

2019

# Northern California Chapter Scientific Meeting



**October 11–12, 2019**

DoubleTree by Hilton San Jose  
San Jose, California

*Internal Medicine: Current Practice and Future Considerations*

This live activity has been designated for up to 13.75 CME credits and 9.75 MOC points.



California  
Northern Region

# Meeting Highlights

- Two SEP Modules
- Doctor's Dilemma®
- Student/Residents Focused Breakout Sessions
- Images in Medicine
- Pain Management
- Geriatrics
- Resident/Student Abstract Poster Competition
- Student Mentoring Session

Dear Colleague,

Join me and your colleagues in internal medicine at the next scientific meeting of the Northern California Chapter of the American College of Physicians, being held October 11–12, 2019, at the DoubleTree by Hilton San Jose.

The meeting is a great way for you to recharge, rewind, and reflect with your peers, chapter leaders, and great speakers. Connect with the Northern California Chapter's rich source of knowledge content and networking by attending our premier meeting for general internists, subspecialty internists, hospitalists, allied health practitioners, residents, and medical students.

In addition to earning CME credits and MOC points, this conference is about making personal contacts and getting involved in your chapter. You'll engage with people who know your challenges and can help you find solutions. The opportunities available at this meeting will help you meet not only your needs as a physician but also the needs of the patients you serve.

To ensure your place at this invaluable meeting, register now by visiting us online at [cachapter.acponline.org](http://cachapter.acponline.org).

I look forward to seeing you in San Jose.

