

2019

Michigan Chapter Scientific Meeting



October 10–13, 2019

Amway Grand Plaza Hotel
Grand Rapids, Michigan

[Register Online Today!](#)

Fostering Excellence in Internal Medicine

This live activity has been designated for 19 CME credits.



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Meeting Highlights

- Two SEP Modules
- Professors in Action
- Thieves' Market
- Doctor's Dilemma™
- Updates in Infectious Diseases, Hypertension, Allergy, and Obesity Endocrinology
- Advocacy Session
- Hospital Medicine Track, Ambulatory Medicine Track
- Telemedicine Session by the Early Career Physicians Committee

Dear Colleague,

Join me and your colleagues in internal medicine at the next Annual Fall Scientific Meeting of the Michigan Chapter of the American College of Physicians, being held Thursday, October 10, through Sunday, October 13, at the Amway Grand Plaza Hotel.

The meeting is a great way for you to recharge, rewind, and reflect with your peers, Chapter leaders, and great speakers. Connect with the Michigan Chapter's rich source of knowledge content and networking by attending our premier meeting for general internists, subspecialty internists, hospitalists, allied health practitioners, residents, and medical students.

In addition to earning CME credits, this conference is about making personal contacts and getting involved in your Chapter. You'll engage with people who know your challenges and can help you find solutions. The opportunities available at this meeting will help you meet not only your needs as a physician but also the needs of the patients you serve.

We also welcome our continued collaboration with the Michigan Chapter of the Society of Hospital Medicine at this meeting!

To ensure your place at this invaluable meeting, register now by visiting us online at michapter.acponline.org.

I look forward to seeing you in Grand Rapids!

Sincerely,

Martha Gray, MD, FACP
ACP Governor, Michigan Chapter



Schedule at a Glance

Fostering Excellence in Internal Medicine

Thursday, October 10, 2019

4:00–9:00 p.m.

Registration

6:00–8:30

Governor's Council Dinner Meeting

Friday, October 11, 2019

7:00–9:00 a.m.

Continental Breakfast

7:00 a.m.–5:00 p.m.

Registration Open

7:00–7:45 a.m.

Meet the Professor

Infectious Disease Update

Anne Chen, MD, ACP Member

7:30 a.m.–3:30 p.m.

Education Exhibits

7:30–9:00 a.m.

Poster Reviewing and Judging

Residents Only Session #1

8:00–9:00

Large Lecture #1

Physician Wellness: Well Teachers are Great Teachers; Great Teachers Promote Wellness

Rajaninder Sharma, MD, FACP

Allison Ruff, MD, FACP

9:00

**Multiple Small Feedings of the Minds
Hypertension: 2020 Vision**

Kausik Umanath, MD, MS, ACP Member

10:15

Morning Break

10:30

Professors in Action

Joshua Collins, MD, FACP, SHM Member

Sean Drake, MD, FACP, SFHM

Ashwin Gupta, MD, ACP Member, SFHM

Louis Saravolatz, MD, MACP

Noon

Lunch

12:30 p.m.

Boy Frame Lecture

The Big Lecture on Medical Management of Obesity

Mike Brennan, DO, FACP

1:30–3:30

Oral Abstract Presentations and Judging

1:30–3:00

Advocacy Session

Martha Gray, MD, FACP

Jayne Courts, MD, FACP

Robert Doherty – ACP National

1:30

Medical Student Program

Andrew Jameson, MD, FACP

3:00

Afternoon Break

3:15–5:45

**Internal Medicine SEP Module
Western Michigan University**

Mark Loehrke, MD, FACP

Susan Bannon, MD, FACP

Ross Driscoll, MD, FACP

Theotonius Gomes, DO, ACP Member

Nicholas Helmstetter, MD

3:15–5:45

Hospital Medicine Track

1. Top Articles in Hospital Medicine

Stephanie Burdick, MD, ACP Member, SHM Member

2. Pulmonary Effects of Marijuana

Jason Biehl, MD

3. Understanding Diagnostic Mistakes

Ashwin Gupta, MD, ACP Member, SFHM

6:00–8:00

Governor's Reception and Chapter Awards

Schedule at a Glance

Saturday, October 12, 2019

7:00 a.m.–5:00 p.m.

