

2019

Arizona Chapter Scientific Meeting



October 18–19, 2019

DoubleTree by Hilton Tucson–Reid Park
Tucson, Arizona

Emergence of Innovation in Internal Medicine

This live activity has been designated for 11.25 CME credits.



ACP[®]
American College of Physicians
Leading Internal Medicine, Improving Lives

Arizona
Chapter

Meeting Highlights

- “Medicare for All” Debate
- Inflammatory Bowel Disease for the Primary Care Physician
- Management of Valley Fever
- Latest in Diabetes Management
- Update on the Opioid Epidemic Act
- Medical Student and Resident Poster Competitions
- Doctor’s Dilemma®
- 2 SEP Modules

Dear Colleague,

Join me and your colleagues in internal medicine at the next scientific meeting of the Arizona Chapter of the American College of Physicians, being held Friday and Saturday, October 18–19, 2019, at the DoubleTree by Hilton Tucson–Reid Park.

The meeting is an excellent way for you to recharge, rewind, and reflect with your peers, chapter leaders, and great speakers. Connect with the Arizona Chapter’s rich source of knowledge content and networking by attending this premier meeting for general internists, subspecialty internists, hospitalists, allied health practitioners, residents, and medical students. **New to the meeting this year are the Ignite™ sessions and the tracks for primary care and hospital-based specialties.**

In addition to earning CME credits, this conference is about making personal contacts and getting involved in your Chapter. You’ll engage with people who know your challenges and can help you find solutions. The opportunities available at this meeting will help you meet not only your needs as a physician but also the needs of the patients you serve.

To ensure your place at this invaluable meeting, register now by visiting us online at azchapter.acponline.org.

I look forward to seeing you this year in Tucson.

Sincerely,



Priya Radhakrishnan, MD, FACP
ACP Governor, Arizona Chapter



Schedule at a Glance

Emergence of Innovation in Internal Medicine

Friday, October 18, 2019

8:00 a.m.

Registration

9:00–11:00

**Medical Student Educational Sessions
(4 Lectures and 4 Sim Labs)**

NEW! This year, the following two sessions will include attending physicians:

10:00–10:30

**Medical Student and Attending
ECG Case Studies**

Kwan Lee, MD, FACP

10:30–11:00

**Medical Student and Attending Sim Lab
Role of Joint Aspiration in Rheumatologic
Disorders**

Joao Ferreira, MD

11:00–11:15

Welcome and Intro to Doctor's Dilemma®

11:00–11:15

Doctor's Dilemma® Medical Student Check-in

11:15–Noon

Doctor's Dilemma® Medical Student Round

12:00–12:15 p.m.

Break

12:15–12:45

Welcome and Introductions/Lunch Buffet

Priya Radhakrishnan, MD, FACP, Arizona Governor
Bijin Thajudeen, MD, FACP, 2019 Program Chair

12:30–1:15

**Faculty Medical Education Consortium Keynote
Inflammatory Bowel Disease for the Primary Care Physician**
Sasha Taleban, MD

1:15–1:30

Q&A

Medical Student Track

12:15–1:30

Medical Students—Meet the Residency Directors
Hosted by Residency Directors
University of Arizona COM—Phoenix

Maricopa Integrated Health System Medical Center
Mayo Clinic Arizona
St. Joseph's/Creighton Medical Center
UACOM—University Campus
UACOM—South Campus
Canyon Vista Medical Center
Verde Valley Medical Center
Mountain Vista Medical Center
HonorHealth Medical Center