Sincerely,

Raminder S. Gill, MD, FACP  
ACP Governor, Northern California Chapter



# Schedule at a Glance

## *Internal Medicine: Current Practice and Future Considerations*

### Friday, October 11, 2019

#### Noon

#### Registration

#### 1:00 p.m.

#### **ABIM SEP Module: Hospital Medicine Update**

**Moderator:** Raminder S. Gill, MD, FACP

Pouria Kashkouli, MD, FACP

Shaheen Najafi, MD, FACP

John F. MacMillan Jr., MD, FACP

#### 3:20

#### **ABIM SEP Module: Internal Medicine Update**

**Moderator:** Raminder S. Gill, MD, FACP

Rashmi Manjunath, MD

Maha Sami, MD

Voltaire R. Sinigayan, MD, FACP

### Saturday, October 12, 2019

#### 7:50 a.m.

#### **Welcome**

Raminder S. Gill, MD, FACP

#### 8:00

#### **Updates in COPD**

Michael Schivo, MD

#### 9:00

#### **Keynote Address: The Future of Health and Health Care**

Nirav Shah, MD, FACP

#### **Concurrent Sessions**

#### 10:00

#### **Geriatrics Update**

Carie M. Chin Garcia, MD, FACP

#### 10:00

#### **Residents and Medical Students Session**

#### **Clinical Problem Solving**

Thomas G. Cooney, MD, MACP

#### 11:00

#### **Images in Medicine: Clinical Problem Solving**

Paul B. Aronowitz, MD, MACP

Gurpreet Dhaliwal, MD

Tamsin H. Levy, MD, FACP



# Schedule at a Glance

## Noon

### Awards Luncheon/National and California ACP Services Update

Thomas G. Cooney, MD, MACP  
Robert B. Doherty

### Concurrent Mentoring Lunch for Residents/ Medical Students

**1:15 p.m.**

### Anticoagulation Updates in Special Populations

A. Josh Roberts, PharmD

**1:30**

### Poster Judging/Viewing

## Concurrent Sessions

**2:15**

### Practical Office Orthopedics: Knee and Shoulder

Carlin H. Senter, MD, FACP

**2:15**

### Concurrent Session for Residents/Students

Thomas G. Cooney, MD, MACP

## Concurrent Sessions

**3:15**

### Update in General Medicine

Kim F. Chiang, MD  
Maja K. Artandi, MD, FACP  
Malathi Srinivasan, MD, FACP

**3:15**

### Residents and Medical Students Session Dining for One: Better Dining Choices for You and Your Patients

Joan C. Lo, MD, FACP  
Eliza Lo Chin, MD, MPH

**4:15**

### Modern Management of Pain: Current Strategies for Maximizing Results While Minimizing Opioids

Henry Crevensten, MD

**5:15**

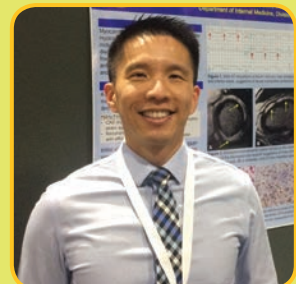
### Doctor's Dilemma®

**Moderator:** Eugene E. Lee, MD, MPH, FACP

**7:00**

### Reception

### Poster Winners Announced



# Meeting Information

## Faculty

**Paul B. Aronowitz, MD, MACP**, Clinical Professor, Department of Internal Medicine, UC Davis Health, Sacramento

**Maja K. Artandi, MD, FACP**, Clinical Associate Professor, Primary Care and Population Health, Stanford, Palo Alto

**Kim F. Chiang, MD**, Clinical Assistant Professor, Medicine—Primary Care and Population Health, Stanford, Palo Alto

**Carie M. Chin-Garcia, MD, FACP**, Associate Program Director and Associate Director, Adult Medicine, California Pacific Medical Center, San Francisco

**Eliza Lo Chin, MD, MPH**, Executive Director, American Medical Women's Association, Volunteer Clinical Faculty, UC San Francisco, San Francisco

**Thomas G. Cooney, MD, MACP**, Regent, ACP; Professor of Medicine, Oregon Health and Sciences University, Portland, OR

**Henry Crevensten, MD**, Department of Internal Medicine, University of California, San Francisco, San Francisco

**Gurpreet Dhaliwal, MD**, Professor of Medicine, University of California, San Francisco; Site Director, Internal Medicine Clerkships, San Francisco VA Medical Center, San Francisco

**Robert B. Doherty**, Senior Vice President, ACP Governmental Affairs and Public Policy, Washington, DC

**Raminder S. Gill, MD, FACP**, Governor, ACP Northern California Chapter; Clinical Professor, Internal Medicine/Section of Hospital Medicine, UC Davis Health, Sacramento

**Pouria Kashkouli, MS, MD, FACP**, Associate Clinical Professor, Internal Medicine/Section of Hospital Medicine, Lead, UCD Home Based Palliative Care, UC Davis Health, Sacramento

**Eugene E. Lee, MD, MPH, FACP**, Associate Program Director, California Pacific Medical Center, San Francisco

**Tamsin H. Levy, MD, FACP**, Associate Program Director, Department of Internal Medicine, Alameda Health System, Oakland

**Joan C. Lo, MD FACP**, Senior Physician and Research Scientist, Kaiser Permanente Northern California, Clinical Professor of Medicine, UC San Francisco

**John F. MacMillan Jr., MD, FACP**, Medical Director, UC Davis Medical Center Palliative Care Program and Hospice Program, Clinical Professor, Internal Medicine/Section of Hospital Medicine, UC Davis Health, Sacramento

**Rashmi Manjunath, MD**, University of California, San Francisco, San Francisco

**Shaheen Najafi, MD, FACP**, Internal Medicine/Section of Hospital Medicine, UC Davis Health, Sacramento

## Resident/Fellow Member and Medical Student Activities

Clinical vignettes, posters, and research papers prepared by Resident/Fellow Members and Medical Students will be presented at the meeting. Winners will receive monetary awards and be eligible for entrance into the national competition held during Internal Medicine 2020. Contact Carmelina Raffetto at [acpcano@gmail.com](mailto:acpcano@gmail.com) for information about entering the Resident/Fellow Members and Medical Student Competitions. Deadline for submissions is September 15, 2019.

There will be a mentoring lunch on Saturday for residents and medical students, as well as a Doctor's Dilemma® and poster competition. Poster winners will be acknowledged at the reception on Saturday.