Registration Open

7:00–7:45 a.m.

Meet the Professor

Rheumatology Update

Josephine Dhar, MD, FACP

7:30–9:00

Poster Reviewing and Judging

Residents and Medical Students, Session #2

7:30 a.m.–3:30 p.m.

Exhibits

8:00 a.m.

Large Lecture #2

Telemedicine Discussion and Panel

Sponsored by the Early Career Physicians Committee

Allison Ruff, MD, FACP

Neelima Thati, MD

H. Gunner Deery II, MD, FACP

James Sondheimer, MD, FACP

10:00

Morning Break

10:15

Thieves' Market

David Scrase, MD, FACP

11:45

Break

Noon

Lunch

12:30–1:30 p.m.

Park Willis Lecture

What To Do With Antibiotic Allergy and

Desensitization Strategies

Carl Lauter, MD, MACP

1:45–3:00

Medical Student Program

Andrew Jameson, MD, FACP

Lalathaksha Kumbar, MD

Shahid Mohammed, MD, FACP

1:45–4:15

Hospital Medicine SEP Module

University of Michigan

Ashwin Gupta, MD, ACP Member, SFHM

Richard Schildhouse, MD, ACP Member, SFHM

Jawad Al-Khafaji, MD, SHM Member

David Bozaan, MD, FHM

Lauren Heidemann, MD, FACP, SHM Member

1:45–4:15

Ambulatory Medicine Track

1. Updates in Ambulatory Medicine

Juliette Perzhinsky, MD, FACP

2. Practical Issues in Nephrology

Snigdha Reddy, MD, ACP Member

3. Depression Management for the Internist

Jacqueline Gierer, DO, ACP Member

3:00–4:15

Medical Student Program

Andrew Jameson, MD, FACP–Moderator

Residency Program Directors Panel

4:15–5:15

Residency Program Director Meeting

5:30–6:30

Story Slam–Aimee Espinosa, MD, FACP

(Combined With Medical Student Program)

Sunday, October 13, 2019

7:00 a.m.–10:00 a.m.

Registration Open

7:15–8:00 a.m.

Continental Breakfast

7:15

Annual Michigan Chapter Business Meeting

Full Breakfast

8:00

Doctor's Dilemma™

Resident Championship Round

Nicole Marijanovich, MD, FACP, SHM Member

9:00

Resident Poster and Oral Abstract Awards

9:15

Doctor's Dilemma™

Winning Resident Team vs. Attending Panel

Aimee Espinosa, MD, FACP

Mark Loehrke, MD, FACP

David Scrase, MD, FACP

10:00

Meeting Adjourns

Meeting Information

Faculty

Jawad Al-Khafaji, MD, SHM Member, Department of Internal Medicine—Hospital Medicine, Michigan Medicine, University of Michigan; Assistant Professor of Medicine, University of Michigan, Ann Arbor

Susan Bannon, MD, FACP, Director, Internal Medicine Residency, Western Michigan University; Associate Professor of Medicine, Western Michigan University School of Medicine, Kalamazoo

Jason Biehl, MD, Division of Pulmonary and Critical Care, Department of Medicine, Castle Rock Adventist Hospital, Grand Rapids

David Bozaan, MD, FHM, Department of Internal Medicine—Hospital Medicine, Michigan Medicine, University of Michigan; Clinical Lecturer, University of Michigan, Ann Arbor

Mike Brennan, DO, FACP, Division of Endocrinology, Department of Medicine, Beaumont Hospital, Grosse Pointe; Assistant Professor of Medicine, Oakland University William Beaumont School of Medicine, Rochester Hills

Stephanie Burdick, MD, ACP Member, SHM Member, Division of Hospital Medicine, Spectrum Health, Grand Rapids

Anne Chen, MD, ACP Member, Division of Infectious Diseases, Department of Medicine, Henry Ford Health System, Detroit