Resident Track

12:45–1:30

Resident Track—Meet in Exhibit Hall

1:30–2:00

Update on the Opioid Epidemic Act
Daniel Derksen, MD

2:00–2:30

Innovations in Financial Wellness
Anil Potharaju, MD, MBA

2:30–3:00

**A Clinical Practice for Primary Care Management
of Valley Fever**
John Galgiani, MD

3:00–3:30

Break/Exhibits

3:15–3:30

Poster Judges Assemble

3:30–5:00

**Session 1: Medical Students and Resident/
Fellow Members Poster Judging**

5:15–5:30

Doctor's Dilemma® Check-in

5:30–6:15

Doctor's Dilemma® Residents Preliminary Round

6:30–7:30

Governor's Reception

**Networking Reception (heavy hors d'oeuvres)/
Ignite™ Sessions**

7:00–7:05

**Ignite™—Millennial Learners and What They
Can Teach Us**
Viet Do, DO

Schedule at a Glance

7:10–7:15

Ignite™—Ask-Tell-Ask on the Wards

Dalia Mikhael, MD

7:20–7:25

Ignite™—Updates in Management of Lower-Extremity Arterial Disease for the Internist

Sundeep Shenoy, MD

Saturday, October 19, 2019

7:00 a.m.

Registration

7:00–8:00

Governor's Advisory Council, Members-Only Breakfast

7:00–8:00

Continental Breakfast for Early Risers

8:00–8:05

Welcome and Introductions—Governor and Meeting Chair

Priya Radhakrishnan, MD, FACP, Arizona Governor

Bijin Thajudeen, MD, FACP, 2019 Program Chair

8:05–9:00

National Speaker Keynote

Molecular Biology Assessments in Cancer Care

Ana María López, MD

9:00–9:30

Medicare for All— Medicare for All—A Debate

Moderators:

Rob Aaronson, MD, FACP - Moderator

Timothy Fagan, MD, FACP - Debater

Allan Marcus, MD, FACP - Debater

9:32–9:54

Oral Vignettes (2 Presentations)

9:55–10:25

Concurrent Session

Updates in Primary Care/General Internal Medicine

Indu Partha, MD, FACP

9:55–10:25

Concurrent Session

Risk and Outcomes in Ambulatory Heart Failure

Jennifer Cook, MD

10:27–10:49

Oral Vignettes (2 Presentations)

10:50–11:15

Break/Visit Exhibits

11:15–11:45

Concurrent Session

An Internist's Guide: Care of the Patient Who Has Survived Cancer

Priya Radhakrishnan, MD, FACP

11:15–11:45

Concurrent Session

Latest Advances in the Management of Diabetes

Shakaib Rehman, MD, FACP, FAACH

11:47–12:09 p.m.

Oral Vignettes (2 Presentations)

12:09–1:30

Lunch/Exhibits/Doctor's Dilemma®

12:30–12:45

Doctor's Dilemma® Team Check-in

12:45–1:30

Doctor's Dilemma® Residents Final Round

1:30–2:00

Advances in Asthma Management

Laura Meinke, MD, FACP

2:05–2:38

Oral Vignettes (3 Presentations)

2:40–3:10

Novel Oral Anticoagulant Use in Patients with Renal Disease: Is It Safe?

Amy Sussman, MD

3:15–5:00

Break/Visit Exhibitors and View Posters

Refreshments available.

3:15–3:30

Session 2: Poster Judges Assemble

3:30–5:00

Session 2: Medical Students and Resident/Fellow Members Poster Competition

5:00–5:15

Completion of Evaluations of Competitions

5:15–6:00

Awards/Concluding Remarks

Meeting Information

Guest Faculty

Ana María López, MD, MPH, MACP, ACP Immediate Past President; Vice Chair, Department of Medical Oncology, and Sidney Kimmel Cancer Center Division Director, Jefferson Health, Washington Township, New Jersey

Arizona Faculty

Robert M. Aaronson, MD, FACP, FCCP, FAASM, ACP 2018 Governor, Arizona Chapter; Director of Medical Education, Tucson Medical Center, Tucson; Clinical Professor of Medicine, University of Arizona, Tucson; Clinical Professor of Medicine, Midwestern University, Glendale; Adjunct Professor, A.T. Still University, Mesa

Chyi Chyi Chong, MD, Clinical Assistant Professor, Medicine (Clinical Series Track), Division of Nephrology, University of Arizona College of Medicine, Tucson

Jennifer Cook, MD, Advanced Heart Failure and Transplantation, Banner–University Medical Center, Phoenix; Associate Professor, Division of Cardiology, University of Arizona College of Medicine, Tucson