**A. Josh Roberts, PharmD, BCPS-AQ Cardiology, AACC**, Senior Clinical Pharmacist, UC Davis Medical Center, Sacramento

**Maha Sami, MD**, Internal Medicine/Section of Hospital Medicine, UC Davis Health, Sacramento

**Michael Schivo, MD, MAS**, Associate Professor of Medicine, Assistant Professor of Clinical Internal Medicine, UC Davis Health, Sacramento

**Carlin H. Senter, MD, FACP**, Associate Professor, Primary Care Sports Medicine, University of California, San Francisco, San Francisco

**Nirav R. Shah, MD, MPH**, Adjunct Professor, Medicine—Primary Care and Population, Stanford, Palo Alto

**Voltaire R. Sinigayan, MD**, Vice Chief, Section of Hospital Medicine, Internal Medicine/Section of Hospital Medicine, UC Davis Health, Sacramento

**Malathi Srinivasan, MD, FACP**, Clinical Professor of Medicine, Fellow, Stanford Center for Innovation in Global Health Associate, Stanford, Palo Alto

## Program Committee

**Raminder S. Gill, MD, FACP**

**Neelardi Misra, MD, FACP**

**Carmelina Raffetto, Executive Director**

**Annica Stull-Lane, Medical Student**

**Sarah Takimoto, Medical Student**



# Meeting Information

## Who Should Attend?

- General internists
- Subspecialty internists
- Family practitioners
- Fellows in subspecialty training
- Hospitalists
- Allied health practitioners
- Residents
- Medical students interested in internal medicine

## CME Accreditation and MOC Points

The American College of Physicians (ACP) is accredited by the Accreditation Council for Continuing Medical Education (ACCME) to provide continuing medical education for physicians.

The ACP designates each live activity for the number of **AMA PRA Category 1 Credit(s)**<sup>™</sup> listed below. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

The Northern California Chapter Scientific Meeting for a maximum of **9.75 AMA PRA Category 1 Credit(s)**<sup>™</sup>.

The SEP modules pre-course for a maximum of 4 **AMA PRA Category 1 Credit(s)**<sup>™</sup>.

Successful completion of this CME activity (the Northern California Chapter Scientific Meeting), which includes participation in the evaluation component, enables the participant to earn up to 9.75 medical knowledge MOC points in the American Board of Internal Medicine's (ABIM) Maintenance of Certification (MOC) program. It is the CME activity provider's responsibility to submit participant completion information to ACCME for the purpose of granting ABIM MOC credit.

## Hotel Accommodations

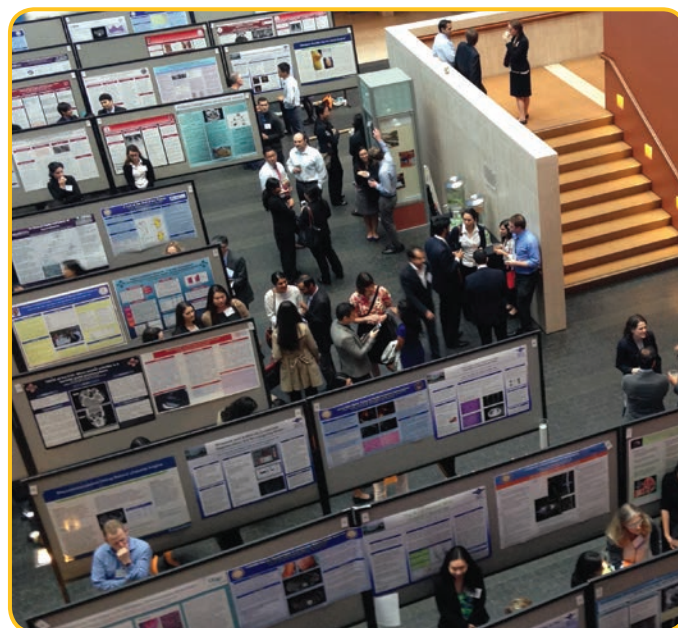
We have reserved a block of rooms at the following rates until Friday, September 9, 2019. When making your reservation, be sure to mention that you will be attending the ACP 2019 Annual Scientific Prospectus. The rooms are available on a first-come, first-served basis, so make your reservation as early as possible by calling the hotel directly at 844-251-3755 or reserving online at <https://book.passkey.com/go/2019acp>.