Joshua Collins, MD, FACP, SHM Member, Assistant Program Chair, Internal Medicine Residency, Department of Medicine, Henry Ford Health System, Detroit

Jayne Courts, MD, FACP, Medical Advisor Director, Mercy Health Physician Partners; Associate Clinical Professor of Medicine, Michigan State University College of Human Medicine, East Lansing

H. Gunner Deery II, MD, FACP, President, IDwisdom, Infectious Disease, Healthcare Epidemiology Consulting Service; Trustee, Northern Michigan Regional Health System, Petoskey

Josephine Dhar, MD, FACP, Division of Rheumatology, Department of Internal Medicine, Ascension St. John Hospital, Grosse Pointe, Michigan

Robert Doherty, Senior Vice President, Governance Affairs and Public Policy, American College of Physicians, Washington, DC

Sean Drake, MD, FACP, SFHM, Department of Medicine, Henry Ford Health System, Detroit

Ross Driscoll, MD, FACP, Assistant Professor, Department of Internal Medicine, Assistant Professor, Department of Medical Ethics, Humanities and Law, Clinical Scholar Advisor for 1st and 2nd Year Medical Students, Member, Faculty Academic Council, Clinical Teacher, Physical Examination and History Taking Skills, Western Michigan University School of Medicine, Kalamazoo

Aimee Espinosa, MD, FACP, Co-Chair, Michigan Chapter Meeting Planning Committee, American College of Physicians; Associate Residency Program Director, Department of Medicine, Beaumont Hospital Royal Oak; Assistant Professor of Medicine, Oakland University William Beaumont School of Medicine, Rochester Hills

Jacqueline Gierer, DO, ACP Member, Department of Internal Medicine, Beaumont Hospital Royal Oak, Royal Oak

Theotonius Gomes, DO, ACP Member, Assistant Professor, Department of Internal Medicine, Assistant Professor, Department of Pediatric and Adolescent Medicine, Western Michigan University School of Medicine, Kalamazoo

Martha Gray, MD, FACP, Governor, Michigan Chapter, American College of Physicians; private practice physician, Canton; Division of Geriatrics, Department of Internal Medicine, University of Michigan, Ann Arbor

Ashwin Gupta, MD, ACP Member, SFHM, Clinical Lecturer, Department of Hospital Medicine, Michigan Medicine, University of Michigan, Ann Arbor

Lauren Heidemann, MD, FACP, SHM Member, Department of Internal Medicine—Hospital Medicine, Michigan Medicine, University of Michigan; Assistant Professor of Medicine, University of Michigan, Ann Arbor

Nicholas Helmstetter, MD, Attending Staff, Medicine—Pediatrics Clinic, Assistant Professor, Department of Internal Medicine, Assistant Professor, Department of Pediatrics and Adolescent Medicine, Western Michigan University School of Medicine, Kalamazoo

Andrew Jameson, MD, FACP, Chair, Medical Student Program, Michigan Chapter, American College of Physicians; Division of Infectious Diseases, Department of Medicine, Mercy Health System, Grand Rapids

Lalathaksha Kumbar, MD, Section Head, Interventional Nephrology, Division of Nephrology and Hypertension, Henry Ford Health System; Clinical Associate Professor, Wayne State University School of Medicine, Detroit

Carl Lauter, MD, MACP, Past Governor, Michigan Chapter, American College of Physicians (2010–2014); Chief, Division of Allergy and Immunology, Member, Division of Infectious Diseases, Beaumont Hospital Royal Oak; Professor of Medicine, Oakland University William Beaumont School of Medicine; Clinical Professor of Medicine, Wayne State University School of Medicine, Detroit

Mark Loehrke, MD, FACP, Chair, Department of Internal Medicine, Western Michigan University School of Medicine; Associate Professor of Medicine, Western Michigan University School of Medicine, Kalamazoo

Meeting Information

Nicole Marijanovich, MD, FACP, SHM Member, Hospital Medicine, Department of Internal Medicine, Beaumont Hospital Royal Oak; Assistant Professor of Medicine, Oakland University William Beaumont School of Medicine, Rochester Hills