Daniel Derksen, MD, Associate Vice President for Health Equity, Outreach, and Interprofessional Activities, University of Arizona Health Sciences; Walter H. Pearce Endowed Chair and Director, Arizona Center for Rural Health; Professor of Public Health, Mel and Enid Zuckerman College of Public Health, Tucson

Viet Do, DO, Senior Associate Consultant, Hospital Internal Medicine, Mayo Clinic Arizona, Phoenix

Timothy Fagan, MD, FACP, Professor Emeritus of Internal Medicine, University of Arizona, Phoenix

Joao Ferriera, MD, Associate Program Director, University of Arizona College of Medicine, Tucson

John Galgiani, MD, Professor, University of Arizona College of Medicine, Tucson

Kwan Lee, MD, FACP, Director, Cardiology Clinic and Catheterization Lab, Banner–University Medical Center South Campus; Associate Professor of Medicine, Division of Cardiology, Associate Chief of Clinical Operations, Division of Cardiology; Associate Director of Cardiovascular Disease Fellowship Program, University of Arizona College of Medicine, Tucson

Allan Marcus, MD, FACP, Program Director, Internal Medicine Residency Program, HonorHealth, Phoenix; Clinical Associate Professor of Medicine, University of Arizona College of Medicine, Phoenix

Laura Meinke, MD, FACP, Assistant Professor, Medicine, University of Arizona, Phoenix

Dalia Mikhael, MD, Assistant Professor of Medicine, University of Arizona College of Medicine, Inpatient Medical Department, Tucson

Jennifer Nelson, DO, Hospitalist and Outpatient Physician, Banner–University Medical Center Phoenix, Phoenix

Indu Partha, MD, FACP, Assistant Professor of Medicine, Banner–University Medical Center/University of Arizona College of Medicine, Tucson

Jayne Peterson, MD, FACP, Internal Medicine, Banner–University Medical Center, Phoenix

Anil Potharaju, MD, MBA, Assistant Professor, Medical Director, Banner–University Medical Center South, Tucson; Associate Section Chief, Banner Health, Phoenix; Founder, Savevest, LLC, Phoenix

Priya Radhakrishnan, MD, FACP, ACP Governor, Arizona Chapter; Chief Academic Officer, HonorHealth, Phoenix

Shakaib Rehman, MD, FACP, FAACH, Associate Chief of Staff for Education, Phoenix VA Health Care System; Interim Chair and Professor, Department of Biomedical Informatics, Professor, Department of Internal Medicine, Chair, Admissions Committee, Chair, Graduate Medical Education Committee, University of Arizona College of Medicine, Phoenix

Serena Scott, MD, Assistant Professor of Medicine, University of Arizona College of Medicine, Tucson; Banner–University Medical Center, Phoenix

Sundeep Shenoy, MD, Assistant Professor, Medicine (Clinical Scholar Track), Director, Sub-Internships Program, Fellow, Cardiovascular Disease, 2018–2021, University of Arizona College of Medicine, Tucson

Amy Sussman, MD, Associate Professor of Medicine, Director, Nephrology Fellowship, Director, Third Year Medicine Clerkship, Associate Chair of Education, Department of Medicine, University of Arizona Health Sciences Center, Tucson

Sasha Taleban, MD, Associate Professor, Division of Gastroenterology and Hepatology, University of Arizona College of Medicine, Tucson

Eugene Trowers, MD, FACP, SC IM Residency Program Director, Director of GI Services, University of Arizona, Phoenix

John Vassaur, MD, Clinical Assistant–Pulmonary/Critical Care Fellow, University of Arizona College of Medicine, Tucson

