, 2019, or a late registration fee of \$25.00 will be added. This includes on-site registrations. Save money by registering now!

Satisfaction Guarantee

The College offers a satisfaction guarantee for all of its courses. If meeting attendees are not satisfied with their experience at a Chapter meeting, they may write and request a refund of their registration fee.

Registration Information

Cancellations/Refunds

Notice of cancellation must be made in writing (fax, mail, or e-mail). Cancellations will not be accepted by telephone. A processing fee of \$25.00 will be deducted from the member's refund. Individuals who fail to attend the course (no-shows) will not be entitled to any refund.

Contact Us



BY INTERNET

(Credit Card only)
Visit us on the Web
www.acponline.org/chapters



BY MAIL

Make check or money order
payable to ACP.
AC002
American College of Physicians
190 N. Independence Mall West
Philadelphia, PA 19106-1572



BY FAX

(Credit Cards only)
215-351-2799



BY PHONE

Call 800-ACP-1915, or
215-351-2600
(M-F, 9 a.m.-5 p.m. ET)

Minnesota Chapter Registration Form

CMB

Minneapolis, MN • October 10–11, 2019

RM2037

ACP # (found on mailing label) Name ☐ MD ☐ DO ☐ OTHER

Address

City State ZIP

Daytime Phone Fax E-mail

☐ Please check here to indicate a permanent change to your preferred address for all College mailings.



☐ Check here if you are disabled and require assistance. Please notify the MN Chapter in writing by October 1, 2019.

Registration Fees

Check one category that best applies. Registration fee includes continental breakfast, lunch, all scientific sessions and materials, and CME documentation.

Categories	Sep Course Only: Thursday RM2037A	Thursday afternoon (AC) Course Only: Thursday RM2037B	Chapter Meeting Only: Friday RM2037	Thursday and Friday Meeting RM2037C
<input type="checkbox"/> ACP Master, Fellow, Member	\$225	\$100	\$275	\$525
<input type="checkbox"/> ACP Resident/Fellow Member	NA	No fee	No fee	No fee
<input type="checkbox"/> ACP Medical Student Member	NA	No fee	No fee	No fee
<input type="checkbox"/> ACP Non-Physician Affiliate Member— (NP, PA, APRN)	\$100	\$50	\$175	\$275
<input type="checkbox"/> Nonmember Physician	\$250	\$100	\$300	\$600
<input type="checkbox"/> Nonmember Resident and Medical Student**	NA	\$100	\$300	\$600
<input type="checkbox"/> Nonmember—Affiliate (NP, PA, APRN)†	\$125	\$50	\$200	\$350
<input type="checkbox"/> First-time attendee MN Internist: E-mail minnesota.acp@gmail.com for the rate code	\$250	No fee	\$50	\$300

****Nonmember resident and medical students:** This meeting registration is free for ACP resident fellow and medical Student Members. [Join Now!](#)

†Nonmember Affiliate: Consider joining ACP for a meeting registration fee reduction. [Join Now!](#)

Please note: Members whose dues were not paid for the current fiscal year will receive the nonmember registration rate.

Please indicate your attendance at the following:

- ☐ BR-01—Internist Breakfast—Oct 11, 2019,
7:00 a.m.–7:00 a.m.
- ☐ I can assist in poster competition judging—
Oct. 11, 2019, 12:45–3:00 p.m.

First time attendee rate code: _____

Grand Total \$ _____

Payment Options

☐ Check enclosed.
(Payable to **ACP**. Must remit in U.S. funds drawn on a U.S. bank.)

☐ Charge to: ☐ ☐ ☐ ☐

Card # _____

Exp. Date ____/____/____ MM/YY Security Code _____
(3- or 4-digit number found on front or back of card)

Signature: _____



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