Shahid Mohammed, MD, FACP, Department of Medicine, Spectrum Health, Grand Rapids

David Paje, MD, MPH, FACP, SFHM, Co-Chair, Michigan Chapter Meeting Planning Committee, American College of Physicians; Hospital and Clinical Informatics, Department of Medicine, Michigan Medicine, University of Michigan; Assistant Professor of Medicine, University of Michigan, Ann Arbor

Juliette Perzhinsky, MD, FACP, Staff Physician, Aleda E. Lutz VAMC; Associate Residency Program Director, Central Michigan University Health, Associate Professor of Medicine, Central Michigan University College of Medicine, Saginaw

Snigdha Reddy, MD, ACP Member, Division of Nephrology, Department of Internal Medicine, Henry Ford Health System, Detroit

Allison Ruff, MD, FACP, Michigan Chapter ACP Wellness Champion; Department of Medicine, Michigan Medicine, University of Michigan; Assistant Professor of Medicine, University of Michigan, Ann Arbor

Louis Saravolatz, MD, MACP, Immediate Past Governor, Michigan Chapter, American College of Physicians (2014–2018); Chair, Department of Medicine, Ascension St. John Hospital; Professor of Medicine, Wayne State University School of Medicine, Detroit

Richard Schildhouse, MD, ACP Member, SHM Member, Section Chief, Hospital Medicine, VA Ann Arbor Healthcare System; Clinical Lecturer, Department of Hospital Medicine, University of Michigan, Ann Arbor

David Scrase, MD, FACP, Professor and Interim Chief, General Internal Medicine and Geriatrics, University of New Mexico School of Medicine, Albuquerque, NM

Rajaninder Sharma, MD, FACP, Michigan Chapter ACP Wellness Champion; Department of Medicine, Ascension St. John Hospital, Grosse Pointe

James Sondheimer, MD, FACP, Division of Nephrology, Harper Hospital; Associate Professor of Medicine, Wayne State University School of Medicine, Detroit

Neelima Thati, MD, private practice in internal medicine, Detroit

Kausik Umanath, MD, MS, ACP Member, Section Head, Clinical Research, Nephrology Fellowship Research Coordinator, Division of Nephrology and Hypertension, Henry Ford Health System; Associate Professor of Medicine, Wayne State University, Detroit

Jerry Yee, MD, FACP, Co-Chair, Michigan Chapter Meeting Planning Committee, American College of Physicians; Chief, Division of Nephrology and Hypertension, Department of Medicine, Henry Ford Health System; Medical Director, Greenfield Health Systems; Clinical Professor of Medicine, Wayne State University School of Medicine, Detroit



Michigan Chapter–ACP Resident Member and Medical Student Member Abstract Competition

Clinical vignettes, research, and CQI/EBM abstracts prepared by Resident/Fellow Members and Medical Student Members will be presented at the meeting in both poster and oral presentations.

One Resident/Fellow Member winner from each category (highest-score poster or oral) will be automatically accepted for a poster presentation and receive up to \$1000 toward expenses to attend Internal Medicine Meeting 2020 in Los Angeles.

The top-scoring Medical Student Member winner will be accepted for a poster presentation and full paid expenses to present at and attend Internal Medicine Meeting 2020 in Los Angeles.

Resident/Fellow Oral and Poster Abstract Competition:

A total of 13 certificates will be awarded from the Michigan Chapter of the ACP in the following categories:

Research	1st, 2nd, and 3rd place oral 1st, 2nd, and 3rd place poster
Clinical Vignette	1st, 2nd, and 3rd place oral 1st, 2nd, and 3rd place poster
CQI-EBM	1st place oral or poster

Medical Student Poster Abstract Competition:

A total of 7 certificates will be awarded from the Michigan Chapter of the ACP in the following categories:

Research	1st, 2nd, and 3rd place poster
Clinical Vignette	1st, 2nd, and 3rd place poster
CQI-EBM	1st place poster

Michigan Chapter, Society of Hospital Medicine Abstract Awards:

A travel stipend of \$1,000 will be awarded to the 1st, 2nd, and 3rd place resident/fellow abstracts as well as one medical student abstract to attend the Annual 2020 National SHM Meeting in San Diego.