Shaun Yang, MD, MPH, Hospital Internal Medicine, Mayo Clinic Hospital, Phoenix

Tina Younger, MD, Internist, Valleywise Health, Phoenix

Meeting Information

Program Committee

Bijin Thajudeen, MD, FACP, 2019 Program Chair

Robert M. Aaronson, MD, FACP

Hamed Abbaszadegan, MD

Bujji Ainapurapu, MD

Viet D. Do, DO

Eric Gall, MD, MACP, MACR

Timothy Fagan, MD, FACP

Joao Ferreira, MD

Richard Gerkin, MD, MS, FACP

Paul F. Howard, MD, MACP

James Keane, DO

Helene Labonte, DO, FACP

Josh Malo, MD

Allan Markus, MD, FACP

Laura Meinke, MD, FACP

Kevin Moynahan, MD, FACP

Anita Murcko, MD, FACP

Anil Potharaju, MD

Priya Radhakrishnan, MD, FACP

Jaya Raj, MD, FACP

Shakaib Ur Rehman, MD, FACP

Julie L. Rosenthal, MD

Avtar Singh, MD, FACP

Amy Sussman, MD

Eugene A. Trowers Jr., MD, FACP

Rupal Vora, MD, FACP

Tirdad Zangeneh, MD

Mark Zubriski, MD, PhD, FACP



Meeting Information

Resident/Fellow Member and Medical Student Activities

Clinical vignettes and posters prepared by Resident/Fellow Members and Medical Students will be presented at the meeting.

Resident/Fellow Activities

Clinical vignettes, posters, and research papers prepared by Resident/Fellow Members will be presented at the meeting. Winners will receive \$150 for first place, \$100 for second place, and \$50 for third place. In addition, winners of the Resident/Fellow Research Poster and Oral Vignette competition will be eligible to enter the National ACP Poster Competition and will receive a \$1000 stipend to attend Internal Medicine Meeting 2020 in Los Angeles, California.

- Friday, October 18: Attend the special Resident Track.
- Friday, October 18, and Saturday, October 19: Watch or participate in the Doctor's Dilemma® competition. Winning team members will receive \$150 each and a \$1000 stipend to attend IM 2020 in Los Angeles.

Deadlines begin the first week of September.

Contact Debbie Webber, CAE, at dwebber@azmed.org for information about entering the competitions.

Medical Student Activities

- Friday, October 18: Four student lectures and four sim labs
- Friday, October 18: Meet with Residency Program Directors from programs in Arizona
- Friday, October 18: Doctor's Dilemma® Medical Student Round
- Friday, October 18, and Saturday, October 19: Medical Student Poster Competition—\$150 first place, \$100 second place, and \$50 third place awards

Deadlines begin the first week of September.

Contact Debbie Webber, CAE, at dwebber@azmed.org for information about entering the competitions.

Learning Objectives

At the conclusion of this activity, the participant will be able to:

- Apply updated knowledge on the risk and outcomes in ambulatory heart failure to clinical practice.
- Improve clinical practice by incorporating major new developments in treating valley fever.
- Understand recent advances in the management of diabetes.
- Increase confidence in treating asthma and irritable bowel syndrome.

Who should attend?

- General internists
- Subspecialty internists
- Family practitioners
- Fellows in subspecialty training
- Hospitalists
- Allied health practitioners
- Residents
- Medical students interested in internal medicine

Chapter Awards

It is with distinct pleasure that the Arizona Chapter will present a 2019 Laureate Award. Laureate Award winners are long-standing and loyal supporters of the College who have rendered distinguished service to their chapters and community and have upheld the high ideals and professional standards for which the College is known.

Additional Chapter Awards will be presented for:

Volunteerism and Community Service
Early Career Physician
Educator of the Year
Hospitalist of the Year
Internist of the Year
Leader of the Year
Researcher of the Year
Resident/Fellow of the Year
Medical Student of the Year

All awards are presented on Saturday, October 19.

CME Accreditation and MOC Points

The American College of Physicians (ACP) is accredited by the Accreditation Council for Continuing Medical Education (ACCME) to provide continuing medical education for physicians.