Single/Double: \$149.00

DoubleTree by Hilton San Jose  
2050 Gateway Place  
San Jose, CA 95110

## Satisfaction Guarantee

The College offers a satisfaction guarantee for all of its courses. If meeting attendees are not satisfied with their experience at a chapter meeting, they may write and request a refund of their registration fee.



# Northern California Chapter Registration Form CMB

San Jose, California • October 11–12, 2019

RM2034

ACP # (found on mailing label)

Name

☐ MD ☐ DO ☐ OTHER

Address

City

State

ZIP

Daytime Phone

Fax

E-mail

- ☐ Please check here to indicate a permanent change to your preferred address for all College mailings.
- ☐ Please exclude me from receiving mailings from the meeting exhibitors.



- ☐ Check here if you are disabled and require assistance. Please notify the Northern California Chapter in writing before your course. We'll be glad to help.

## Registration Fees

Check one category that best applies. Registration fee includes continental breakfast, lunch, all scientific sessions and materials, and CME documentation.

Categories	Registration Fee
<input type="checkbox"/> ACP Member	\$125
<input type="checkbox"/> ACP Resident/Fellow Member	No Charge
<input type="checkbox"/> ACP Medical Student Member	No Charge
<input type="checkbox"/> Nonmember Physician	\$300
<input type="checkbox"/> Nonmember Resident*	\$100
<input type="checkbox"/> Nonmember Medical Student**	\$25
<input type="checkbox"/> Nonmember Allied Health Professional	\$100
<input type="checkbox"/> Other—Guest/Spouse***	\$25

\* Nonmember Residents must register by contacting the chapter staff at 916-358-0772 in order to get the correct registration rate.

\*\* Nonmember Students: This meeting registration is free for ACP Medical Student Members. Join Now!

\*\*\* Guest fee is for attendance at the Awards Lunch and Reception on Saturday only.

**Please note: Members whose dues were not paid by July 1 for the current fiscal year will receive the nonmember registration rate.**

## Registration Information

Please indicate your attendance at the following:

- ☐ BR01—Registration/Breakfast—Saturday,  
7:00–8:00 a.m.
- ☐ LUN01—Awards Luncheon—Saturday,  
Noon–1:30 p.m.
- ☐ LUN02—Resident/Student Luncheon—Saturday,  
Noon–1:30 p.m.
- ☐ LUN01G—Awards Luncheon Guest—Saturday,  
Noon–1:30 p.m.     \$25.00
- ☐ REC—Reception—Saturday, 6:00–7:30 p.m.

## Payment Options

- ☐ Check enclosed.  
(Payable to **ACP**. Must remit in U.S. funds drawn on a U.S. bank.)

☐ Charge to: ☐  ☐  ☐  ☐ 

Card #

Exp. Date      /      /       
MM/YY

Security Code       
(3- or 4-digit number found on front or back of card)

Signature: \_\_\_\_\_

## SEP Module Registration

Friday, October 11, 2019

(Requires separate registration. Attendance at the scientific meeting is not required.)

	SEP Module #1: Hospital Medicine Update (RM2034A)	SEP Module #2: Internal Medicine Update (RM2034B)
<input type="checkbox"/> ACP Member	\$50	\$50
<input type="checkbox"/> ACP Nonmember	\$150	\$150

- ☐ Will you serve as a judge for the abstract competition?
- ☐ Guest name \_\_\_\_\_
- ☐ Food options:
- ☐ Vegetarian
  - ☐ Vegan
  - ☐ Gluten free