Meeting Information

Early Career Physicians' Activities

New this year! Sponsored by the Michigan Chapter, Early Career Physicians Committee
Saturday, October 12, 8:00–10:00 a.m.

Telemedicine Discussion and Panel

Allison Ruff, MD, FACP

Neelima Thati, MD

H. Gunner Deery II, MD, FACP

James Sondheimer, MD, FACP

Learning Objectives

At the conclusion of this activity, the participant will be able to:

- Apply updated knowledge of internal medicine to clinical practice.
- Apply updated knowledge of infectious diseases, allergy, rheumatology, and endocrinology to clinical practice.
- Improve clinical practice by incorporating major new developments in hospital and ambulatory care medicine.
- Understand political advocacy and reform.

Chapter Awards

It is with distinct pleasure that the Michigan Chapter presents this year's Laureate Awards and Chapter Awards. Laureate Award winners are long-standing and loyal supporters of the College who have rendered distinguished service to their chapters and community and have upheld the high ideals and professional standards for which the College is known. The awards will be presented during the Governor's Reception on Friday, October 11, 6:00–8:00 p.m.

Additional awards (e.g., Laureate, Chapter Volunteerism, and Community Service) will be presented to:

Laureate Award

Recipient: Josephine Dhar, MD, FACP

Laureate Award

Recipient: Vernon Wendt, MD, FACP

Governor's Award

Recipient: Aimee Espinosa, MD, FACP

Governor's Award

Recipient: Michael Kern, MD, FACP

Chapter Volunteerism and Community Service Award

Recipient: Hiram Conjeevaram, MD, FACP

Lifetime Achievement Award

Recipient: Jack Sobel, MD, MACP

Great Internist of Michigan

Recipient: John (Jack) Billi, MD, FACP



Who Should Attend?

- General internists
- Subspecialty internists
- Family practitioners
- Fellows in subspecialty training
- Hospitalists
- Allied health practitioners
- Residents
- Medical students interested in internal medicine

CME Accreditation

The ACP is accredited by the Accreditation Council for Continuing Medical Education (ACCME) to provide continuing medical education for physicians.

The American College of Physicians designates this live activity for a maximum of **19 AMA PRA Category 1 Credit(s)**[™]. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

Additional Information

Questions?

If you have questions about the Chapter or meeting program or have a disability or any special dietary needs, please contact Thea Lockard by telephone at 248-602-0235 or by e-mail at tlockard@acpmichigan.org.

Hotel Accommodations

We have reserved a block of rooms at the following rates until September 10, 2019. When making your reservation, be sure to mention that you will be attending the ACP Michigan Chapter meeting. The rooms are available on a first-come, first-served basis, so make your reservation as early as possible by calling the hotel directly at 616-776-6400.

Single/Double/Triple/Quad: \$169.00

Amway Grand Plaza Hotel
187 Monroe Street NW
Grand Rapids, MI 49503

Reservations can be made at
<https://book.passkey.com/e/49833536>



Additional Fees

Early bird discount registration will end on Friday, September 13, at midnight. You may continue to preregister online for the meeting at the full conference pricing until Friday, October 4th, at midnight. After October 4, online preregistration will be closed and you will need to register on site at the meeting.

Satisfaction Guarantee

The College offers a satisfaction guarantee for all of its courses. If meeting attendees are not satisfied with their experience at a chapter meeting, they may write and request a refund of their registration fee.

Cancellations/Refunds

Notice of cancellation must be made in writing (fax, mail, or e-mail). Cancellations will not be accepted by telephone. See contact information below.