The ACP designates each live activity for the number of *AMA PRA Category 1 Credit(s)*TM listed below. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

The Arizona Chapter Scientific Meeting for a maximum of **7.25 AMA PRA Category 1 Credit(s)**TM

The SEP modules pre-course, for a maximum of **4 AMA PRA Category 1 Credit(s)**TM

Successful completion of this CME activity (the Arizona Chapter Scientific Meeting), which includes participation in the evaluation component, enables the participant to earn up to 7.25 medical knowledge MOC points in the American Board of Internal Medicine's (ABIM) Maintenance of Certification (MOC) program. It is the CME activity provider's responsibility to submit participant completion information to ACCME for the purpose of granting ABIM MOC credit.

Maintenance of Certification

Pre-Courses: ABIM SEP Modules Session for Maintenance of Certification

Friday, October 18, 2019

7:00–7:30 a.m.

Registration and Continental Breakfast for ABIM SEP Modules Attendees

7:30–9:30

2019 Hospital Medicine Update

Instructors: Jayne Peterson, MD, FACP, and Jennifer Nelson, DO

9:40–11:40

2019 Internal Medicine Update

Instructor: Tina Younger, MD

SEP Faculty

Jennifer Nelson, DO, Hospitalist and Outpatient Physician, Banner–University Medical Center Phoenix

Jayne Peterson, MD, FACP, Internal Medicine, Banner–University Medical Center

Tina Younger, MD, Internist, Valleywise Health

Who Should Attend the SEP Pre-Course?

- Internists participating in the ABIM Maintenance of Certification program
- General internists
- Family practitioners
- Subspecialty physicians

SEP Note

The Arizona Chapter will provide you with a learner's copy of the ABIM module(s) at the meeting. If you are enrolled in the ABIM's Maintenance of Certification program, you also must order the module* directly from the ABIM by visiting www.abim.org/online. After the Learning Session, submit your answers online to the ABIM for Maintenance of Certification credit. For more information about the ABIM's Maintenance of Certification program, visit www.abim.org/moc or call ABIM at 800-441-ABIM (2246).

SEP Learning Objectives

- Participate in group discussion to determine answers to multiple-choice questions.
- Apply updated knowledge of internal medicine to clinical practice.
- Understand recent advances in internal medicine.
- Complete an ABIM SEP Module toward partial fulfillment of the ABIM's Maintenance of Certification.

SEP CME Accreditation

The American College of Physicians is accredited by the Accreditation Council for Continuing Medical Education (ACCME) to provide continuing medical education for physicians.

The American College of Physicians designates this live activity for a maximum of **4 AMA PRA Category 1 Credit(s)**[™]. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

*If you are already enrolled in the ABIM Maintenance of Certification program, there is no additional fee for this official version of the module. If you are not enrolled, you may attend the Learning Session; however, you must enroll before receiving Maintenance of Certification points for the knowledge module. To enroll, visit www.abim.org/online.

Additional Information

Hotel Accommodations

We have reserved a block of rooms at a special rate until September 7, 2019. When making your reservation, be sure to mention that you will be attending the ACP Arizona Chapter meeting. The rooms are available on a first-come, first-served basis, so make your reservation as early as possible by calling the hotel directly at 520-881-4200.

Single/Double: \$119 plus taxes

DoubleTree by Hilton Tucson—Reid Park
445 S. Alvernon Way
Tucson, AZ 85711



Directions/Parking

There is ample free parking at the DoubleTree Hotel by Hilton Tucson—Reid Park, 445 S. Alvernon Way, Tucson, AZ 85711

Visit us online for details on hotel reservations, directions, parking, and areas of interest.

Additional Fees

All meeting registrations must be received by September 20, 2019, or a late registration fee of \$50 will be added. This includes on-site registrations. Save money by registering now!

Satisfaction Guarantee

The College offers a satisfaction guarantee for all of its courses. If meeting attendees are not satisfied with their experience at a chapter meeting, they may write and request a refund of their registration fee.

Registration Information

All registrations must be received by September 20, 2019, or a late registration fee of \$50 will be added.

This includes onsite registrations. Save money by registering now!

Cancellations/Refunds

Notice of cancellation must be made in writing (fax, mail, or e-mail). Cancellations will not be accepted by telephone. A processing fee of \$25 will be deducted from the member's refund. Individuals who fail to attend the course (no-shows) will not be entitled to any refund.

Contact Us



BY INTERNET

(Credit Card only)
Visit us on the Web.
www.acponline.org/chapters



BY MAIL

Make check or money order payable to ACP.
AC002
American College of Physicians
190 N. Independence Mall West
Philadelphia, PA 19106-1572



BY FAX

(Credit Cards only)
215-351-2799



BY PHONE

Call 800-ACP-1915, or
215-351-2600
(M–F, 9 a.m.–5 p.m. ET)

Arizona Chapter Registration Form

CMB

Tucson, Arizona • October 18–19, 2019

RM2039

ACP # (found on mailing label if one is present)

Name

☐ MD ☐ DO ☐ OTHER

Address

City

State

ZIP

Daytime Phone

Fax

E-mail

- ☐ Please check here to indicate a permanent change to your preferred address for all College mailings.
- ☐ Please exclude me from receiving mailings from the meeting exhibitors.



- ☐ Check here if you are disabled and require assistance. Please notify the Arizona Chapter in writing before your course. We'll be glad to help.

Registration Fees

Check one category that best applies. Registration fee includes continental breakfast, lunches, all scientific sessions and materials, and CME documentation.

Categories	Register by September 20, 2019	After September 20, 2019
☐ ACP Member	\$225	\$275
☐ ACP Resident/Fellow Member	\$25	\$25
☐ ACP Medical Student Member	No fee	No fee
☐ Nonmember Physician	\$325	\$375
☐ Nonmember Resident*	\$25	\$25
☐ Nonmember Medical Student**	No fee	No fee
☐ Nonmember Allied Health Professional	\$325	\$375

*Nonmember Residents cannot register online and must register by contacting Customer Service at 800-523-1546, ext. 2600, in order to get the correct registration rate.

****Nonmember Students:** This meeting registration is free for ACP Medical Student Members. [Join Now!](#)

Please note: Members whose dues were not paid for the current fiscal year will receive the nonmember registration rate.

To help us go “green” we are making our presentations available online only on the Chapter Web site.

SEP Module Registration (Includes Continental Breakfast) Friday, October 18, 2019

Categories	SEP Module 1: 2019 Hospital Medicine Update (RM2039A)	SEP Module 2: Internal Medicine 2019 Update (RM2039B)	SEP Module 1 & 2: (RM2039C)
☐ ACP Member	\$75	\$75	\$150
☐ ACP Nonmember	\$90	\$90	\$180

Arizona Chapter Registration Form

CMB

Please indicate your attendance at the following:

- ☐ Faculty—Faculty Consortium Keynote w/Lunch
October 18 | 12:15–1:30 \$0
- ☐ MSlunch—Medical Student Track w/Lunch
October 18 | 12:15–1:30 \$0
- ☐ Rtrack—Resident Track
October 18 | 12:45–1:30 \$0
- ☐ Recep—Governor’s Reception w/Ignite™
October 18 | 6:30–7:30 \$45
- ☐ keynote—National Keynote/Continental Brkfst
October 19 | 8:00–9:00 \$0
- ☐ dd—Doctor’s Dilemma®/Exhibit/Box Lunch
October 19 | 12:09–1:30 \$0
- ☐ veg—Vegetarian Box Lunch
October 19 | 12:09–1:30 \$0

Will you serve as a judge for the abstract competition? ☐ Yes ☐ No

Please select one of the below if you have a food restriction:

☐ Vegetarian ☐ Vegan ☐ Gluten-free

If you require special assistance, please tell us how we can help.

Grand Total \$ _____

Payment Options

☐ Check enclosed.
(Payable to **ACP**. Must remit in U.S. funds drawn on a U.S. bank.)

☐ Charge to: ☐  ☐  ☐  ☐ 

Card # _____

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MM/YY (3- or 4-digit number found on front or back of card)

Signature: _____



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190 N Independence Mall West
Philadelphia, PA 19106-1572

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