Received by 9/13/2019—Full Refund

Received between 9/14/2018 and 10/4/2019—Half Refund

After 10/4/2019—NO REFUND

Contact Us



BY INTERNET

(Credit Card only)
Visit us on the Web
www.acponline.org/chapters



BY MAIL

Make check or money order
payable to ACP.
AC002
American College of Physicians
190 N. Independence Mall West
Philadelphia, PA 19106-1572



BY FAX

(Credit Cards only)
215-351-2799



BY PHONE

Call 800-ACP-1915, or
215-351-2600
(M–F, 9 a.m.–5 p.m. ET)

Michigan Chapter Registration Form

CMB

Grand Rapids, MI • October 10–14

RM2022

ACP # (found on mailing label)

Name

☐ MD ☐ DO ☐ OTHER

Address

City

State

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Daytime Phone

Fax

E-mail

- ☐ Please check here to indicate a permanent change to your preferred address for all College mailings.
- ☐ Please exclude me from receiving mailings from the meeting exhibitors.



- ☐ Check here if you are disabled and require assistance. Please notify the Michigan Chapter in writing before your course. We'll be glad to help.

Registration Fees

Check one category that best applies. Registration fee includes continental breakfast, lunch, all scientific sessions and materials, and CME documentation. All non-ACP members must call 800-523-1546, ext. 2600, to register for the meeting. All ACP members can and should register online **BEFORE October 4, 2019**. **Please note: Members whose dues were not paid for the current fiscal year will receive the nonmember registration rate.**

Categories	Register by September 13, 2019	After September 14, 2019
<input type="checkbox"/> ACP Member or SHM Member (includes MACP, FACP, Member, SFHM, FHM, MHM)*	\$395.00	\$445.00
<input type="checkbox"/> Retired Member of ACP or SHM*	\$200.00	\$250.00
<input type="checkbox"/> ACP Resident/Fellow Member	\$125.00	\$150.00
<input type="checkbox"/> ACP Medical Student Member	\$25.00	\$25.00
<input type="checkbox"/> Nonmember Physician	\$495.00	\$595.00
<input type="checkbox"/> Nonmember Resident*	\$150.00	\$200.00
<input type="checkbox"/> Nonmember Medical Student**	\$25.00	\$50.00
<input type="checkbox"/> Nonmember Allied Health Professional	\$250.00	\$300.00
<input type="checkbox"/> Other (guest/spouse)—if applicable	\$50.00	\$100.00

***Nonmember Residents, Nonmember Students, SHM Members, Retired ACP and SHM Members, and Other (guest/spouse) cannot register online and must register by contacting Customer Service at 800-523-1546, ext. 2600, in order to get the correct registration rate.**

****Nonmember Students: This meeting registration is only \$25.00 for ACP Medical Student Members. Joining ACP as a medical student is free! [Join Now!](#)**

Michigan Chapter Registration Form

CMB

Please check off box if you plan to attend any of the following events:

- ☐ SEP01–Ambulatory Medicine 2019 SEP Module—
October 11, 3:15 p.m.–5:45 p.m.—No fee
- ☐ SEP02–Hospital Medicine 2019 SEP Module—
October 12, 1:45 p.m.–4:15—No Fee
- ☐ L01–Lunch, Friday, October 11, 12:00 p.m.–
1:30 p.m.—No Fee
- ☐ L02–Lunch, Saturday—October 12, 12:00 p.m.–
1:30 p.m.—No Fee
- ☐ REC01–Governor’s Dinner Reception and Chapter
Awards, Friday, October 11, 6:00 p.m.–8:00 p.m.
- ☐ REC02–I will be bringing a guest/s to the Governor’s
Dinner Reception and Chapter Awards, Friday,
October 11, 6:00 p.m.–8:00 p.m.
Number of guests _____

Please indicate your Guest/Spouse name

If you require special assistance, please tell us how we can help.

Grand Total \$ _____

Payment Options

- ☐ Check enclosed.
(Payable to **ACP**. Must remit in U.S. funds drawn on a U.S. bank.)

☐ Charge to: ☐  ☐  ☐  ☐ 

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MM/YY

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(3- or 4-digit number found on front or back of card)

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